



Learning and Achieving Through Love, **Courage and Respect**

Dear parents, carers and children,



I would like to take this opportunity to say a HUGE thank you for your amazing generosity on this fundraising day for **Solomiya** and her family. Everyone wore blue and yellow to raise money to help the family pay for Solomiya's medical treatment for her kidney disease. So far we have raised over £600, which is absolutely incredible! We are also holding a 'Guess the Name of the Dog' competition, in which you can pay £1 to take part. All proceeds will be added to the donations. You will find it in the school foyer. Thank you to Reece and Mia for their very kind donation of the huge teddy dog!



(Any further donations can be brought to the school office.) During Golden Worship this morning, we watched a video message from Solomiya who was also wearing her national colours along with us (see the video on our Facebook page). She and her family send all their thanks and are so very grateful for all your support.

Next Friday (17th) sees Red Nose Day. In return for a small donation, children and staff are asked to wear red and have silly hair. How silly can you make it? Bigger? Brighter? Scarier? Funnier? I look forward to seeing what you come up with!





Today, some members of the EARA group from St George's Special School visited us to meet with our EARA group. They have just set up their group and wanted to find out what we have been up to so far. They loved our Cosy Cabin (which is almost ready for its grand opening) and finding out about our purchasing of a wider range of diverse books and the setting up of the friendship stops, among other things. It was a great opportunity for the young people from both schools to collaborate with each other, and I would like to thank our EARA group for their confidence in articulately sharing their

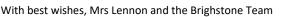
thoughts and ideas, and for making our visitors feel very welcome. Thank you to Riley, Robbie, James, Mary and Liam from St George's, as well as to their teachers, Heather and Sinead.

Next week sees the final two strike days taken by the NEU (Wednesday 15th and Thursday 16th March), and you will have received a letter today about it. At the time of writing, I don't have the full information about the plans for Brighstone as teachers are not required to inform schools until nearer the time, and a few are still making that very difficult decision. Classes will remain open for those teachers who are members of different unions or who have made the difficult decision to not strike. I will inform you nearer the time of the finalised plans, and I thank you for your understanding. We support all our teachers whatever decision is made as they do their bit to support education and funding in schools.

In preparation for Easter, the Messy Church team are holding a poster competition with the theme The Easter Story. Children are asked to paint/draw an A4 picture of what it means, and the winning one(s) will be put on the notice boards at both the Methodist Church and St Mary's. Please hand in your entries to school by Friday 24th March so we can pass them on.

Last Friday and today we held a second-hand book fair so we can make space for new books and use the proceeds to go towards the purchase of these new books. We have made around £25 towards this, so thank you very much.

I hope you all have a lovely weekend, and I look forward to seeing you on Monday.





This week's Collective Worship theme is Forgiveness: Forgiving

others as God has forgiven you We heard two stories about

forgiveness and generosity. The first one was The Unforgiving Servant and the second was a



similar story set nowadays, acted out by some of our KS2 children.





How can you show forgiveness to others?

A Forgiveness Prayer

Lord Jesus,

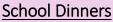
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Help us to be ready to show forgiveness to others, As you are ready to show forgiveness to us. Amen

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"Just as the Lord has forgiven you, so you must also forgive others." Colossians 3.13



Children in Year R, 1 and 2 are entitled to a 'universal' free school meal everyday. Children in Years 3-6 are charged at £2.55 per day. Baguettes now available on Tuesdays and Thursdays instead of JPs (ham, cheese or tuna)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Sausage and Mash	Roast Gammon	Chicken Curry	Fish Fingers
Option 2	Tomato pasta	Veggie sausage	Vegetable pastry roll	Tomato pasta	Quorn dippers
Dessert	Crispy Bar	Shortbread	Ice Cream	Apple Crumble	Frozen Yogurt

Poetry Corner

Kind hearts are the gardens, Kind words are the roots, Kind thoughts are the flowers, Kind deeds are the fruits.

Take care of your garden And keep out the weeds; Fill it with sunshine, Kind words and kind deeds.



Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

Contact us: safeguarding@brighstoneprimary.org.uk Speak with our DSL Mrs Jones in the school office You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

Or call children's services 0300 300 0117

Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Idioms

An idiom is a word or phrase that means something completely different from the word or words it is made up of. The meanings of idioms have little or no relation to the literal meanings of their component parts, but they make sense because they are familiar expressions. Different regions have different idioms.



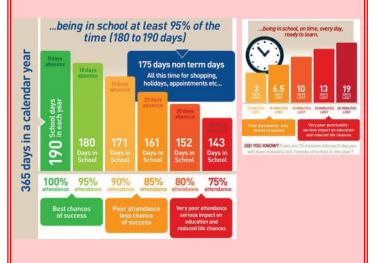
Can you think of any others?

Attendance Matters!

Week Commencing 6th March Whole School attendance target: **96.5%**

Actual Attendance: 94.31%

Late marks this week: 3



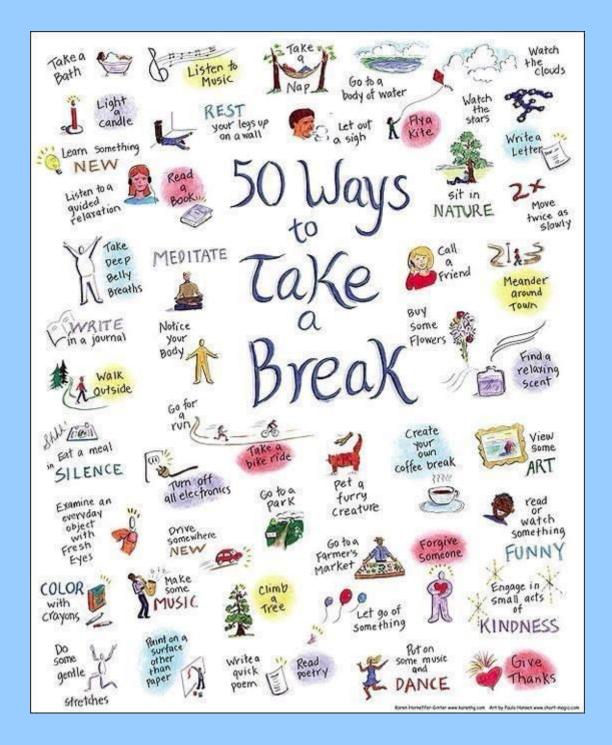
Golden Book

Bumble Bee	 Max - for a really positive attitude and learning behaviours Ruby - for always rising to challenges in her learning and applying skills in various areas of the curriculum Zara - for being brave during the quizzes and applying her learning/showing her workings within her maths quiz Bethan - for rising to the challenge of being in English and using her phonics when she is writing Theo F - for independent maths work on comparing measures Tristan - for using the phonics chart to be able to explore different sounds for 'ce' and spelling 'voice' correctly, applying his learning
Honey Bee	 Grover - for showing a love of learning and enthusiasm in History. Martha - for showing all three school values during Science. Allina - for showing a love of learning and respect during guided reading.
lvy Bee	Lucy, Charlie, Nico, Arya, Jude - for providing help and support to Mrs Denness when setting up for Science.
Bee-Haviour	Toby - for always being a good friend and role model by showing kindness to others.





Self care is not selfish - it is ESSENTIAL



Look after yourself so that you can look after others!

Community New⁵

Coronation Literacy Project

The Lord Lieutenant is inviting all aspirational young poets and writers to submit a composition to celebrate the King's Coronation on May 6th. This invitation is open to all young people aged 18 and under.

The entry judged to be the most appropriate and inspirational will be chosen to be read out (by the author, if willing) as a reading at The Isle of Wight's own Coronation Celebration Service on May 7th. In addition, a booklet of all suitable compositions will be produced as a lasting commemoration of the Coronation.

The composition should be no less than 50 and no more than 250 words long and can be a poem or prose. It should have the Coronation as its main subject and should reflect both youth and age.

