

The Buzz

28th June 2024



Brighstone C.E.
Primary School



Learning and Achieving Through
Love, Courage and Respect

Dear parents, carers and children,



The whole school had a fantastic day on Wednesday, during our **Hive Day**. In the morning, the children were together in their hives, working collaboratively to create flags and Olympic torches for the afternoon's opening ceremony. They then competed in several sports including archery, football, golf, volleyball (balloons) and relay racing with Blue Hive taking the gold! We were super proud of the Hive and Sports captains who showed great leadership skills throughout the day. It is always

great to see the older children help out the little ones. See our Facebook page for more details and photos. Thank you to Mrs Jones and Mr Goldsmith for organising the whole day, and to the LSAs for helping with all the activities.



Bumble Bee's had a visit from the school nurse this week, to talk about teeth brushing and looking after our teeth. Some of the children were invited to brush a dragon's teeth, with a giant toothbrush!



This week, **Honey Bee class** used marshmallows and straws to make 3D shapes in Maths. They then described the shapes by counting the marshmallows for the vertices and straws for the edges. In DT, they made and baked cookies as part of their topic. They then tasted them and made suggestions to adapt the recipe, by adding in any extras that they might like, such as chocolate chips or dried fruit.

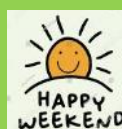


Today, Boni talked to the children about the library **Summer Reading Challenge** and the **Brighstone Summer Show**. The children are very enthused about taking part in both!



Next week, we have our **Sports Day** on Friday 5th July. All children are to wear their PE kits for the day, as well as bringing sun hats, sunscreen and water bottles. Field events will take place in the morning, and parents and other family members are invited to come along to watch the track events in the afternoon (starting at 1pm) on the far field. Vintage Scoops ice cream will be here at 3pm selling delicious ice creams to help you cool down afterwards!

Have a fabulous weekend, and see you all on Monday.



With best wishes, Mrs Lennon and the Brighstone team

Collective Worship - Truth and Truthfulness

This week, we have been thinking about 'Living without lies'.

We watched the story of Jacob and Esau, and saw the lies that were told:

<https://www.youtube.com/watch?v=hGs1WfRKIoM>



What do you think about the way each of the main characters in the story behaved?

Have you ever been tempted to tell a lie to get something you want, or to get out of trouble?

How did it make you feel inside?

Honesty Prayer

God of truth,
We thank you for the peace we feel when we are truthful,
And the way you trouble us inside when we tell lies.
Give us your courage to be honest.
Amen



Three things cannot long be hidden: the sun, the moon and the truth.

Buddha



School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at **£2.90** per day.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Beef Bolognese	Roast Pork	Chicken Curry	Breaded Chicken
Option 2	Veggie Bolognese	Veggie Burrito	Quorn Roast	Macaroni Cheese	Veggie Fingers
Dessert	Cookie	Cake	Jelly	Choc Shortbread	Cake

Poetry Corner



BUCKINGHAM PALACE

They're changing guard at Buckingham Palace –
Christopher Robin went down with Alice.
Alice is marrying one of the guard.
'A soldier's life is terrible hard,'

Says Alice.

They're changing guard at Buckingham Palace –
Christopher Robin went down with Alice.
We saw a guard in a sentry-box.
'One of the sergeants looks after their socks,'

Says Alice.

They're changing guard at Buckingham Palace –
Christopher Robin went down with Alice.
We looked for the King, but he never came.
'Well, God take care of him, all the same,'

Says Alice.

They're changing guard at Buckingham Palace –
Christopher Robin went down with Alice.
They've great big parties inside the grounds.
'I wouldn't be King for a hundred pounds,'

Says Alice.

They're changing guard at Buckingham Palace –
Christopher Robin went down with Alice.
A face looked out, but it wasn't the King's.
'He's much too busy a-signing things,'

Says Alice.

They're changing guard at Buckingham Palace –
Christopher Robin went down with Alice.
'Do you think the King knows all about me?'
'Sure to, dear, but it's time for tea,'

Says Alice.



