# The Buzz 12th July 2024





Learning and Achieving Through Love, Courage and Respect

Dear parents, carers and children,

This week, Y1/2 Bumble Bee class have enjoyed watching Taking Flight, a short animation about a boy with a wonderful imagination. They came up with some great progressive verbs to describe how the Radio Flyer cart was zooming and booming; whirling and twirling; and splashing and crashing; at different points in the story. They are also enjoying learning about how to prepare food safely in DT, using knives.



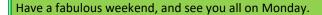


Today saw our Y6 children head off to Portsmouth Cathedral for the Y6 Leavers' Service, along with lots of other church schools from the island and the mainland. We took part in workshops throughout the morning, including a Game Changers activity, making wire angels, a singing workshop and a self-guided tour around the cathedral. Following lunch on the cathedral lawns, we then took part in the service led by Bishop Ian, Reverend Harriet, and the Diocesan Education Team. Brighstone was chosen to lead the congregation in prayer, which was a great honour; Toby, Arya and Max C did us all proud, and Bishop Ian congratulated them on their excellent clear

reading. Nico carried his statue, representing the Game Changer statues that all the children made, using Anthony Gormley as inspiration. Charlie and Lucy proudly carried our fabulous new banner (a huge thank you to Liz, Rufus' gran, who made it!), and Leigh received the candle. We finished off the day with a self-guided walking tour of the city walls and towers. Everyone had a fantastic day, and the children were complimented on their behaviour. Well done! (More photos will be available on Facebook on Monday.)

On Tuesday, the children took part in their **move up day**, during which they spent the day in their new classes with next year's teachers and LSAs. The Y6 children went to their new secondary schools for the day. They all had a great time!

You will have received your child's **report** today, along with the Y6 SATs results and Y1 Phonics Screening Check results. There is the opportunity to book an optional **parents evening** appointment on Tuesday 16th July (see the letter enclosed with the report).



With best wishes,

Mrs Lennon and the Brighstone team



### <u> Collective Worship - Truth and Truthfulness</u>

This week, we have been thinking about 'Searching for the truth'.

We heard a story that Jesus told about a man who found some treasure buried in a field.

Jesus told this story because he wanted us to know that the truth can be like treasure. God loves and cares for each one of us - this is great treasure! It is worth giving everything in order to have it.

Jesus said that knowing we can be part of God's family was the most precious truth we can know.



### Collect for Truth

Holy God

Faithful and unchanging,

Enlarge our minds with the knowledge of your truth

And draw us more deeply into the mystery of your love,

That we may truly worship you Father, Son and Holy Spirit,
One God now and forever.

Amen.



Three things cannot long be hidden: the sun, the moon and the truth.



Buddha

### **School Dinners**

Children in Year R, 1 and 2 are entitled to a 'universal' free school meal everyday.

Children in Years 3-6 are charged at £2.90 per day.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Beef Burger	BBQ Chicken	Turkey Lasagne	Fish Fingers
Option 2	BBQ Quorn Fillet	Vegetarian Burger	Cheese Ploughman's	Veggie Chilli	Quorn Dippers
Dessert	Crispy Bar/Fruit	Jelly	Cake	Ice Cream	Flapjack

### **Poetry Corner**

### **Five Little Peas**

Five little peas in a pea-pod pressed, One grew, two grew and so did all the rest. They grew and grew and did not stop, Until one day the pod went POP!

### **Anonymous**



### **Reading Recommendations**

Each week we will include a book recommendation from a child and/or adult.

This week, Mrs Boyd and Mrs Pelosi recommend:

It's a great book that keeps you hooked, telling the stories of three women. We can't say too much because we don't want to give too much away.

It's a bit of a slow burner but bear with it as it gets good!