If you are interested, please email the school office for a Composition Entry Form.

The closing date is 31st March. Please hand all entries into the school office.





Brighstone School Association

MOTHER'S

DAY

Gift £2.50 each

Special The children are being given the

opportunity to purchase a special gift for a loved one for Mothers Day

Please NB all gifts are the same - colour may vary

If you would like your child to purchase a gift, please see email sent home and return form/money in a named envelope or order through our pta events page by 10th March

pta-events.co.uk/brighstoneschoolassocation



Brighstone School Association



yourschoollottery.co.uk for: Brighs

OUR HELP IS NEED Sunday

We have the opportunity to run the Tea/cake stall at the garden opening @ Northcourt. This is a great fundrasier for us, and we have raised over 1K before. However, we know the date clashes with the festival. If you can commit to helping run the

teas on this date can you let the BSA know by 3rd March.

> If we can not get enough helpers we will unfortunately have to turn down this opportunity.



BSA Mother's Day Return Slip

Please return this slip in a named envelope with the correct money by the end of school on Friday 10th March.

If you would like to pay via card, please log into ptaevents.co.uk/brighstoneshoolassociation.

Childs Name	
Childs Class	

Number of gifts	
Amount enclosed	

Gifts will come home with you child on Friday 17th March.

Thank you for your continued support.



The Living Well and Early Help Service is a Council and NHS funded project specifically set up to support people on the Isle of Wight to stay safe, strong, well, resilient, in control, independent and connected with their local community.

We are focussed on identifying and providing support for people before they reach crisis and working with communities to build capacity to provide that support.

We will support people to look for practical solutions wherever possible and focus on what the person can do for themselves using their skills and experience rather than automatically looking for a service response.

By spending time identifying these strengths, passions and capabilities of individuals, services and places, we support communities to help themselves and create local solutions.

This service will be available as a drop in from a mobile van situated in the car park at the end of Warnes Lane on the following days:

- Wednesday 29th March 2023 from 13:30-14:45 and
- Tuesday 25th April 2023 from 13:30-14:45





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Holiday Club will be open to all children aged. 9 months - 11 years. If you wish your child to attend Holiday Club at Brighstone Preschool, please fill in the form below with days and times required. Our opening times are 7.30 am until 5.30 pm.

9-12 Months £7.00 an hour 2 - 3 Years £6.00 an hour

Prices: 0 an hour 12 Months - 2 Years £6.20 an hour an hour 3 Years - School Age £5.50 an hour Payment will be due in advance.

Please enter the hours you wish your child to attend on each day and return via email. (brighstonepreschool@gmail.com) or a printed copy to Rosanna ASAP.

Monday	Tuesday	Wednesday	Thursday	Friday
3 rd April 2023	4th April 2023	5th April 2023	6 th April 2023	7th April 2023
				CLOSED
Monday	Tuesday	Wednesday	Thursday	Friday
10th April 2023	11 th April 2023	12 th April 2023	13 th April 2023	14 th April 2023
CLOSED				

Child's name 1	DOB	Any Allergies
Child's name 2.	DOB	Any Allergies

30 hours stretched entitlement	YES / NO	
Parent or Carers Name		
Contact No 1		
Contact No 2.		
Email Address		

Booking in: This is subject to demand, please book in by Friday 24th March 2023 in order. for us to plan staff.



If you do not attend, your booked sessions or you cancel after Friday 24th March 2023 you will still be charged at the full price.

Any questions please do not hesitate to ask or call us on 07707319843.



"really great children's theatre" Exeunt on We're Stuck!

