

The Buzz



10th February 2023



Learning and Achieving Through Love,
Courage and Respect

Dear parents, carers and children,

Well, I don't know about you, but I feel that this half term has flown by! Even though it is still winter, and we have been having beautiful, crisp, frosty mornings, there are signs of spring starting to emerge. It is encouraging to see splashes of colour as daffodils and snowdrops slowly come into view here and there. I hope you will get the opportunity to explore the countryside over the coming half term holiday, where you will be able to see further signs of new life in the trees and fields. And, as we know, walking in the fresh air is proven to be one of the best ways to improve our mental health.



We will be holding our **Ash Wednesday service** on Wednesday 22nd February at St Mary's Church. This will take place at 2pm, and parents/carers/grandparents are welcome to join us. An email has been sent home today with further information; please could you let us know if you will be joining us so we have an idea of numbers. There is also the option for children to receive an ash cross on their foreheads; please email the school if you would prefer your child not to have this.

You will have received the **parents evening** letter yesterday. These will take place on Monday 13th and Tuesday 14th March. Appointments are filling up thick and fast, so please contact the office on 740285 or office@brighstoneprimary.org.uk to book your slot if you haven't already done so.

Last week, you will also have received an email/letter from **Chartwells**, our catering company, explaining about the price increase that will be in place from Monday 20th February. This letter is also on the letters page on our website. If you have any questions about this, please contact the office.



Keeping children safe is always our main priority for all of us, both in school and at home. One of the ways in which we can do this is through keeping them safe online. New 'dangers' are introduced all the time, which we have to be watchful for. We have been made aware of some innocent sounding videos and games that may slip through your filters, that are actually pretty horrifying and could cause children to be worried, anxious and have sleepless nights. Mrs Jones has sent out a couple of emails about this yesterday and today. Please keep an eye out for these or any other potentially traumatic videos or computer games that we and everyone else needs to be aware of.

Following the start of the phased introduction of the new **navy PE t-shirt**, it has been great to see children proudly sporting this already, and some also wearing navy hoodies, which are very much needed in this chilly weather! (White PE t-shirts are still accepted until the end of this academic year.) Please be reminded that PE 'bottoms' (e.g. jogging bottoms or leggings) should be navy blue rather than black, and that socks should be plain white, black or grey, rather than colourful, novelty or fluffy. Hair accessories should also be in school colours.



I hope you all have a lovely half term, and I look forward to seeing you on Monday 20th February.

With best wishes, Mrs Lennon and the Brighstone Team



Collective Worship - Courage

This week's Collective Worship theme is **Courage: Encouraging Others**

The root of the word courage is cor – the Latin word for heart. The word 'courage' can be found in two other words:

encourage

discourage

What do you think these mean?
What are their definitions?

Which of these words is a positive word and which is a negative word?

These are times when we are feeling down and things seem to be against us. This is when our friends need to build us up and encourage us. What could you say to your friend if they needed cheering up or needed support to face a challenge?



Dear Lord,

Help us to find ways to encourage other people that we are working with.

Help us to remember how it feels to be discouraged

And to try to have the courage to build other people up.

Amen

"Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go." Joshua 1.9

School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' free school meal everyday.

Children in Years 3-6 are charged at **£2.55** per day.

Baguettes now available on Tuesdays and Thursdays instead of JPs (ham, cheese or tuna)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Sausage and Mash	Roast Gammon	Chicken Curry	Fish Fingers
Option 2	Tomato pasta	Veggie sausage	Vegetable pastry roll	Tomato pasta	Quorn dippers
Dessert	Crispy Bar	Shortbread	Ice Cream	Apple Crumble	Frozen Yogurt

Poetry Corner

Frosty Morning

This morning the ground was sparkling
 With thousands of gritty jewels
 In the low light they were gleaming
 Amongst the frosty icy pools

Elia Michael



Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Spellings: Contractions

Common Contractions in English

aren't - are not	I'm - I am	that's - that is
can't - cannot	I've - I have	there's - there is
didn't - did not	isn't - is not	we're - we are
don't - do not	let's - let us	what's - what is
he'll - he will	she'll - she will	you'll - you will

ThoughtCo.

Can you put these into sentences?

Safeguarding

If you have a concern about a child you can call the police on 999 if you feel they are at risk of immediate harm

Contact us: safeguarding@brighstoneprimary.org.uk

Speak with our DSL Mrs Jones in the school office

You can contact the NSPCC:

Contact the NSPCC Helpline

If you have any concerns at all about a child's safety or wellbeing, don't hesitate to contact us.

