

The Buzz



23rd June 2023



Learning and Achieving Through Love,
Courage and Respect

Dear parents, carers and children,

It is always a rewarding part of the job when we see children overcome worries to try something new. This week, we have seen all our school values of love, courage and respect during the Y4 residential at Kingswood, during the EARA group's visit to Barton Primary and during today's Sports Day.

The Y4 children took part in many amazing activities at **Kingswood**, and showed huge amounts of courage when trying new things. These included staying away from home (possibly for the first time), climbing great heights, team problem-solving and more. They are certainly braver than I am when it comes to scaling the great heights of the Leap of Faith and the Climbing Wall. I take my hat off to them! They showed exemplary behaviour and were true ambassadors for our school. Thank you to Miss Smith, Miss Pelosi and Mr Goldsmith for organising it all and generously sharing their time to take them. Thank you also to the BSA for their generous contributions to reduce the cost for parents. Well done to you all!



Today saw our annual **Sports Day**, and what a great day it was! The children took part in many fun field events in the morning, with track races taking place in the afternoon. We saw resilience, team work, courage, perseverance, independence, encouragement, determination and more. Thank you to Mr Goldsmith for undertaking the huge organisation of it all, as well as the Y5 and Y6 children who helped run the different activities (he couldn't do it without you). Thank you, also, to the BSA who bought ice pops for all the children.

On Tuesday, I took 6 representatives of our **EARA group** to Barton Primary School, where they met with some of the other EARA schools. They showed courage in speaking in front of children and adults from other schools, and were great ambassadors for our school. They took part in different activities with each other, before presenting a PPT that they had created, sharing all of the group's achievements so far this year, and what our next steps are. So far, they have developed the Cosy Cabin as a safe and welcoming space, have purchased two Friendship Stops, chosen a wide range of books that represent our diverse society and promote healthy mind-sets, met with the EARA group from St George's Special School and created a Mission Statement (which can be seen on our website). Their next steps are to meet with our governors, and to share their message in the wider community. Well done to you all (photos to follow).



Tomorrow sees a group of our country dancers taking part in a display at **Shorwell Midsummer Fair**. They have been busy rehearsing and are eager to continue this wonderful tradition. Their display is taking place at 2.10pm at Wolverton Manor. We hope to see you there to cheer them on.



Just to finish with a reminder that our school day starts at 8:25am. We have had **10 lates** this week (and we always ask you for a reason for this). Lateness can have an impact on the children themselves when they have to walk in late and they miss some of their learning (which could also create anxiety), as well as on their class, as any late arrivals could disrupt the learning or Collective Worship. Please can I ask for your support in this matter. Thank you.



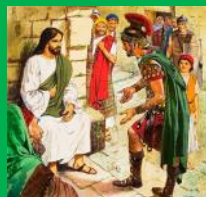
I wish you all a lovely weekend, and I look forward to seeing you on Monday. Best wishes, Mrs Lennon and the Brighstone team

Collective Worship - Respect

This week's Collective Worship theme is **Respect—valuing difference**

This week, we thought about how each person is unique and everyone is special, and how it is important to respect and value difference.

We listened to the Bible story 'The Roman Centurion', in which Jesus recognised the respect that the centurion had for him and for his servant, who was very ill. Jesus and the centurion respected each other, even though they were very different from each other.



We then thought about the respect that we have for people in our lives who are different to us. They might be a different age, or a different religion, or have different customs or traditions.

A Prayer for Respect

Open our eyes to value each person that we meet.
Help us to recognise what we have in common,
And respect what makes each of us unique.
Amen



"Do to others as you would have them do to you."
Matthew 7.12



School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' free school meal everyday.

Children in Years 3-6 are charged at **£2.55** per day.

Baguettes now available on Tuesdays and Thursdays instead of JPs (ham, cheese or tuna)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Bangers and Mash	Roast Turkey	Beef bolognese	Fish Fingers
Option 2	Tomato Pasta	Veggie Sausages	Tomato Pasta	Tomato Pasta	Veggie dippers
Dessert	Ice cream	Lemon Slice	Shortbread	Jelly	Crispy bar

Poetry Corner

It's Sports Day time!

**Fasten your laces,
Toes behind the line,
The sun is shining,
It's Sports Day time!**

**It's time to have races,
It's time to have fun,
On your marks, get set...**

**Jump!
Skip!
Run!**

**It's time for a cold drink,
It's time for a rest.
Well done everyone,
You've all done your best!**

©Sara Fox



Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Punctuation: dash

A dash signals extra information in a sentence.

Dashes

Dash – creates a break in the sentence, halfway between , and . Usually used in more informal writing.

Shows a sharp break between two main clauses.

The film was very informative – I learned a great deal.

Marks out extra information embedded in the sentence.

Playing in Grandma's garden – which is huge – is always good fun.

One thing's for sure – he doesn't want to go! A toad's skin is dry and bumpy – not like the frog's smooth, wet skin!

Can you make up some of your own?

Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

Contact us: safeguarding@brighstoneprimary.org.uk

Speak with our DSL Mrs Jones in the school office

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

Or call children's services 0300 300 0117

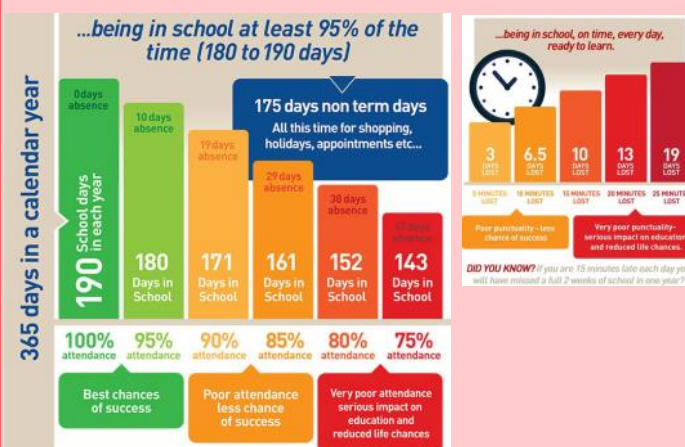
Attendance Matters!

Week Commencing 19th June

Whole School attendance target: **96.5%**

Actual Attendance: **98.53**

Late marks this week: 10



Golden Book

Bumble Bee	Max and William - for excellent teamwork. Holly - for independent writing in English and using her phonics to help her spell words. Luna - for showing resilience when publishing her writing in English. Ruby - for trying hard in everything she does and taking pride in the presentation of her work .
Honey Bee	All of Year 4 for their great behaviour at Kingswood. Freddie H - for being a superstar at the Kingswood residential. He gave his all to each and every activity and we are so proud of him.
Ivy Bee	Wilbur for practising carefully following the instructions on how to use a protractor to measure angles, so that he can now do this accurately & independently
Sports Bee	Reuben, Thomas, Flo, Freddie K, Daniel, Poppy L - For being part of a great team performance as the U9 cricket team reached Finals Day showing our school value of COURAGE
Bee-Haviour	Myles - for turning his behaviour around and having a great week!



Love

Courage

Respect

SEMH

Social, Emotional & Mental Health

Why is Mental Wellbeing Important?

Helps us to feel able to cope with life's challenges

By looking after our mental health and wellbeing, we improve our relationships with those around us



Better overall mental and emotional health leads to us feeling happier and reduces stress levels

Paying attention to our mental and emotional health decreases the risk of experiencing mental illness


Our mental health affects how we think, feel and act - it's important we take care of ourselves

Self-Care & Mental Health for Kids



Share your own feelings to encourage self-awareness.

for Kids



Find social groups that help them feel like they belong.

Set aside time for low-stress or solo activities.




Practice self-care for yourself to set the standard.



Focus on articulating feelings.
"I am angry."
"I am sad."

Encourage journaling and diaries.

Encourage your child to focus on the moment.



Establish a self-care routine.

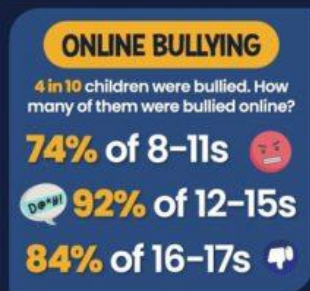
Recognize toxic stress events.

BlessingManifesting

Cultivate interests and hobbies.

Online Safety

What Parents & Carers Need to Know about THE OFCOM CHILDREN AND PARENTS: MEDIA USE AND ATTITUDES REPORT 2022



NOS National Online Safety
#WakeUpWednesday

Sources: https://www.ofcom.gov.uk/_data/assets/pdf_file/0024/234609/children-media-use-and-attitudes-report-2022.pdf



View full screen [here](#)

Class News

Y4 Kingswood Residential

The Y4 children had an amazing time at Kingswood!



Class News

Y4 Kingswood Residential



Class News

Y5 and Y6 CPR training

On Monday, Duncan from the ambulance service came into school to teach Ivy Bee Class the basics of CPR.

We learnt: DRS ABC an easy way to tell us what to look out for or do if we found someone who had collapsed. The letters mean - danger, response, shout, airway, breathing, circulation.

Then we practised giving 30 chest pumps to the resusie-annie mannequin; finally, Duncan showed us how to use a defibrillator machine and we talked about where the defibrillator boxes are positioned around the village.

He was very impressed with the quality of our questions and we went away with a bit more knowledge and confidence on what to do if we were ever to find ourselves in that situation.



School News

Sports Day



School News

Sports Day



Well done!

(More photos to follow on Facebook)

School News

School Council Garden Competition

Garden name

As you may know, there is a garden behind the school kitchens and the school council made up a voting slip for a name. The name with the most votes was 'The Wild Garden.'

The School Council have made up a competition to see who can come up with the best design for a sign and tell us what you will make it with.

Competition Rules

We have decided all entries are a 50p donation if you have it.

Please let us know every detail about your design so we can pick a winner easily.

We would like your design to be in full colour and include the name 'Wild Garden' otherwise your design may not be chosen.

We will try our best to replicate your design.

Entries to drawn on A3 or A4 paper and given to your school council member by Friday 7th July.

Good luck!!!!



PRESENTING...



