

# The Buzz



## 19th January



Learning and Achieving Through Love,  
Courage and Respect

Dear parents, carers and children,



The week started with the **EARA group** leading an assembly that they had prepared. They confidently stood in front of the school to share their slides showing who they are and what they have been doing. They talked about how to use the Cosy Cabin and the Sensory Garden properly, they shared information about the Equality Act 2010 and the United Nations Convention on the Rights of the Child, and about No Outsiders. As part of their commitment to ensure that the Cosy Cabin and Sensory Garden is used correctly, and that people continue to treat each other and school belongings with respect, they have also introduced the use of certificates, which they proudly presented in Golden Worship this morning. Well done to the EARA group!



You may recall a story written by **Christopher** in the Buzz a few weeks ago. Well, I am delighted to present another story by Christopher, which you will find on p4. This is the first instalment that he has written of his new story. He has written it in his spare time at home and is excited to share it with everyone. Check out our Facebook page where you will find a video of him reading it. I can't wait for the next bit, as he has left us on quite the cliff hanger! Well done, Christopher!

On the subject of stories, **Peter Johnson from SWAY** has finished his trilogy of stories about Leanne and her adventures, with the final one just produced called Leanne and the Surprising Christmas. It centres around Leanne's visit for Christmas to her grandparents in Staffsbury. She is still coming to terms with her grandparents 'new visitor, Simon, the refugee from distant lands. As snow descends upon Staffsbury, the children enjoy some fun in the hills nearby. What will become of Simon after Christmas, Leanne wonders. Copies of the book are for sale from the school office, for £6.99. All proceeds from the book go to SWAY.



A year ago, schools across the island signed up for the IOW **Respect Charter**. This is to ensure that all members, including children, staff and parents of each school community are treated with respect within a safe, friendly and nurturing environment. Please see the page later in this week's Buzz for the Respect Charter for your reference. This can also be found on the policies page of our website.

The recent **Messy Church** session held at the Methodist Church in November was very well attended, so another one has been planned for Thursday 22nd February. There are fun activities planned, as well as a delicious meal, and all of this is for free! Please see our Facebook page for more details, and if you are interested, book a place using the provided email address or phone number (on the poster). Thank you to the volunteers at St Mary's Church and the Methodist Church for organising these amazing events.



I hope you have a wonderful weekend.

With best wishes, Mrs Lennon and the Brighstone team

## Collective Worship - Perseverance

This week, we have been thinking about Keeping Going Against All Odds.

This is a painting by French artist James Tissot. It shows some refugees with a young child. Who do you think the artist is depicting in this picture? What makes you think this?



The painting is called 'The Flight into Egypt'. We then listened to the part of the story from the Bible which was the inspiration for James Tissot's painting.



We then talked about refugees nowadays, who may be escaping persecution or war, and may be feeling terrified and alone. How welcoming is our school? How do we help visitors feel welcome?



Loving God,

Whose Son became a refugee and had no place to call his own,  
Look with mercy on those who are fleeing from danger,  
Who are homeless and hungry.  
Bless those who work to bring them relief;  
Inspire generosity and compassion in all our hearts;  
And guide the nations of the world towards that day  
When there will be justice and peace for everyone.



Amen

"Let us run with perseverance the race that lies before us. Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end."

Hebrews 12.1-2

## School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' free school meal everyday.

Children in Years 3-6 are charged at **£2.90** per day.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Sausage and mash	Roast pork	Chicken korma	Fish fingers
Option 2	Tomato pasta	Cauliflower cheese	Veggie roast	Tomato pasta	Quorn nuggets
Dessert	Apple bake	Jelly	Shortbread	Fruit cake	Shortbread

### Poetry Corner

#### Refugees - a poem by Brian Bilston

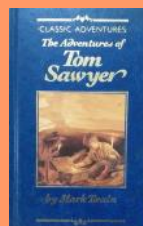
They have no need of our help  
So do not tell me  
These haggard faces could belong to you or me  
Should life have dealt a different hand  
We need to see them for who they really are  
Chancers and scroungers  
Layabouts and loungers  
With bombs up their sleeves  
Cut-throats and thieves  
They are not  
Welcome here  
We should make them  
Go back to where they came from  
They cannot  
Share our food  
Share our homes  
Share our countries  
Instead let us  
Build a wall to keep them out  
It is not okay to say  
These are people just like us  
A place should only belong to those who are born there  
Do not be so stupid to think that  
The world can be looked at another way

*(now read the poem again from bottom to top)*

### Reading Recommendations

Each week we will include a book recommendation from a child and/or adult.

