

The Buzz

16th June 2023



Brighstone C.E.
Primary School

Learning and Achieving Through Love,
Courage and Respect

Dear parents, carers and children,

Giving pupils the opportunity to share their thoughts is one of the aspects that we focus on as a school, to help their personal development in becoming mature, responsible and respectful citizens who feel valued and empowered. This week, two of our pupil groups prepared and led assemblies. On Monday, some members of the **EARA group** led an assembly about Pride Month. They explained what it is and why it is important. Combining their words with Google, this is what they came up with: "Pride is about acceptance, equality and celebrating the work of LGBTQ+ people. It is about being proud of who you are. It is when you can love someone without shame; for example Emily could date Alisea and Jasper could date Radene. Pride also means that if a boy wants to wear make up and a dress they can and if a girl wants to wear no make up and long trousers with a shirt they can. You can be who you want to be." Wise words, I am sure you agree.



Later in the week, the **School Council** prepared and led an assembly about what they have been up to so far and what their next actions are. They talked about the SUDS planters, the composting that we do as a school, the planting of the wild flower seeds and the competition that they ran to rename our school garden, which is now called The Wild Garden. They are now running a competition to design a sign for it. See later in this Buzz for the competition rules.

Both the EARA group and School Council showed confidence, team work, dedication and independence when creating and leading their assemblies. Well done!

Many staff had their buckets filled this week when we received some lovely **wild flower arrangements** from Reception class. They look stunning and really made our day. Thank you Reception class! (See the photos in this week's Buzz.)



Honey Bee class enjoyed their **Share a Story** session this afternoon. Thank you to all parents who came in.



Year 4 are very excited about their upcoming residential to **Kingswood** next week; we can't wait to hear all about it and to see the photos. Have fun!

This weekend sees many events taking place. If you are going to the **festival**, I hope you have a fantastic time. The BSA are running the refreshments at **Northcourt Open Gardens** on Sunday; pop along to enjoy the gardens and some cake (while raising money for the school at the same time)!

This week, there was an incident at a local primary school where a child who has a severe nut allergy suffered anaphylaxis when another pupil shared their **sun cream** (which contained almond oil) with them. To prevent that situation happening here, please ensure that sun cream is applied before school and that no sun cream is brought into school. Thank you for your understanding.



I wish you all a lovely weekend, whatever you may be up to, and I look forward to seeing you on Monday.

Best wishes, Mrs Lennon and the Brighstone team

Collective Worship - Respect

This week's Collective Worship theme is **Respect**—remembering to pray for others

What are your thoughts about the word 'respect'?
What do you think it means?

Who do you know that you really respect?

Why do you respect them?

Dictionary definition for respect:

- a feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements.
- due regard for the feelings, wishes, or rights of others.

We can help and support those who are important to us in lots of ways.

One of those is to pray for them. When St Paul was writing to his friends in a place called Ephesus he told them: "Always keep on praying for all God's people."

Praying was important then and some people find that it is still important today!

Our School Prayer

Respect is...

- Readiness to listen
- Everyone being valued
- Showing appreciation
- Praying for people
- Expressing opinions sensitively
- Caring for our environment
- Treating property carefully

Which line do you think is the best way of describing respect and why?



"Always keep on praying for all
God's people."
Ephesians 6.18



School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at **£2.55** per day.

Baguettes now available on Tuesdays and Thursdays instead of JPs (ham, cheese or tuna)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese	Chicken Curry	Roast Pork	Beef bolognese	Fish Fingers
Option 2	Tomato Pasta	Tomato Pasta	Tomato Pasta	Tomato Pasta	Veggie dippers
Dessert	Ice cream	Shortbread	Brownie	Flapjack	Pineapple Cake

Poetry Corner

Silver Swans

What's left, this lake of pearls
That swivels and shakes
As if the sun was striking the shining surface of the
baby blue rivers.
It's simply silver feathers,
A million droplets of water.
The swan is the queen of the harbours and streams.

By Iris (Y4)



Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Punctuation: hyphens

Hyphens join two words together that have a combined meaning. It is different to a dash because it is shorter and there are no spaces around it.



The **friendly-looking** monsters ran across the road.

Hyphens also help us avoid **ambiguity** (something that can be understood in more than one way). For example...

a man eating shark

is very different to

a man-eating shark

Here, the hyphen provides **clarity**.

Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

Contact us: safeguarding@brighstoneprimary.org.uk

Speak with our DSL Mrs Jones in the school office

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

Or call children's services 0300 300 0117

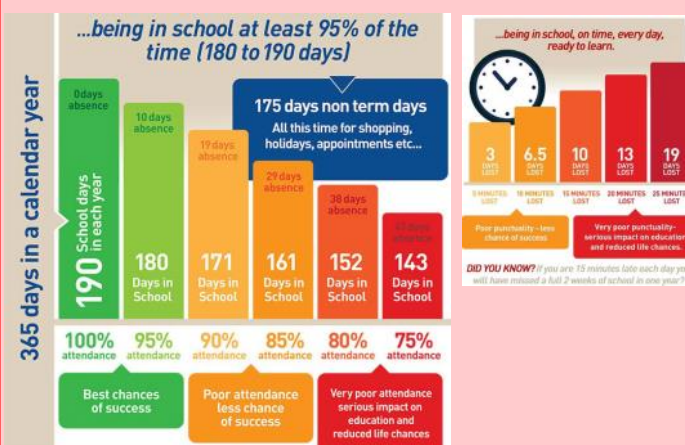
Attendance Matters!

