## **LOVE, COURAGE & RESPECT**

**Learning and Achieving Through Love, Courage and Respect** 

# BRIGHSTONE C.E. PRIMARY SCHOOL



# First Aid Policy 2025 - 2027

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## 1. Aims

The aims of our first aid policy are to:

- Ensure the health and safety of all staff, pupils, and visitors
- > Ensure that staff and governors are aware of their responsibilities with regards to health and safety
- Provide a framework for responding to an incident and recording and reporting the outcomes

## 2. Legislation and guidance

This policy is based on the <u>statutory framework for the Early Years Foundation Stage</u>, advice from the Department for Education (DfE) on <u>first aid in schools</u> and <u>health and safety in schools</u>, guidance from the Health and Safety Executive (HSE) on <u>incident reporting in schools</u>, and the following legislation:

- The Health and Safety (First-Aid) Regulations 1981, which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel
- The Management of Health and Safety at Work Regulations 1992, which require employers to make an assessment of the risks to the health and safety of their employees
- The Management of Health and Safety at Work Regulations 1999, which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) 2013, which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept
- The Social Security (Claims and Payments) Regulations 1979, which set out rules on the retention of accident records

## 3. Roles and responsibilities

In schools with Early Years Foundation Stage (EYFS) provision, at least one person who has a current Paediatric First Aid (PFA) certificate must be on the premises at all times when children are present, and must accompany children on outings.

#### 3.1 Trained first aiders

First aiders are trained and qualified to carry out the role (see section 7) and are responsible for:

- Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment according to training/qualifications
- Sending pupils home to recover, where necessary
- Filling in an accident report on the same day as, or as soon as is reasonably practicable, after an incident. Our school's first aiders' names will be displayed prominently around the school site.

## 3.2 The governing board

The governing board has ultimate responsibility for health and safety matters in the school, but delegates operational matters and day-to-day tasks to the headteacher and staff members.

#### 3.3 The headteacher

The headteacher is responsible for the implementation of this policy, including:

- Making sure that an appropriate number of trained first aid personnel are present in the school at all times
- Making sure that first aiders have an appropriate qualification, keep training up-to-date and remain competent to perform their role
- Making sure all staff are aware of first aid procedures
- Making sure appropriate risk assessments are completed and appropriate measures are put in place
- Undertaking, or making sure that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place
- Making sure that adequate space is available for catering to the medical needs of pupils
- Reporting specified incidents to the HSE when necessary (see section 6)

#### 3.4 Staff

School staff are responsible for:

- Making sure they follow first aid procedures
- Making sure they know who the first aiders in school are
- Completing first aid slips when they administer first aid
- Informing the headteacher or their manager of any specific health conditions or first aid needs for themselves

## 4. First aid procedures

#### 4.1 In-school procedures

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified first aider, if appropriate, who will provide the required first aid treatment
- The first aider, if called, will assess the injury, and decide if further assistance is needed from a colleague or the emergency services. They will remain on the scene until help arrives
- If the injured person (or their parents/carers, in the case of pupils) has not provided their consent to the school to receive first aid, the first aider will act in accordance with the alternative arrangements (for example, contacting a medical professional to deliver the treatment)
- > The first aider will also decide whether the injured person should be moved or placed in a recovery position
- If the first aider judges that a pupil is too unwell to remain in school, the office administrator will contact parents/carers and ask them to collect their child. On the parents/carers' arrival, the first aider will recommend next steps to them
- If emergency services are called, the office administrator will contact parents/carers immediately
- The first aider will complete a first aid form or contact the headteacher to complete an online injury form, on the same day or as soon as is reasonably practicable after an incident resulting in an injury

There will be at least one person who has a current paediatric first aid (PFA) certificate on the premises at all times.