Call us or email help@nspcc.org.uk

0808 800 5000

Find out more

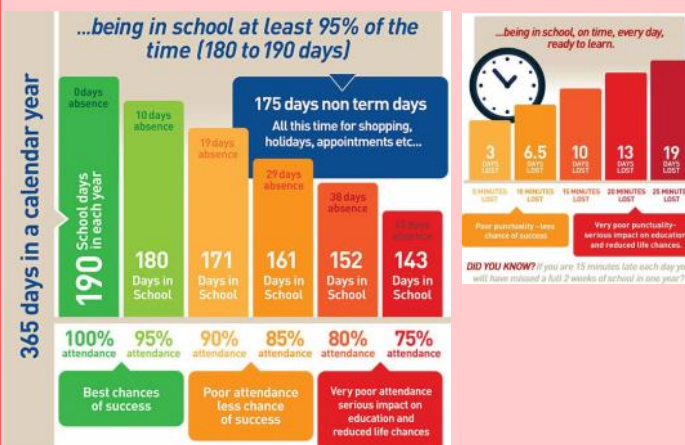
Or call children's services 0300 300 0117

Attendance Matters!

Week Commencing 6th February
 Whole School attendance target: **96.5%**

Actual Attendance: **92.64%**

Late marks this week: **6**



SEMH

Social, Emotional & Mental Health

S Speak to somebody if you need help

A Ask an adult before going online

F Friends are real people we know

E Enjoy play, have fun and stay safe

e-safety adviser

Stay safe online

Quality First Education Trust

How to make SOCIAL MEDIA SAFER AND KINDER

Social media can be a great way to connect with your friends, but it can also be a cruel and dangerous world. Here's how you can make it a better place for yourself and others.

- Don't say anything that you wouldn't say to the other person's face. Insults hurt online too.
- Don't post things you'd be embarrassed about if everyone could see them. Secrets are never safe online.
- Remember that everything you post online could stay there forever, even if you delete it.
- Don't talk behind other people's backs or make fun of them online.
- Don't accept friend requests from people you don't know.
- Don't share personal information online, and never give anyone your password.
- Don't post other people's pics or tag them without their permission.
- If a friend is in trouble online, talk to an adult.
- Report hateful, violent or inappropriate posts and comments.

For more online safety tips, please click [HERE](#)

QUESTIONS TO ASK YOURSELF BEFORE COMMENTING ON

SOCIAL MEDIA:

- AM I VENTING OR ACTING OUT IN ANGER?
 - IS MY COMMENT USEFUL, KIND, TRUE, CONSTRUCTIVE?
 - WOULD I SAY THE SAME THING IN PERSON?
 - WOULD I BE OK WITH MY COMMENT IF IT WAS MADE PUBLIC?
 - WOULD I LIKE IT IF SOMEONE TALKED TO ME THAT WAY?
 - MIGHT I REGRET HAVING POSTED THIS COMMENT?
 - DOES MY COMMENT CONTAIN PRIVATE INFORMATION?
- ©Elise Gravel

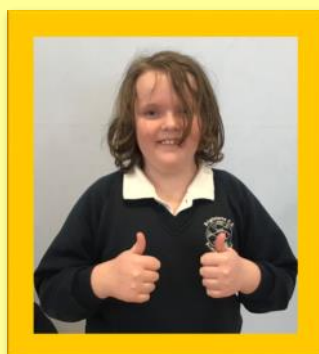
OpenView Education
TRAINING THROUGH THEATRE

APPS AND THEIR AGE RATINGS

13+		16+	
Facebook	Snapchat	WhatsApp	
Instagram	Twitter	17+	18+
TikTok	Kik	Sarahah	MeetMe
YouNow	Yubo	YOLO	LiveMe
House Party	Monkey		

Golden Book

Bumble Bee	Helena - Ballet exam - High Merit certificate and silver medal. Beavers badges for air activities and personal challenge. Kieran - great swimming progress - 4 certificates and badges!
Honey Bee	Henry - can now swim 50m. Beavers badges for air activities and personal challenge. Maddie - for being a great Honey Bee! Happy travels!
Ivy Bee	Charley - for being a fun member of the class! Happy travels!
Sports Bee	Reuben - for showing great skills in handball and kurling.



News from the Classrooms

Honey Bee class

Year 3 and 4 have been learning about prehistoric painting. They created a 'cave wall' by gluing lentils, bulgar wheat, couscous and sunflower seeds to cardboard. This created a textured surface to paint on. Then they used simple shapes like ovals, triangles and circles to draw and paint animals on top.

Aren't they great!