Week Commencing 5th June

Whole School attendance target: **96.5%**

Actual Attendance: **98.67**

Late marks this week: 5



Golden Book

Bumble Bee	<p>All of the Reception Children for being fantastic role models when the new parents and children came to stay and play on Tuesday afternoon.</p> <p>Helena - for trying hard to extend her learning and to complete challenges effectively (courage).</p> <p>Georgia - for coming in with a positive attitude to learning and trying hard in all she does as well as her careful work on routes in Maths (love).</p> <p>Skye - for trying really hard with her reading and phonics (courage).</p> <p>Rufus - for his attitude to learning and focus in English and Reading sessions (love).</p>
Honey Bee	<p>Violet and Martha - for working extremely hard in English to identify various figurative language in a selection of poems, including metaphors, similes, alliteration and personification. This showed respect and love of learning.</p>
Ivy Bee	<p>Jude - for being such a great role model and ALWAYS showing respect and kindness by helping staff members.</p>
Bee-Haviour	<p>Caspar - for having the courage to be who they are and showing great confidence during the EARA assembly.</p>



Love

Courage

Respect

Be kind

TALK TO YOURSELF
AS YOU WOULD...

YOUR BFF

NOBODY DESERVES
THIS MORE
THAN YOU! YOU ARE
THE MOST
FABULOUS!

A CHILD

I KNOW IT'S
A LITTLE SCARY,
BUT I KNOW
YOU'LL BE OKAY

A STRANGER

DO YOU NEED
SOME HELP
WITH THAT?

YOUR PET

WE CAN STOP
IN FOR ONE TREAT
BUT THEN WE
NEED TO KEEP
GOING!

YOUR LOVE
INTEREST

YOU KNOW
WHAT I LIKE
SO MUCH ABOUT
YOU?

YOUR FAVORITE
INDULGENCE

YES.
YOU ARE 100%
WORTH IT.
EVERY SINGLE
PENNY.

To yourself

Online Safety

Inappropriate or explicit content

Get advice on supporting children if they've seen harmful or upsetting content online.



Types of inappropriate or explicit content

As children start to explore the internet, they may come across content that isn't suitable for their age, or that may upset or worry them. We've got lots of advice to help you and your child if they have seen explicit or harmful content. Take a look at our [resources for supporting children](#) and understanding how they might feel if they see upsetting content.

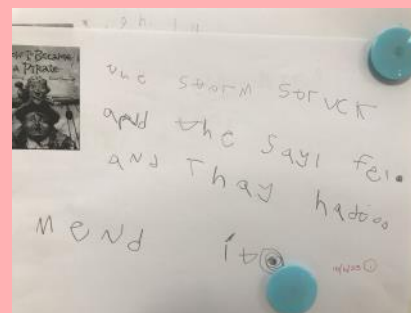
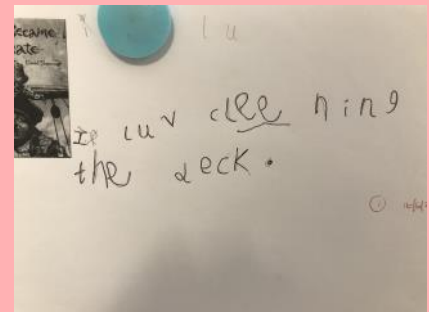
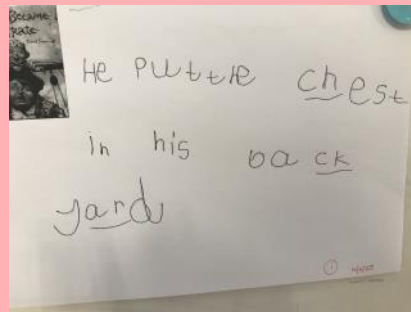
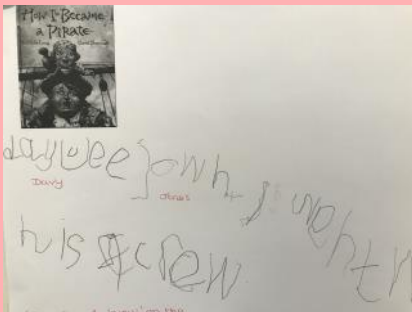
We also have pages about how to identify and deal with different types of inappropriate and explicit content.

NSPCC: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/inappropriate-explicit-content/>

Class News

Bumble Bee Reception Class

The children in Reception have been reading pirate stories and doing lots of writing by themselves. Aarr!



They have also made beautiful wild flower arrangements, wrote labels for them and gave them to members of staff, who were delighted to receive them! Thank you!



Class News

Honey Bee Class

In DT, we looked at eating seasonally and the different parts of the world where our fruits are from. We made fruit kebabs and were able to identify the parts of the world where each part of our kebab were from.



School News

EARA group and School Council assemblies



School News

School Council Garden Competition

Garden name

As you may know, there is a garden behind the school kitchens and the school council made up a voting slip for a name. The name with the most votes was 'The Wild Garden.'

The School Council have made up a competition to see who can come up with the best design for a sign and tell us what you will make it with.

Competition Rules

We have decided all entries are a 50p donation if you have it.

Please let us know every detail about your design so we can pick a winner easily.

