

The Buzz



12th January



Learning and Achieving Through Love,
Courage and Respect

Dear parents, carers and children,

I hope that you've managed to keep warm this week. The children (and adults!) were very excited on Monday when a few flakes fell from the sky, which some of the children had fun trying to catch as they ran around the playground. Sadly, they didn't last long, but it certainly gave the children lots to talk about.

Y3 and some Y6 children started their **swimming lessons** this week. The accompanying adults were very proud of their behaviour and independence. Well done!



I have been busy showing **prospective new Reception parents** around our lovely school over the last few months. Our children always make them feel so welcome by giving them a little wave and a "hello", which shows our school values of love and respect. If you have a child moving up to Reception in September, or if you know of anyone else who does, please be reminded that the deadline for applications is Monday 15th January.

On Monday evening, the **BSA** met to talk through the successes of the Christmas events and to sort out dates for the upcoming events for the remainder of the school year (watch this space). Thank you to those who were able to come along to the meeting. Everyone is always welcome to the meetings or to help out at any of the events. The more the merrier!



At Brighstone, we believe in the importance of capturing the voice of the children. They always have lots of great ideas, and it helps them to develop life-long skills as part of 'democracy', which is one of the British values and one of the articles from the United Nations Convention on the Rights of the Child: 'Express their opinions and be listened to'. Today, the **School Council** met; here is a message from Caspar, the chair of the School Council: "Dear parent/carer, I have written on behalf of the School Council asking for any old tyres, pallets or anything useful for building raised planting beds in our new vegetable garden." If you have any that the School Council could use, please contact the school office. This would be much appreciated, thank you.

This week, I have been receiving emails from members of the **EARA group** who have been busy creating Google slides in preparation for an EARA assembly that they will be leading on Monday. They always come up with some great ideas, which we look forward to sharing over the coming weeks.



I hope you have a wonderful weekend.



With best wishes,

Mrs Lennon and the Brighstone team

Collective Worship - Perseverance

This week, we have been thinking about Running the Race of Life.

We talked about how there are many challenges that are faced throughout our lives, and that we may need perseverance to get through them. We may also have dreams and goals that we want to achieve, and we talked about how we need perseverance to do this.

We came up with ideas of how we could help ourselves and others to achieve our goals.

Perseverance is...
Pressing on
Eager to continue
Running the race
Sticking with things
Encouraging each other to keep going
Valuing the support of others
Eyes fixed on the target
Reaching a goal over time
Aiming to complete a task
Not giving up
Commitment to keep going
Ending up where you want to be.



Which line do you think is the best way of describing perseverance and why?

Can you think of one target or goal that you are needing perseverance to achieve at the moment?



Dear God,

Please help me to find the strength
To persevere when I face challenges.
Help me to keep going to achieve my goals,
And to help others with theirs.

Amen



"Let us run with perseverance the race that lies before us. Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end."
Hebrews 12.1-2

School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at **£2.90** per day.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Turkey chilli	Roast beef	Sausage pasta	Fish fingers
Option 2	Tomato pasta	Macaroni cheese	Cheesy veg crumble	Veggie sausage pasta	Quorn nuggets
Dessert	Apple crumble	Choc biscuit	Marble cake	Carrot cake	Ice cream

Poetry Corner

Over wintry wind-whipped waves
The white-winged seagulls wildly sweep;
Weaving, winding, wheeling, whistling,
Where the wide waste waters weep.

Anonymous



Reading Recommendations

Each week we will include a book recommendation from a child and/or adult.

This week, Alyssa recommends:



I recommend this book because it is fun and there's a naughty wolf that steals people's belongings.

It tells us about what they're doing and it's a funny book.

My favourite part is when the wolf pretends to be the granny because it's funny and he talks in a silly voice.

Also, I like Elsa because I like the colour blue and she's cute.

Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

[Find out more](#)

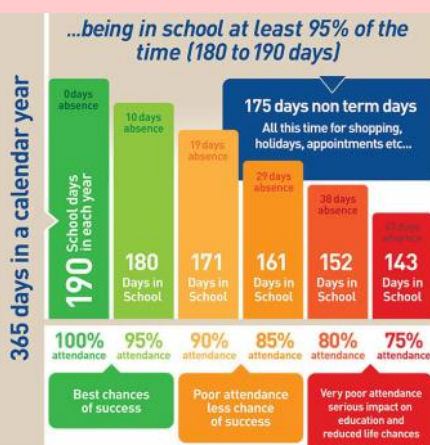
Or call children's services 0300 300 0117

Attendance Matters!

