

# The Buzz



Brighstone C.E.  
Primary School

## 29th September 2023



Learning and Achieving Through Love,  
Courage and Respect

Dear parents, carers and children,



We were greeted by a sea of blue in Golden Worship this morning, as children came to school in mufti for **World Maritime Day** in aid of UKSA. We had lots of blue-themed outfits, some sailors, some mermaids, a jellyfish, a shark and a seagull! Altogether, we raised £70 for the UKSA, which is great. The UKSA is a wonderful charity that inspires and supports children and young people to broaden their horizons through inspirational water-based adventures, education and training for careers at sea. They are passionate about enhancing life skills, developing resilience, confidence and teamwork. They rely on the generosity of donors and partners to help us transform children and young people's lives. Our Y6 children recently took part in the UKSA's Test the Water activity, and, going by the huge smiles on their faces when they got back, it was clear that they had a

fantastic time! Thank you for donating today to enable these sessions to take place.



This year, as part of our wider curriculum and work around the Equality Act, we are introducing the **No Outsiders** assemblies. No Outsiders' vision is to support 'inclusive education, promoting community cohesion to prepare young people and adults for life as global citizens'. It states 'all different, all welcome', which links very strongly with our own vision and values. I will be meeting with our **EARA** (Equality And Rights Advocates) group next week for our first meeting of this academic year, and I am looking forward to hearing their voice and ideas, and discussing this, and other possible actions, with them.



As part of our wider curriculum actions to develop, prepare and empower children to become global citizens, there will be further opportunities for children to engage in leadership and school community roles. Next week, we will be inviting the Y6 children to apply for **Y6 leadership roles**, including the Pupil Leadership Team, Hive Captains, Sports Captains, Sports Crew, Librarians and Buddies. To ensure the process is inclusive, children can apply through writing a letter, preparing a PPT presentation, creating a video or presenting their verbal application in person. Mrs Johnstone will also be starting the **School Council** process next week, inviting children from each class to vote for their representatives. This process links closely with the British value of 'democracy'.

Our Voice counts....



Next week sees our annual **Harvest Festival** take place in the garden of The Rectory, led by Reverend Jackie. Parents, grandparents and carers are welcome to come along. This is on Wednesday 4th October at 8.50am. Further information is available in the letter that we sent out this week, which is also available on our school website.

I hope you have a lovely weekend, and I look forward to seeing you all again on Monday morning.

With very best wishes,

Mrs Lennon and the Brighstone team



## Collective Worship - Thankfulness

This week, we have been thinking about remembering to say thank you.

We watched some Y6 children act out a drama, in which their characters were ungrateful for the food they received, and didn't say thank you. We discussed how important it is to be grateful for our food, as there are so many people in the world who don't have enough.



How can we remember to say thank you for our food?

How can we show our appreciation?

How can we help others who don't have enough?

What other things can you say thank you for?

Each class shared their lunchtime prayer (Grace).

Do you say Grace, or do you have other ways of saying thank you for your food?



'Always give thanks for everything to God the Father' Ephesians 5.20

## School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' free school meal everyday.

Children in Years 3-6 are charged at **£2.90** per day.

Baguettes now available on Tuesdays and Thursdays instead of JPs (ham, cheese or tuna)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese	Chicken Curry	Roast Pork	Beef bolognese	Fish Fingers
Option 2	Tomato Pasta	Tomato Pasta	Tomato Pasta	Tomato Pasta	Veggie dippers
Dessert	Ice cream	Shortbread	Brownie	Flapjack	Pineapple Cake

## Poetry Corner

### The Squirrel

Whisky, frisky,	Furly, curly,
Hippity hop,	What a tail!
Up he goes	Tall as a feather
To the treetop!	Broad as a sail!
Whirly, twirly,	Where's his supper?
Round and round,	In the shell,
Down he scampers	Snappity, crackity,
To the ground.	Out it fell!

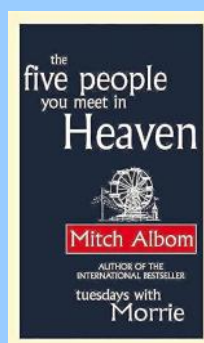


Anonymous

## Reading Recommendations

Each week we will include a book recommendation from a child and/or adult.

This week, Mrs Baker recommends:



Thought-provoking

Moving

Poignant

Eddie is a wounded war veteran, an old man who has lived, in his mind, an uninspired life. His job is fixing rides at a seaside amusement park. On his 83rd birthday, a tragic accident kills him as he tries to save a little girl from a falling cart. He awakes in the afterlife, where he learns that heaven is not a destination. It's a place where your life is explained to you by five people, some of whom you knew, others who may have been strangers. One by one, from childhood to soldier to old age, Eddie's five people revisit their connections to him on earth, illuminating the mysteries of his "meaningless" life, and revealing the haunting secret behind the eternal question: "Why was I here?"

## Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

Contact us: [safeguarding@brighstoneprimary.org.uk](mailto:safeguarding@brighstoneprimary.org.uk)

Speak with our DSL Mrs Jones in the school office

You can contact the NSPCC:

### Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email [help@nspcc.org.uk](mailto:help@nspcc.org.uk)

0808 800 5000

Find out more

Or call children's services 0300 300 0117

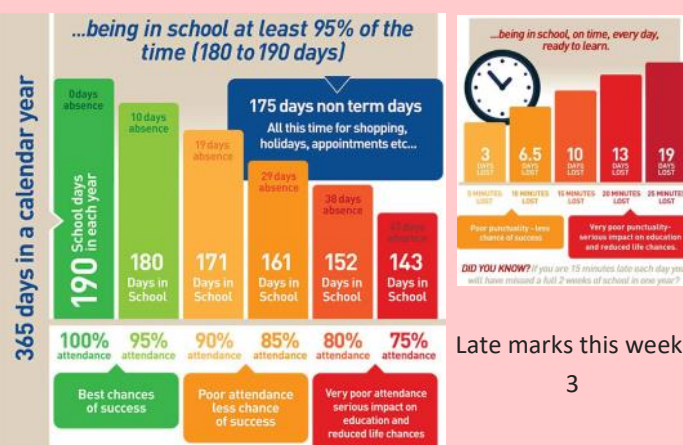
## Attendance Matters!



Week Commencing 25th  
September

Whole School attendance target:  
**96.5%**

Actual Attendance: 92.6%



# Golden Book

<b>Bumble Bee</b>	<b>Forbes, Luka and Tahnee</b> for really good listening. <b>Theo</b> H for his independence when solving word problems on number bonds to 5 in Maths. <b>Bethan</b> and <b>Annie</b> for their independent work on their bee information books, presenting them beautifully and making sure they did not include any mistakes. <b>Theo</b> F for independently using Numicon to find number bonds and recording his work neatly in his Maths book.
<b>Honey Bee</b>	<b>Charlie</b> for fantastic work in Art when creating his collage.
<b>Ivy Bee</b>	<b>Toby B</b> and <b>Wilbur</b> for excellent 3D imagery in Art.
<b>Sports Bee</b>	<b>Lilli</b> for always showing the school games values and wanting to do her best.
<b>Bee-Haviour</b>	<b>Solomiia</b> for always being kind to other children.



Love

Courage

Respect

## General tips and advice

- 1 While it's important to stay informed, try to avoid speculation and look at trusted sources of information like [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus) or [gov.uk/coronavirus](https://www.gov.uk/coronavirus). Consider limiting the amount of news and social media you absorb if you find it makes you more anxious.
- 2 Keep in touch with family and friends, whether that's by telephone, email, social media or video calls. A quick chat or face to face contact can be helpful at these times.
- 3 Eat a balanced diet – good nutrition can make a big difference to your mental health but allow yourself some treats too!
- 4 Keep active – whether that's going for a walk (on your own or with someone from your household) or doing an exercise routine each day.
- 5 Set aside time to look after yourself and find things that help you relax whether that's reading, watching films, relaxation or meditation techniques, creative arts, cookery or use the internet to learn a new skill or develop a new interest.
- 6 Avoid habits like smoking or drinking excessive amounts of alcohol.
- 7 Try to stick to a daily routine and get plenty of sleep.
- 8 Make sure you have any medicines that you have been prescribed. Many pharmacies can help deliver your medication without you even needing to leave your home.
- 9 Find mental health support information online at [www.mentalhealth.org.uk/coronavirus](https://www.mentalhealth.org.uk/coronavirus) and [www.mind.org.uk/information-support](https://www.mind.org.uk/information-support) – these sites also have useful apps and videos you can download and watch.
- 10 Acknowledge your feelings and talk to others if you feel you cannot cope.



# Online Safety

## What are the benefits and challenges of screen use?



### Screen time benefits

- Screen use provides a range of opportunities for creativity and learning – **70% of parents strongly agree that using devices is essential** for their child's development  
*Source: [Internet Matters Look both ways report](#).*
- Screens can be a great tool to allow children to **maintain relationships** with family and friends.
- Screens can help ease the **financial burden** when looking to entertain children.

### Screen time challenges

- Young children might stumble **across inappropriate content** that may have a negative impact on their digital wellbeing.
- Passive screen time **could have a physical effect on their development** (i.e. eyes, brain), sleep cycle and behaviour.
- Younger children **may not understand the concept of what the internet is** and how it works so could find it hard to differentiate between what is real and what is fake.

## 5 top tips to balance screen time

### 1 Set digital rules together

**Agree digital boundaries together** with your child to get them involved in the process and build up their understanding of why it's beneficial for them to stick to them.