Sadly, we didn't see the changing of the guards when we went to London with Y6 last week, so I thought this poem might suffice! (However, we did see the Gurkhas, who are carrying out public duties throughout June.)



Reading Recommendations

Each week we will include a book recommendation from a child and/or adult.

This week, Anna recommends *Boy in the Tower* by Polly Ho-Yen:

I recommend this book because it's really interesting. There's a boy called Ade and there are plants called Blutchers. They knock down and eat the towers that people live in, but they figured out a way to stop the Blutchers from eating their tower. It's so exciting and full of suspense.



Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

Or call children's services 0300 300 0117

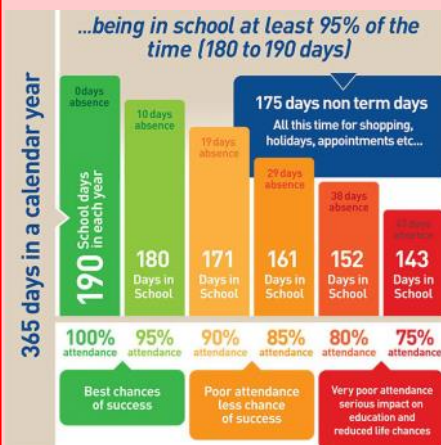
Attendance Matters!

Week Commencing 24th June 2024

Whole School attendance target: **96.5%**

Actual Attendance: 94.37

Late marks this week: 2



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Golden Book

Bumblebee	Ralph for his enthusiasm every day when we do Drawing Club. Max F for the great handwriting that he is practising, and learning how to write his full name accurately. Theo F for love of learning in reading. His phonics are making amazing progress and it is fantastic to see him learning such a lot.
Honeybee	Alice for her amazing use of adverbials in English. Freddie K for his fantastic skills when rolling out our cookie dough in DT.
Ivy bee	All of Year 6 pupils for exemplary behaviour on their London residential. They were fantastic! Arya for being our fun tour guide in London (<i>with her 'London sites' dress</i>), and for showing courage for trying something new (<i>going on the roller coaster at Legoland</i>).
Sports Bee	Charlie E-T for stepping up to the wicket and playing cricket for the school when it's not his favourite sport but doing it for the team!
Behaviour Bee	Henry for being really kind and helpful on hive day. Max B for helping a smaller child and being kind when he could have left it to someone else.
Other	Violet (from 14/6) for working really hard and trying her best in her tests.

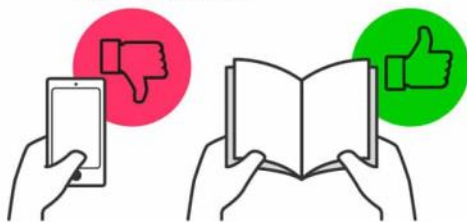


Five top tips to manage children's screen time

Help your child make the most of their time on and offline

1 Set a good example with your own device use

Children will tend to model their behaviours on you, so if you start reading a book, they may follow your lead.



2 Talk together about the time they spend online

Understand what they're doing, and explain your concerns.



3 Agree an appropriate length of time that they can use their device

Put in place a family agreement to set some boundaries and don't break them.

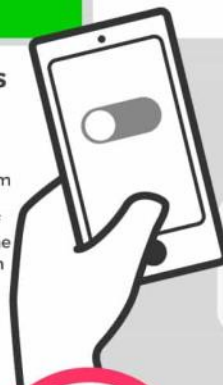


4 Get the whole family to unplug and create 'screen free' zones at home



5 Use technology and apps to help manage screen time

For example, the **Forest** app enables them to grow a beautiful forest each day they don't use their phone for a set amount of time. The iPad's '**Guided Access**' limits the time you can access any given app, which can be great for younger children.



60% of parents are concerned their kids don't have interests outside the web



Parents of 12-year-olds are most concerned about lack of offline interests



Children aged between 11 and 16 post on average 26 times a day

Online Safety

What Parents & Educators Need to Know about

GAMBLING

WHAT ARE THE RISKS?