We would like your design to be in full colour and include the name 'Wild Garden' otherwise your design may not be chosen.

We will try our best to replicate your design.

Entries to drawn on A3 or A4 paper and given to your school council member by Friday 7th July.

Good luck!!!!



PRESENTING...



SCIENCE DAY 2023



Friday 14th July



PARENTS WE NEED YOU!



PLEASE COME AND SHARE YOUR SCIENCE CAREER WITH OUR CHILDREN, BY PRESENTING A SHORT EXPLANATION OF WHAT YOU DO AND HOW SCIENCE ENABLES THIS. PROPS ARE WELCOME. IT'S A GREAT OPPORTUNITY FOR THE CHILDREN TO ASK QUESTIONS ABOUT WHAT YOU DO AND LEARN MORE ABOUT FUTURE CAREERS. WE WOULD LOVE TO HEAR FROM VETS, DOCTORS, NURSES, ELECTRICIANS, GARDENERS, ENGINEERS AND ANY AND ALL OTHERS, WHOSE CAREER IS SCIENCE BASED. PLEASE EMAIL MRS DENNESS: LDENNESS@BRIGHSTONEPRIMARY.ORG.UK



If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a safeguarding concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

Gates

The gates are closed at 3pm every day, rather than at the end of clubs. Please collect your children from after-school clubs from the hall door, except for the bell ringers (St Mary's Church) and cricket club (Warnes Lane).

Many thanks.

JS PHOTOGRAPHY

Your child's class group photo proofs have been sent home with them today.

We would like to re-iterate that all orders must be placed by 4th July 2023, either online by visiting photos.jssp.co.uk or via telephone on 017737 17984 (Office hours Monday –Friday 9:30am-4:30pm)

All orders will be delivered back to school approximately two weeks from the order date (4th July).

If you are unable to order before the deadline, the images will still be available to order however, there will be an increased charge of £3.99 for home delivery.



Key dates this year

- Monday 19th—Wednesday 21st June: Y4 Kingswood residential
- Friday 23rd June: Sports Day (details to follow nearer the time)
- Tuesday 27th June: Tony Peek Poetry Workshops
- Thursday 29th June: Y6 Leavers' Service at Portsmouth Cathedral
- Friday 30th June: Bumble Bee story time session with parents (2.25pm)
- Tuesday 4th and Wednesday 5th July: High school transition days
- Tuesday 4th July: Whole school transition morning
- Friday 7th July: Reports go home
- Tuesday 11th July: Forest Day
- Tuesday 11th July: Parents Evening
- Friday 14th July: Science Day
- Monday 17th—Tuesday 18th July: Y6 Corfe residential (details to follow)
- Thursday 20th July: School closed for staff development day
- Friday 21st July: School closed for staff development day





STIKINS® Name Labels

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Save time and money with one multipurpose name label for clothes, shoes, lunch boxes, and all school items

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WWW.STIKINS.CO.UK

Stikins® Actual Size

Fundraising Number
2721

If your school has a fundraising number, please use it when you order. (Schools earn up to 30% commission)



Only apply Stikins onto the wash-care label of clothes, never directly onto the fabric or any other label.



One easy name label with multiple uses for all kinds of personal items, including clothes and shoes.

	Packs	2021 Prices	
<p>We print labels every working day up to 3pm & send them out same day by first class post.</p>	120 STIKINS® Name Labels - N120	£14.20	Prices include VAT & UK delivery
	50 STIKINS® Name Labels - N50	£12.00	
	60 STIKINS® Name Labels - N60	£9.50	
	30 STIKINS® Name Labels - N30	£6.80	

Order online at www.stikins.co.uk - Pay by Credit/Debit Card, PayPal, or Apple Pay
Order by phone on **01270 668076** - Pay by Credit/Debit Card

Brighstone School Association

YOUR HELP IS NEEDED

**Sunday
18th June**

We have the opportunity to run the Tea/cake stall at the garden opening @ Northcourt. This is a great fundraiser for us, and we have raised over 1K before. However, we know the date clashes with the festival.

If you can help us run the teas on this date can you let the BSA know.



Brighstone School Association

PLANT

sale

Located by the school office

We are looking for donations



Vegetables

Herbs

Annuals

Perennials

If you have any surplus plants after sowing your seeds this year, please think about donating them to us to raise money for the BSA.

Made with PosterMyWall.com

Have you seen Tax-Free Childcare (TFC) - What is it?

Government support for **working parents**, including the self-employed, **in the UK working** at least 16 hours at the National Minimum Wage.

For children aged 0-11 or until 16 if disabled.
(Preschool/ Breakfast/Afterschool/Holiday Club)

Childcare
Choices

- Parents and carers can earn up to £100k each per year and still be eligible for TFC.
- For every £8 a parent pays into an online account, the government will add an extra £2.
Up to £2,000 per child per year or £4,000 each year if the child has a disability.
- This is for parents who **aren't** receiving Tax Credits, Universal Credit, or childcare vouchers.