This week, Henry recommends:



The adventures of  
Tom Sawyer  
by Mark Twain

This story is about a boy named Tom Sawyer and his twin friend called Huckberry Finn and they have adventures.

I liked the description because it forms pictures in my head because the book doesn't have any pictures in it.

People would like to read it because most of the adventures recorded in the book are really occurred.

### Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

#### Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email [help@nspcc.org.uk](mailto:help@nspcc.org.uk)

**0808 800 5000**

**Find out more**

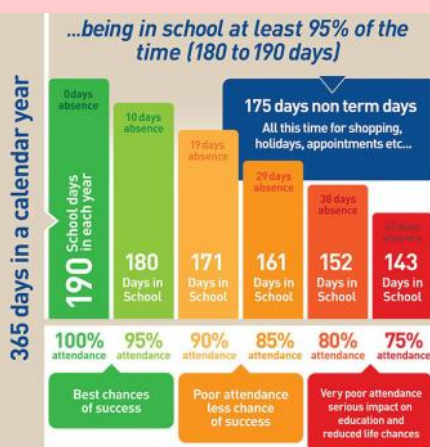
Or call children's services 0300 300 0117

### Attendance Matters!

Week Commencing 19th January  
Whole School attendance target: **96.5%**

Actual Attendance: 97.05%

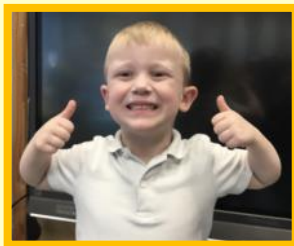
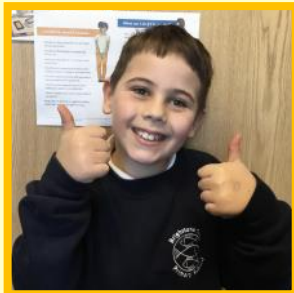
Late marks this week: 9



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

# Golden Book

Bumble Bee	<b>George</b> for being such a happy enthusiastic learner. <b>Ralph</b> for having the courage to keep trying even when he thinks he can't do it at first. <b>Theo H</b> for focusing really hard in lessons, particularly in English and Maths. <b>Holly &amp; Bethan</b> for their super bridging work in Maths, including the presentation and wanting to go onto the challenge questions.
Honey Bee	<b>Quinn</b> and <b>Ruby</b> for working extremely hard in their Maths, solving incredibly tricky word problems, involving converting between cm, mm, m and using addition and subtraction to work out missing lengths.
Ivy Bee	<b>Leland</b> for excellent focus and good calculations in Maths. <b>Jared</b> for an excellent attitude to drama in Reading. Great voices!
Bee-Haviour	<b>Theo F</b> for demonstrating school values - <i>Respect</i>
Sports bee	<b>Jared</b> for being a respectful team player during Dodgeball Club.
EARA Awards <i>(These are nominated by members of the EARA group.)</i>	<b>Zara</b> for being respectful in the playground and Cosy Cabin. <b>Flo</b> for when everyone runs through the Cosy Cabin, she sits there calmly and sets a good example to everyone. <b>Ralph</b> for giving up his playtime to sweep the stones in the sensory garden. <b>Kieran</b> for being really polite and calm and reading quietly.



# The Journey to the Impossible

By Christopher Y5

## Chapter 1: A Normal Boy

Once there was a boy called Christopher. He was a normal boy but he was quite fast because he always beat his friends Bill and Jack in races. Sometimes they got fed up because they lost every time. Chris took it easy sometimes but still beat them every time.

## Chapter 2: The Creation

Every one thousand years, a meteorite hits the earth and always causes catastrophic damage, but this time it hit a boy and the destiny was that it hit Christopher. It was 4am and he was waiting for his parents at school for them to pick him up and he was alone as all the other kids had left.

## Chapter 3: Superpowers

He woke up in the hospital and then he realised that he had no arm, and then he heard some strange noises coming from the corridor. He tried to get up but he could barely stand on his feet. He was able to get out of his room, and at the first glance he saw nothing but then he saw a tail of a monster disappearing in a corner, so he followed his instincts and chased it and then out of nowhere he found himself in front of the beast. That is how he figured out that he was superfast and then he punched the horrible slimy creature which then flew across the room.

Check out our Facebook page to see Christopher reading his story.

Watch this space for the next instalment!