Gambling can be defined as betting or risking money or something of value on the outcome of a situation involving chance. Under current regulations, gambling is legal for adults in the UK. Its potential impacts on the wellbeing of individuals, families and communities are well documented – emphasising the importance of safeguarding children and young people against these hazards.

MANIPULATIVE ADVERTISING

Adverts for online bookmakers and betting exchanges can raise concerns about targeting vulnerable groups, fostering addiction, promoting misleading expectations, impacting mental health, affecting social norms, posing regulatory challenges, influencing minors and other ethical issues. Effective regulation, responsible advertising practices and public education are essential to mitigate these concerns and address the potential harms associated with excessive exposure to manipulative advertisements.

FREE BET!

ADDICTIVE FEATURES

All gambling products carry safety concerns, but some can be even riskier and more addictive. The frequency with which people can place bets can encourage them to do so often – with rapid spins and multiple betting options, for example. Betting on sports events, especially with live in-play betting options, can be highly engaging and habit forming. The 24/7 availability of online platforms can also increase the risk of excessive gambling, particularly among young people.

PEER PRESSURE

Exposure to gambling through friends, influencers or social circles can normalise risky behaviour and create unrealistic expectations about the chances of winning. Addressing peer influence requires support services, responsible advertising practices and effective education on the subject to minimise the impact on children and promote healthier choices.

IMPACT ON MENTAL HEALTH

Gambling can exacerbate mental health issues such as anxiety, depression, and stress – especially if it leads to financial loss. Individuals with existing mental health conditions may use gambling as a coping mechanism – but the cycle of gambling can worsen their symptoms, creating a detrimental impact on overall wellbeing. Integrated support services and treatment options are crucial to address these interconnected challenges effectively.

GATEWAY BEHAVIOURS

Certain features of other products – such as video games that offer in-game purchases – can lead to gambling among young people. These mechanisms can sometimes be designed to exploit psychological vulnerabilities, encouraging repeated spending to acquire virtual items or advantages. Such practices can normalise the associated risks and desensitise young people to putting their or their family's money in danger.

FINANCIAL DIFFICULTIES

The most common impacts of online betting come in the form of financial losses and debt. This, in turn, can lead to distorted perceptions of money, deterioration of relationships, social isolation, and poor academic and career outcomes. Regular gambling can even exacerbate other risky behaviour by making it seem less significant – potentially leading to a cascade of health impacts and financial loss.

Advice for Parents & Educators

ENCOURAGE OPEN DISCUSSIONS

Sporting events can be a good opening for conversations about gambling, as some sponsorships may reference and even glamourise it. Talk to children about how these promotions make them feel and encourage frequent conversations about any concerns they may have. Adverts, influencers and online platforms may also feature gambling products. As a child grows, it's important to encourage their critical thinking skills to help them avoid being manipulated by this type of marketing.

MONITOR SPENDING

In-game purchases can be appealing to children, allowing them to unlock new features or cosmetic items in a fraction of the time it would take to win them by playing. Talk to children about how they spend money online, an interest in what video games they play can encourage the conversation. Consider setting up restrictions on their devices, requiring their parent or carer's permission before making any purchases. Talk about finances regularly and openly.

KNOW THE WARNING SIGNS

Parents and educators should be vigilant for signs of gambling harm among young people. Look for changes in their behaviour such as increased secrecy, unexplained money issues, mood swings or withdrawal from their usual activities. Open conversations about gambling risks and maintain a supportive, non-judgemental environment. Try to familiarise yourself with resources and helplines for assistance and guidance.

GET FURTHER SUPPORT

Support and treatment for young people is available via the Young People's Support Service of GamCare, who can be contacted at 0800 8000 133. A link to their website has also been included in the sources of this guide, along with links to several other support networks. Your GP and local NHS gambling clinic are also available if you require additional advice. Don't hesitate to reach out for help if you're concerned about a child's gambling behaviour or their financial situation.