Key dates this year

- Friday 10th February: Last day of term
- Monday 13th—Friday 17th February: Half term
- Monday 20th February: Back to school
- Wednesday 22nd February: Ash Wednesday service at 2pm in St Mary's Church—parents/carers welcome
- Monday 13th March: Parents Evening
- Tuesday 14th March: Parents Evening
- Wednesday 29th March: Messy Church (KS1 morning; KS2 afternoon). Details to follow nearer the time.
- Monday 3rd April—Friday 14th April: Easter holidays
- Monday 8th May – Extra Bank Holiday (due to the King's Coronation)
- Monday 29th May—Friday 2nd June: Half term
- Thursday 20th July: School closed for staff development day
- Friday 21st July: School closed for staff development day





YOUR
SCHOOL
LOTTERY

1

JOIN OUR LOTTERY



2

BOOST SCHOOL FUNDS



3

WIN CASH PRIZES



It's As Easy As



- Tickets cost just £1 a week
- The easy way to help us raise funds
- Every week, one lucky winner from our school will win a cash prize!
- Also a chance to win the £25k jackpot

To start supporting, visit:

yourschoollottery.co.uk

and search for: **Brighstone School**



Attitude Youth Group: Friday, 10th February,

School Years 7 to Year 11

South Wight Area Youth (SWAY) are inviting you to join in with our next Attitude Youth Group. There are fun activities, table tennis, games and chance to meet up with friends. Marie Willis (Youth Worker), Olivia, Jacob and Peter Johnson will be there to welcome you.

Tuck is available

7pm-8:30pm at Shorwell Village Hall, Russell Road, Shorwell, PO30 3JT

No need to book. If you live in the South Wight villages, it will be great to see you there. Any questions please contact Catherine at the SWAY Office on 07880951243.

To find out more about SWAY visit : <https://www.southwightyouth.org/> or

<https://www.facebook.com/Southwightyouth>

Older siblings of Brighstone Primary School pupils (in school years from Year 7 to Year 11) who live in the South Wight villages of Chale, Brighstone and Shorwell, are also welcome and invited to join this local Attitude youth group; a welcoming, fun and safe place to meet and make friends. Currently Attitude is being held once a month

ADULT COMMUNITY LEARNING

ALL COURSES ARE FOR ADULTS 19+



For further information or to book a place on any /all of these sessions please contact:

info@thecrossley.co.uk or phone 01983 861164

90 Minutes to Family Calm Series

Join our **FREE** (fully funded) online classes! – **Join one or join them all...**



BRAIN TRAINING FOR CALM – 20th February

TAMING THE EMOTIONS MONSTER – 27th February

SENSIBLE ABOUT OUR SENSES – 6th March

* no session 13th March

BUCKET FILLING FOR SELF-ESTEEM – 20th March

RELAXING OUR KIDS – 27th March



February—March 2023

Monday mornings

9:30-11:00

Booking & enrolment required to secure a place on any or all these sessions.

*enrolment required **just once** (for any number of sessions) per academic year





16-18 FEB 2023
iwstoryfestival.com
 @ Quay Arts Newport




Horrible Histories' and Ghosts' Simon Farnaby



TICKETS
 quayarts.org



Cooff and Guy Banks
 Peter Siddons
 Chris Newsham

PM
 H
 Wight
 RED FUNNEL
 M
 RAVEN
 PRINT & DESIGN

Registered charity number: 1188024

DECEMBER 2022 NEWSLETTER

I.W. STORY FESTIVAL
DON'T MISS THIS FUN FAMILY FESTIVAL DURING FEBRUARY HALF TERM!
Friday 17th & Saturday 18th February
 Plus, new for this year, Thursday 16th for the over-12s



Have you got your tickets yet?

Tickets are now on sale for the I.W. Story Festival at Quay Arts in Newport during February half term from www.quayarts.org

It's a chance to meet well-known performers and writers like **Simon Farnaby** (from Paddington 2, Horrible Histories and Ghosts) who will be talking about his **Wizard in My Shed** series of books.



Former CBeebies star, **Cerrie Burnell**, will also be there with her exciting adventure story about being different, **Wider than Midnight**.

For younger children we have a world-exclusive. Author and illustrator Nicholas Allan will be revealing for the first time **The King's Pants** (some of you may already know and love one of his most famous books, **The Queen's Knickers**.)

