

The Buzz



Brighstone C.E.
Primary School

2nd February



Learning and Achieving Through Love,
Courage and Respect

Dear parents, carers and children,



The children have had a busy week this week across the curriculum. In English, **Honey Bee class** have finished their Tadeo Jones diary entries and have started reading Arthur and the Golden Rope, which they are really enjoying. **Bumble Bee Y1/2** children have finished their versions of Handa's Surprise, and have been concluding their Geography unit about hot and cold countries. They have a wealth of knowledge about the Equator and the poles, and have also been learning about different climates. Ivy Bee class have been creating Google slides remotely, where they have been working in pairs to create the slides but without verbally communicating with



each other - only communicating remotely from across the classroom! They have also been planning how to further improve their art installations using the senses. **Reception class** have been developing their interests in birdwatching following their learning last week, and have been creating bird houses in the different areas of the classroom, including the creative area and the construction area. Once they have made them, they have written labels for them.



At home time today, parents and children had the chance to vote on the funniest potato person (that isn't a sentence I have written before...). **Honey Bee class** worked together in teams to create the funniest potato. I am sure you agree, they are funny! Which one would be your choice?



We are all very excited that **Mrs Aram's baby** is almost due. We are now in a position to let you know that, after February half-term, Mrs Denness and Mrs Lennon will be teaching Y1/2 in the mornings, while the current arrangements will continue for the afternoons: Mondays, Tuesdays, Wednesdays and some Thursdays: Mrs Denness; some Thursdays and every Friday: Mrs Lennon. Mrs Aram's last day will be Thursday 8th February. We wish her and her family all the very best and we hope to see them very soon - Mrs Aram has promised to visit lots of times with the baby!



An email was sent out this week about the **Isle of Wight Council's School Transport Consultation**. The consultation is open now and will close at 11.59pm on Wednesday 13th March 2024. Please do have a look at the email and take the opportunity to have your say.

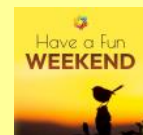


Please be reminded that **parking** is not allowed in the bus lane outside school during the given times on the sign; if cars are parked there, or on the double yellow lines either side of it, the bus has to stop in the middle of the road and the children cannot safely embark. Thank you for your understanding.

Just another quick reminder that all **hair accessories and socks** must be in the school colours: navy or other shades of blue, grey, white or black. Novelty socks are not allowed. Trainers on PE days should ideally be in muted colours, if possible. Many thanks for your cooperation and understanding.

I hope you have a wonderful weekend.

With best wishes, Mrs Lennon and the Brighstone team



Collective Worship - Perseverance

This week, we have been thinking about Meeting a Personal Challenge.

We heard the story of St Paul, who, when he was a prisoner in Rome, he sent a letter to his friends saying "I can do all things through Him who strengthens me." Philippians 4.13

We then watched some children act out a scenario where Griff had to meet a personal challenge and show perseverance when he went on a school trip orienteering. He was dreading it, because it was different from what he was used to, and far away from home. However, Mr Never-Give-Up helped him to persevere through the challenges: "If you can't go under it, and you can't go over it, then, Griff, you must go through it!"

Have you ever needed perseverance and courage to meet a challenge?

Perhaps you tried something new like Griff even though you would rather have stayed at home.

Is there a challenge you are facing now that is new and a bit scary?

Perhaps, like Griff at the start of the story, you might be wondering how you'll manage it.

The Perseverance Prayer

Lord Jesus, when I feel worried about facing
a new challenge,
Help me to persevere.
When the going gets tough,
Help me to persevere.
When I feel like giving up,
Help me to persevere.
Amen



"I can do all things through Him who strengthens me."
Philippians 4.13

School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at **£2.90** per day.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Chinese chicken rice	Roast beef	Sausage pasta	Fish fingers
Option 2	Tomato pasta	Veggie chow mein	Cheesy veg crumble	Veggie sausage pasta	Quorn nuggets
Dessert	Apple crumble	Apple Cake	Marble cake	Carrot cake	American Pancakes

Poetry Corner

Winter Morning

Take one starry night
Without cloud blankets.
Sprinkle icing sugar all about.
Leave to set.

Frosted leaves
Sugared trees
Spider's web appears
Marked out in silver pen.

Serve with hats and mitts on,
Boots and scarves on.
Scrape silver from the car.
Outside's a big fridge.

By dinner time the sun
You left it to bake in
Has licked up all the sugar.
Winter's work undone.

Angela Topping



Reading Recommendations

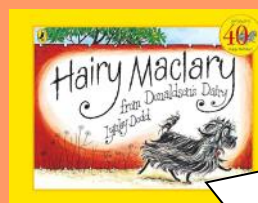
Each week we will include a book recommendation from a child and/or adult.

This week, Hudson and Autumn recommend:



Hudson

I like this book because I like him lost in the snow. He met an owl and he met three foxes and then his sisters and brothers and mummy found him. At the end, he snuggled up with his sisters and brothers and mummy.