SCIENCE DAY 2023



Friday 14th July



PARENTS WE NEED YOU!



PLEASE COME AND SHARE YOUR SCIENCE CAREER WITH OUR CHILDREN, BY PRESENTING A SHORT EXPLANATION OF WHAT YOU DO AND HOW SCIENCE ENABLES THIS. PROPS ARE WELCOME. IT'S A GREAT OPPORTUNITY FOR THE CHILDREN TO ASK QUESTIONS ABOUT WHAT YOU DO AND LEARN MORE ABOUT FUTURE CAREERS. WE WOULD LOVE TO HEAR FROM VETS, DOCTORS, NURSES, ELECTRICIANS, GARDENERS, ENGINEERS AND ANY AND ALL OTHERS, WHOSE CAREER IS SCIENCE BASED. PLEASE EMAIL MRS DENNESS: LDENNESS@BRIGHSTONEPRIMARY.ORG.UK



If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a safeguarding concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

Gates

The gates are closed at 3pm every day, rather than at the end of clubs. Please collect your children from after-school clubs from the hall door, except for the bell ringers (St Mary's Church) and cricket club (Warnes Lane).

Many thanks.

JS PHOTOGRAPHY

Your child's class group photo proofs have been sent home with them today.

We would like to re-iterate that all orders must be placed by 4th July 2023, either online by visiting photos.jssp.co.uk or via telephone on 017737 17984 (Office hours Monday –Friday 9:30am-4:30pm)

All orders will be delivered back to school approximately two weeks from the order date (4th July).

If you are unable to order before the deadline, the images will still be available to order however, there will be an increased charge of £3.99 for home delivery.



Key dates this year

- Tuesday 27th June: Tony Peek Poetry Workshops
- Tuesday 27th June: Bumble Bee class trip to Blackgang Chine
- Thursday 29th June: Y6 Leavers' Service at Portsmouth Cathedral
- Friday 30th June: Bumble Bee story time session with parents (2.25pm)
- Tuesday 4th July: High school transition day
- Tuesday 4th July: Whole school transition morning
- Friday 7th July: Reports go home
- Tuesday 11th July: Forest Day
- Tuesday 11th July: Parents Evening
- Friday 14th July: Science Day
- Monday 17th—Tuesday 18th July: Y6 Corfe residential
- Thursday 20th July: School closed for staff development day
- Friday 21st July: School closed for staff development day





Brighstone School Association



THE GRAND Summer Sizzler

Friday 14th July
5-7 pm

School Field-enter from Warnes Lane
ENTRANCE £5 per family

★ Circus Skills Workshop ★
Bouncy Castle ★ Ice Creams
★ Bar ★ Games ★ Hot Dogs

Fancy Dress Opional

Bring your own picnic

NEW

Tokens are needed to pay for games. Purchase on the gate.

STIKINS® Name Labels

**SIMPLY STICK IN & STAY IN
NO SEWING & NO IRONING**



Save time and money with one multipurpose name label for clothes, shoes, lunch boxes, and all school items

130 Mumsnet users rated Stikins 4.9 - 98% would recommend

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Stikins® Actual Size

Fundraising Number
2721

If your school has a fundraising number, please use it when you order. (Schools earn up to 30% commission)






Only apply Stikins onto the wash-care label of clothes, never directly onto the fabric or any other label.

One easy name label with multiple uses for all kinds of personal items, including clothes and shoes.

	Packs	2021 Prices
	120 STIKINS® Name Labels - N120	£14.20
	90 STIKINS® Name Labels - N90	£12.00
	60 STIKINS® Name Labels - N60	£9.50
	30 STIKINS® Name Labels - N30	£6.90

Prices include VAT & UK delivery

Order online at www.stikins.co.uk - Pay by Credit/Debit Card, PayPal, or Apple Pay
Order by phone on 01270 668076 - Pay by Credit/Debit Card

Have you seen Tax-Free Childcare (TFC) - What is it?

Government support for **working parents**, including the self-employed, **in the UK working** at least 16 hours at the National Minimum Wage.

For children aged 0-11 or until 16 if disabled.
(Preschool/ Breakfast/Afterschool/Holiday Club)

Childcare
Choices

- Parents and carers can earn up to £100k each per year and still be eligible for TFC.
- For every £8 a parent pays into an online account, the government will add an extra £2.
Up to £2,000 per child per year or £4,000 each year if the child has a disability.
- This is for parents who **aren't** receiving Tax Credits, Universal Credit, or childcare vouchers.



Setting up an account and payments

- Parents apply for an account through: childcarechoices.gov.uk.
 - HMRC confirm via email, and you can set up their TFC account.
 - Accounts can be opened at any time of the year and can be used straight away.
 - Parents search for provider in the 'Your Tax-Free Childcare account' section of the account homepage by name, address, postcode. (**Niton Preschool, School Lane, Niton PO38 2BP**)
 - Parents pay money into the TFC account. The top up will be added automatically.
 - The government top-up is applied to deposits made for each child, not household.
- Parents can get up to £500 every 3 months (up to £2,000 a year) for each child to help with the costs of childcare.
- Parents pay the childcare provider directly through the childcare account using bank transfer.
 - **For every £8 a parent pays into this account, the government will pay in £2 to use to pay the provider.**
 - Parents can use Tax Free Child to pay for additional childcare costs:
Our preschool consumable charges: You pay £16.00 Government pays £4.00.