There will be lots of other authors and illustrators for you to meet, some of them you may have heard of, some of them you may not. But all of them are worth seeing. Why not check some of them out before you come along: **Laura Ellen Anderson, Neal Layton, Jamie Littler, Gareth Pator, Kieran Larwood, Jules Harriner, Felicity Fair Thompson and Peta Rainford**

FAQs

Q: Do I need to get my tickets in advance?
 A: It's a good idea. Tickets are selling fast! Get them from www.quayarts.org

Q: How much are tickets?
 A: Some sessions are free, others cost between £3 and £6

Q: Is it just for people who like reading?
 NO! The I.W. Story Festival isn't just about books! We've got lots of hands-on activities for you to get involved with – from making puppets to making rockets, illustrating comics to sewing a story. There will be storytellers and theatre performances too!

More information from: www.iwstoryfestival.com

Registered charity number: 1188024

Privilege Seat Application Window – Academic Year 2022/2023

Dear Parent/Guardian

The dates for the privilege seat application window for academic year 2022 have been finalised. Should you wish to apply for a privilege seat for your child to use the school bus service you will need to apply from **9am on Tuesday 6th December 2022** Please note that the online form will be live until on or around 5th June 2023

Further information on the privilege seat process can be found online, here: <https://www.iwight.com/Council/OtherServices/School-Transport/Privilege-Seat-on-School-Transport>. Please also note the FAQs, Code of Good Practice and Ticket Terms and Conditions sections available via this webpage. If you scroll to the bottom of the above webpage you will see the bus services for which you can apply. **This information will be live from 9am on Tuesday 6th December 2022.** Should the service you require not be listed you will not be able to apply for that service at this time.

Do bear in mind that making an application for a privilege seat does not guarantee a seat on the school bus.

Privilege seat ticket prices are set costs as follows.

- Up to a full term £130.00
- Up to half a term £65.00
- Up to a full-term AM or PM only £65.00
- Up to half a term AM or PM only £32.50

Should you have any queries please contact the Transport Team at the Council via email: transport.info@iow.gov.uk or telephone: 823780.

Important Points to Note

- Information on bus services that can be offered will be available on the website from **9am on Tuesday 6th December 2022**.
- We may not be able to provide an update on the number of seats available before the application window opens but please be aware seats availability will be very limited.
- Services available are listed at the bottom of the Privilege seat webpage
- There will be a strict payment deadline for making payment. Should you miss this deadline, the seat offered to your child will be offered to the next child on the waiting list (should one exist) and your application will be cancelled.
- Once applications have been processed by the Transport Team you will be able to see the status of your application online as well as make payment without having to contact the Council.

One
Tenth
Human



RECOMMENDED
FOR AGES
3-7

CURIOUS INVESTIGATORS

"really great children's theatre"

Exeunt on We're Stuck!

TUE 4 APR, 2PM
Quay Arts Centre

Sea Street, Newport Harbour, Isle of Wight, PO30 2EF

Book your tickets: **01983 822490** quayarts.org



BackstageTrust



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

All activities must be booked in advance including fun hours and swimming.

All under 8's must be accompanied by an adult on the premises during all activities.

Swimming pool – book online – to book online you need to register with us on 752168 and we will give you a PIN.



Booking terms and conditions

ACTIVITIES

- Payment must be made in full at time of booking
- Users and members are asked to notify us as soon as possible if attendance at a booked activity is not possible
- Bookings can be cancelled at any time. No refund will be given for cancellations less than 24 hours before a booked activity
- Members who do not attend booked sessions will be required to pay the cost of a non-member at that session
- We reserve the right to refuse further bookings from anyone who repeatedly does not honour their booking or the terms and conditions
- Bookings can be made 9 days ahead.
- Children under 8 must be accompanied by an adult on the premises during all activities
- Minimum age for swimming lessons is 4 years.

ONLINE BOOKINGS – CHILDREN'S ACTIVITIES

- Only Fun Hour and Open Swim can be booked online
- Users/members must be registered, with a valid email address and issued with a unique PIN in order to be able to access the online booking portal. Please telephone and ask for your PIN and details

- We reserve the right to suspend an online booking account at any time
- Bookings can be made online up to 2 hours before the time of the booking. After that time bookings should be made over the phone
- Bookings can be cancelled online no later than 24 hours before the booking. After that time bookings must be cancelled over the phone
- Payments cannot be refunded online. Please call us to process your refund

SWIMMING COURSES

- In the event of a cancellation of a swimming course by a customer, full fee will be retained unless the place can be re-sold, in which case a refund of 80% of the fees or pro-rata if the course has commenced
- In the event of cancellation by us 100% refund will be issued or pro-rata if the course has commenced

We accept the following payment cards:



What are you doing this Half-Term?

