

The Buzz



Brighstone C.E.
Primary School

31st March 2023



Learning and Achieving Through Love,
Courage and Respect

Dear parents, carers and children,

It has been chock full of Easter events this week. Classes have been taking part in **RE lessons** focusing on the Christian festival of Easter as well as the Jewish festival of Passover, for which Jesus was visiting Jerusalem 2000 years ago. They have built on their previous knowledge of the events, as well as exploring what happened through artwork, stories and artefacts and using these to ask deeper questions.

On Wednesday, the whole school took part in **Messy Church** at the Methodist Church (KS1 in the morning and KS2 in the afternoon). They had lots of fun in a range of activities focusing on the Easter story, including decorating biscuits, making Easter gardens and handprint crosses, and taking part in songs, drama and prayers. I would like to say a huge thank you to the Messy Church team who organised and led the day (and for also giving each child in the school an Easter egg and Easter story booklet), and we have had some great feedback from them about the children's exemplary behaviour and excellent knowledge of the Easter story. I also had lovely feedback about the Beavers, who applied their knowledge and understanding of the Easter story at Beavers last night, as well!



On Thursday, the whole school enjoyed an **Easter Treasure Hunt**, followed by the **BSA's Easter competition**. Katherine (BSA chair), Rev Jackie, Y6 SLT and I had an extremely difficult job judging the entries; they were all so impressive! We would like to say a huge thank you to all who entered and spent lots of time and care on their Easter bonnets, decorated eggs and Easter gardens. All entrants will receive a packet of sweets, and the winners have received a rosette and Easter egg. I would like to say a special thank you to the Y6 SLT (Alfie L, Alfie M, Felicity and Lauren) who were excellent and considered judges. Thank you, also, to the BSA for organising the competition, and for providing an Easter egg for every child in the school. Egg-cellent work all round!



Yesterday, we also took part in our **Easter service** at St Mary's Church, led by Rev Jackie, Peter and Keith (who accompanied our singing on his guitar along with Peter). We were welcomed into church by our wonderful bell ringers (thank you to them and to Becky and Steve Noyes). The children sang with gusto, and shared some of their RE learning. We saw a decorated cross from Reception class, Y1 and Y2 shared information about the Jewish festival of Passover and what the food items on the Seder plate represent, Honey Bee class shared some of their Easter poems, and Ivy Bee class talked about the burning of ashes to represent getting rid of our worries and guilt. Thank you to Rev Jackie, Peter and Keith for leading the service, to parents who joined us, and to Jackie and the St Mary's team for giving each child an Easter egg and Easter story booklet.



This morning, in our **Golden Worship**, we celebrated external awards and achievements. It was jam-packed full of awards, including underwater hockey, kickboxing, netball, swimming, bell ringing, football, Brownies, Rainbows and dressage. A huge well done to all!

I hope you all have a lovely Easter holiday, and I look forward to seeing you on Monday 17th April.

With best wishes, Mrs Lennon and the Brighstone Team



Collective Worship - Forgiveness

This week's Collective Worship theme is **Forgiveness: Lent and Easter—when darkness turned to light**



Can you talk about what these are and what they represent?

What do you think the main message of Easter might be?

Easter prayer

God of wonder, God of new life,
On Good Friday we remember how the friends of Jesus
Cried tears at the foot of the cross.
They were sad and quiet as he was laid in the tomb.
On Easter day we will remember how their sadness turned to joy
When Jesus rose from the dead and returned.
He brought the promise of new life and forgiveness for us all.
Help us to remember every day
The gift of your son Jesus to the world,
And always be thankful.
Amen



"Just as the Lord has forgiven you, so you must also forgive others."

Colossians 3.13

School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' free school meal everyday.

Children in Years 3-6 are charged at **£2.55** per day.

Baguettes now available on Tuesdays and Thursdays instead of JPs (ham, cheese or tuna)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Bangers and Mash	Roast Turkey	Beef bolognese	Fish Fingers
Option 2	Tomato Pasta	Veggie Sausages	Tomato Pasta	Tomato Pasta	Veggie dippers
Dessert	Ice cream	Lemon Slice	Shortbread	Jelly	Crispy bar

Poetry Corner



The SWEET Truth of Easter

These candies tell a story—
the best news you'll ever hear.
—It's about Jesus dying on the cross
so that we could be brought near.

So hold them and turn them and you will see...
the "M" become a "W" and an "E" and then a "3"

The "E" stands for... Easter....
God's everlasting love and His eternal plan.

It reminds us of the cross
and the way God rescued sinful man

The "3" represent the 3 days Jesus spent in the grave....
By His death, His children He did save

The "M" reminds us of the mercy the Messiah showed
as He died in our place,
and the miracle of the resurrection
so we can see Him face to face.

The "W" reminds us... that He alone
is worthy of our worship and praise
and calls us to be His witnesses
around the world for all of our days.

by Bethany Tapp
<http://ministry-to-children.com/easter-poem/>

Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Figures of speech—hyperbole

Pronunciation:

Sounds like hi-puh-buh-lee

<https://www.youtube.com/watch?v=3dZLsg68deM>



Examples:

My bag weighs a ton.
I've told you a million times!
I'm so hungry I could eat a horse.
My shoes are killing me.

Can you make up some of your own?

Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

Contact us: safeguarding@brighstoneprimary.org.uk

Speak with our DSL Mrs Jones in the school office

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

Or call children's services 0300 300 0117

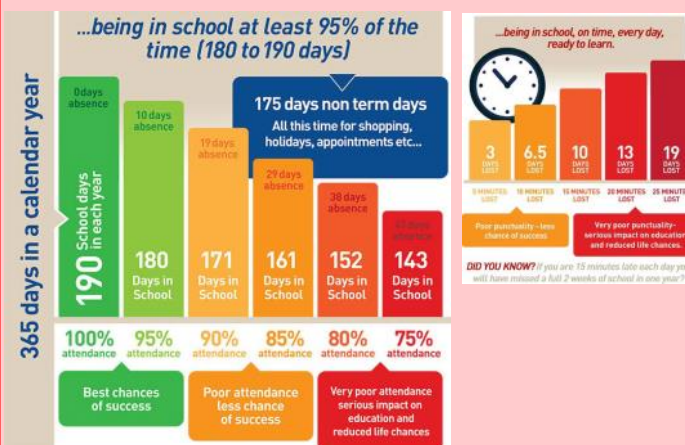
Attendance Matters!

Week Commencing 27.3.23

Whole School attendance target: **96.5%**

Actual Attendance: **93.84%**

Late marks this week: **11**



Golden Book



External awards and achievements



Love

Courage

Respect

SEMH

Social, Emotional & Mental Health

All Islanders
CAN GET SUPPORT WITH THE
COST OF LIVING

01983 823134
iow.gov.uk/costofliving

ISLE OF WIGHT HELP WITH THE
COST OF LIVING

01983 823134
iow.gov.uk/costofliving

General help and support
Citizens Advice IW can give free help with money issues and much more.
☎ 0800 144 88 48 or Textphone on 18001 0800 144 8884
🌐 www.citizensadviceiw.org.uk

Debts and paying bills
Citizens Advice Money team.
☎ 01983 823898 ext: 2825
✉ debtenquiries@iwcab.org.uk
🌐 www.citizensadviceiw.org.uk/money-advice-team

Buying food
🌐 www.iow.gov.uk/costofliving and tap on 'food' for more information.
Join a community pantry and for £5 a week, receive over £15 worth of food.
☎ 01983 296592 East Coves Community Pantry
☎ 07961 959003 Ventnor Community Pantry
☎ 01983 563732 Ryde Community Pantry

Connect4communities
Support including food vouchers, getting weather appropriate clothing (directly with your school) and more.
✉ connect4communities@iow.gov.uk
🌐 www.connect4communities.org



Benefits
Check whether you are getting all the benefits you can.
Citizens Advice Help to Claim line.
☎ 0800 144 8444
🌐 www.gov.uk/benefits-calculators

Energy bills
The Footprint Trust give guidance on energy bills, efficiency and grants.
☎ 01983 822282
✉ info@footprint-trust.co.uk
🌐 www.footprint-trust.co.uk

Pension Credit
If you are of State Pension age you may be entitled to Pension Credit. If you get Pension Credit you can get other benefits.
☎ 0800 99 1234 or Textphone on 0800 169 0133
🌐 www.gov.uk/pension-credit

Paying for broadband and mobile phone
Social tariffs are available if you're on a low income.
🌐 www.ofcom.org.uk/cheap-broadband

Feeling lonely
The Living Well and Early Help Partnership works on the Island to connect people.
☎ 01983 240732
✉ reception@lweh.org.uk
🌐 www.lweh.org.uk

In a crisis
If you have no money for food, gas and electricity you may be able to get emergency help.
☎ 01983 823859
🌐 www.iow.gov.uk/HelpThroughCrisis

Other useful contacts
🌐 www.helpforhouseholds.gov.uk
🌐 www.islefindit.org.uk
🌐 www.gov.uk/helpforhouseholds

Get support with the cost of living on the [Isle of Wight Council website](http://www.islefindit.org.uk)

Messy Church: Reception and KS1



Messy Church: Reception and KS1



Thank you to the
Messy Church team!

Messy Church: KS2



Messy Church: KS2



Thank you to the
Messy Church team!

Easter Service



BSA Easter Competition



BSA Easter Competition



Class News

Bumble Bee Class

On Wednesday afternoon, Bumble Bee class had the opportunity to make their own healthy snacks, as part of our Healthy Me unit of learning in PSHE. We had a great afternoon and the children were very careful in cutting ingredients and ensuring that they washed their hands after every itch and scratch! We made: tomato hummus (Georgia's favourite); lemony avocado oatcakes - which were a huge hit with everybody, especially Quinn; fruit skewers and apricot and grape brioche bites. Mrs Denness was very impressed that the children embraced trying new foods and some of them found things that they really liked. We talked about how these healthy snacks were a much better choice than Smarties or Sonic the Hedgehog cake.