Privilege Seat Application Window – Academic Year 2023/2024

This notice applies to those parents of current year 6 students who are moving up to secondary school next year and for those parents who wish to apply for a place on the Brighstone Primary school bus.

Dear Parent/Guardian

The dates for the privilege seat application window for academic year 2023 have been finalised. Should you wish to apply for a privilege seat for your child to use the school bus service you will need to apply between 9am on Monday 26th June 2023 and 4pm on Friday 7th July 2023. Please note that the online form will only be live between the above times and that applications received outside of this window will not be accepted.

Further information on the privilege seat process can be found online, here: [Privilege seat scheme \(iow.gov.uk\)](https://www.iow.gov.uk) Please also note Code of Good Practice which is available via this web page.

If you scroll to the bottom of the above webpage, you will see the bus services for which you can apply. This information will be live from 9am on Monday 26th June 2023. Should the service you require not be listed you will not be able to apply for that service at this time.

Do bear in mind that making an application for a privilege seat does not guarantee a seat on the school bus.

Privilege seat ticket prices are set costs as follows.

Up to a full term £130.00

Up to half a term £65.00

Up to a full-term AM or PM only £65.00

Up to half a term AM or PM only £32.50

Should you have any queries please contact the Transport Team at the Council via email: transport.info@iow.gov.uk or telephone: 823780.



bikeability

Summer holiday sessions

Road safety cycle training for ages 8 to 12

Level 1 – 7 August
£10 per person. Two-hour course in a playground environment. Morning and afternoon sessions available.

Level 2* – 8 and 9 August
£15 per person. Four-hour course on local roads. Morning and afternoon sessions available.

Combined level 1 and 2 – 7, 8 and 9 August
£20 per person. Riders to attend all three days.

Family sessions
£15 per family. Three-hour session, morning and afternoon sessions available. contact us for more information.

*Rider assessment required prior to level 2.

Book by 5pm Monday 17 July
Contact: sports.unit@iow.gov.uk or 01983 823818

ISLE of WIGHT
SAYE LESS SEE MORE



Dr Bike

Get your bike checked ready for the summer – for free!

A qualified mechanic will check your bike is safe, will conduct minor repairs, and make recommendations. Drop-in service – no booking required!

Sessions
Medina Leisure centre, 9am to 2pm
Monday 7 August
Monday 21 August (end of summer session)

ISLE of WIGHT
SAYE LESS SEE MORE
Adrian's BIKE SHOP



Kingswood **YOUTH SPORT TRUST**

KINGSWOOD IOW OPEN DAY

FUN FOR ALL THE FAMILY

10AM - 4PM

HIGH ROPES ACTIVITIES

FIELD GAMES & MORE

SHOP OPEN ALL DAY

SUITABLE FOR ALL

£5 ENTRY book with the QR code

26th July 2023

Charity event in support of the Youth Sport Trust

Lunch available on request (Pre-order £4 pp)

Get in touch with centre via phone or email to book, can be done on the day!

01983875353
Yazmin.wright@inspiring-

36 Swing Leap of faith Bushcraft Aeroball



Come along to a fun games evening suitable for all the family



Beetle Drive

Can you and your partner be the first to draw the beetle?



Thursday 29th June
Brighstone School Hall
Play starts at 6pm

In aid of local Scouts attending the World Scout Jamboree in South Korea this summer

Tickets £3 per person
£10 for a family of 4 or 5

Pay on the night

Text 07795 001700 to reserve your seats



Raffle
Refreshments



Mondays
Christ Church Totland, PO39 0ES
2pm - 4pm

Libraries are here to help



Jo and Louise from the Isle of Wight Library service will be at Our Place on Monday 22 May to chat with you about the great services and activities libraries offer, including:

- ✓ Books
- ✓ E-books and e-audio books
- ✓ Magazines and newspapers
- ✓ Free computer and Internet access
- ✓ Regular groups and activities for adults and children
- ✓ Local information and much more!

Come along and try out some of the library apps and online services. You will be able to join the library on the day!

Girls rugby

Non-contact rugby sessions



- ✓ Team work
- ✓ Respect
- ✓ Enjoyment
- ✓ Discipline
- ✓ Sportmanship

AGES 7-11

Girls only training is every other Sunday between September and April

Contact rugby sessions also available
Registration day 3rd September 2023, 11am @ IWRFC, Wootton, PO33 4NQ

Register your interest:
vectisrfccoaching@gmail.com

Join the pack
www.vectisrugby.co.uk
VECTIS RUGBY CLUB



CORREO LOUNGE

99 High St, Newport PO30 1AB

FAMILY FUN DAY

~CHARITY EVENT~

SATURDAY
JUNE 24th
11am - 4pm

- Face painting
- Cake & Sweets stall
- Hook a duck
- Coconut shy
- Bouncy castle
- Hair braiding
- SPECIAL VISIT FROM SPIDERMAN!!!