Setting up an account and payments

- Parents apply for an account through: childcarechoices.gov.uk.
 - HMRC confirm via email, and you can set up their TFC account.
 - Accounts can be opened at any time of the year and can be used straight away.
 - Parents search for provider in the 'Your Tax-Free Childcare account' section of the account homepage by name, address, postcode. (**Niton Preschool, School Lane, Niton PO38 2BP**)
 - Parents pay money into the TFC account. The top up will be added automatically.
 - The government top-up is applied to deposits made for each child, not household.
- Parents can get up to £500 every 3 months (up to £2,000 a year) for each child to help with the costs of childcare.
- Parents pay the childcare provider directly through the childcare account using bank transfer.
 - **For every £8 a parent pays into this account, the government will pay in £2 to use to pay the provider.**
 - Parents can use Tax Free Child to pay for additional childcare costs:
Our preschool consumable charges: You pay £16.00 Government pays £4.00.

Privilege Seat Application Window – Academic Year 2023/2024

This notice applies to those parents of current year 6 students who are moving up to secondary school next year and for those parents who wish to apply for a place on the Brighstone Primary school bus.

Dear Parent/Guardian

The dates for the privilege seat application window for academic year 2023 have been finalised. Should you wish to apply for a privilege seat for your child to use the school bus service you will need to apply between 9am on Monday 26th June 2023 and 4pm on Friday 7th July 2023. Please note that the online form will only be live between the above times and that applications received outside of this window will not be accepted.

Further information on the privilege seat process can be found online, here: [Privilege seat scheme \(iow.gov.uk\)](https://www.iow.gov.uk) Please also note Code of Good Practice which is available via this web page.

If you scroll to the bottom of the above webpage, you will see the bus services for which you can apply. This information will be live from 9am on Monday 26th June 2023. Should the service you require not be listed you will not be able to apply for that service at this time.

Do bear in mind that making an application for a privilege seat does not guarantee a seat on the school bus.

Privilege seat ticket prices are set costs as follows.

Up to a full term £130.00

Up to half a term £65.00

Up to a full-term AM or PM only £65.00

Up to half a term AM or PM only £32.50

Should you have any queries please contact the Transport Team at the Council via email: transport.info@iow.gov.uk or telephone: 823780.



bikeability

Summer holiday sessions

Road safety cycle training for ages 8 to 12

Level 1 – 7 August
£10 per person. Two-hour course in a playground environment. Morning and afternoon sessions available.

Level 2* – 8 and 9 August
£15 per person. Four-hour course on local roads. Morning and afternoon sessions available.

Combined level 1 and 2 – 7, 8 and 9 August
£20 per person. Riders to attend all three days.

Family sessions
£15 per family. Three-hour session, morning and afternoon sessions available. contact us for more information.

*Rider assessment required prior to level 2.

Book by 5pm Monday 17 July
Contact: sports.unit@iow.gov.uk or 01983 823818

ISLE of WIGHT
DRIVE LESS SEE MORE



Dr Bike

Get your bike checked ready for the summer – for free!

A qualified mechanic will check your bike is safe, will conduct minor repairs, and make recommendations. Drop-in service – no booking required!

Sessions
Medina Leisure centre, 9am to 2pm
Monday 7 August
Monday 21 August (end of summer session)

ISLE of WIGHT
DRIVE LESS SEE MORE
Adrian's BIKE SHOP

THE DOG ACADEMY

Channel 4's The Dog Academy is back!

Are you struggling with your dog's behaviour?
Would you like help to overcome your dog's issues?

Our prime time Channel 4 series is back and looking for misbehaving dogs and their owners.

From small quirks to life impacting behaviour, we've assembled a team of the very best trainers in Britain to help **you** transform your dog once and for all.

Apply now at www.dogsatfivemile.co.uk



SCAN ME



4



Come along to a fun games evening suitable for all the family



Beetle Drive

Can you and your partner be the first to draw the beetle?



Thursday 29th June
Brighstone School Hall
Play starts at 6pm

In aid of local Scouts attending the World Scout Jamboree in South Korea this summer

Tickets £3 per person
£10 for a family of 4 or 5

Pay on the night

Text 07795 001700 to reserve your seats



Raffle
Refreshments



Mondays
Christ Church Totland, PO39 0ES
2pm - 4pm

Libraries are here to help



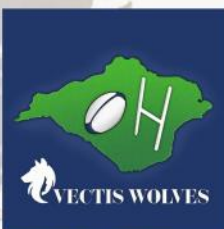
Jo and Louise from the Isle of Wight Library service will be at Our Place on Monday 22 May to chat with you about the great services and activities libraries offer, including:

- ✔ Books
- ✔ E-books and e-audio books
- ✔ Magazines and newspapers
- ✔ Free computer and Internet access
- ✔ Regular groups and activities for adults and children
- ✔ Local information and much more!

Come along and try out some of the library apps and online services. You will be able to join the library on the day!

Girls rugby

Non-contact rugby sessions



- ✔ Team work
- ✔ Respect
- ✔ Enjoyment
- ✔ Discipline
- ✔ Sportmanship

AGES 7-11

Girls only training is every other Sunday between September and April

Contact rugby sessions also available

Registration day 3rd September 2023, 11am @ IWRFC, Wootton, PO33 4NQ

Register your interest:

vectisrfccoaching@gmail.com

Join the pack
www.vectisrugby.co.uk



VECTIS RUGBY CLUB

CORREO LOUNGE

99 High St, Newport PO30 1AB

FAMILY FUN DAY

~CHARITY EVENT~

SATURDAY
JUNE 24th
11am - 4pm

- Face painting
- Cake & Sweets stall
- Hook a duck
- Coconut shy
- Bouncy castle
- Hair braiding
- SPECIAL VISIT FROM SPIDERMAN!!!