If your message is **urgent** or about **attendance** contact Mrs Pelosi in the **office**:
01983 740285
office@brighstoneprimary.org.uk
Office Hours 8am - 4pm

If you would like to speak with the **Headteacher** Mrs Lennon, you can find her at the school gate every morning or you can call 740285 to make an appointment with her



For **general enquiries** you can call or email the office, text the school messaging service or send a message to our school **Facebook** page: <https://www.facebook.com/BrighstoneCEPrimarySchool>
Our Facebook page is open so you do not need a personal account to view it

If you have concerns about your child's **learning** and progress, email the class teacher in the first instance and allow at least 1 working day for a reply:

Years R, 1 & 2 - teacher.bumblebee@brighstoneprimary.org.uk
Years 3 & 4 - teacher.honeybee@brighstoneprimary.org.uk
Years 5 & 6 - teacher.ivybee@brighstoneprimary.org.uk

If you have concern regarding **safeguarding** or your **child's mental health and wellbeing** please contact Mrs Jones. You can speak to her on the playground every morning, call into the school office or email m.jones@brighstoneprimary.org.uk
safeguarding@brighstoneprimary.org.uk

Our **Newsletter** is published every Friday with key information for parents and carers. You can find it on our school website: <https://www.brighstoneprimary.org.uk/category/the-buzz/>

Contact us



If you have a **safeguarding** concern about a child outside of school hours you can call the police on 999 if you feel they are at risk of immediate harm or contact Children's Services on 0300 300 0117

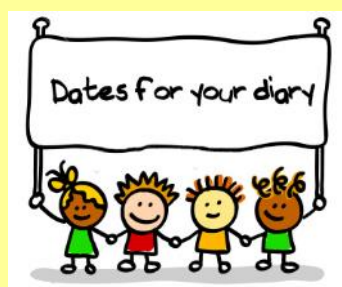
Gates

The gates will now be closed at 3pm every day, rather than at the end of clubs. Please collect your children from after-school clubs from the hall door, except for the bell ringers (St Mary's Church) and cricket club (Warnes Lane).

Many thanks.

Key dates this year

- Friday 31st March: Last day of term
- Monday 3rd April - Friday 14th April: Easter holidays
- Monday 17th April: Back to school
- Monday 24th April: Y6 SATs parents' information meeting at 5pm
- Tuesday 25th April: Y2 SATs parents' information meeting at 8.30am
- May: Y2 SATs 'quizzes'
- Monday 8th May: Extra Bank Holiday (due to the King's Coronation)
- Tuesday 9th—Friday 12th May: Y6 SATs
- Sunday 14th May: Walk the Wight
- Tuesday 16th May: Royal Coronation Junior Prom at Osborne House (details to follow nearer the time)
- Monday 29th May - Friday 2nd June: Half term
- Monday 19th—Wednesday 21st June: Y4 Kingswood residential
- Thursday 20th July: School closed for staff development day
- Friday 21st July: School closed for staff development day



Brighstone School Association

VOLUNTEERS NEEDED

we need YOU

COME AND JOIN IN THE FUN TO HELP US RUN THE TEA TENT AND CHILDRENS CRAFTS

SIGN UP FORM IS IN THE OFFICE

WOLVERTON FOLK & BLUES LIVE MUSIC SATURDAY 13th MAY 2023 11.30 am - 8.00 pm

CAN YOU HELP FOR AN HOUR OR LONGER?

PLEASE SUPPORT US BY PUTTING YOUR NAME ON THE LIST

YOUR SCHOOL LOTTERY

- 1 JOIN OUR LOTTERY
- 2 BOOST SCHOOL FUNDS
- 3 WIN CASH PRIZES

It's As Easy As

- Tickets cost just £1 a week
- The easy way to help us raise funds
- Every week, one lucky winner from our school will win a cash prize!
- Also a chance to win the £25k jackpot

To start supporting, visit yourschoollottery.co.uk and search for: Brighstone School



Brighstone School Association

YOUR HELP IS NEEDED

Sunday 18th June

We have the opportunity to run the Tea/cake stall at the garden opening @ Northcourt. This is a great fundraiser for us, and we have raised over 1K before. However, we know the date clashes with the festival.

If you can commit to helping run the teas on this date can you let the BSA know by 3rd March.

If we can not get enough helpers we will unfortunately have to turn down this opportunity.

NEW FOR TEENAGERS

EASTER HOLIDAY FUN

SWIMMING LESSONS 4 DAY WEEK £29.70

Monday 3 April – Thursday 6 April and Tuesday 11 April – Friday 14 April

Learner Pool

0900-0930 – Non Swimmer Happy to go in the water in armbands.
0930-1000 – Beginner Swimmer Ready to swim without armbands.
1000-1030 – 5-10m Water confident, can swim 5-10m on front and back.

Main Pool

0900-0930 – 10-50m Can swim 10-50m on front and back and happy to put face in water.
0930-1000 – 50m+ Can swim 50m+ using good front crawl, back crawl and breast stroke.

MONDAY

Kayaking – 1000-1100 – 8-10 years – £8 – An introduction to kayaking through fun and games. Must be able to swim at least 25m. (Monday 3 April only.)
Kids Dance – 1530-1630 – 5-8 years – £6 – Jazz/street dance style, learning both technical aspects as well as dance routines to popular songs. (Monday 3 April only.)
Kids Dance – 1645-1745 – 9-12 years – £6 – Jazz/street dance style, learning both technical aspects as well as dance routines to popular songs. (Monday 3 April only.)
Skateboarding – 1600-1650 & 1700-1750 – 5-17 years – Suitable for all abilities and equipment provided. Book via www.bookwhen.com/skateclub £6 per session or book 4 sessions to receive an automatic discount to £20. (Monday 3 April only.)

Youth Football – 1800-1900 – 13-15 years – £4 – Opportunity for boys to play football under the guidance of Ian and Aidan who are both FA coaches. (Monday 3 April only.)

TUESDAY

Snorkelling – 1000-1100 – £5.50 – Must be able to swim at least 25m and be happy under the water.
Climbing – 1300-1400 & 1400-1500 – 7-12 years – £15 – A fun session suitable for all abilities. Waiver form will need to be completed.