ALL MONEY GOES TO CHARITY
KIDNEY CARE UK

FREE ENTRY



New Carnival proudly presents

MARDI GRAS

Year of the Coast

Sat 8 July

Scan for programme

Mini Mardi Gras. Children and family activities
11-2pm St Thomas Church Gardens, Ryde.
'The Quiet Zone' watch from The Esplanade, by Eastern Gardens.

Parade starts from Simeon Recreation Ground to The Strand, Dover Street, Melville Street, Cross Street, Union Street and the Esplanade.

From 3pm Ryde

newcarnival.co.uk









MARDI GRAS

Year of the Coast

MINI MARDI GRAS

FREE ACTIVITIES AND ENTERTAINMENT FOR YOUNGER CHILDREN
St Thomas's Rest Garden - Ryde

Saturday
8th July
11am-2pm



Craft Activity with Emma
11-2

Make a simple willow fish waver with Emma, then carry it in the IOW Mardi Gras parade!



Circus Skills with Stirling Kai and Community Circus Club IOW.
11-12.30

Have a go at some fantastic circus skills including flower sticks, poi, plate spinning and diabolo.



Face Painting with Souface
11-2

Get your face painted ready for the Mardi Gras Parade



Storytelling with Sue Bailey
1-2

Listen to some fabulous coastal inspired stories with the amazing Sue!

Watch the parade from the top of Union Street from 3.15 (approx.) then join in for the last bit!



New Carnival proudly presents

MARDI GRAS

Parade Starts 3pm • Parade Finish 4.30pm

Year of the Coast

Sat 8 July

Symbol Key:

- ★ Parade Start
- 1 Mini Mardi Gras Young children and family activities
- 2 Quiet Audience Zone
- 3 Pedestrian Entrance
- 4 Vehicle Entrance & Exit
- P Car Parking
- WC Public Toilet

Scan for programme




Wildheart Animal Sanctuary festival brings science and conservation to life.

If your kids love the natural world, science or simply love the great outdoors then the [Wildheart Animal Sanctuary's](#) new festival, FOCAS FEST, is definitely not to be missed!

FOCAS FEST - Focus on Conservation and Science festival - is designed to make science and conservation accessible to all. Working with the [Wonderseekers](#) charity (Winchester Science Museum) the festival will see a host of interactive exhibitors bringing our natural world and the science behind it to life in a fun and imaginative way.

On Saturday the 1st July we are inviting all children to come and immerse themselves in a world of wonder where they can connect to our natural world and see how science can have an immensely positive impact on the planet, and most importantly for them to understand ways they too can help. We also have a great line up of talks, including our animal talks and encounters.

For this event we have suspended our normal entry price and will be giving exclusive access to the Sanctuary for just £2.50 per person. You will need to [book your tickets online](#) for either the morning session or afternoon session.

Booking for this event is online only, and there is limited availability so please book early to avoid disappointment.

For more information on the events of the day – go to our website - <https://wildheartanimalsanctuary.org/visit/whats-on/>



The poster for FOCAS FEST features a dark blue background with colorful, abstract patterns in the top left. The text '#FOCAS2023' is in the top right, next to a QR code and the words 'Book Now!'. Below this, the date 'Saturday 1st July 2023' is written in white. The main title 'FOCAS FEST' is in large, colorful, block letters. Underneath, it says 'Focus on Conservation and Science Festival at the Wildheart Animal Sanctuary'. A yellow starburst graphic on the left contains the text 'Tickets only £2.50 Per person'. To the right, three questions are listed: 'How do you rescue a beached dolphin?', 'Why are tigers such good hunters?', and 'What can you do to help our wildlife and our planet?'. Below these questions is the text 'Find out the answers to all these and more!'. The bottom section of the poster shows three photos: a child drawing, a child standing next to a tiger, and a child holding a large, yellow, leaf-like object. At the bottom, there is a banner that says 'Get involved with loads of activities, crafts, demonstrations and more!'. The logos for Wildheart Animal Sanctuary, ASPIRE, and Wonderseekers are at the very bottom.

#FOCAS2023
Book Now!
Saturday 1st July 2023
FOCAS FEST
Focus on Conservation and Science Festival
at the Wildheart Animal Sanctuary

Tickets only
£2.50
Per person

How do you rescue a beached dolphin?
Why are tigers such good hunters?
What can you do to help our wildlife and our planet?
Find out the answers to all these and more!

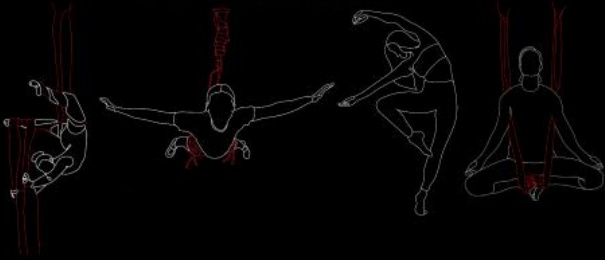
Get involved with loads of activities, crafts, demonstrations and more!

wildheart animal sanctuary
ASPIRE
Wonderseekers

ARTS

JAYDENE-LEE

DANCE, AERIAL, BUNGEE FIT
AND CIRCUS



Contemporary Dance • Circus • Aerial Silks •
Aerial Yoga • Bungee Fit!