Week Commencing 8th January
Whole School attendance target: **96.5%**

Actual Attendance: 95.92%

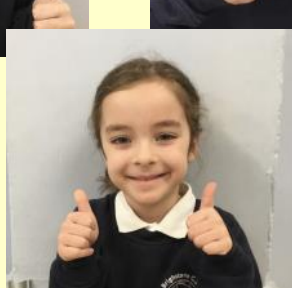
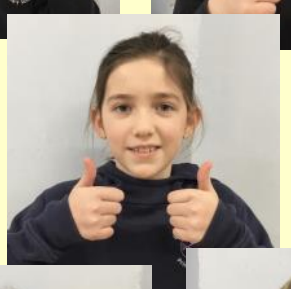
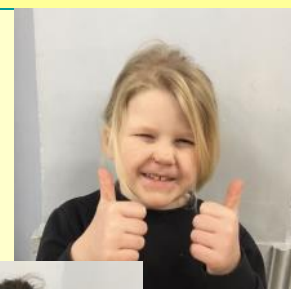
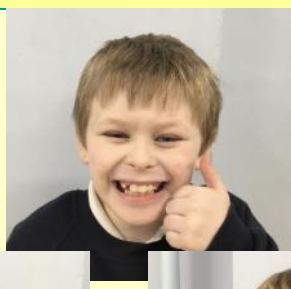
Late marks this week: 6



<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Golden Book

Bumble Bee	Tahnee for working so hard at learning her sounds. Max for a super attitude to our new English learning journey and being very engaged during class discussions. Theo F for trying really hard with writing independently, using resources and having a positive attitude. Skye for trying hard in Maths, focusing on her own work and working systematically, especially when solving a tricky word problem.
Honey Bee	Kieran for learning to be more independent in his learning and when going swimming. Rosie for exemplary learning behaviours and trying exceptionally hard in Maths when converting between measurements. Myles for trying really hard at his Maths.
Ivy Bee	Poppy L for maintaining an excellent reading record book over the festive period. Devon for maintaining an excellent reading record book over the festive period.
Bee-Haviour	Violet for always showing our school values and being super smiley!
Sports bee	Ellie and William for some fantastic, focused work during Orienteering in PE. <i>The Bay Under 9 Basketball competition winners 2023: Freddie K, Lucy, Sammy G, Samuel, Reece, Lilli, Henry, Rosie, Flo</i>



SEMH

Social, Emotional & Mental Health

50 Ways to Take a Break

- Take a Bath
- Listen to Music
- Take a Nap
- Go to a body of water
- Watch the clouds
- Light a candle
- REST your legs up on a wall
- Let out a sigh
- Fly a Kite
- Watch the stars
- Write a Letter
- Learn something NEW
- Listen to a guided relaxation
- Read a Book
- sit in NATURE
- 2x Move twice as slowly
- Take Deep Belly Breaths
- MEDITATE
- Call a Friend
- Meander around Town
- WRITE in a journal
- Notice your Body
- Buy some Flowers
- Find a relaxing Scent
- Walk Outside
- Go for a run
- Take a bike ride
- pet a furry creature
- Create your own coffee break
- View some ART
- Eat a meal in SILENCE
- Turn off all electronics
- Go to a park
- Drive somewhere NEW
- Examine an everyday object with Fresh Eyes
- Go to a Farmer's Market
- Forgive Someone
- read or watch something FUNNY
- COLOR with Crayons
- Make some MUSIC
- Climb a Tree
- Let go of something
- Engage in small acts of KINDNESS
- Do some gentle stretches
- Print on a surface other than paper
- Write a quick poem
- Read poetry
- Put on some music and DANCE
- Give Thanks

Online Safety

What Children & Young People Need to Know about

FREE VS HATE SPEECH

Everyone in the UK has the right of "freedom of expression". That's the right to voice your opinions and share information and ideas with others. It's *not* the right to say whatever you want without regard for others' feelings and values. We all have a responsibility to use this right properly: being respectful and inclusive to those around us, rather than making offensive and threatening remarks. That's called 'hate speech' and knowing the difference is incredibly important.