# SEMH

Social, Emotional & Mental Health

Community Action Isle of Wight

## HEALTH ROADSHOW

# You're not alone!

THURSDAY 25TH JANUARY

10.30AM-1.30PM

OUR PLACE, ST CATHERINE'S  
CHURCH, VENTNOR

Do you have a long term health condition? Come and meet peer support groups and other organisations who may be able to offer help and advice

Break Out  
Youth

Breatheasy

People Matter

Diabetes  
IW

Veterans  
Outreach  
Support

Barnardos

Applegate  
Breast Cancer  
Support  
Group

Sjogrens  
Syndrome  
Support  
Group

Diabetes  
IW

IW MS Society

Smoke  
Free  
Island

Menopause  
IW

Have you  
received a  
new diagnosis?

Don't know  
how to tell  
your family?

Wondering  
how you'll  
cope?

Also attending are Isle Access, AgeIWUK, Sexual Health (NHS), Diagnostic Centre (NHS), Patient Safety (NHS), Wheelchair Engagement Service (NHS), Men In Sheds, Baby Box, Ventnor Foodbank/Pantry, LWEH, CAB, Wessex Cancer, Prostate Cancer and Wight Sense

## Respect Charter

### at Brighstone C.E. Aided Primary School

At Brighstone C.E. Aided Primary School, we believe staff, parents and children are entitled to a safe and protective environment in which to learn and work. We strive to ensure that our school offers a warm and nurturing environment. All members of the school community and visitors should demonstrate mutual respect, to feel safe, work together and to use restorative approaches as the foundation of our practice. Any behaviour that may lead to feelings of harassment, alarm or distress to members of our community, will not be tolerated and action taken.

#### Expectations

- That all adults set a good example to children at all times, showing them how to get along with all members of the school and the wider community.
- That no one - staff, governors, parents, carers, volunteers or children - be subjected to abusive behaviour or any form of threats from visitors on the school premises.
- That physical attacks and threatening behaviour, abusive or insulting language, verbal or written (including on social media), to staff, governors, parents, carers, volunteers, children and other users of the school premises will not be tolerated and may lead to a ban from school premises and/or police action.

#### Types of behaviour that are considered serious and unacceptable

This is not an exhaustive list but seeks to provide illustrations of such behaviour:

- Shouting, either in person or over the telephone
- Speaking in an aggressive/threatening tone
- Physically intimidating; e.g. standing very close
- The use of aggressive hand gestures/exaggerated movements
- Physical threats
- Shaking or holding a fist towards another person
- Swearing and name calling
- Pushing
- Slapping, punching, hitting or kicking
- Racist, homophobic or other hateful behaviour
- Sexist comments or sexual innuendo
- Disrespecting religion or belief
- Inappropriate communications (posting on Social Networking sites, emails or letters, etc.) which could bring the school into disrepute or be deemed as bullying, harassment and/or a hate-related comment

The school reserves the right to take any necessary actions to ensure that members of the school community are not subjected to any form of abuse in line with policy and procedure. If you choose to engage in these behaviours you may be asked to leave the site or the police may be called.

**Thank you for your understanding and support**

# Online Safety

## SMARTPHONE SAFETY TIPS for young people

7

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

### NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

### RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

### TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

### STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

### DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

### IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

### ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

### REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

### THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

### SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.



Thank you to all who attended the  
BSA meeting.

Watch this space for the exciting  
events coming up!





If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:  
**01983 740285**  
office@brighstoneprimary.org.uk  
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>  
*Our Facebook page is open so you do not need a personal account to view it*

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk  
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk  
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk  
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

## Contact us



If you have a **safeguarding** concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

### School Day Timings

The school day is as follows:

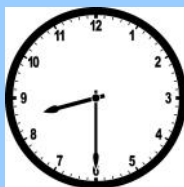
8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.



## Key dates this year

### 2023-2024 academic year

- Thursday 8th February: KS2 trip to the British Museum
- Friday 9th February: Last day of term
- Monday 12th - Friday 16th February: Half term
- Monday 19th February: Back to school
- Tuesday 5th March: Parents Evening 3.15pm - 6pm
- Wednesday 6th March: Parents Evening 3.15pm - 5pm
- Thursday 7th March: World Book Day
- Thursday 28th March: Last day of term
- Friday 29th March - Friday 12th April: Easter holidays
- Monday 15th April: Back to school
- Monday 29th April - Wednesday 1st May: Y4 residential at Tile Barn
- W/C 13th May: Y6 SATs
- Friday 24th May: Last day of term
- Monday 27th - Friday 31st May: Half term
- Monday 3rd June: School closed for staff development day
- Tuesday 4th June: Back to school
- Wednesday 18th - Friday 21st June: Y6 residential in London
- Friday 12th July: Reports go home
- Tuesday 16th July: Parents Evening 3.15pm - 6pm
- Thursday 25th July: Last day of term
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