ALL MONEY GOES TO CHARITY
KIDNEY CARE UK

FREE ENTRY





Introduction to Junior Golf



We are actively seeking boys and girls under the age of 18 to join our junior section and as a special introductory offer we are offering the following benefits:

- Free Saturday morning tuition by our PGA golf professional.
- Starting date will be Sat 24th June 10.00am 2023
- Free Junior membership to those who attend the classes.
- Junior golf equipment will be provided.
- Discounted playing rates for parents.

Golf is a healthy outdoor activity and you will have the opportunity to play on one of the most picturesque settings in the country.

Pre-registration will be required, so if you wish to participate, please contact the club secretary on:

Tel.01983 755295
Freshwaterbaygolfclub.co.uk

TAPNELL
FARM PARK

SUMMER

Season Passes

JUST £38 PER PERSON!

Valid from 25th March - 5th November 2023



ALL WEATHER FUN
Indoor and Outdoor Play

Unlimited FREE entry

Transferable adult season pass when
accompanying a child season pass holder

(*see website for full T&Cs)



NEW FOR 2023!

Falconry Shows,
Maze Maze &
Outdoor
Zip Wires!

ALL WEATHER
FUN FOR JUST
OVER £38 PER
MONTH!

Children
under 2
are free!

Fun
monthly
events!

Full details & to buy online - www.tapnellfarm.com/play

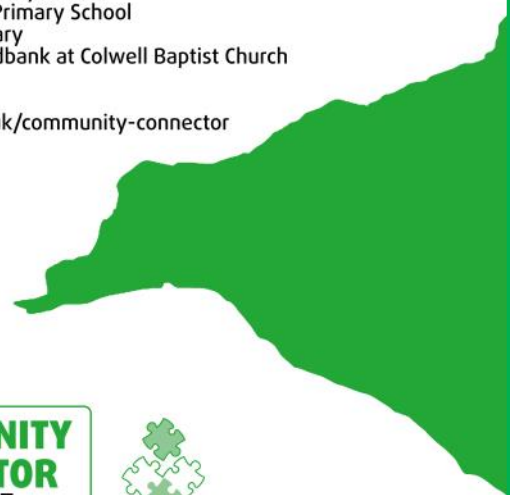
WHAT'S ON WEST WIGHT

COMMUNITY ACTIVITIES

Find out what's on in your local area by picking up your copy at:

West Wight Sports and Community Centre
Our Place community sessions
Freshwater Parish Council office
Totland Parish Council office
Yarmouth CE Primary School
Shalfleet CE Primary School
St Saviour's RC Primary School
Freshwater Library
Freshwater Foodbank at Colwell Baptist Church

Download at:
westwight.org.uk/community-connector



COMMUNITY
CONNECTOR
WEST WIGHT



West Wight Sports & Community Centre | LW & HS | Community Action Isle of Wight | foodbank | Our Place

Our Place

GET ACTIVE

West Wight
Sports & Community Centre

FREE activities for adults
of all ages and abilities

Try something new
Get active

Meet new people

Different activities each week:

soft archery, table tennis, team games,
fitness classes, and more! Just turn up!



Wednesdays 10:30am - 11:30am

West Wight Sports and Community Centre

More info: 01983 752 168

help@westwight.org.uk

OurPlaceWestWight

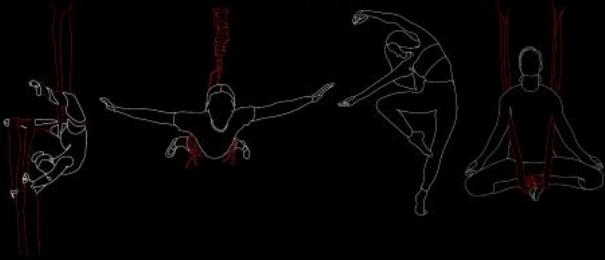
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HiWCF
LOCAL GIVING FOR LOCAL NEEDS

ARTS

JAYDENE-LEE

DANCE, AERIAL, BUNGEE FIT
AND CIRCUS



Contemporary Dance • Circus • Aerial Silks •
Aerial Yoga • Bungee Fit!

(Classes are based on age/ability).

*Classes for all ages • Workshops • Performance opportunities •
Exams • Birthday Parties • Hen do's • Private Bookings • 1-1's •
Weddings/Events & much more!*

To book/for more information please contact:

info@jaydenearts.com | 07715450640 | https://bookwhen.com/jaydenearts

FACEBOOK @jaydenearts1 | INSTAGRAM @jaydene.lee.arts

We Provide Support for
LGBTQ+ young people across
Hampshire & Isle of Wight

Est 1993
BREAKOUT
YOUTH

We cover the following areas:

Southampton	New Milton	Andover	Hart & Rushmoor
Isle of Wight	Marchwood	Eastleigh	East Hants
New Forest	Basingstoke	Romsey	North Hants

SUPPORT • RESPECT • DIVERSITY

Find out more...