(Classes are based on age/ability).

*Classes for all ages • Workshops • Performance opportunities •
Exams • Birthday Parties • Hen do's • Private Bookings • 1-1's •
Weddings/Events & much more!*

To book for more information please contact:

info@jaydenearts.com | 07715450640 | https://bookwhen.com/jaydenearts

FACEBOOK @jaydenearts1 | INSTAGRAM @jaydene.lee.arts

We Provide Support for LGBTQ+ young people across Hampshire & Isle of Wight

Est 1993
**BREAKOUT
YOUTH**

We cover the following areas:

Southampton	New Milton	Andover	Hart & Rushmoor
Isle of Wight	Marchwood	Eastleigh	East Hants
New Forest	Basingstoke	Romsey	North Hants

SUPPORT • RESPECT • DIVERSITY

Find out more...

☎ 023 80 224 224

✉ hello@breakoutyouth.org.uk

🌐 www.breakoutyouth.org.uk

[breakout_youth_uk](https://www.instagram.com/breakout_youth_uk) @

[@breakout_youth](https://www.instagram.com/breakout_youth)

Breakout Youth Project

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Ventnor CC Summer Camp 2023

- Girls and boys welcome - Mondays U11s and Thursdays U15s
- Times: 10am - 3pm
- Equipment supplied
- All abilities and experience welcome
- Start date Monday 31st July or Thursday 3rd August, for five weeks
- £15 per day or book all five sessions for £70, please book in advance

The course will be led by VCC overseas professional cricketer Dineth Thimodya, ECB Level 2 coach, DBS checked. Assisted by club qualified player/coaches.

Course includes batting, bowling, fielding and wicket keeping, plus matches.

Participants will need to bring a packed lunch and plenty to drink each session. Please also bring hat and suntan lotion. Tuck shop available!



Limited
places
BOOK
NOW!

Run for Islanders affected by cancer

WESSEX CANCER TRUST

entertainment village for a full day of fun

3k fun run through inflatables, powder paint and foam!

video game themed

RAINBOW RUN BUBBLE FUN 2023

SUNDAY, 25 JUNE 2023 | IW COUNTY SHOWGROUND

With live entertainment from:

Ear Candy **Azi** **The Bandits** Plus much more!

Get in touch at 023 8067 2200 or fundraising@wessexcancer.org.uk

Wessex Cancer Trust, a charity registered in England and Wales (1102216)

Scan to sign up!



Kindly sponsored by

wightfibre because we care

NO LIMITS
Helping Young People Help Themselves

NHS
Isle of Wight
Clinical Commissioning Group

Space4U

A safe haven for young people aged 11-17* living on the Isle of Wight

*Up to age 18 with additional needs

- Out of Hours emotional and practical support with mental health.
- Help to explore your current situation
- Learn self-management techniques
- Enable you to make positive changes

Monday's (5pm-8pm by appointment) East Newport Family Centre Furrllongs Newport PO30 2AX	Tuesday's (4pm-7pm by appointment) Sandown Family Centre 98 The Fairway Sandown PO36 9EQ
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(Virtual support available during Covid)

Contact us today to find out more:

02380 224 224

07741 665182

enquiries@nolimitshelp.org.uk



www.nolimitshelp.org.uk
023 8022 4224



SCAN ME

GIRLS ONLY FOOTBALL



Sandown Soccer
Love The Game

INTRODUCING OUR SANDOWN SOCCER GIRLS ONLY FOOTBALL SESSION!

OUR FUN SESSION WILL BE:
WHEN: Every Wednesday. 5pm to 6pm
WHERE: The Bay CE Primary School, Sandown
COST: £4 for the 1 hour session

To Book: Text your child's name, school, year group and parent name to **07594 389531**

Find us on **facebook**
Sandown Soccer - Isle of Wight

IS YOUR CHILD TOO YOUNG TO JOIN A TEAM?

DOES YOUR CHILD WANT TO BUILD THEIR CONFIDENCE IN A SPORTING ENVIRONMENT?

DOES YOUR CHILD WANT TO PLAY FOOTBALL BUT NOT IN A TEAM YET?

IF YOU'VE ANSWERED YES TO ANY OF THOSE QUESTIONS, WE'VE GOT THE PERFECT SOLUTION!

WE PROVIDE A SAFE, ENJOYABLE ENVIRONMENT WHERE CHILDREN CAN HAVE FUN WHILST IMPROVING THEIR FOOTBALL SKILLS.

OURS AIMS ARE:

- TO ALLOW CHILDREN TO HAVE FUN THROUGH FOOTBALL
- TO IMPROVE CONFIDENCE AND SOCIAL SKILLS.
- TO LEARN AND IMPROVE BASIC FOOTBALL SKILLS: CONTROL, PASSING, DRIBBLING.
- TO DEVELOP AGILITY, BALANCE, CO-ORDINATION, SPEED (ABC'S).

Our fully FA qualified coaches have up to date First Aid training and are DBS checked. Each session will be packed full of fun games played in teams, and as individuals, to help children build friendships as well as independence.