### **Safeguarding**

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

### Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email <a href="mailto:help@nspcc.org.uk">help@nspcc.org.uk</a>

0808 800 5000

Find out more

Or call children's services 0300 300 0117

### **Attendance Matters!**

Week Commencing 12th July 2024

Whole School attendance target: 96.5%



Actual Attendance: 95.36%

Late marks this week: 10





## Golden Book

Bumble Bee	<b>Autumn</b> for showing increasing courage at school, chatting to her friends and teachers, always having a go at our activities and trying her best. <b>Ellie</b> for her fantastic recall of number bonds to 20 in Maths this week. <b>Theo</b> for his excellent phonics learning, which is continuing to impress us all.
Honey Bee	<b>Charlie</b> and <b>Sammy</b> for being very kind and welcoming to new children on transition day. <b>Henry</b> for making good choices and being really positive in his learning lately.
Ivy Bee	Anna and Poppy L for working confidently and co-operatively with new Y5 children.
Sports Bee	<b>Hudson</b> for showing fantastic focus and listening all week in PE, working hard to improve his skills.
EARA	Alyssa for finding something and giving it back to who it belongs. Charlotte B for asking her brother to resolve the issue with her friend.























# Looking after your mental health

### Welcome to the Isle of Wight Community Mental Health Support Hub

We have brought together a wide range of resources to signpost you to the support you need to help you manage your mental health.

With information about self-help tools including links to apps, videos and workshops, advice and information sources, helptine numbers and local support services and groups if will help you find the help you need in a way that works for you. Simply click on the boxes below for quick links to key information or use the menu guide at the top of this page.

This site is still in development and we would value your feedback to help us to shape and improve it further. Please click on the feedback button at the bottom of the site to share your views with us. Thank you!

#### Crisis Support



If you feel things are getting more serious and you need urgent, specialist help, then there are organisations that can fielp you get the right support.

MORE INFO

#### Advice & Information



There is a lot of advice and information available and sometimes the search can feel overwhelming. We've put logisther some useful sources to help you find what's right for you.

MORE INFO

#### Useful Tools



There are lots of resources online to help you if you are leeling low, stressed or are experiencing anxiety. Websites, videos, chalrooms, phone apps and more.

MORE INFO

### Talk to Someone



If you're concerned about your mental health or a loved one, then there are a range of different organisations that you can talk to for more help and support. Talking about how you are feeling can make a big difference.

MORE INFO

### Local Support



On the Isle of Wight there are a number of organisations that can provide you with support you need to look after your mental health.

MORE INFO

### Cost of Living Support



The Cost of Living Crisis is affecting us all but for some people if can ingger mental health problems. You can find specific local support and information to help you in this section.

MORE INFO

Local mental health support https://www.iwmentalhealth.co.uk/

### Online Safety

## What Parents & Educators Need to Know about SHARING INTIMATE IMAGES

An intimate image depicts sensitive – often sexual – content, and sharing these photos or videos is commonly known as 'sexting'. As of January 2024, it is a criminal offence to distribute any intimate images shared by a third party without consent, with offenders facing prison time. Naturally, misuse of intimate images can lead to emotional distress and reputational damage.

17:45

WARNING!

WHAT ARE THE RISKS?

### **EMOTIONAL DISTRESS**

Victims of the misuse of intimate images and so-called 'sextortion' (blackmail involving sexual material) often experience significant emotional distress. The threat of having these photos or videos shared publicly can lead to anxiety, depression and a sense of helplessness. This emotional turmoil can affect daily life, academic performance and personal relationships.

### DAMAGE TO REPUTATION

Intimate images being made public can severely damage a person's reputation. This can lead to bullying, social ostracisation and long-term impacts on personal and professional relationships. If a blackmailer gets their hands on any intimate images, the fear of reputational damage can also make a victim far more vulnerable to ongoing extortion.

### **PRIVACY VIOLATIONS**

Once intimate images are shared online, it can be difficult to quickly control where they wind up and who else sees them. This loss of privacy can have lifelong repercussions, including identity theft and persistent online harassment. FINANCIAL EXPLOITATION

Perpetrators of sextortion may demand money from victims under the threat of releasing their intimate images publicly. This can lead to severe financial problems for victims and their families, compounding their emotional and psychological distress.