Swimming Lessons • Kayaking
Skateboarding • Snorkelling
Raft Racing • Climbing
Sports Club • Diving • Mermaids
Open Swim Sessions • Fun Hours

February Half-Term Activities

13-19 February, 2023

West Wight Sports & Community Centre

Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168
www.westwight.org.uk
E-mail: info@westwight.org.uk

Reg. Charity No. 27334

February Half-Term Activities

Swimming lessons 5 day week £36.50

13-19 February, 2023

Learner Pool

0900-0930 – Non Swimmer Happy to go in the water in armbands.
0930-1000 – Beginner Swimmer Ready to swim without armbands.
1000-1030 – 5m Water confident, can swim 5-10m on front and back.

Main Pool

0900-0930 – 10-50m Can swim minimum 10m on front and back and happy to put face in water.
0930-1000 – 50m+ Can swim minimum 50m using good front crawl, back crawl and breaststroke.

Monday

Kayaking – 1000-1100 – 8-11 years – £8 – An introduction to kayaking through fun and games. Must be able to swim at least 25m.
Climbing – 1300-1400 & 1400-1500 – 7-12years – £15
A fun session suitable for all abilities. Waiver form will need to be completed.
Skateboarding – 1600-1650 & 1700-1750 – 5-17 years – Suitable for all abilities and equipment provided. Book via www.bookwhen.com/skateclub
£6 per session or book 4 sessions to receive an automatic discount to £20.

Tuesday

Snorkelling – 1000-1100 – £5.50. Must be able to swim at least 25m and be happy under the water.
Climbing – 1400-1500 & 1500-1600 – 7-12years – £15. A fun session suitable for all abilities. Waiver form will need to be completed.

Wednesday

Raft Racing – 1000-1100 – 6yrs+ – £5.50 – Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50m.

Thursday

Sports Club – 0900-1000 – 7-11 years – £5.50
A fun session with a range of sports, games and activities; including an introduction to archery using soft arrows.
Diving – 1000-1100 – £8.
Must be able to swim at least 25m, be happy underwater and be able to perform a head first entry into the pool.
Climbing – 1400-1500 & 1500-1600 – 7-12 years – £15
A fun session suitable for all abilities. Waiver form will need to be completed.

Friday

Mermaids Main Pool – 1000-1030 – £5.50
Must be able to swim at least 25m+ and happy under the water.
Mermaids Small Pool – 1030-1100 – £5.50
Must be able to swim at least 10m+ and happy under the water.
Climbing – 1130-1230 – 7-12years – £15
A fun session suitable for all abilities. Waiver form will need to be completed.

Open Swim Sessions

No lanes, diving boards in use – great for a family swim session.
Adults £5.50, Children/under 20s £3.
Monday-Sunday 1400-1500, Monday-Thursday 1500-1600.

Fun Hours

Fun and floats in our pool. Under 8's MUST be accompanied in the water at all times. £4.
Monday-Friday 1100-1200; Saturday & Sunday 1000-1100

FAMILY FUN

CLAY DAYS

AT NEWPORT ROMAN VILLA

Half-term activity

- 10am to 2pm
- Monday 13 February
- Wednesday 15 February

ONLY £1.00
No need to book, just turn up and explore.

- COVID-19 precautions in place.
- If the activity room is full we will provide clay for you to create your masterpiece at home.
- Card payments limited; allow extra time if you wish to pay this way.

ALL-WEATHER ATTRACTIONS

MUSEUM ISLAND HISTORY

01983 529720/823433
 iow.gov.uk/museums
 Cypress Road, Newport, IW, PO30 1HA

NEWPORT ROMAN VILLA

Poped | Prefed | Enjoy | Events organised by the Isle of Wight Heritage Service

ISLE of WIGHT

Celebrate International Women's Day

with Adult Community Learning (adults 19+), and bring a child over the age of 10yrs with you to our workshop morning, on Sunday 5 March 10am-12pm. Choose between weaving your own beautiful unique piece of wall art, using mixed media and personal items, or create a colourful keyring (heart, flower etc) and hopefully you'll never lose your keys again!

Workshops take place at The Learning Centre, Westridge, Ryde and cost £10/£5 concession per person (child pays £5). Booking is essential, to book an adult and child place please call 817280, or adults 19+ only can book via our website www.iow.gov.uk/ACLCourses



f Sandown Soccer - Isle of Wight

SANDOWN SOCCER

at The Bay CE Secondary



For children aged 5-11

13th - 17th February
5 days of football fun!

Mini-Soccer
camp for children. Aiming to provide a **fun and enjoyable** environment whilst **developing** and **improving** players footballing ability!