#### 4.2 Off-site procedures

When taking pupils off the school premises, staff will make sure that they always have the following:

A mobile phone

- A portable first aid kit including, at minimum:
  - o A leaflet giving general advice on first aid
  - 6 individually wrapped sterile adhesive dressings
  - 1 large sterile unmedicated dressing
  - o 2 triangular bandages individually wrapped and preferably sterile
  - 2 safety pins
  - o Individually wrapped moist cleansing wipes
  - 2 pairs of disposable gloves
  - o 2 disposable ice packs
- Information about the specific medical needs of pupils
- Parents/carers' contact details

Risk assessments will be completed by the class teacher prior to any educational visit that necessitates taking pupils off school premises. These will checked by the Educational Visits Coordinator (the headteacher), and recorded on EVOLVE. Risk assessments for adventurous visits are checked by the Local Authority.

The procedure in 4.1 will be followed as closely as possible for any off-site accidents (though whether the parents/carers can collect their child will depend on the location and duration of the trip).

Qualified first-aiders may not be necessary for all off-site activities and visits. However, a basic level of first aid support should be available at all times. This will require that one or more of the staff leading the activity:

- Has a working knowledge of simple first aid and is competent to use the first aid materials carried with the group;
- Knows how to access, and is able to access, qualified first aid support.

For children in the Early Years Foundation Stage, there is a statutory requirement that at least one person who has a current paediatric first aid certificate and sufficient understanding and use of English to summon help in an emergency must accompany children on outings.

For school trips including Reception Children, there will always be at least one first aider with a current paediatric first aid (PFA) certificate on school trips and visits, as required by the statutory framework for the Early Years Foundation Stage (EYFS).

## 5. First aid equipment

A typical first aid kit in our school will include the following:

- A leaflet giving general advice on first aid
- 20 individually wrapped sterile adhesive dressings (assorted sizes)
- 2 sterile eye pads
- 2 individually wrapped triangular bandages (preferably sterile)
- 6 safety pins
- 6 medium-sized individually wrapped sterile unmedicated wound dressings
- 2 large sterile individually wrapped unmedicated wound dressings
- 3 pairs of disposable gloves

No medication is kept in first aid kits.

First aid kits are stored in: The school office

## 6. Record-keeping and reporting

#### 6.1 First aid and accident record book

- A first aid carbon copy slip form will be completed by the first aider on the same day or as soon as possible after an incident resulting in an injury requiring first aid
- As much detail as possible will be supplied when reporting an accident. If further treatment is needed, the online LA form will need to be completed (contact the headteacher to fill this in)
- For incidents involving pupils where first aid is administered, a copy of the first aid slip will go home to parents/carers. If the incident involved a bump to the head, parents/carers will be informed via phone call or text message, with a requirement for the parents/carers to reply and acknowledge receipt
- Records held in the first aid and accident book will be retained by the school for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of

### 6.2 Reporting to the HSE

The headteacher will keep a record of any accident that results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The headteacher will report these to the HSE as soon as is reasonably practicable and in any event within 10 days of the incident – except where indicated below. Fatal and major injuries and dangerous occurrences will be reported without delay (i.e. by telephone) and followed up in writing within 10 days.

### School staff: reportable injuries, diseases or dangerous occurrences

These include:

- Death
- Specified injuries, which are:
  - Fractures, other than to fingers, thumbs and toes
  - Amputations
  - Any injury likely to lead to permanent loss of sight or reduction in sight
  - Any crush injury to the head or torso causing damage to the brain or internal organs
  - Serious burns (including scalding) which:
    - o Covers more than 10% of the whole body's total surface area; or
    - Causes significant damage to the eyes, respiratory system or other vital organs
  - Any scalping requiring hospital treatment
  - Any loss of consciousness caused by head injury or asphyxia
  - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- Work-related injuries that lead to an employee being away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident). In this case, headteacher will report these to the HSE as soon as reasonably practicable and in any event within 15 days of the accident
- Occupational diseases where a doctor has made a written diagnosis that the disease is linked to occupational exposure. These include:
  - Carpal tunnel syndrome
  - Severe cramp of the hand or forearm
  - Occupational dermatitis, e.g. from exposure to strong acids or alkalis, including domestic bleach