### LEGAL CONSEQUENCES

If a child or young person creates and/or sends intimate images to others – especially adults – this is considered a form of child abuse under UK law. Having to disclose this type of abuse, although necessary, can be harrowing, leading to further trauma. It's crucial for parents, carers and educators to understand the legal processes and be able to provide proper guidance and support.

### TRUST ISSUES

Sharing of intimate images without consent can lead to long-term trust issues. Victims may find it difficult to trust others, impacting future relationships and their ability to form healthy, supportive connections. This erosion of trust can have profound effects on mental health and social wellbeing.

Advice for Parents & Educators

### FOSTER A CULTURE OF OPEN COMMUNICATION

It's vital to encourage open communication with children and young people about the dangers of sharing intimate images. Create a safe space where they feel comfortable discussing their online activities and any concerns they may have without fear of judgement. Be sure to respond to any worrying information with an attitude of support and learning.



### PROMOTE DIGITAL LITERACY

Digital literacy is incredibly important for children and young people to understand how to protect their privacy online. Teach them about secure online practices, such as using strong passwords, enabling privacy settings and recognising suspicious behaviour. This empowers them to be proactive in terms of their own safety.

### **EDUCATE CHILDREN ON THE RISKS**

Children and young people often want to understand why certain rules are in place. Educate them about the risks of sharing intimate images online, explaining the reasons for monitoring and other security measures. Highlight the potential for misuse, including sextortion, and the long-term consequences that can arise from these actions.

### PROVIDE SUPPORT RESOURCES

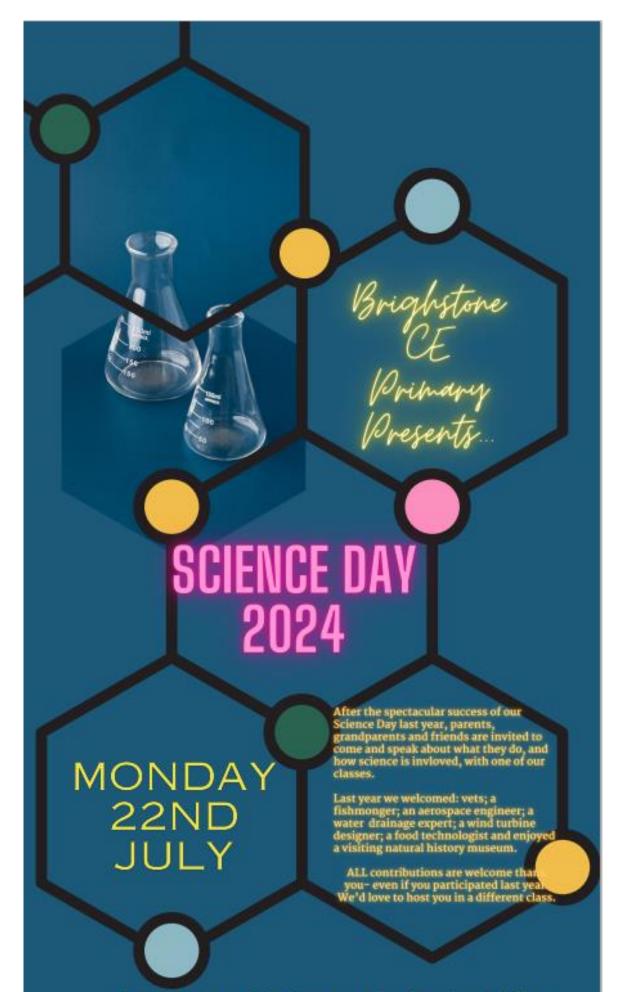
Ensure that children and young people know where to seek help if they become victims of sextortion or any other online abuse. Help them identify in advance which adults they can turn to and provide them with information about trusted resources like helplines (e.g. Childline) that they can access if they need help.