Autumn

I like this book because it makes me so calm. When I always read it, it makes me so happy. All the dogs were following Hairy Maclary to Scarface Claw. Scarface Claw is the toughest cat in town. Hairy Maclary didn't know where to go and met Scarface Claw by mistake. They all ran back home.

Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

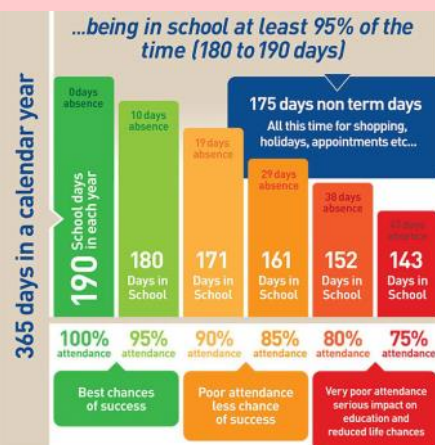
Or call children's services 0300 300 0117

Attendance Matters!

Week Commencing 29th January
Whole School attendance target: **96.5%**

Actual Attendance: 78.76%

Late marks this week: 6



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Golden Book

Bumble Bee	Harvey using lots of different areas in our learning environment, and talking about what he's been doing. Bram for his super work in English applying punctuation he knows and using contractions correctly. Theo for gaining the confidence to join in so well with reading in RWI. Rufus for working hard to tell the time to o'clock, half past, quarter past and quarter to and for getting on with his work quickly.
Honey Bee	Quinn for making such a conscientious effort with his handwriting across all subjects and he really has put his all into all of the learning that we've done in class. Luna for trying hard during English and editing her work to make more effective choices. Lilli for always doing the right thing and being a fantastic role model for the rest of the class.
Ivy Bee	Freddie and Anna for fantastic work on creating a slideshow remotely.
Bee-Haviour	Christopher for being kind and helpful in class.
Sports Bee	Toby for facing his fears to perform in Dance.
EARA Awards <i>(These are nominated by members of the EARA group.)</i>	Autumn for her help tidying up the blocks at lunchtime. Charlotte for playing quietly and sensibly over at the sensory garden.



ISLE OF WIGHT HELP WITH THE

COST OF LIVING

01983 823134 iow.gov.uk/costofliving

General help and support

Citizens Advice IW can give free help with money issues and much more.

☎ **0800 144 88 48** or Textphone on **18001 0800 144 8884**

📍 www.citizensadviceiw.org.uk

Debts and paying bills

Citizens Advice Money team.

☎ **01983 823898 ext: 2825**

📍 www.citizensadviceiw.org.uk/money-advice-team

Buying food

📍 www.iow.gov.uk/costofliving and tap on 'food' for more information.

Join a community pantry and for £5 a week, receive over £15 worth of food.

☎ **01983 296592** East Cowes Community Pantry

☎ **07961 959003** Ventnor Community Pantry

☎ **01983 563732** Ryde Community Pantry

☎ **07300 329610** Newport Community Pantry

☎ **01983 248170** Pan Community Larder

☎ **01983 716020** Mobile Community Pantry

connect4communities


Supporting organisations to help Islanders. Includes food vouchers, energy efficient appliances, garden items, clothing for school children and more.

📍 www.connect4communities.org



Warm Welcome Space

Find an Isle of Wight Warm Welcome Space.

 www.iow.gov.uk/warmspaces

Benefits


Check whether you are getting all the benefits you can.

Citizens Advice Help to Claim line.


 **0800 144 8444**


 www.gov.uk/benefits-calculators

Energy bills, energy efficiency and grants

 **01983 822282** The Footprint Trust

 www.footprint-trust.co.uk


 **07865 075832** Green Isle of Wight

 www.greeniow.org.uk

Pension Credit

If you are of State Pension age you may be entitled to Pension Credit.

If you get Pension Credit you can get other benefits.

 **0800 99 1234** or Textphone on **0800 169 0133**

 www.gov.uk/pension-credit


Paying for broadband and mobile phone

Social tariffs are available if you're on a low income.

 www.ofcom.org.uk/cheap-broadband

Feeling lonely

The Living Well and Early Help Partnership works on the Island to connect people.

 **01983 240732**

 www.lweh.org.uk

In a crisis


If you have no money for food, gas and electricity you may be able to get emergency help.

 **01983 823859**

 www.iow.gov.uk/HelpThroughCrisis

Other useful contacts

 www.helpforhouseholds.gov.uk

 www.islefindit.org.uk

Online Safety

What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

WHAT ARE THE RISKS?

POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

Advice for Parents & Carers

ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

NIX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.

Respect Charter

at Brighstone C.E. Aided Primary School

At Brighstone C.E. Aided Primary School, we believe staff, parents and children are entitled to a safe and protective environment in which to learn and work. We strive to ensure that our school offers a warm and nurturing environment. All members of the school community and visitors should demonstrate mutual respect, to feel safe, work together and to use restorative approaches as the foundation of our practice. Any behaviour that may lead to feelings of harassment, alarm or distress to members of our community, will not be tolerated and action taken.