OPEN SWIM SESSIONS

No lanes, diving boards in use – great for a family swim session. Adults £5.50, Children/under 20s £3.

Monday 3 April-Thursday 6 April – 1400-1500 & 1500-1600.

(No 1400-1500 session on Wednesday 5 April.)

Friday 7 April – 1300-1400 & 1400-1500.

Saturday 8 April – 1400-1500

Monday 10 April – 1500-1600.

Tuesday 11 April-Thursday 13 April – 1400-1500 & 1500-1600.

(No 1400-1500 session on Wednesday 12 April.)

Friday 14 April – 1400-1500.

Saturday 15 April & Sunday 16 April – 1400-1500.

WEDNESDAY

Raft Racing – 1000-1100 – 6 years + – £5.50 – Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50m.

Climbing – 1300-1400 & 1400-1500 – 7-12 years – £15 – A fun session suitable for all abilities. Waiver form will need to be completed.

Pre-Sailing Skills – 1300-1500 – 7-12 years – £29 – Introduction to sailing skills in a safe and warm environment. Session includes dry sailing skills/games and pool work. (Must be able to swim 25m.)

Teens Gym Session – 1900-2000 – 14-17 years – £4 – Join other teenagers for a gym session under the guidance of Aidan who is a qualified Personal Trainer.

THURSDAY

Sports Club – 0930-1030 – 7-11 years – £5.50 – A fun session with a range of sports, games and activities; including an introduction to archery using soft arrows.

Diving – 1000-1100 – £8 – Must be able to swim at least 25m, be happy underwater and be able to perform a headfirst entry into the pool.

Climbing – 1500-1600 & 1600-1700 – 7-12 years – £15 – A fun session suitable for all abilities. Waiver form will need to be completed.

FRIDAY

Mermaids Main Pool – 1000-1030 – £5.50 – Must be able to swim 25m+ and happy under the water. (Friday 14 April only.)

Mermaids Small Pool – 1030-1100 – £5.50 – Must be able to swim 10m+ and happy under the water. (Friday 14 April only.)

Kids Dance – 1015-1115 – 5-8 years – £6 – Jazz/street dance style, learning both technical aspects as well as dance routines to popular songs. (Friday 14 April only.)

Teens Revolution – 1830-1930 – 14-17 years – £4 – Indoor cycling class for teens. (Friday 14 April only.)

FUN HOURS

Fun and floats in our pool. Under 8's MUST always be accompanied in the water. £4.

Mon 3 April-Thurs 6 April – 1100-1200

Sat 8 April – 1000-1100

Tues 11 April-Fri 14 April – 1000-1200

Sat 15 April and Sun 16 April – 1000-1100.

Teens Fun Hour

Tues – 1900-2000

13-17 years.



Anyone who needs assistance with funding their child's activities please email ian.mcandrew@westwight.org.uk or go to our website to find out how to apply, as there is financial support available.



All activities must be booked in advance including fun hours and swimming.
 All under 8's must be accompanied by an adult on the premises during all activities.
 Swimming pool – book online – to book online you need to register with us on 752168 and we will give you a pin.

Booking terms and conditions

ACTIVITIES

- Payment must be made in full at time of booking
- Users and members are asked to notify us as soon as possible if attendance at a booked activity is not possible
- Bookings can be cancelled at any time. No refund will be given for cancellations less than 24 hours before a booked activity
- Members who do not attend booked sessions will be required to pay the cost of a non-member at that session
- We reserve the right to refuse further bookings from anyone who repeatedly does not honour their booking or the terms and conditions
- Bookings can be made 9 days ahead.
- Children under 8 must be accompanied by an adult on the premises during all activities
- Minimum age for swimming lessons is 4 years.

ONLINE BOOKINGS – CHILDREN'S ACTIVITIES

- Only Fun Hour and Open Swim can be booked online
- Users/members must be registered, with a valid email address and issued with a unique PIN in order to be able to access the online booking portal. Please telephone and ask for your PIN and details

- We reserve the right to suspend an online booking account at any time
- Bookings can be made online up to 2 hours before the time of the booking. After that time bookings should be made over the phone
- Bookings can be cancelled online no later than 24 hours before the booking. After that time bookings must be cancelled over the phone
- Payments cannot be refunded online. Please call us to process your refund

SWIMMING COURSES

- In the event of a cancellation of a swimming course by a customer, full fee will be retained unless the place can be re-sold, in which case a refund of 80% of the fees or pro-rata if the course has commenced
- In the event of cancellation by us 100% refund will be issued or pro rata if the course has commenced

We accept the following payment cards:



EASTER Holiday Fun

3-16 April, 2023

- RAFT RACING
- SNORKELLING
- SWIMMING LESSONS
- PRE-SAILING SKILLS
- OPEN SWIM SESSIONS
- FUN HOURS
- DIVING
- KAYAKING
- MERMAIDS
- SPORTS CLUB
- SKATEBOARDING
- KIDS DANCE
- CLIMBING

NEW JUST FOR TEENAGERS

- YOUTH FOOTBALL
- TEENS GYM SESSIONS
- TEENS REVOLUTION
- TEENS FUN HOURS



West Wight
Sports & Community Centre

Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168
www.westwight.org.uk
 E-mail: info@westwight.org.uk

Reg. Charity No. 273314



Easter adventures

at Mottistone Gardens

1-16 April 2023, 10.30am-5pm

Search the gardens to discover 10 unique activities, each inspired by an egg-laying animal. Find them all and collect your chocolate egg. Normal admission applies, £3 per trail.

nationaltrust.org.uk/isleofwight

For everyone, for ever

© National Trust 2023. Registered charity no. 205846
© National Trust Images/Trevor Ray Hart



The Three Bishops



Easter
EGG HUNT

EGG HUNT | ARTS & CRAFT | KIDS FOOD
£5 per child 9th April at 11am bookings only



Schools Walk the Wight
with **Mountbatten**



Sunday 14 May 2023

Registration opens 1 March!