Choosing device free zones in the home, keeping phones out of the bedroom at night and using free tools to turn devices on and off at different times of the day are just some ways to help children strike a healthy balance between activities on and offline.

Also, it's a good idea to encourage them to take a break every 30 minutes and use screens in short bursts. Experts recommend turning screens off an hour before bedtime to give children time to wind down.



### 2 Stay engaged in their screen use

**Get engaged and stay engaged** in their digital life as they grow. The more you get involved and understand the things your children do online, the easier it is to gain their respect and influence what they do in their digital world.

Ensure they have a healthy mix of screen activities that encourage creativity, learning & education, connecting with family & friends, as well as using devices for downtime.

### 3 Discuss online risks and strategies to tackle them

Take time to **help them understand the risks and benefits of using the internet**, whether it be discussing what steps to take if they see something that upsets them or guiding them towards apps and platforms that will help them explore their passions and enhance their skills.

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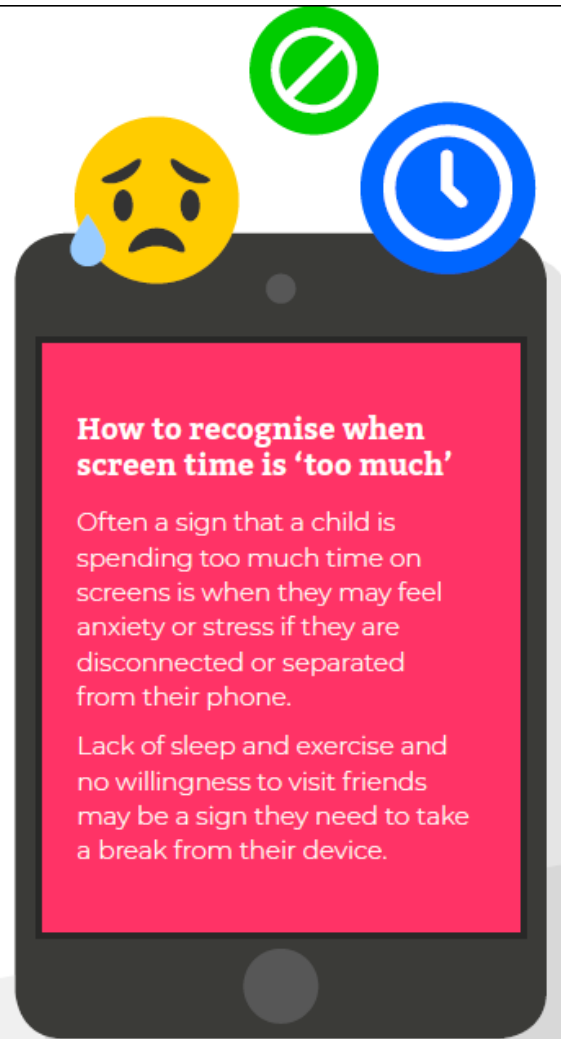
#### Set a good example with your own screen use

Children will tend to model their behaviour on you, so if you encourage them to take breaks when on screens or leave phones out of the bedroom at night, they will follow your lead.

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#### Use tech tools to manage their time & access to media

Whatever device your child uses, be sure to make use of free and premium tools available to manage their access to age-appropriate content and review the time they spend on specific online activities.





Brighstone School Association



# AGM

## Annual General Meeting

### Monday 16th October 7.30 pm @ School


As you will be aware, we need a new team to carry on the fantastic work of the BSA, if you are interested in carrying out a role please put your nomination in writing to our email - [brighstoneschoolassoc@gmail.com](mailto:brighstoneschoolassoc@gmail.com), or contact us via our Facebook page prior to the meeting. You can also let Katherine know directly.

See separate poster for options on how the future of the BSA could be run with your help.

Can't join us in person? You can Zoom into the meeting.  
Meeting ID: 731 7226 7173 Passcode: 46DgRv

Website: [brighstone.wiki.com](http://brighstone.wiki.com)

Brighstone School Association



# AGM

## Annual General Meeting

### Options for the new committee

Option 1	Option 2	Option 3
*Chair *Vice Chair *Secretary *Treasurer	*Chair and Secretary roles split into 3 *Treasurer	*Chair *Treasurer *Event leaders/Teams to cover all jobs

All options need to have a named Chair and Treasurer as Trustees.

The new committee can split the roles up as they see fit and works for them

Website: [brighstone.wiki.com](http://brighstone.wiki.com)

Brighstone School Association

# AGM

## Annual General Meeting

### General Job Descriptions

#### Chair

The BSA Chair directs the committee's meetings, making sure everyone's views are heard, and that everyone is involved in the meeting. They should make sure all committee members are familiar with the association's constitution and their role and responsibilities as a committee member (and trustee, if your PTA is registered as a charity). The BSA Chair also holds the casting vote where there is a tied vote. This usually defers the decision to the following meeting, allowing committee members more time to consider and discuss the matter.