TUE 4 APR, 2PM Quay Arts Centre

Sea Street, Newport Harbour, Isle of Wight, PO30 2EF Book your tickets: 01983 822490 quayarts.org



FOR AGES



One Tenth Jumar

BackstageTrust



ARTS COUNCIL ENGLAND



ISLE OF WIGHT HELP WITH THE

COST OF LIVING

01983 823134 iow.gov.uk/costofliving

General help and support

Citizens Advice IW can give free help with money issues and much more. C 0800 144 88 48 or Textphone on 18001 0800 144 8884 www.citizensadviceiw.org.uk

Debts and paying bills

- Citizens Advice Money team.
- 01983 823898 ext: 2825

debtenquiries@iwcab.org.uk

www.citizensadviceiw.org.uk/money-advice-team

Buying food

WIGHT

🛃 www.iow.gov.uk/costofliving and tap on 'food' for more information. Join a community pantry and for £5 a week, receive over £15 worth of food. C 01983 296592 East Cowes Community Pantry C 07961 959003 Ventnor Community Pantry C 01983 563732 Ryde Community Pantry

Connect4communities

Support including food vouchers, getting weather appropriate clothing (directly with your school) and more. connect4communities@iow.gov.uk www.connect4communities.org

WIGHT

Benefits

Check whether you are getting all the benefits you can.

Citizens Advice Help to Claim line.

0800 144 8444

www.gov.uk/benefits-calculators

Energy bills

The Footprint Trust give guidance on energy bills, efficiency and grants. 01983 822282

☑ info@footprint-trust.co.uk

www.footprint-trust.co.uk

Pension Credit

If you are of State Pension age you may be entitled to Pension Credit. If you get Pension Credit you can get other benefits. C 0800 99 1234 or Textphone on 0800 169 0133

www.gov.uk/pension-credit

Paying for broadband and mobile phone

Social tariffs are available if you're on a low income. www.ofcom.org.uk/cheap-broadband

Feeling lonely

The Living Well and Early Help Partnership works on the Island to connect people. 01983 240732

reception@lweh.org.uk

www.lweh.org.uk

In a crisis

If you have no money for food, gas and electricity you may be able to get emergency help. 01983 823859

www.iow.gov.uk/HelpThroughCrisis

Other useful contacts

🖈 www.helpforhouseholds.gov.uk

📶 www.islefindit.org.uk

www.gov.uk/helpforhouseholds

Cost of living information from Isle of Wight Council w.gov.uk/costofliving 01983 823134

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General help and support

Citizens Advice IW can give free help with money issues and much more. 0800 144 88 48 or Jextphone on 18001 0800 144 8884 www.citia org.uk

Debts and paying bills Citizens Advice Money team.

01983 823898 ext: 2825 debtenquiries@iwcab.org.uk www.citizensadviceiw.org.uk/money-advice-team

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Pension Credit

If you are of State Pension age you may be entitled to Pension Credit. If you get Pension Credit you can get other benefits. 0800 99 1234 or Textphone on 0800 169 0133 www.gov.uk/pension-credi

Paying for broadband and mobile phon Social tariffs are available if you're on a low income www.ofcom.org.uk/cheap-bro band

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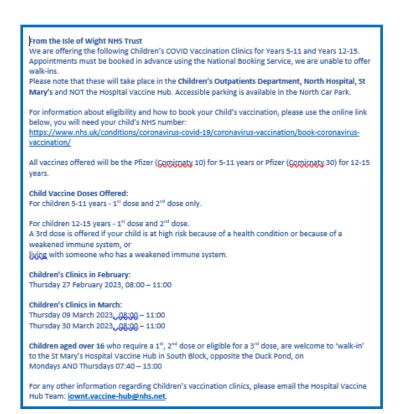


For more information please go to

https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/connectforcom munities

https://www.islefindit.org.uk/advice-pages/help-through-crisis

Help Through Crisis (HTC) aims to assist Island residents who are in genuine hardship, enabling them to access help quickly. There is a limited fund to provide help with food, gas and electricity. This can only be offered to those in the most need and as a last resort. No cash can be given but help will be provided to find other sources of assistance. We will do our best to help but we cannot give assistance in all circumstances. If you would like to apply please complete the form or call (01983) 823859,



INTERSCHOOL TEAM DRESSAGE FRIDAY 24th March 2023

Little Kennerley Farm, Godshill

By kind permission of Dawn and Hayley Webster



It will be run over four sections:

Primary Schools	BD Intro B or BD Prelim Test 2	
Secondary Schools	BD Prelim Test 13 or BD Novice Test 24	

The entry fee is £8 per rider. Entries need to be sent to Karen Begley at Carisbrooke College. Payment by cheque, cash or bacs . Cheques need to be made payable to Medina College. Bacs payments to Medina College Fund Account, Sort code 30-95-99, Account number 33699968.