Registered with FUNDRAISING REGULATOR
A registered charity no. 1029006

One Tenth Human

RECOMMENDED FOR AGES 3-7

CURIOUS INVESTIGATORS

"really great children's theatre"
Exeunt on We're Stuck!

TUE 4 APR, 2PM
Quay Arts Centre
Sea Street, Newport Harbour, Isle of Wight, PO30 2EF
Book your tickets: 01983 822490 quayarts.org

QUAYARTS

BackstageTrust

ARTS COUNCIL ENGLAND

Easter Scurry Egg Hunt

4th, 6th, 9th April

Between 10.30 am and 3pm

PLEASE BOOK

Adult £5 - Child £4

WWW.NATUREZONES.ORG.UK

Award winning Box Tale Soup present

GULLIVER

Praise for Box Tale Soup

- ★★★★★ Fringe Guru
- ★★★★★ Young Perspective
- ★★★★★ BNi Magazine
- ★★★★★ Three Weeks
- ★★★★★ Broadway Baby
- ★★★★★ The Times

Praise for Box Tale Soup

- ★★★★★ The Latest
- ★★★★★ La Nouvelle Vague
- ★★★★★ North West End
- ★★★★★ SGFringe

fringe self-out show 2018

fringe self-out show 2019

'The Turn of the Screw' Commissioned by the Clark Library, UCLA Supported by Arts Council England 'Great Grimm Tales'

QUAYARTS

Tues 11 April, 7pm
Tickets £12 / £9
Book online at www.quayarts.org
or call the Box Office on 01983 822490

We invite you to join us on

PALM SUNDAY, 2nd April

for a procession starting from the Three Bishops car park at 10:00am (or join in along the way) for a walk around the village with a donkey (courtesy of the IW Donkey Sanctuary).

Route will go down the footpath to Wilberforce Road, up to Sirenia Close and back through the recreation ground.

We will finish at Brighstone & Shorwell Methodist Church for a service at 10:30am, or you can continue to St Marys Church for a service at 11:00am.



THE WIND IN THE WILLOWS



QUAY ARTS CENTRE
11TH APRIL

DOORS 1.45PM - ONSTAGE 2.00PM

TICKETS £8 EACH
£30 FAMILY OF FOUR

BOX OFFICE: 01983 822490 | WWW.QUAYARTS.ORG

*BOOKING FEES APPLY

Quay Arts are supported by:



twitter.com/quayarts

facebook.com/QuayArtsCentre/

Vintage Scoops



ice
cream

We'll be at:

BRIGHSTONE
METHODIST
CHURCH
WEDNESDAYS
2.30-4.30pm

'Betty' is coming to town!!



EASTER HOLS: APR 3/4/5/11/12/13 10AM-2PM

TRAINING HUB

GUITAR STARS

THE EIGHT BELLS
The Free House Pub
in the heart of
Carisbrooke village
FUNCTION ROOM



EASY STEP BY STEP
COLOUR CODED
LESSON PLANS

Quality Assured Programme
To Build Confidence & Promote
Independent Learning.

Group Sessions for Children/Adults/Families
For All Enquires & Bookings Phone/Message

Rob: 07974442573



Pre-Book Only
£10 / 25 min (per student)
Free Drink Voucher

TRAVELLING TALES

Mildred Trotter loves two things, above all else: nature and stories.

Tale upon tale, fact or fiction - it doesn't matter. Mildred just loves stories! She often strolls to her favourite place, under the trees - an enchanting spot to breathe and be. Whoever would have thought the trees she loves the most would lead her to a new story adventure. Join Mildred and her friend, Gertrude, in this lovely celebration of the seasons and being outdoors.

Immerse yourself in togetherness, creativity, laughter, nature, mindfulness and a love of stories.

Performances will take place at 10.15am & 1.15pm on the following dates:
3rd / 7th / 10th / 14th April

£12.00 | £7.00
per child | per adult

BOOKING ESSENTIAL VIA OUR WEBSITE
www.thegarlicfarm.co.uk

ISLE OF WIGHT SYMPHONY ORCHESTRA
conductor: Jonathan Butcher

Franz Liszt
Hungarian Rhapsody No.2

Maurice Ravel
Pavane pour une enfant défunte

Alexander Glazunov
Violin Concerto in A minor
soloist: Charlie Lovell-Jones

Nicolai Rimsky-Korsakov
Scheherazade

Saturday 13th May 2023
Medina Theatre, Newport
7.15pm

Adults £16
Under 18s £7
(includes theatre ticket booking fee)
Box Office: 01983 823884
or online at medinatheatre.co.uk

iwso.co.uk
Facebook, Instagram icons

WIGHTLINK
ISLE OF WIGHT FERRIES

Isle of Wight Symphony Orchestra Society is a registered charity, no. 292319

Tired Of Swimming Lengths?

Underwater Hockey is a great way to stay fit and still enjoy the pool. No two games will ever be the same, so why not try something different? We promise you won't get bored!