☎ 023 80 224 224

✉ hello@breakoutyouth.org.uk

🌐 www.breakoutyouth.org.uk

breakout_youth_uk @

@breakout_youth

Breakout Youth Project

Supported by



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Sun Drum Presents:

**CIRCUS
SKILLS
CLUB**

**EVERY MONDAY
AT 4.30PM-5.30PM**

ADDRESS: ST MARGARETS HALL
LOWTHERVILLE ROAD, VENTNOR,
PO38 1BJ

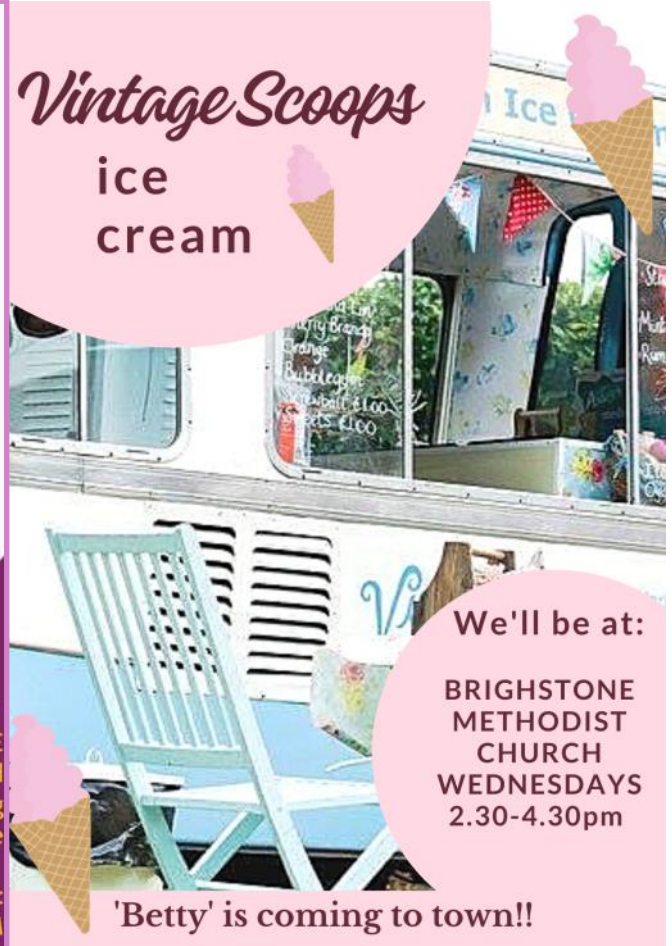
MOBILE: 07890463771

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ALL AGES
WELCOME
£5 per child
+ £1 per sibling
concessions available

CONTACT:
SUNDRUMFOREST@GMAIL.COM

Vintage Scoops
ice
cream



We'll be at:

**BRIGHSTONE
METHODIST
CHURCH
WEDNESDAYS
2.30-4.30pm**

'Betty' is coming to town!!

Run for Islanders affected by cancer

WESSEX CANCER TRUST

entertainment village for a full day of fun

3k fun run through inflatables, powder paint and foam!

video game themed

RAINBOW RUN BUBBLE FUN 2023

SUNDAY, 25 JUNE 2023 | IW COUNTY SHOWGROUND

With live entertainment from:

Ear Candy **Azi** **The Bandits** Plus much more!

Get in touch at 023 8067 2200 or fundraising@wessexcancer.org.uk

Wessex Cancer Trust, a charity registered in England and Wales (110216)

Scan to sign up!



Kindly sponsored by

wightfibre because we care

NO LIMITS
Helping Young People Help Themselves

NHS
Isle of Wight
Clinical Commissioning Group

Space4U

A safe haven for young people aged 11-17* living on the Isle of Wight

*Up to age 18 with additional needs

- Out of Hours emotional and practical support with mental health.
- Help to explore your current situation
- Learn self-management techniques
- Enable you to make positive changes

Monday's (5pm-8pm by appointment) East Newport Family Centre Furlongs Newport PO30 2AX	Tuesday's (4pm-7pm by appointment) Sandown Family Centre 98 The Fairway Sandown PO36 9EQ
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(Virtual support available during Covid)

Contact us today to find out more:

02380 224 224

07741 665182

enquiries@nolimitshelp.org.uk



www.nolimitshelp.org.uk
023 8022 4224



SCAN ME

GIRLS ONLY FOOTBALL



Sandown Soccer
Love The Game

INTRODUCING OUR SANDOWN SOCCER GIRLS ONLY FOOTBALL SESSION!

OUR FUN SESSION WILL BE:
WHEN: Every Wednesday. 5pm to 6pm
WHERE: The Bay CE Primary School, Sandown
COST: £4 for the 1 hour session

To Book: Text your child's name, school, year group and parent name to **07594 389531**

Find us on **facebook**
Sandown Soccer - Isle of Wight

IS YOUR CHILD TOO YOUNG TO JOIN A TEAM?

DOES YOUR CHILD WANT TO BUILD THEIR CONFIDENCE IN A SPORTING ENVIRONMENT?

DOES YOUR CHILD WANT TO PLAY FOOTBALL BUT NOT IN A TEAM YET?

IF YOU'VE ANSWERED YES TO ANY OF THOSE QUESTIONS, WE'VE GOT THE PERFECT SOLUTION!

WE PROVIDE A SAFE, ENJOYABLE ENVIRONMENT WHERE CHILDREN CAN HAVE FUN WHILST IMPROVING THEIR FOOTBALL SKILLS.