Please contact Mrs Denness via the school office.









### **Respect Charter**

### at Brighstone C.E. Aided Primary School

At Brighstone C.E. Aided Primary School, we believe staff, parents and children are entitled to a safe and protective environment in which to learn and work. We strive to ensure that our school offers a warm and nurturing environment. All members of the school community and visitors should demonstrate mutual respect, to feel safe, work together and to use restorative approaches as the foundation of our practice. Any behaviour that may lead to feelings of harassment, alarm or distress to members of our community, will not be tolerated and action taken.

### **Expectations**

- That all adults set a good example to children at all times, showing them how to get along with all members of the school and the wider community.
- That no one staff, governors, parents, carers, volunteers or children - be subjected to abusive behaviour or any form of threats from visitors on the school premises.
- That physical attacks and threatening behaviour, abusive or insulting language, verbal or written (including on social media), to staff, governors, parents, carers, volunteers, children and other users of the school premises will not be tolerated and may lead to a ban from school premises and/or police action.

### Types of behaviour that are considered serious and unacceptable

This is not an exhaustive list but seeks to provide illustrations of such behaviour:

- Shouting, either in person or over the telephone
- Speaking in an aggressive/threatening tone
- o Physically intimidating; e.g. standing very close
- The use of aggressive hand gestures/exaggerated movements
- Physical threats
- Shaking or holding a fist towards another person
- Swearing and name calling
- Pushing
- Slapping, punching, hitting or kicking
- Racist, homophobic or other hateful behaviour
- Sexist comments or sexual innuendo
- Disrespecting religion or belief
- Inappropriate communications (posting on Social Networking sites, emails or letters, etc.) which could bring the school into disrepute or be deemed as bullying, harassment and/or a hate-related comment

The school reserves the right to take any necessary actions to ensure that members of the school community are not subjected to any form of abuse in line with policy and procedure. If you choose to engage in these behaviours you may be asked to leave the site or the police may be called.

Thank you for your understanding and support

If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:

01983 740285

office@brighstoneprimary.org.uk Office Hours 8am - 4pm If you would like to speak with the **Headteacher**Mrs Lennon, you can find her at the school gate
every morning or you can call 740285 to make an
appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <a href="https://www.facebook.com/BrighstoneCEPrimarySchool">https://www.facebook.com/BrighstoneCEPrimarySchool</a>

Our Facebook page is open so you do not need a personal account to view it

If you have concern regarding
safeguarding or your child's mental health and wellbeing
please contact Mrs Jones. You can speak to her on the
playground every morning, call into the school office or
email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: https://www.brighstoneprimary.org.uk/category/the-buzz/



If you have a safeguarding concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

Please be reminded that all children need to wear the correct PE kit on PE days.

The correct PE kit is also needed for sports clubs.

Socks and hair accessories must be in the school colours.

### **School Day Timings**

The school day is as follows:

8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.







### **Key dates this year**

### 2023-2024 academic year

- Tuesday 16th July: Parents Evening 3.15pm 6pm
- Friday 19th July: Sports Day
- Friday 19th July: Summer Sizzler
- Monday 22nd July: Science Day
- Tuesday 23rd July: Summer Music Concert at 2pm
- Wednesday 24th July: Forest Day
- Thursday 25th July: Last day of term; Y6 Leavers' Service in St Mary's Church
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

### STOP PRESS: School Term Dates for 2024-2025

Please note that the school will be closed on the following days in the next academic year:

Day 1: Monday 2nd September 2024

Day 2: Tuesday 3rd September 2024

Day 3: Monday 2nd June 2025

Day 4: Monday 28th July 2025

Day 5: Tuesday 29th July 2025

Term dates are available on our school website:

https://www.brighstoneprimary.org.uk/calendar/