Junior Underwater Hockey

There are many junior Underwater Hockey teams around the country. It's a great way for children to enjoy the game and get some exercise at the same time.

Underwater Hockey is a team sport so there is a great opportunity for children to make some friends along the way.

As long as you are a confident swimmer, you should be able to play Underwater Hockey.

**Many clubs have a free taster session!
Contact your local club to find out.**

How To Get Involved

There are over 100 teams across Great Britain so finding your local team shouldn't be too difficult! There are details below to show you your local team contact.

There are details on our website as well gbuwh.co.uk

Or you can find us on social media, feel free to send us a message, and we can help you find a team.



You can find details for your local club here:

Spaces available in the IW junior team!

Sunday Evenings 6pm - 7pm
at the lovely warm
Waterside Pool in Ryde

Please contact our friendly
and supportive coach Mary
at marycockayne@gmail.com

Taster sessions free!

Photo Credits:

Chris Alwin, Vicki VanDer Westhuizen Risianova, Gabriel Holguin, Australia UWH, Canada UWH & Spain UWH

Underwater Hockey (Octopush)



Great Britain Underwater Hockey



@gbuwh



What is Underwater Hockey?

Underwater Hockey is a team game played on the bottom of the swimming pool!

There are two teams competing to get a small weighted puck into their opponents' goal. The game is played exclusively on the bottom of the pool so players need to hold their breath whilst playing.

Team work is so important in Underwater Hockey, each team has 6 players and 4 rolling substitutes.

Players use a small stick to move the puck. This stick is the only way a player can move the puck.

What Equipment Do You Need?

Players wear a mask, snorkel, fins, water polo hat, and glove. Fins allow players to swim much faster meaning the game can move extremely quickly even underwater.

Don't worry though if you want to give Underwater Hockey a try, many clubs have equipment they can lend out to new players.

Who Can Play?

Underwater Hockey can be played by almost any age of player! Junior clubs tend to welcome players above the age of 8 years old. The only real requirement for Underwater Hockey is that you can swim!

Many clubs also offer free taster sessions.

Team GB Underwater Hockey

Underwater Hockey was founded in Great Britain, and the British teams have been to many World Championships over the years.

There are currently 4 different categories, which are then split again into male and female teams. Under 19s, Under 24s, Elite, and Masters.

Great Britain has an amazing history representing their country around the world. With some players having multiple medals to their name.

Underwater Hockey is played around the world, with over 40 countries across 6 continents playing the sport.



Sandown Soccer - Isle of Wight

SANDOWN SOCCER

at The Bay CE Secondary

FOR CHILDREN AGED 4-11

Week 1: 3rd - 6th April
Week 2: 11th - 14th April

Mini-Soccer camp for children. Aiming to provide a fun and enjoyable environment whilst developing and improving players footballing ability!

10AM - 3PM £12 a day

- ★ FA Qualified coaches with enhanced DBS and up to date first aid and safeguarding training.
- ★ Fun football games to develop agility, balance, coordination and speed!
- ★ Win medals by becoming Penalty, Keepy-uppy, Crossbar or Speed Champion as well as our Best Attitude, Most Improved and Future Star awards!
- ★ Take part in the Sandown Soccer World Cup where one team will be crowned **WORLD CHAMPIONS!!!**



SANDOWN SOCCER

Player of the day!

PLAYER OF THE DAY WINS A FREE SANDOWN SOCCER T-SHIRT!!!

5 hours of fun EVERY day!
10am - 3pm
Inclusive football for **ALL** abilities!

Only £12 a day!

Find us on Facebook
Sandown Soccer - Isle of Wight

Have questions or would like more information?
Contact Lewis (Mr Mitchell)
sandownsoccer@yahoo.com
07594 389531

SANDOWN SOCCER

Children are welcome to come for one day or for ALL the days!

Attend at least 3 out of the 4 days during the week and win a medal for all of your hard work!

To book a place text your child's name, school year, dates and your name to 07594 389531

Starting on Friday 28th April, Mr Goldsmith will be running eight Dynamos Cricket sessions for children aged 8-11 at Cowes Cricket Club.

The sessions are open to all children aged 8-11 (not just from Brighstone) and will run between 5.15pm and 6.15pm each Friday evening, with the final session taking place on Friday 16th June.

The cost of the eight-week programme is just £20 - to sign up your child, please click on the following link - <https://ecb.clubspark.uk/Dynamos/Course/3967cab0-ff75-4535-94ed-8c5393c65e6e>. For signing up, your child will receive a personalised playing shirt, Topps Cricket Attax Cards and access to the Dynamos App.

Any children that sign up could end up as part of the Cowes U11 hardball squad, whilst any girls that sign up will be part of the Cowes U11 Girls Dynamos squad for the 2023 season.



DYNAMOS CRICKET

This is our game.

dynamoscricet.co.uk

Join us at:
Cowes Cricket Club (COW Community Club)

Session dates:
Friday evenings - First Session 28th April, Last Session 16th June

Session timings:
5.15pm-6.15pm

Contact:
For more info, email Ash Goldsmith - ash@cowescricketclub.co.uk

Join us for All Stars at Ventnor CC

Steephill Rd, Ventnor, PO38 1UF



Open to 5-11 year olds

Tuesdays 4 - 4.45pm

Starting Tuesday 23rd May

Phone Ruth on 07917306984 for details or sign up online.



GLOBE FIT KIDS PRESENTS...