There are still plants available to buy outside the school office. Please put your donations into the box in the foyer.

Thank you!



*Brighstone
CE
Primary
Presents...*

SCIENCE DAY 2024

MONDAY
22ND
JULY

After the spectacular success of our Science Day last year, parents, grandparents and friends are invited to come and speak about what they do, and how science is involved, with one of our classes.

Last year we welcomed: vets; a fishmonger; an aerospace engineer; a water drainage expert; a wind turbine designer; a food technologist and enjoyed a visiting natural history museum.

ALL contributions are welcome thank you - even if you participated last year. We'd love to host you in a different class.

Please contact Mrs Denness via the school office.

Respect Charter

at Brighstone C.E. Aided Primary School

At Brighstone C.E. Aided Primary School, we believe staff, parents and children are entitled to a safe and protective environment in which to learn and work. We strive to ensure that our school offers a warm and nurturing environment. All members of the school community and visitors should demonstrate mutual respect, to feel safe, work together and to use restorative approaches as the foundation of our practice. Any behaviour that may lead to feelings of harassment, alarm or distress to members of our community, will not be tolerated and action taken.

Expectations

- That all adults set a good example to children at all times, showing them how to get along with all members of the school and the wider community.
- That no one - staff, governors, parents, carers, volunteers or children - be subjected to abusive behaviour or any form of threats from visitors on the school premises.
- That physical attacks and threatening behaviour, abusive or insulting language, verbal or written (including on social media), to staff, governors, parents, carers, volunteers, children and other users of the school premises will not be tolerated and may lead to a ban from school premises and/or police action.

Types of behaviour that are considered serious and unacceptable

This is not an exhaustive list but seeks to provide illustrations of such behaviour:

- Shouting, either in person or over the telephone
- Speaking in an aggressive/threatening tone
- Physically intimidating; e.g. standing very close
- The use of aggressive hand gestures/exaggerated movements
- Physical threats
- Shaking or holding a fist towards another person
- Swearing and name calling
- Pushing
- Slapping, punching, hitting or kicking
- Racist, homophobic or other hateful behaviour
- Sexist comments or sexual innuendo
- Disrespecting religion or belief
- Inappropriate communications (posting on Social Networking sites, emails or letters, etc.) which could bring the school into disrepute or be deemed as bullying, harassment and/or a hate-related comment

The school reserves the right to take any necessary actions to ensure that members of the school community are not subjected to any form of abuse in line with policy and procedure. If you choose to engage in these behaviours you may be asked to leave the site or the police may be called.

Thank you for your understanding and support

If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a **safeguarding** concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

Please be reminded that all children need to wear the correct PE kit on PE days.
The correct PE kit is also needed for sports clubs.
Socks and hair accessories must be in the school colours.

School Day Timings

The school day is as follows:

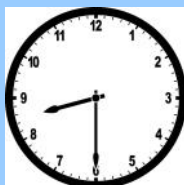
8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.



Key dates this year

2023-2024 academic year

- Friday 5th July: Sports Day
- Tuesday 9th July: Transition Day
- Friday 12th July: Y6 Leavers' Service at Portsmouth Cathedral
- Friday 12th July: Reports go home
- Tuesday 16th July: Parents Evening 3.15pm - 6pm
- Friday 19th July: Sports Day (back-up day)
- Friday 19th July: Summer Sizzler
- Monday 22nd July: Science Day
- Tuesday 23rd July: Summer Music Concert at 2pm
- Wednesday 24th July: Forest Day
- Thursday 25th July: Last day of term; Y6 Leavers' Service in St Mary's Church
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

STOP PRESS: School Term Dates for 2024-2025

Please note that the school will be closed on the following days in the next academic year:

Day 1: Monday 2nd September 2024

Day 2: Tuesday 3rd September 2024

Day 3: Monday 2nd June 2025

Day 4: Monday 28th July 2025

Day 5: Tuesday 29th July 2025

Term dates are available on our school website:

<https://www.brighstoneprimary.org.uk/calendar/>