It is open to teams of 4 (with best three scores counting) and individuals.

Entries close on Friday 17th March. Times will be emailed to schools and put on the Isle of Wight Horse Community Facebook Page on Monday 20th March

A representative of the school will need to accompany the team and be responsible for them during the competition. Please make sure that your school has insurance that will cover extra curricular activities (including horse riding) .

If you require any further information please contact Karen Begley at Carisbrooke College 524651 or karen.begley@iwef.org.uk

FRIDAY 21st April 2023

Little Kennerley Farm, Godshill By kind permission of Dawn and Hayley Webster



Primary Schools	Led/unled	9" to 12"	
	Unled	18" to 2'	
Secondary Schools	Section A	2'3" to 2'6"	
	Section B	2'6" to 2'9"	

We will be running under Pony Club rules:

Knockdown 4 faults

 First disobedience 4 faults Second disobedience 8 faults

Third disobedience Elimination

Error of Course Elimination

Fall of Horse or Rider Elimination

The entry fee is £8 per rider. Entries to be sent to Karen Begley at Carisbrooke College. Payment by cheque, cash or Bacs. Cheques need to be made payable to Medina College. Bacs payments to Medina College Fund Account, Sort code 30-95-99, Account number 33699968. Entries close on Friday 31st March. Times will be emailed to schools and put on the Isle of Wight Horse Community Facebook Page on Monday 17th April

It is open to teams of 4 (with best three scores counting) and individuals. It will be two rounds with a jump-off following straight on from the second round, with all competitors going forward to the jump-off section.

A representative of the school will need to accompany the team and be responsible for them during the competition. Please make sure that your school has insurance that will cover extra curricular activities (including horse riding).

If you require any further information please contact Karen Begley at Carisbrooke College 524651 or karen.begley@iwef.org.uk



Sunday 14 May 2023 **Registration opens 1 March!**

We invite you to join us on

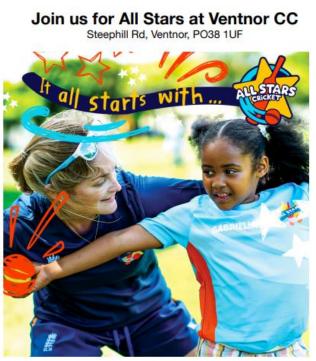
PALM SUNDAY, 2nd April

for a procession starting from the Three Bishops car park at 10:00am (or join in along the way) for a walk around the village with a donkey (courtesy of the IW Donkey Sanctuary).

Route will go down the footpath to Wilberforce Road, up to Sirenia Close and back through the recreation ground.

We will finish at Brighstone & Shorwell Methodist Church for a service at 10:30am, or you can continue to St Marys Church for a service at 11:00am.





Open to 5-11 year olds

Tuesdays 4 - 4.45pm

Starting Tuesday 23rd May

Phone Ruth on 07917306984 for details or sign up online.





Vectis Rugby club have spaces open in all age groups from U5 to U12 *Every Sunday at IWRFC in Wootton at 10am.* First two session are free Email for more information

Email: vectisrfccoaching@gmail.com www.vectisrugby.co.uk FROM RUGBY CLUB

Sessions are all delivered by experienced coaches with first aid qualifications and DBS Checks.