Expectations

- That all adults set a good example to children at all times, showing them how to get along with all members of the school and the wider community.
- That no one - staff, governors, parents, carers, volunteers or children - be subjected to abusive behaviour or any form of threats from visitors on the school premises.
- That physical attacks and threatening behaviour, abusive or insulting language, verbal or written (including on social media), to staff, governors, parents, carers, volunteers, children and other users of the school premises will not be tolerated and may lead to a ban from school premises and/or police action.

Types of behaviour that are considered serious and unacceptable

This is not an exhaustive list but seeks to provide illustrations of such behaviour:

- Shouting, either in person or over the telephone
- Speaking in an aggressive/threatening tone
- Physically intimidating; e.g. standing very close
- The use of aggressive hand gestures/exaggerated movements
- Physical threats
- Shaking or holding a fist towards another person
- Swearing and name calling
- Pushing
- Slapping, punching, hitting or kicking
- Racist, homophobic or other hateful behaviour
- Sexist comments or sexual innuendo
- Disrespecting religion or belief
- Inappropriate communications (posting on Social Networking sites, emails or letters, etc.) which could bring the school into disrepute or be deemed as bullying, harassment and/or a hate-related comment

The school reserves the right to take any necessary actions to ensure that members of the school community are not subjected to any form of abuse in line with policy and procedure. If you choose to engage in these behaviours you may be asked to leave the site or the police may be called.

Thank you for your understanding and support



Brighstone School Association
MUFTI DAY - FRIDAY 9TH FEBRUARY

In return for wearing your own
clothes/sports clothes (if you have P.E)
please bring in an item you would like to find in a
family raffle.

*Your donations will be made into prizes for the
Family Quiz Night raffle*
Thank you for your support



Brighstone School Association's
**FUN FAMILY
??? QUIZ NIGHT**
FRIDAY 23RD FEBRUARY @ 18:30
AT WILBERFORCE HALL, BRIGHSTONE
DOORS OPEN AT 18:15

Family teams up to 5 members
£8 per team to enter
Teas and Coffees available
Bring your own drinks and nibbles
Prize Raffle to be sold and drawn on the evening!

???
TICKETS AVAILABLE FROM THE BSA ONLINE BOOKING
SITE BELOW OR VIA THE SCHOOL OFFICE WITH EXACT
CASH PAYMENT IN A NAMED ENVELOPE.
pta-events.co.uk/brighstoneschoolassociation/

We will be open for all children ages
9 months - 11 years.
If you wish your child to attend Holiday Club at
Brighstone Preschool.
Please fill in the form below with days and times
required.
Our opening times are 7.30 am until 5.30 pm.



Prices:

9-12 Months £7.00 an hour 12 Months - 2 Years £6.20 an hour

2 - 3 Years £6.00 an hour 3 Years - School Age £5.50 an hour

Once you have booked you will receive a bill and payment will be due in advance.

Please enter the hours you wish your child to attend on each day and return via email.
(brighstonepreschool@gmail.com) or a printed copy to Rosanna ASAP.

<u>Monday</u> 12 th February 24	<u>Tuesday</u> 13 th February 24	<u>Wednesday</u> 14 th February 24	<u>Thursday</u> 15 th February 24	<u>Friday</u> 16 th February 24

Child's name 1:	DOB:	Any Allergies:
Child's name 2:	DOB:	Any Allergies:

Are you using 30 hours stretched entitlement?	YES / NO
Parent or Carers Name:	
Contact No 1:	
Contact No 2:	
Email Address:	

Please book in by **31st January 2024** in order for us to plan the appropriate staffing ratios.

If you do not attend your booked sessions or you cancel after 31st January 2024 you will still be charged at the full price.

Any questions please do not hesitate to ask or call Rosanna on **07707319843**.



If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a safeguarding concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

School Day Timings

The school day is as follows:

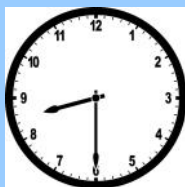
8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.



Key dates this year

2023-2024 academic year

- Thursday 8th February: KS2 trip to the British Museum
- Friday 9th February: Last day of term
- Monday 12th - Friday 16th February: Half term
- Monday 19th February: Back to school
- Tuesday 5th March: Parents Evening 3.15pm - 6pm
- Wednesday 6th March: Parents Evening 3.15pm - 5pm
- Thursday 7th March: World Book Day
- Thursday 28th March: Last day of term
- Friday 29th March - Friday 12th April: Easter holidays
- Monday 15th April: Back to school
- Monday 29th April - Wednesday 1st May: Y4 residential at Tile Barn
- W/C 13th May: Y6 SATs
- Friday 24th May: Last day of term
- Monday 27th - Friday 31st May: Half term
- Monday 3rd June: School closed for staff development day
- Tuesday 4th June: Back to school
- Wednesday 18th - Friday 21st June: Y6 residential in London
- Friday 12th July: Reports go home
- Tuesday 16th July: Parents Evening 3.15pm - 6pm
- Thursday 25th July: Last day of term
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