EASTER KIDS CLUB EXTRAVAGANZA!

3RD, 4TH, 5TH, 6TH APRIL
9AM - 4PM
£28 EARLYBIRD
£32 REGULAR PRICE
(INCLUDES LUNCH)
HAF - FREE FOR FSM
CHILDREN

WARREN FARM
TOTLAND BAY

www.globefit.co.uk

Sports & Team Games, Scavenger Hunt,
Crafts, Learning about the animals that
reside on the farm and MORE!



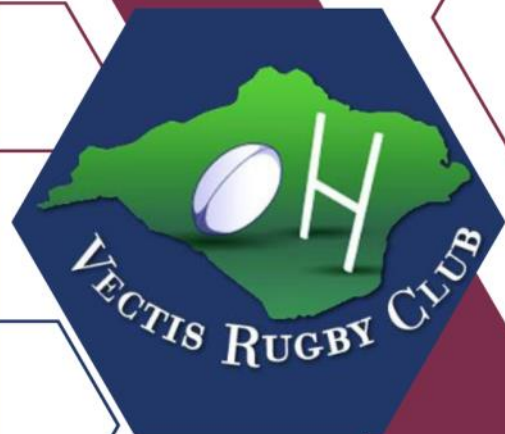
PLAY JUNIOR RUGBY

Vectis Rugby club have spaces open in all age groups from U5 to U12

Every Sunday at IWRFC in Wootton at 10am.

First two sessions are free
Email for more information

Email: vectisrfccoaching@gmail.com
www.vectisrugby.co.uk



Sessions are all delivered by experienced coaches with first aid qualifications and DBS Checks.

CHILDREN'S SHOW SCHEDULE 2023

SPRING SHOW

Saturday 1st April

Wilberforce Hall, Main Road, Brighstone
1.30pm to 4.00pm Presentations at 4.00pm

125th BHS MARQUEE IN NEW SUMMER SHOW

Saturday 15th July

Recreation Field, New Road, Brighstone
Marquee opens 1.30pm Presentations at 4.00pm

AUTUMN SHOW

Saturday 7th October

Wilberforce Hall, Main Road, Brighstone
1.30pm to 4.00pm Presentations at 4.00pm

SPRING SHOW

Please state your age on the entry form, then it will be taken into consideration.

- 72. A Painting or Drawing for King Charles's Coronation.
- 73. A driftwood model of a dinosaur.
- 74. 4 Fairy Cakes, made and decorated.
- 75. Floral art – An Easter Posy.
- 76. 4 Decorated Rich Tea Biscuits, Coronation Themed (judged on decoration only).
- 77. Handwriting:

God save our gracious King!
 Long live our noble King!
 God save the King!
 Send him victorious,
 Happy and glorious,
 Long to reign over us,
 God save the King.

AUTUMN SHOW

Please state your age on the entry form, then it will be taken into consideration.

- 118. A Christmas Card.
- 119. 4 Christmas or Halloween cup cakes made and decorated.
- 120. A driftwood reindeer.
- 121. My favourite pot plant, grown by entrant.
- 122. An Autumn painting or drawing A4 max.
- 123. A model made from Lego, no bigger than 30cm x 40cm
- 124. Handwriting:

Rain, rain go away,
 Come again another day.
 Rain, rain go away,
 Little Johnny wants to play.

SUMMER SHOW

CHILDREN'S CLASSES

Prize money for children's classes: 1st - £1.50, 2nd - £1, 3rd - 50p. Your age must be displayed clearly, then it will be taken into consideration.

Classes 156 and 163 must be arranged by the exhibitor on site without assistance.

For ages 9 and under:

- 151. Something new from something old.
- 152. My pet - a painting/drawing A4 max.
- 153. My favourite "snapshot" (must be taken by entrant).
- 154. A creature made from a vegetable
- 155. A creature made from driftwood and shells.
- 156. Garden flowers in a teapot.
- 157. A miniature living garden (in a bowl or pot).
- 158. 4 decorated biscuits (judged on decoration only).
- 159. 4 pieces of flapjack, any variety.

For ages 10 to 16

- 160. A miniature scarecrow – maximum size 30 cm.
- 161. Still Life – a drawing or sketch.
- 162. My favourite "snapshot" (must be taken by entrant).
- 163. A miniature herb garden (in a bowl or pot).
- 164. A miniature building made from driftwood and shells.
- 165. A carrot cake.
- 166. 4 decorated fairy cakes.

For all ages up to 16

- 167. New class for 2023 – Grow a squash any variety.
- 168. Handwriting:
 Incy, wincy spider climbed up the spout,
 Down came the rain and washed the spider out,
 Out came the sun and dried up all the rain,
 And incy, wincy spider climbed up the spout again.

CHILDREN'S ENTRY FORMS (ALL ENTRIES ARE FREE)

AUTUMN SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____
 ADDRESS _____
 PHONE NUMBER _____

Children's Classes

Please circle: 118 119 120 121 122 123 124

Number of entries _____

✂️*****

SUMMER SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____
 ADDRESS _____
 PHONE NUMBER _____

Children's Classes

Please circle: 151 152 153 154 155 156 157 158 159

160 161 162 163 164 165 166 167 168

Number of entries _____

✂️*****

SPRING SHOW 2023

Entry forms must reach the Show Secretary **no later than Wednesday prior to the show**. Please post your entry in the box at The Village Shop, Brighstone or hand to the Show Secretary at Bluebells, North Street, Brighstone.