BRIGHSTONE AND DISTRICT HORTICULTURAL SOCIETY HORTICULTURE · COOKERY · ARTS & CRAFTS

CHILDREN'S SHOW SCHEDULE 2023

SPRING SHOW Saturday 1st April

Wilberforce Hall, Main Road, Brighstone 1.30pm to <u>4.00pm</u> <u>Presentations</u> at 4.00pm

125th BHS MARQUEE IN NEW SUMMER SHOW Saturday 15th July

Recreation Field, New Road, Brighstone Marquee opens 1.30pm, Presentations at 4.00pm

AUTUMN SHOW Saturday 7th October

Wilberforce Hall, Main Road, Brigstone 1.30pm to 4.00pm Presentations at 4.00pm

SPRING SHOW

Please state your age on the entry form, then it will be taken into consideration.

- 72. A Painting or Drawing for King Charles's Coronation.
- 73. A driftwood model of a dinosaur.
- 74. 4 Fairy Cakes, made and decorated.
- 75. Floral art An Easter Posy.
- 4 Decorated Rich Tea Biscuits, Coronation Themed (judged on decoration only).
- 77. Handwriting:

God save our gracious King! Long live our noble King! God save the King! Send him victorious, Happy and glorious, Long to reign over us, God save the King.

AUTUMN SHOW

Please state your age on the entry form, then it will be taken into consideration.

118. A Christmas Card.

- 119. 4 Christmas or Halloween cup cakes made and decorated.
- 120. A driftwood reindeer.
- 121. My favourite pot plant, grown by entrant.
- 122. An Autumn painting or drawing A4 max.
- 123. A model made from Lego, no bigger than 30cm x 40cm
- 124. Handwriting:

Rain, rain go away, Come again another day. Rain, rain go away, Little Johnny wants to play.

CHILDREN'S CLASSES

Prize money for children's classes: 1st £1.50, 2nd - £1, 3rd - 50p. Your age must be displayed clearly, then it will be taken into consideration.

Classes 156 and 163 must be arranged by the exhibitor on site without assistance.

SUMMER SHOW

For ages 9 and under:

- 151. Something new from something old.
- 152. My pet a painting/drawing A4 max.
- 153. My favourite "snapshot" (must be taken by entrant).
- A creature made from a vegetable
 A creature made from driftwood and shells.
- 55. A creature made norm unitwood and :
- 156. Garden flowers in a teapot.
- A miniature living garden (in a bowl or pot).
 4 decorated biscuits (judged on decoration only).
- 159. 4 pieces of flapjack, any variety.
- 155. 4 pieces of hapjack, any valiet

For ages 10 to 16

- 160. A miniature scarecrow maximum size 30 cm.
- 161. Still Life a drawing or sketch.
- 162. My favourite "snapshot" (must be taken by entrant).
- 163. A miniature herb garden (in a bowl or pot).
- 164. A miniature building made from driftwood and shells.
- 165. A carrot cake.
- 166. 4 decorated fairy cakes.

For all ages up to 16

- 167. New class for 2023 Grow a squash any variety.
- 168. Handwriting:
 - Incy, wincy spider climbed up the spout, Down came the rain and washed the spider out,
 - Out came the sun and dried up all the rain,
 - And incy, wincy spider climbed up the spout again.

CHILDREN'S ENTRY FORMS (ALL ENTRIES ARE FREE)

AUTUMN SHOW 2023

Entry forms must reach the Show Secretary no later than Wednesday prior to
the show. Please post your entry in the box at The Village Shop, Brighstone or
hand to the Show Secretary at Bluebells, North Street, Brighstone.
NAME (BLOCK CAPITALS) AGE
ADDRESS
PHONE NUMBER
Children's Classes
Please circle: 118 119 120 121 122 123 124
Number of entries
♣
SUMMER SHOW 2023
Entry forms must reach the Show Secretary <u>no later than Wednesday prior to</u> the show. Please post your entry in the box at The Village Shop, Brighstone or
hand to the Show Secretary at Bluebells, North Street, Brighstone.
NAME (BLOCK CAPITALS) AGE
ADDRESS
PHONE NUMBER
Children's Classes
Please circle: 151 152 153 154 155 156 157 158 159
160 161 162 163 164 165 166 167 168
Number of entries
Number of entries
SPRING SHOW 2023
Entry forms must reach the Show Secretary no later than Wednesday prior to
the show. Please post your entry in the box at The Village Shop, Brighstone or
hand to the Show Secretary at Bluebells, North Street, Brighstone.
NAME (BLOCK CAPITALS) AGE
ADDRESS
PHONE NUMBER
Children's Classes
Please circle: 72,73,74 75 76 77
Number of entries