10AM - 3PM £12 a day

- ★ Fully FA Qualified coaches - With First Aid, Safeguarding children and DBS checked.
- ★ Skill development and games!
- ★ Win medals and trophies throughout the week with our Penalty, Keepy-uppy, Crossbar and Speed Champion competitions as well as Most Improved, Best Attitude and Future Star awards!
- ★ Finish the week with a Sandown Soccer World Cup where one team will become World Champions!



5 hours of fun EVERY day!
10am - 3pm
Inclusive football for ALL abilities!

Only £12 a day!
Find us on facebook: Sandown Soccer - Isle of Wight

For any information contact Lewis (Mr Mitchell)
07594 389531
sandownsoccer@yahoo.com

SANDOWN SOCCER

Children are welcome to come for one day or for ALL the days!

Attend at least 4 out of the 5 days during the week and win a medal for all of your hard work!

To book a place text your child's name, school year, dates and your name to 07594 389531

All Islanders
CAN GET SUPPORT WITH THE

COST OF LIVING

01983 823134
iow.gov.uk/costofliving








ISLE OF WIGHT COUNCIL

ISLE OF WIGHT HELP WITH THE

COST OF LIVING

01983 823134
iow.gov.uk/costofliving

General help and support
Citizens Advice IW can give free help with money issues and much more.
☎ 0800 144 88 48 or Textphone on 18001 0800 144 8884
🌐 www.citizensadviceiw.org.uk

Debts and paying bills
Citizens Advice Money team.
☎ 01983 823898 ext: 2825
✉ debtinquiries@iwcab.org.uk
🌐 www.citizensadviceiw.org.uk/money-advice-team

Buying food
🌐 www.iow.gov.uk/costofliving and tap on 'food' for more information.
Join a community pantry and for £5 a week, receive over £15 worth of food.
☎ 01983 296592 East Cowes Community Pantry
☎ 07961 959003 Ventnor Community Pantry
☎ 01983 563732 Ryde Community Pantry

Connect4communities
Support including food vouchers, getting weather appropriate clothing (directly with your school) and more.
✉ connect4communities@iow.gov.uk
🌐 www.connect4communities.org









ISLE OF WIGHT COUNCIL

Benefits
Check whether you are getting all the benefits you can.
Citizens Advice Help to Claim line.
☎ 0800 144 8444
🌐 www.gov.uk/benefits-calculators

Energy bills
The Footprint Trust give guidance on energy bills, efficiency and grants.
☎ 01983 822282
✉ info@footprint-trust.co.uk
🌐 www.footprint-trust.co.uk

Pension Credit
If you are of State Pension age you may be entitled to Pension Credit. If you get Pension Credit you can get other benefits.
☎ 0800 99 1234 or Textphone on 0800 169 0133
🌐 www.gov.uk/pension-credit

Paying for broadband and mobile phone
Social tariffs are available if you're on a low income.
🌐 www.ofcom.org.uk/cheap-broadband

Feeling lonely
The Living Well and Early Help Partnership works on the Island to connect people.
☎ 01983 240732
✉ reception@lweh.org.uk
🌐 www.lweh.org.uk

In a crisis
If you have no money for food, gas and electricity you may be able to get emergency help.
☎ 01983 823859
🌐 www.iow.gov.uk/HelpThroughCrisis

Other useful contacts
🌐 www.helpforhouseholds.gov.uk
🌐 www.islefindit.org.uk
🌐 www.gov.uk/helpforhouseholds

Cost of living information from Isle of Wight Council

www.iow.gov.uk/costofliving
01983 823134

General help and support

Citizens Advice IW can give free help with money issues and much more.
0800 144 88 48 or Textphone on 18001 0800 144 8884
www.citizensadviceiw.org.uk

Debts and paying bills

Citizens Advice Money team.
01983 823898 ext: 2825
debtinquiries@iwcab.org.uk
www.citizensadviceiw.org.uk/money-advice-team

Buying food

www.iow.gov.uk/costofliving and tap on 'food' for more information.
Join a community pantry and for £5 a week, receive over £15 worth of food.
01983 296592 East Cowes Community Pantry
07961 959003 Ventnor Community Pantry
01983 563732 Ryde Community Pantry

Connect4communities

Support including food vouchers, getting weather appropriate clothing (directly with your school) and more.
connect4communities@iow.gov.uk
www.connect4communities.org

Benefits

Check whether you are getting all the benefits you can.
Citizens Advice Help to Claim line.
0800 144 8444
www.gov.uk/benefits-calculators