To Book: Text your child's name, school, year group and parent name to **07594 389531**

CHILDREN'S SHOW SCHEDULE 2023

SPRING SHOW

Saturday 1st April

Wilberforce Hall, Main Road, Brighstone
1.30pm to 4.00pm Presentations at 4.00pm

125th BHS MARQUEE IN NEW SUMMER SHOW

Saturday 15th July

Recreation Field, New Road, Brighstone
Marquee opens 1.30pm Presentations at 4.00pm

AUTUMN SHOW

Saturday 7th October

Wilberforce Hall, Main Road, Brighstone
1.30pm to 4.00pm Presentations at 4.00pm

SPRING SHOW

Please state your age on the entry form, then it will be taken into consideration.

- 72. A Painting or Drawing for King Charles's Coronation.
- 73. A driftwood model of a dinosaur.
- 74. 4 Fairy Cakes, made and decorated.
- 75. Floral art – An Easter Posy.
- 76. 4 Decorated Rich Tea Biscuits, Coronation Themed (judged on decoration only).
- 77. Handwriting:

God save our gracious King!
 Long live our noble King!
 God save the King!
 Send him victorious,
 Happy and glorious,
 Long to reign over us,
 God save the King.

AUTUMN SHOW

Please state your age on the entry form, then it will be taken into consideration.

- 118. A Christmas Card.
- 119. 4 Christmas or Halloween cup cakes made and decorated.
- 120. A driftwood reindeer.
- 121. My favourite pot plant, grown by entrant.
- 122. An Autumn painting or drawing A4 max.
- 123. A model made from Lego, no bigger than 30cm x 40cm
- 124. Handwriting:

Rain, rain go away,
 Come again another day.
 Rain, rain go away,
 Little Johnny wants to play.

SUMMER SHOW

CHILDREN'S CLASSES

Prize money for children's classes: 1st - £1.50, 2nd - £1, 3rd - 50p. Your age must be displayed clearly, then it will be taken into consideration.

Classes 156 and 163 must be arranged by the exhibitor on site without assistance.

For ages 9 and under:

- 151. Something new from something old.
- 152. My pet - a painting/drawing A4 max.
- 153. My favourite "snapshot" (must be taken by entrant).
- 154. A creature made from a vegetable
- 155. A creature made from driftwood and shells.
- 156. Garden flowers in a teapot.
- 157. A miniature living garden (in a bowl or pot).
- 158. 4 decorated biscuits (judged on decoration only).
- 159. 4 pieces of flapjack, any variety.

For ages 10 to 16

- 160. A miniature scarecrow – maximum size 30 cm.
- 161. Still Life – a drawing or sketch.
- 162. My favourite "snapshot" (must be taken by entrant).
- 163. A miniature herb garden (in a bowl or pot).
- 164. A miniature building made from driftwood and shells.
- 165. A carrot cake.
- 166. 4 decorated fairy cakes.

For all ages up to 16

- 167. New class for 2023 – Grow a squash any variety.
- 168. Handwriting:
 Incy, wincy spider climbed up the spout,
 Down came the rain and washed the spider out,
 Out came the sun and dried up all the rain,
 And incy, wincy spider climbed up the spout again.

CHILDREN'S ENTRY FORMS (ALL ENTRIES ARE FREE)

AUTUMN SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____

ADDRESS _____

PHONE NUMBER _____

Children's Classes

Please circle: 118 119 120 121 122 123 124

Number of entries _____

✂️*****

SUMMER SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____

ADDRESS _____

PHONE NUMBER _____

Children's Classes

Please circle: 151 152 153 154 155 156 157 158 159

160 161 162 163 164 165 166 167 168

Number of entries _____

✂️*****

SPRING SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____

ADDRESS _____

PHONE NUMBER _____

Children's Classes

Please circle: 72 73 74 75 76 77

Number of entries _____



What is the Living Well & Early Help Service?

We are focussed on identifying and providing support for people before they reach crisis and working with communities to build capacity to provide that support

Working in Partnership to reach all communities of the Isle of Wight



Pan Together



West Wight Sports & Community Centre

FOOTBALL 4 ALL PROJECT

We focus on the individual - on their strengths, passions and capabilities - building on their existing support networks, family and friends within their community



LIVING WELL & EARLY HELP 5 KEY PRINCIPLES

- 1 Community
- 2 Resilience
- 3 Relationships
- 4 Person Centered
- 5 Partnership



ASPIRE WOODWORK GROUP
MAKING BAT BOXES



We will support people to look for practical solutions wherever possible and focus on what the person can do for themselves using their skills and experience rather than automatically looking for a service response.



Pan Together



West Wight Sports & Community Centre



CRAFTERNOON SESSION

At the community level, the service will strengthen partnerships between local organisations involved in community wellbeing, including parish and town councils, local community organisations and Island-wide organisations (statutory and voluntary) that operate at local levels.

The aim is to establish semi-autonomous community 'hubs', similar to those already existing in areas like Ryde, West Wight, Ventnor and Pan, throughout the Island. The nature of the hubs will vary, depending on the needs and resources of each area.