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What is the Living Well & **Early Help Service?**

We are focussed on identifying and providing support for people before they reach crisis and working with communities to build capacity to provide that support

Working in Partnership to reach all communities of the Isle of Wight

ASPRE Pan Tik gether





West SWight

We focus on the individual - on their strengths, passions and capabilities building on their existing support networks, family and friends within their community







LIVING WELL & EARLY HELP 5 **KEY PRINCIPLES**

- Community
- Resilience

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4

5

- Relationships
- **Person Centered**
- Partnership
- We will support people to look for practical solutions wherever possible and focus on what the person can do for themselves using their skills automatically looking for a service response.



CRAFTERNOON SESSION

At the community level, the service will strengthen partnerships between local organisations involved in community wellbeing, including parish and town councils, local community organisations and Islandwide organisations (statutory and voluntary) that operate at local levels.

The aim is to establish semi-autonomous community 'hubs', similar to those already existing in areas like Ryde, West Wight, Ventnor and Pan, throughout the Island. The nature of the hubs will vary, depending on the needs and resources of each area.

BUILDING STRONG COMMUNITIES

We promote and encourage connections, developments and contributions by individuals and the community. By spending time identifying the strengths, passions and capabilities of individuals, services and places we support communities to help themselves and create local solutions.



reception@lweh.org.uk 01983 240732

INDIVIDUALS - EVERYONE HAS STRENGTHS, PASSIONS & CAPABILITIES Everyone within our communities has their or skills, knowledge and passions. Living Well & Early Help identifies, encourages and nurtures individuals to utilise them. Deficit approach define communities and individuals in negative terms. An Asset approach accentuates positive capability to identify problems and activate solutions.

SERVICES - PEOPLE ORGANISED AROUND ASSETS Services are generally professionals or paid services who are structurally organised. They include government agencies and private business, as well as schools, etc. They can all be valuable resources. The assets of these institutions help the community capture valuable resources and establish a sense of civic responsibility



PLACE - PEOPLE LIVE WHERE THEY LIVE FOR A REASON. Land, buildings, heritage, public and green spaces are all examples of assets of the community. Individuals tend to be in a specific place for a specific reason. The people living in a community are most likely to know what its strengths are and how to utilise them

CONNECTION - PEOPLE SUPPORTING PEOPLE. Small informal groups of people, such as clubs, groups and common interest activities are critical to the delivery of the Living Well and Early Help Service. They don't need complicated processes. They are just coming together around a common interest of their individual choice.

VISIBILITY - BEING PART OF THE COMMUNITY.

The Living Well & Early Help workers are based within the community working in agile way within defined localities finding spaces within community hubs, libraries, cafes etc. People Within termined oclambes individually as well as being referred in by any person or service. The Living Well & Early Help service supports people to develop their own solutions and ways of achieving their best possible lives, drawing on family and community resources, before considering commissioned or statutory services. Living Well and Early Help workers invest time in building relationships and understanding what a person's idea of their best life is. It also helps people to develop and build their own capacity and connections, so that they here the service of can stay strong and independent

DEVELOPMENT - INDIVIDUALS CONNECT INTO A COMMUNITY. DEVELOPMENT - INDIVIDUALS CONNECT INTO A COMMUNITY. Living Well and Early Help recognises that the exchange between people sharing their passion, gifts, skills and assets creates connections, and these connections are a vital asset to the community. It takes time to find out about individuals, this is normally done through building relationships, person by person. The social relationships, networks and trust form the social capital of a community. The Living Well and Early Help service knows the value of these assets and the importance of building relationships to increase the social capital within each unique community.