Energy bills

The Footprint Trust give guidance on energy bills, efficiency and getting grants.
01983 822282
info@footprint-trust.co.uk
www.footprint-trust.co.uk

Pension Credit

If you are of State Pension age you may be entitled to Pension Credit. If you get Pension Credit you can get other benefits.
0800 99 1234 or Textphone on 0800 169 0133
www.gov.uk/pension-credit

Paying for broadband and mobile phone

Social tariffs are available if you're on a low income.
www.ofcom.org.uk/cheap-broadband

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01983 240732
reception@lweh.org.uk
www.lweh.org.uk

new:
carnival

IOW DARK SKIES FESTIVAL

@ISLE OF WIGHT PEARL

FRI 17TH & SAT 18TH FEB 2023, 3-8PM



new:
carnival

IOW DARK SKIES FESTIVAL

FRI 17TH FEB

CLEAR SKIES TENT

4.00- 4.20pm Richard Grogan AONB, Welcome
4.35-5.15pm 'Tale of Three Sisters' Play by Tide Nor Time Players
5.30-6.15pm Zen Stretch & Starry Stories Workshop
6.30-7.15pm Vectis Astronomers 'Space and us' Presentation
7.15-8.00pm IW Planetarium, 'Stargazing for Starters' Paul England

BLACKOUT TENT

3.30-4.30pm 'Painting With Light' Photography Workshop
4.30-5.00pm 'Benefits of Sleep' Presentation by Barnados
5.00-5.20pm 'Waiting' Ghost Story by Sandra Singleton
5.30-6.15pm 'Measuring the Universe' Stokey, Presentation
6.30-7.15pm 'Astrophotography Workshop' Jamie Russell
7.15-8.00pm 'Isle of Wight Ghosts' IW Ghost Experience



CANVAS TENT

3.30-4.30pm Cosmic Creative Writing Workshop
4.30-5.30pm Make a Pinwheel Workshop
5.30-7.15pm Make an Asteroid, Clay Workshop
7.15- 8.00pm Phases of the Moon Craft Workshop



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carnival

IOW DARK SKIES FESTIVAL

SAT 18TH FEB

CLEAR SKIES TENT

3.20-4.00pm Zen Stretch and Starry Stories
4.00-5.00pm 'Robert Hook IW Scientist' Presentation by Arnold Taylor
5.15-5.45pm 'Nocturnal Activity of Beavers' Presentation HIWWT
6.00-6.45pm 'Tale of Three Sisters' Play by Tide Nor Time Players
7.00-8.00pm 'Measuring the Universe' Stokey, Presentation

BLACKOUT TENT

3.00-4.00pm 'Painting with Light' Photography Workshop
4.00-4.45pm 'Isle of Wight Ghosts' IW Ghost Experience
5.00-6.00pm Selected Dark Skies Short Films with Paul Windridge
6.00-6.20pm 'Waiting' Ghost Story by Sandra Singleton
6.30-7.30pm 'Astrophotography Workshop' Jamie Russell



CANVAS TENT

3.30-4.15pm Ipad Soundscape Workshop
4.45-5.30pm Ipad Soundscape Workshop
6.00-7.00pm Ipad Soundscape Workshop



OUTSIDE: 6-7pm Fire and Light show with StixguyKai

FRIDAY & SATURDAY- FEATURING THROUGHOUT...

AONB, Vectis Astronomers, The Butterfly Conservation Society, Robert Hook Society, Hampshire IW Wildlife Trust, Brading Roman Villa, Chad Powell Photography, Island Visions Photography.

Exhibitions by IW College Art Students, The IW Womens Institute, Viva Carnival Club, Fiveways and Broadlea Primary School, Commissioned dark skies artwork from local artist 'Losten'.

Stargazing, Story Telling, Poetry, Facepainting, Telescopes, Willow Wreath Making, Celestial Headdresses, Torches, Trails and Fun Activities