Free speech is a person's legal right to share information, opinions and ideas without fear of retaliation, censorship or legal consequences. This freedom of expression is recognised in international human rights legislation, and here's what it does for us in our day-to-day lives ...

The Human Rights Act 1988 states that everyone has the right to express themselves freely – even if their views are unpopular and might offend others.

Freedom of expression encourages listening to others and allowing opposing views to be heard. It's important to respect someone's opinion, even if we disagree with it. Free speech lets us engage in meaningful discussions with people who feel differently.

Any concept could potentially offend someone. Galileo's theories were incredibly offensive to many at the time, while not everyone agrees with Darwin, even today. A frequent exchange of ideas is vitally important for a healthy society.

Free speech allows us to engage people we disagree with in a debate. The ability to challenge others' views is healthy – while having *ours* challenged helps us learn how to deal with criticism and think deeply about what we say and believe.

Freedom of expression includes the right *not* to do something, like not standing up for – or singing – the national anthem. Even though some people would find that offensive, it isn't illegal. By law, nobody can force you to say anything you don't want to.

Free speech is a powerful tool for change, justice and reform. Many modern UK rights – such as women being allowed to vote, decent working conditions or same-sex marriage – couldn't have been achieved without it.

Hate speech refers to any communication – like talking, texting or posting online – that negatively targets a group or an individual because they are perceived to be different in some way. Demonising and dehumanising statements, threats, identity-based insults, offensive name-calling and slurs would all count as hate speech. Here are some common forms it takes...

Targeting people or groups because of a protected characteristic – like race, gender identity, sexuality, nationality, religion or a disability – and verbally abusing them with slurs and name-calling. The Equality Act 2010 has more information on this.

Content that dehumanises people based on the same characteristics: referring to them as if they were animals, objects or other non-human entities, for example. Separating the target from other human beings is usually an attempt to justify the speaker's bigotry.

Calling for violence or hatred against certain people or groups and justifying and glorifying those actions. Suggesting that a certain group should be removed from society could be seen as a call to arms, for example – potentially putting people from that group in danger.

Claiming that specific types of people are physically, mentally or morally inferior (or even that they are criminals) to encourage others to view them in the same way. This kind of thinking is always incorrect – but can be incredibly harmful to the group in question.

Spreading damaging misinformation about a person or group that the speaker views as "different" – essentially, trying to turn others against them by lying. Someone might claim that a recent tragedy is the fault of this entire group, when this is simply not possible.

Promoting the segregation of certain groups, or discrimination against them, because of who they are. This has been illegal in the UK for a long time – but some people still try to promote the exclusion of others, which can cause a huge amount of distress.



Thank you to all who attended the
BSA meeting.

Watch this space for the exciting
events coming up!



If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a **safeguarding** concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

School Day Timings

The school day is as follows:

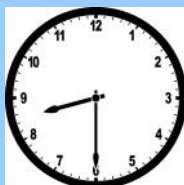
8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.



Key dates this year

2023-2024 academic year

- Thursday 8th February: KS2 trip to the British Museum
- Friday 9th February: Last day of term
- Monday 12th - Friday 16th February: Half term
- Monday 19th February: Back to school
- Tuesday 5th March: Parents Evening 3.15pm - 6pm
- Wednesday 6th March: Parents Evening 3.15pm - 5pm
- Thursday 7th March: World Book Day
- Thursday 28th March: Last day of term
- Friday 29th March - Friday 12th April: Easter holidays
- Monday 15th April: Back to school
- Monday 29th April - Wednesday 1st May: Y4 residential at Tile Barn
- W/C 13th May: Y6 SATs
- Friday 24th May: Last day of term
- Monday 27th - Friday 31st May: Half term
- Monday 3rd June: School closed for staff development day
- Tuesday 4th June: Back to school
- Wednesday 18th - Friday 21st June: Y6 residential in London
- Friday 12th July: Reports go home
- Tuesday 16th July: Parents Evening 3.15pm - 6pm
- Thursday 25th July: Last day of term
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