NAME (BLOCK CAPITALS) _____ AGE _____
 ADDRESS _____
 PHONE NUMBER _____

Children's Classes

Please circle: 72 73 74 75 76 77

Number of entries _____



What is the Living Well & Early Help Service?

We are focussed on identifying and providing support for people before they reach crisis and working with communities to build capacity to provide that support

Working in Partnership to reach all communities of the Isle of Wight



Pan Together



West of Wight Sports & Community Centre

FOOTBALL 4 ALL PROJECT

We focus on the individual - on their strengths, passions and capabilities - building on their existing support networks, family and friends within their community



LIVING WELL & EARLY HELP 5 KEY PRINCIPLES

- 1 Community
- 2 Resilience
- 3 Relationships
- 4 Person Centered
- 5 Partnership



ASPIRE WOODWORK GROUP MAKING BAT BOXES



We will support people to look for practical solutions wherever possible and focus on what the person can do for themselves using their skills and experience rather than automatically looking for a service response.



Pan Together



West of Wight Sports & Community Centre



CRAFTERNOON SESSION

At the community level, the service will strengthen partnerships between local organisations involved in community wellbeing, including parish and town councils, local community organisations and Island-wide organisations (statutory and voluntary) that operate at local levels.

The aim is to establish semi-autonomous community 'hubs', similar to those already existing in areas like Ryde, West Wight, Ventnor and Pan, throughout the Island. The nature of the hubs will vary, depending on the needs and resources of each area.

EVERYONE HAS THEIR OWN STRENGTHS, PASSIONS AND CAPABILITIES

BUILDING STRONG COMMUNITIES

We promote and encourage connections, developments and contributions by individuals and the community. By spending time identifying the strengths, passions and capabilities of individuals, services and places we support communities to help themselves and create local solutions.

Pan Together providing Christmas Lunch



Ventnor Community Shed

Stepping Stones Homelessness prevention program



Our Place Mindfulness Coloring

INDIVIDUALS - EVERYONE HAS STRENGTHS, PASSIONS & CAPABILITIES.

Everyone within our communities has their own skills, knowledge and passions. Living Well & Early Help identifies, encourages and nurtures individuals to utilise them. Deficit approach define communities and individuals in negative terms. An Asset approach accentuates positive capability to identify problems and activate solutions.

SERVICES - PEOPLE ORGANISED AROUND ASSETS.

Services are generally professionals or paid services who are structurally organised. They include government agencies and private business, as well as schools, etc. They can all be valuable resources. The assets of these institutions help the community capture valuable resources and establish a sense of civic responsibility.

PLACE - PEOPLE LIVE WHERE THEY LIVE FOR A REASON.

Land, buildings, heritage, public and green spaces are all examples of assets of the community. Individuals tend to be in a specific place for a specific reason. The people living in a community are most likely to know what its strengths are and how to utilise them.

CONNECTION - PEOPLE SUPPORTING PEOPLE.

Small informal groups of people, such as clubs, groups and common interest activities are critical to the delivery of the Living Well and Early Help Service. They don't need complicated processes. They are just coming together around a common interest of their individual choice.

VISIBILITY - BEING PART OF THE COMMUNITY.

The Living Well & Early Help workers are based within the community working in agile ways within defined localities finding spaces within community hubs, libraries, cafes etc. People should be able to approach workers individually as well as being referred in by any person or service. The Living Well & Early Help service supports people to develop their own solutions and ways of achieving their best possible lives, drawing on family and community resources, before considering commissioned or statutory services. Living Well and Early Help workers invest time in building relationships and understanding what a person's idea of their best life is. It also helps people to develop and build their own capacity and connections, so that they can stay strong and independent.

DEVELOPMENT - INDIVIDUALS CONNECT INTO A COMMUNITY.

Living Well and Early Help recognises that the exchange between people sharing their passion, gifts, skills and assets creates connections, and these connections are a vital asset to the community. It takes time to find out about individuals; this is normally done through building relationships, person by person. The social relationships, networks and trust form the social capital of a community. The Living Well and Early Help service knows the value of these assets and the importance of building relationships to increase the social capital within each unique community.

WAVES OF WELLNESS - SUICIDE PREVENTION PROJECT



reception@lweh.org.uk 01983 240732



The Living Well and Early Help Service is a Council and NHS funded project specifically set up to support people on the Isle of Wight to stay safe, strong, well, resilient, in control, independent and connected with their local community.

We are focussed on identifying and providing support for people before they reach crisis and working with communities to build capacity to provide that support.

We will support people to look for practical solutions wherever possible and focus on what the person can do for themselves using their skills and experience rather than automatically looking for a service response.

By spending time identifying these strengths, passions and capabilities of individuals, services and places, we support communities to help themselves and create local solutions.

This service will be available as a drop in from a mobile van situated in the car park at the end of Warnes Lane on the following days:

- Wednesday 29th March 2023 from 13:30-14:45 and
- Tuesday 25th April 2023 from 13:30-14:45

Please wait to be contacted by the NHS if you're eligible



 **COVID VACCINATION PROGRAMME UPDATE** 

SPRING BOOSTER

DOSE WILL BE OFFERED TO:

- EVERYONE aged 75 and over.*
- Residents in care homes for older adults.*
- People aged 5 and over who are immunosuppressed.*

OFFER OF FIRST AND SECOND DOSES WILL END AT THE SAME TIME AS SPRING BOOSTERS ON 30 JUNE