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CELEBRATE
PANCAKE DAY



TUESDAY

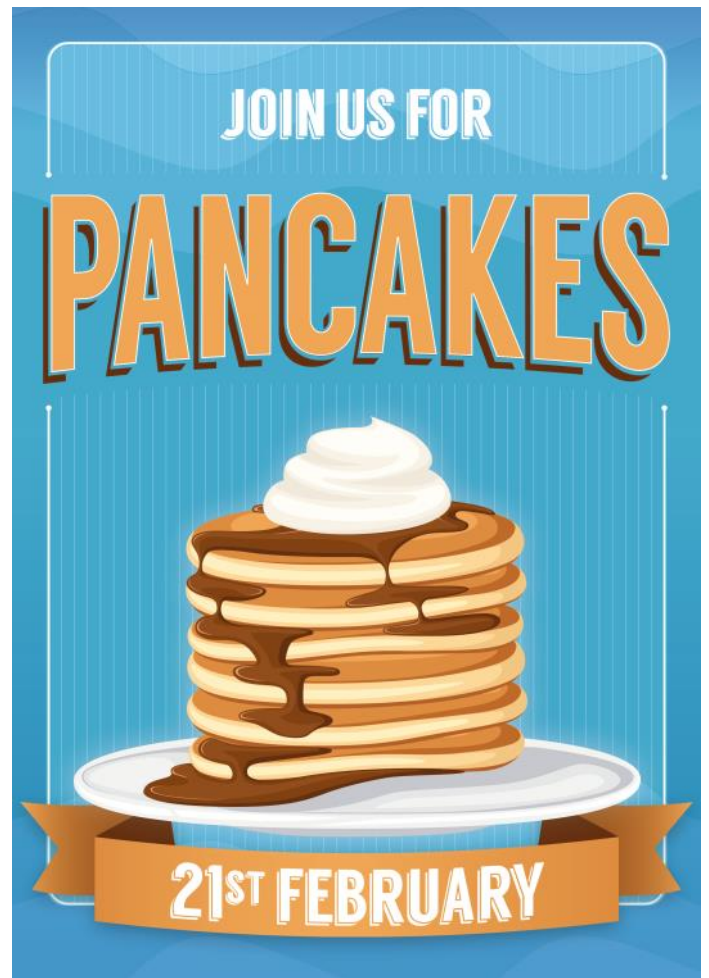
21st February

Shrove Tuesday

Enjoy an informal social gathering.
Freshly cooked pancakes, tea/coffee.
All age entertainment.
Everyone welcome.

Donations to: -SWAY (South Wight youth project)

5.30pm – 7.00pm
WILBERFORCE HALL
BRIGHSTONE



Sunday 14 May 2023

Registration opens 1 March!



A registered charity no. 1029086



KNOW THE 5CS TO STAY SAFER



Carbon Monoxide
Do you know if your landlord's job to make sure a carbon monoxide alarm is fitted in your home if needed?



Cooking
Barbecues and camping stoves are unsafe to use indoors and put you at risk of carbon monoxide poisoning.



Chimneys
Get your's swept and checked professionally if you're planning to light an open fire.



Clothing
Think about where you dry clothes. Clothes can get caught on electric heaters and burn.



Candles
Keep lit candles away from curtains and bedding and be sure to blow out when you leave the room.



Scan the code to visit our website for more information and advice

HOME FIRE SAFETY VISIT

WHAT WE WILL DO DURING A VISIT...

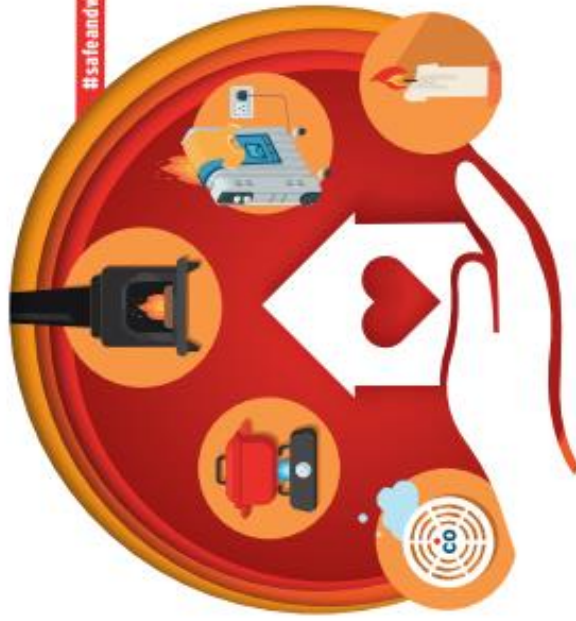
- 1 Identify any potential fire risks and discuss how you can prevent or reduce the risk.
- 2 Ensure you, or someone you refer to us, has working smoke alarms.
- 3 Fit carbon monoxide detectors where needed.
- 4 Help put together a household escape plan and identify any mobility issues that may impede an evacuation.
- 5 Issue fire retardant bedding, furniture throws and nightwear where needed.
- 6 Give basic advice on topics such as falls prevention and smoking.



CALL 023 8062 6751
community.firesafety@hantsfire.gov.uk



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Hampshire
& Isle of Wight
FIRE & RESCUE SERVICE