EVERYONE HAS THEIR OWN STRENGTHS, PASSIONS AND CAPABILITIES

BUILDING STRONG COMMUNITIES

We promote and encourage connections, developments and contributions by individuals and the community. By spending time identifying the strengths, passions and capabilities of individuals, services and places we support communities to help themselves and create local solutions.

Pan Together providing Christmas Lunch



Ventnor Community Shed

Stepping Stones Homelessness prevention program



Our Place Mindfulness Coloring

INDIVIDUALS - EVERYONE HAS STRENGTHS, PASSIONS & CAPABILITIES.

Everyone within our communities has their own skills, knowledge and passions. Living Well & Early Help identifies, encourages and nurtures individuals to utilise them. Deficit approach define communities and individuals in negative terms. An Asset approach accentuates positive capability to identify problems and activate solutions.

SERVICES - PEOPLE ORGANISED AROUND ASSETS.

Services are generally professionals or paid services who are structurally organised. They include government agencies and private business, as well as schools, etc. They can all be valuable resources. The assets of these institutions help the community capture valuable resources and establish a sense of civic responsibility.

PLACE - PEOPLE LIVE WHERE THEY LIVE FOR A REASON.

Land, buildings, heritage, public and green spaces are all examples of assets of the community. Individuals tend to be in a specific place for a specific reason. The people living in a community are most likely to know what its strengths are and how to utilise them.

CONNECTION - PEOPLE SUPPORTING PEOPLE.

Small informal groups of people, such as clubs, groups and common interest activities are critical to the delivery of the Living Well and Early Help Service. They don't need complicated processes. They are just coming together around a common interest of their individual choice.

VISIBILITY - BEING PART OF THE COMMUNITY.

The Living Well & Early Help workers are based within the community working in agile ways within defined localities finding spaces within community hubs, libraries, cafes etc. People should be able to approach workers individually as well as being referred in by any person or service. The Living Well & Early Help service supports people to develop their own solutions and ways of achieving their best possible lives, drawing on family and community resources, before considering commissioned or statutory services. Living Well and Early Help workers invest time in building relationships and understanding what a person's idea of their best life is. It also helps people to develop and build their own capacity and connections, so that they can stay strong and independent.

DEVELOPMENT - INDIVIDUALS CONNECT INTO A COMMUNITY.

Living Well and Early Help recognises that the exchange between people sharing their passion, gifts, skills and assets creates connections, and these connections are a vital asset to the community. It takes time to find out about individuals; this is normally done through building relationships, person by person. The social relationships, networks and trust form the social capital of a community. The Living Well and Early Help service knows the value of these assets and the importance of building relationships to increase the social capital within each unique community.

WAVES OF WELLNESS - SUICIDE PREVENTION PROJECT



reception@lweh.org.uk 01983 240732

Tired Of Swimming Lengths?

Underwater Hockey is a great way to stay fit and still enjoy the pool. No two games will ever be the same, so why not try something different? We promise you won't get bored!



Junior Underwater Hockey

There are many junior Underwater Hockey teams around the country. It's a great way for children to enjoy the game and get some exercise at the same time.

Underwater Hockey is a team sport so there is a great opportunity for children to make some friends along the way.

As long as you are a confident swimmer, you should be able to play Underwater Hockey.

**Many clubs have a free taster session!
Contact your local club to find out.**

How To Get Involved

There are over 100 teams across Great Britain so finding your local team shouldn't be too difficult! There are details below to show you your local team contact.

There are details on our website as well gbuwh.co.uk

Or you can find us on social media, feel free to send us a message, and we can help you find a team.



You can find details for your local club here:



Photo Credits:
Chris Alwin, Vicki VanDer Westhuizen, Rislanova, Gabriel Holguin,
Australia UWH, Canada UWH & Spain UWH

Underwater Hockey (Octopush)



Great Britain Underwater Hockey



@gbuwh



What Is Underwater Hockey?

Underwater Hockey is a team game played on the bottom of the swimming pool!

There are two teams competing to get a small weighted puck into their opponents' goal. The game is played exclusively on the bottom of the pool so players need to hold their breath whilst playing.

Team work is so important in Underwater Hockey, each team has 6 players and 4 rolling substitutes.

Players use a small stick to move the puck. This stick is the only way a player can move the puck.

What Equipment Do You Need?

Players wear a mask, snorkel, fins, water polo hat, and glove. Fins allow players to swim much faster meaning the game can move extremely quickly even underwater.

Don't worry though if you want to give Underwater Hockey a try, many clubs have equipment they can lend out to new players.

Who Can Play?

Underwater Hockey can be played by almost any age of player! Junior clubs tend to welcome players above the age of 8 years old. The only real requirement for Underwater Hockey is that you can swim!

Many clubs also offer free taster sessions.

Team GB Underwater Hockey

Underwater Hockey was founded in Great Britain, and the British teams have been to many World Championships over the years.

There are currently 4 different categories, which are then split again into male and female teams. Under 19s, Under 24s, Elite, and Masters.

Great Britain has an amazing history representing their country around the world. With some players having multiple medals to their name.

Underwater Hockey is played around the world, with over 40 countries across 6 continents playing the sport.