OURS AIMS ARE:

- TO ALLOW CHILDREN TO HAVE FUN THROUGH FOOTBALL
- TO IMPROVE CONFIDENCE AND SOCIAL SKILLS.
- TO LEARN AND IMPROVE BASIC FOOTBALL SKILLS: CONTROL, PASSING, DRIBBLING.
- TO DEVELOP AGILITY, BALANCE, CO-ORDINATION, SPEED (ABC'S).

Our fully FA qualified coaches have up to date First Aid training and are DBS checked. Each session will be packed full of fun games played in teams, and as individuals, to help children build friendships as well as independence.

To Book: Text your child's name, school, year group and parent name to **07594 389531**

CHILDREN'S SHOW SCHEDULE 2023

SPRING SHOW

Saturday 1st April

Wilberforce Hall, Main Road, Brighstone
1.30pm to 4.00pm Presentations at 4.00pm

125th BHS MARQUEE IN NEW SUMMER SHOW

Saturday 15th July

Recreation Field, New Road, Brighstone
Marquee opens 1.30pm Presentations at 4.00pm

AUTUMN SHOW

Saturday 7th October

Wilberforce Hall, Main Road, Brighstone
1.30pm to 4.00pm Presentations at 4.00pm

SPRING SHOW

Please state your age on the entry form, then it will be taken into consideration.

- 72. A Painting or Drawing for King Charles's Coronation.
- 73. A driftwood model of a dinosaur.
- 74. 4 Fairy Cakes, made and decorated.
- 75. Floral art – An Easter Posy.
- 76. 4 Decorated Rich Tea Biscuits, Coronation Themed (judged on decoration only).
- 77. Handwriting:

God save our gracious King!
 Long live our noble King!
 God save the King!
 Send him victorious,
 Happy and glorious,
 Long to reign over us,
 God save the King.

AUTUMN SHOW

Please state your age on the entry form, then it will be taken into consideration.

- 118. A Christmas Card.
- 119. 4 Christmas or Halloween cup cakes made and decorated.
- 120. A driftwood reindeer.
- 121. My favourite pot plant, grown by entrant.
- 122. An Autumn painting or drawing A4 max.
- 123. A model made from Lego, no bigger than 30cm x 40cm
- 124. Handwriting:

Rain, rain go away,
 Come again another day.
 Rain, rain go away,
 Little Johnny wants to play.

SUMMER SHOW

CHILDREN'S CLASSES

Prize money for children's classes: 1st - £1.50, 2nd - £1, 3rd - 50p. Your age must be displayed clearly, then it will be taken into consideration.

Classes 156 and 163 must be arranged by the exhibitor on site without assistance.

For ages 9 and under:

- 151. Something new from something old.
- 152. My pet - a painting/drawing A4 max.
- 153. My favourite "snapshot" (must be taken by entrant).
- 154. A creature made from a vegetable
- 155. A creature made from driftwood and shells.
- 156. Garden flowers in a teapot.
- 157. A miniature living garden (in a bowl or pot).
- 158. 4 decorated biscuits (judged on decoration only).
- 159. 4 pieces of flapjack, any variety.

For ages 10 to 16

- 160. A miniature scarecrow – maximum size 30 cm.
- 161. Still Life – a drawing or sketch.
- 162. My favourite "snapshot" (must be taken by entrant).
- 163. A miniature herb garden (in a bowl or pot).
- 164. A miniature building made from driftwood and shells.
- 165. A carrot cake.
- 166. 4 decorated fairy cakes.

For all ages up to 16

- 167. New class for 2023 – Grow a squash any variety.
- 168. Handwriting:
 Incy, wincy spider climbed up the spout,
 Down came the rain and washed the spider out,
 Out came the sun and dried up all the rain,
 And incy, wincy spider climbed up the spout again.

CHILDREN'S ENTRY FORMS (ALL ENTRIES ARE FREE)

AUTUMN SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____
 ADDRESS _____
 PHONE NUMBER _____

Children's Classes

Please circle: 118 119 120 121 122 123 124

Number of entries _____

✂️*****

SUMMER SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____
 ADDRESS _____
 PHONE NUMBER _____

Children's Classes

Please circle: 151 152 153 154 155 156 157 158 159

160 161 162 163 164 165 166 167 168

Number of entries _____

✂️*****

SPRING SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____
 ADDRESS _____
 PHONE NUMBER _____

Children's Classes

Please circle: 72 73 74 75 76 77

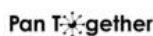
Number of entries _____



What is the Living Well & Early Help Service?

We are focussed on identifying and providing support for people before they reach crisis and working with communities to build capacity to provide that support

Working in Partnership to reach all communities of the Isle of Wight



FOOTBALL 4 ALL PROJECT

We focus on the individual - on their strengths, passions and capabilities - building on their existing support networks, family and friends within their community



LIVING WELL & EARLY HELP 5 KEY PRINCIPLES

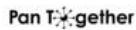
- 1 Community
- 2 Resilience
- 3 Relationships
- 4 Person Centered
- 5 Partnership



ASPIRE WOODWORK GROUP MAKING BAT BOXES



We will support people to look for practical solutions wherever possible and focus on what the person can do for themselves using their skills and experience rather than automatically looking for a service response.



CRAFTERNOON SESSION

At the community level, the service will strengthen partnerships between local organisations involved in community wellbeing, including parish and town councils, local community organisations and Island-wide organisations (statutory and voluntary) that operate at local levels.