#### Treasurer

The BSA Treasurer ensures accurate financial records are kept, and that best practice procedures are followed for counting money, banking, and making payments. They should keep your committee updated with regular reports, and ensure end-of-year reports are completed for the association's AGM and, if your PTA is registered as a charity, the relevant Charity Commission's annual return.

#### Secretary

The BSA Secretary supports the BSA committee to build effective communication links between the school and the association. They also maintain accurate records.

**Full job descriptions on request**  
**These roles can be adapted and shared out for the new committee.**

Website: [brighstone.wiki.com](http://brighstone.wiki.com)

Brighstone School Association

# AGM

## Annual General Meeting

### Other possible BSA committee roles and responsibilities

There are other informal positions on the committee which can be beneficial to fill in order to spread the work load, here are the most common and roles will be decided by the new committee

- \* **Vice Chair**  
Some PTAs choose to spread the responsibilities of the Chair between two people, which can be a great way of working around individuals' schedules and prior commitments.
- \* **Communications Officer**  
To assist the Secretary, this role may take on the responsibilities of emails, newsletters and social media, as well as promoting the PTA more widely.
- \* **Events Manager**  
From planning, bookings, and licences, to organising volunteer roles on the day, an Events Manager can help ensure your events go smoothly every time.
- \* **Raffles/Lotteries Officer**  
This role involves liaising with local businesses for raffle prizes, services and sponsorships, and coordinating ticket sales and prize giving.
- \* **Preloved uniform coordinator**  
Someone to sort through uniform donations and arrange sales.
- \* **Grants officer**  
Grants can be an incredible source for fundraising, and having a role dedicated to researching and applying for these funding opportunities helps speed up the process.

Website: [brighstone.wiki.com](http://brighstone.wiki.com)



Brighstone School Association

# Preloved Uniform Sale

Next Sale from

**25th September 2023**

The sale rail will be up by the school office.  
Money will be collected in the donation box.

 Unwanted uniform donations welcome.  
Please place in box in office foyer the week before each sale.

made with PosterMyWall.com

Brighstone School Association

# End of Term DISCO

Thursday 19th October

KS1 - 4.30PM - 5.15PM  
KS2 - 5.30PM - 6.15PM

Please send money in a named/Year group envelope to the office or pay online @ [pta-events/brighstoneschoolassociation](https://pta-events/brighstoneschoolassociation)

**TICKETS £2.50 EACH**  
**FANCY DRESS OPTIONAL**



If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:  
**01983 740285**  
office@brighstoneprimary.org.uk  
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>  
*Our Facebook page is open so you do not need a personal account to view it*

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk  
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk  
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk  
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

## Contact us



If you have a **safeguarding** concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

### School Day Timings

From September 2023, the school day is as follows:

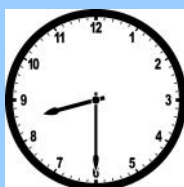
8.25am: Gates open

8.30am: School starts

3pm: School ends

3.10pm: Gates close

Many thanks.



## Key dates this year

### 2023-2024 academic year

- Wednesday 4th October: Harvest Festival
- Thursday 5th October: Flu vaccinations
- Saturday 7th October: BHS Autumn Show
- Monday 16th October: School photos
- Thursday 19th October: Last day of term
- Friday 20th October: School closed for staff development day
- Monday 23rd October - Friday 3rd November: Half term
- Monday 6th November: Back to school
- W/C Monday 13th November: Inter Faith week
- Tuesday 21st November: Parents Evening 3.15pm - 6pm
- Wednesday 22nd November: Parents Evening 3.15pm - 5pm
- Tuesday 19th December: Last day of term
- Wednesday 20th December - Monday 1st January: Christmas holidays
- Tuesday 2nd January: Back to school
- Friday 9th February: Last day of term
- Monday 12th - Friday 16th February: Half term
- Monday 19th February: Back to school
- Tuesday 5th March: Parents Evening 3.15pm - 6pm
- Wednesday 6th March: Parents Evening 3.15pm - 5pm
- Thursday 7th March: World Book Day
- Thursday 28th March: Last day of term
- Friday 29th March - Friday 12th April: Easter holidays
- Monday 15th April: Back to school
- W/C 13th May: Y6 SATs
- Friday 24th May: Last day of term
- Monday 27th - Friday 31st May: Half term
- Monday 3rd June: School closed for staff development day
- Tuesday 4th June: Back to school
- Friday 12th July: Reports go home
- Tuesday 16th July: Parents Evening 3.15pm - 6pm
- Thursday 25th July: Last day of term
- Friday 26th July: School closed for staff development day

Term dates are also available on our school website.