- Hand-arm vibration syndrome
- Occupational asthma, e.g. from wood dust
- Tendonitis or tenosynovitis of the hand or forearm
- Any occupational cancer
- Any disease attributed to an occupational exposure to a biological agent
- Near-miss events that do not result in an injury, but could have done. Examples of near-miss events relevant to schools include, but are not limited to:
  - The collapse or failure of load-bearing parts of lifts and lifting equipment
  - The accidental release of a biological agent likely to cause severe human illness
  - The accidental release or escape of any substance that may cause a serious injury or damage to health
  - An electrical short circuit or overload causing a fire or explosion

## Pupils and other people who are not at work (e.g. visitors): reportable injuries, diseases or dangerous occurrences These include:

- Death of a person that arose from, or was in connection with, a work activity\*
- An injury that arose from, or was in connection with, a work activity\* and where the person is taken directly from the scene of the accident to hospital for treatment
- \*An accident "arises out of" or is "connected with a work activity" if it was caused by:
- A failure in the way a work activity was organised (e.g. inadequate supervision of a field trip)
- The way equipment or substances were used (e.g. lifts, machinery, experiments etc); and/or
- The condition of the premises (e.g. poorly maintained or slippery floors)

Information on how to make a RIDDOR report is available here:

How to make a RIDDOR report, HSE

http://www.hse.gov.uk/riddor/report.htm\_

## **6.3 Notifying parents/carers**

The school will inform parents/carers of any accident or injury sustained by a pupil, and any first aid treatment given, on the same day, or as soon as reasonably practicable. Parents/carers will also be informed if emergency services are called.

## 7. Training

All school staff are able to undertake first aid training if they would like to.

All first aiders must have completed a training course, and must hold a valid certificate of competence to show this. The school will keep a register of all trained first aiders, what training they have received and when this is valid until.

The school will arrange for first aiders to retrain before their first aid certificates expire. In cases where a certificate expires, the school will arrange for staff to retake the full first aid course before being reinstated as a first aider.

At all times, at least one staff member will have a current paediatric first aid (PFA) certificate that meets the requirements set out in the Early Years Foundation Stage statutory framework. The PFA certificate will be renewed every 3 years.

## 8. Head Injuries and bumps to the head

We recognise that bumps to the head can be potentially serious, even if they appear minor. We follow these procedures to ensure the safety and wellbeing of all pupils:

#### **Immediate Response**

- o Any pupil who sustains a bump to the head will be assessed promptly by a qualified first aider
- The first aider will check for signs and symptoms of concussion, loss of consciousness, confusion, vomiting, dizziness, or any visible injury
- o If there are any concerns about a serious head injury, or if the pupil displays concerning symptoms, **999 will be** called immediately and parents/carers will be informed
- o If the concerns are not an emergency but staff believe further medical advice should be sought, parents/carers will be asked to collect the child from school and take to a medical professional

## **Ongoing Monitoring**

- Pupils who sustain minor head bumps but show no concerning symptoms will be monitored by staff for the remainder of the school day.
- o Staff will remain vigilant for any delayed symptoms (e.g. headache, nausea, drowsiness) and will escalate concerns to a first aider as needed
- First aid forms will be filled in as usual, and parents/carers will be notified via phone call or text message, with a requirement for the parents/carers to reply to acknowledge receipt. If no reply is received, the school will follow up with a phone call (see below)

#### **Parental Notification**

- Parents/carers will always be informed of any head injury, however minor, as soon as practicable
- A written head injury form will be completed, outlining:
  - The nature of the injury
  - o The time and location of the incident
  - Actions taken by staff
  - o Any further observations required at home
- Where appropriate, parents/carers will be telephoned directly. Otherwise, parents/carers will be notified via text message, with a requirement for the parents/carers to reply to acknowledge receipt. If no reply is received, the school will follow up with a phone call

#### **Record Keeping**

• All head injuries will be recorded in the school's accident/first aid log, in line with our <u>first aid, accident and</u> medical records retention policy.

## 9. Policy monitoring arrangements

This policy will be reviewed every two years.

At every review, the policy will be approved by the board of governors.

The first aid provision will be reviewed by the headteacher, at least annually.

## 10. Links with other policies

This first aid policy is linked to the:

- Health and safety policy
- Policy on supporting pupils with medical conditions