The aim is to establish semi-autonomous community 'hubs', similar to those already existing in areas like Ryde, West Wight, Ventnor and Pan, throughout the Island. The nature of the hubs will vary, depending on the needs and resources of each area.

EVERYONE HAS THEIR OWN STRENGTHS, PASSIONS AND CAPABILITIES

BUILDING STRONG COMMUNITIES

We promote and encourage connections, developments and contributions by individuals and the community. By spending time identifying the strengths, passions and capabilities of individuals, services and places we support communities to help themselves and create local solutions.

Pan Together providing Christmas Lunch.



Ventnor Community Shed

Stepping Stones Homelessness prevention program



Our Place Mindfulness Coloring

INDIVIDUALS - EVERYONE HAS STRENGTHS, PASSIONS & CAPABILITIES.

Everyone within our communities has their own skills, knowledge and passions. Living Well & Early Help identifies, encourages and nurtures individuals to utilise them. Deficit approach define communities and individuals in negative terms. An Asset approach accentuates positive capability to identify problems and activate solutions.

SERVICES - PEOPLE ORGANISED AROUND ASSETS.

Services are generally professionals or paid services who are structurally organised. They include government agencies and private business, as well as schools, etc. They can all be valuable resources. The assets of these institutions help the community capture valuable resources and establish a sense of civic responsibility.

PLACE - PEOPLE LIVE WHERE THEY LIVE FOR A REASON.

Land, buildings, heritage, public and green spaces are all examples of assets of the community. Individuals tend to be in a specific place for a specific reason. The people living in a community are most likely to know what its strengths are and how to utilise them.

CONNECTION - PEOPLE SUPPORTING PEOPLE.

Small informal groups of people, such as clubs, groups and common interest activities are critical to the delivery of the Living Well and Early Help Service. They don't need complicated processes. They are just coming together around a common interest of their individual choice.

VISIBILITY - BEING PART OF THE COMMUNITY.

The Living Well & Early Help workers are based within the community working in agile ways within defined localities finding spaces within community hubs, libraries, cafes etc. People should be able to approach workers individually as well as being referred in by any person or service. The Living Well & Early Help service supports people to develop their own solutions and ways of achieving their best possible lives, drawing on family and community resources, before considering commissioned or statutory services. Living Well and Early Help workers invest time in building relationships and understanding what a person's idea of their best life is. It also helps people to develop and build their own capacity and connections, so that they can stay strong and independent.

DEVELOPMENT - INDIVIDUALS CONNECT INTO A COMMUNITY.

Living Well and Early Help recognises that the exchange between people sharing their passion, gifts, skills and assets creates connections, and these connections are a vital asset to the community. It takes time to find out about individuals; this is normally done through building relationships, person by person. The social relationships, networks and trust form the social capital of a community. The Living Well and Early Help service knows the value of these assets and the importance of building relationships to increase the social capital within each unique community.

WAVES OF WELLNESS - SUICIDE PREVENTION PROJECT



reception@lweh.org.uk 01983 240732

Tired Of Swimming Lengths?

Underwater Hockey is a great way to stay fit and still enjoy the pool. No two games will ever be the same, so why not try something different? We promise you won't get bored!



Junior Underwater Hockey

There are many junior Underwater Hockey teams around the country. It's a great way for children to enjoy the game and get some exercise at the same time.

Underwater Hockey is a team sport so there is a great opportunity for children to make some friends along the way.

As long as you are a confident swimmer, you should be able to play Underwater Hockey.

**Many clubs have a free taster session!
Contact your local club to find out.**

How To Get Involved

There are over 100 teams across Great Britain so finding your local team shouldn't be too difficult! There are details below to show you your local team contact.

There are details on our website as well gbuwh.co.uk

Or you can find us on social media, feel free to send us a message, and we can help you find a team.



You can find details for your local club here:



Photo Credits:
Chris Alwin, Vicki VanDer Westhulzen Ritslanova, Gabriel Holguin,
Australia UWH, Canada UWH & Spain UWH

Underwater Hockey (Octopush)



Great Britain Underwater Hockey



@gbuwh



What Is Underwater Hockey?

Underwater Hockey is a team game played on the bottom of the swimming pool!

There are two teams competing to get a small weighted puck into their opponents' goal. The game is played exclusively on the bottom of the pool so players need to hold their breath whilst playing.

Team work is so important in Underwater Hockey, each team has 6 players and 4 rolling substitutes.

Players use a small stick to move the puck. This stick is the only way a player can move the puck.

What Equipment Do You Need?

Players wear a mask, snorkel, fins, water polo hat, and glove. Fins allow players to swim much faster meaning the game can move extremely quickly even underwater.

Don't worry though if you want to give Underwater Hockey a try, many clubs have equipment they can lend out to new players.

Who Can Play?

Underwater Hockey can be played by almost any age of player! Junior clubs tend to welcome players above the age of 8 years old. The only real requirement for Underwater Hockey is that you can swim!

Many clubs also offer free taster sessions.

Team GB Underwater Hockey

Underwater Hockey was founded in Great Britain, and the British teams have been to many World Championships over the years.

There are currently 4 different categories, which are then split again into male and female teams. Under 19s, Under 24s, Elite, and Masters.

Great Britain has an amazing history representing their country around the world. With some players having multiple medals to their name.

Underwater Hockey is played around the world, with over 40 countries across 6 continents playing the sport.