

The Buzz



14th October 2022



Learning and Achieving Through
Love, Courage and Respect

Dear parents, carers and children,



Part of our role in education is to develop children's social, emotional and mental health (SEMH). Involving children in decisions that affect them, inviting them to share their ideas, and to take an active role in groups, helps to give them a voice. Today, our **EARA (Equality And Rights Advocates)** group led a presentation to share what the group is all about. They talked about how it is important that we are all different: "It would be boring if we were all the same" said one Y1 boy, who summed it up perfectly! We also talked about the importance of listening to each other (hence the ear as the logo), and learnt about the UN's Convention of the Rights of the Child. A huge thank you and well done to all the EARA children who prepared and led the assembly (they devised and created it themselves, with me as facilitator). They did really well. Our next steps are to identify actions to be carried out, which we will share with you after our next meeting.



It was also a delight to award the **Y6 job roles** this morning after successful applications. To ensure inclusivity, children could apply in a range of ways, including written or typed letters, pictures, PPTs, or speeches. Mrs Sharp, Mrs Jones and I carefully considered all the applications before making our final decisions. More children also applied to become buddies and librarians today, which is great! Congratulations to our Y6 Senior Leadership Team (SLT) and Middle Leadership Team (MLT). I know they will be fantastic in their jobs!



Y6 SLT	
Head girl	Felicity
Head boy	Alfie L
Deputy head girl	Lauren
Deputy head boy	Alfie M

Y6 MLT	
Hive captains	Erin, Max F, Jack S-C, Amelia
Buddies	Nelly, Amelia, Robin, Mia, Randal, Charley, Camilla
Librarians	Mia, Alfie L, Charley, Nelly, Alfie M, Jack T, Amelia, Max F, Randal, Robin



Next week (week beginning Monday 17th October), we shall be taking part in **TravelWise week**, the latest of our Active Travel weeks. Students and families are invited to take part by cycling, walking and scootering to school throughout the week. If you need to use the car, why not 'park and stride' to get your active travel into the day. There will be prizes for children using active travel throughout the week, with pencils, keyrings, badges and more up for grabs! (Thank you to Mr Goldsmith for organising this.)



On Wednesday, we have our **Harvest Festival** taking place at 10.30am on the field behind the church (in the case of inclement weather, it will take place in the church). We would love to see you all there! Please let the office know you will be attending if you haven't already done so. On Wednesday afternoon, KS2 will be taking part in lots of fun activities in **Messy Church** at the Methodist Church. All parents/carers/grandparents are welcome; please let us know that you are able to come along to join in the fun if you haven't already done so.

A huge congratulations to the **Y3/4 girls** who won 7-1 in their football match against Wroxall Primary yesterday. What superstars!

Following our successful **Spruce up our School** day last October, we will be holding another one on Saturday 22nd October. We would love to see as many of you there as possible; please see the poster in this week's Buzz and on Facebook.



I hope you have a lovely weekend. Best wishes, Mrs Lennon and the Brighstone Team

Collective Worship - Generosity

This week's Collective Worship focus is 'Giving our time'.

This week, we talked about how we can be generous with our time. We heard a story about a school which wanted to create a new Quiet Garden. They held a community day during which lots of people turned up to help create it.



We then heard a Bible story about Nehemiah, in which God's people, on returning to Jerusalem, found that the city's walls had been destroyed. They all worked together to help rebuild it.

We explored the phrase "Many hands make light work". What do you do together to get the job done?

A Prayer for Generous Hearts

Generous God,
Make our hearts like yours,
Always ready to give.
Help us to see opportunities to give our time,
So we can achieve amazing things together.
Amen

"God loves a cheerful giver." 2 Corinthians 9.7

School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at **£2.35** per day.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mac 'n' cheese	Chicken Noodles	Roast pork	Beef meatballs	Fish fingers
Option 2	Veggie sausages	Veggie Balls	Veg Pastry Slice	Quorn Hot Dog	Veggie Burger
Dessert	Oatie biscuit	Flapjack	Ice Cream	Choc cake	Crispy Bar

Poetry Corner

The Hawk

Afternoon,
with just enough of a breeze
for him to ride it
lazily, a hawk
sails still-winged
up the slope of a stubble-covered hill,
so low
he nearly
touches his shadow.

Robert Sund



Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Punctuation

QUESTION MARK ?

Example (Red octagon)

- End a direct question
- Have you seen the film yet?
- What are you doing?

Example (Blue hexagon)

- Indicate uncertainty
- John was born in 1988 (?).
- He is sick? I saw him going out this morning.

Example (Yellow hexagon)

- In a series of questions
- Is it good in form? style? meaning?
- He's been hospitalized? Why? Is he better now?

Example (Green hexagon)

- End a tag question
- We have never seen that, have we?
- They're not doing very well, are they?

DON'T USE a question mark at the end of a question in reported speech

- She asked me where he had stayed. (Correct)
- She asked me where he had stayed? (Incorrect)

Can you write some sentences with question marks?

Reminders

- All long hair should be tied back in **school colours**
- The **one-way system** is still in operation. Children can be dropped off at the front or back gates.
- Our **school gates** are open 8:20am - 8:25am and from 2:40pm
- **No branded** (Adidas, Nike etc) clothing items permitted
- Packed lunches should **not contain chocolate** items or any food containing **nuts**
- Jumpers and cardigans should be **NAVY** blue
- Trousers or shorts should be **grey**
- PE shorts/leggings/skorts/tracksuit bottoms should be **navy**
- **Shirts** should be tucked in
- If your child is **late**, a suitable reason must be provided
- In the mornings, if you have any messages that you would like to pass onto your child's teacher, please let Mrs Jones, Mrs Lennon or Mrs Pelosi know, or email your child's class teacher. This will enable the teachers to greet every child individually in the morning to increase their sense of belonging and to start their day in a positive, welcoming way.
- Only **water** should be in water bottles.

Attendance Matters!



Week Commencing 14th October
Whole School attendance target: **96.5%**

Actual Attendance: **93.69%**

Late marks this week: **11**



SEMH

Social, Emotional & Mental Health

Thriving "I got this."	Surviving "Something isn't right."	Struggling "I can't keep this up."	In Crisis "I can't survive this."
<ul style="list-style-type: none"> Calm and steady with minor mood fluctuations Able to take things in stride Consistent performance Able to take feedback and to adjust to changes of plans Able to focus Able to communicate effectively Normal sleep patterns and appetite 	<ul style="list-style-type: none"> Nervousness, sadness, increased mood fluctuations Inconsistent performance More easily overwhelmed or irritated Increased need for control and difficulty adjusting to changes Trouble sleeping or eating Activities and relationships you used to enjoy seem less interesting or even stressful Muscle tension, low energy, headaches 	<ul style="list-style-type: none"> Persistent fear, panic, anxiety, anger, pervasive sadness, hopelessness Exhaustion Poor performance and difficulty making decisions or concentrating Avoiding interaction with coworkers, family, and friends Fatigue, aches and pains Restless, disturbed sleep Self-medicating with substances, food, or other numbing activities 	<ul style="list-style-type: none"> Disabling distress and loss of function Panic attacks Nightmares or flashbacks Unable to fall or stay asleep Intrusive thoughts Thoughts of self-harm or suicide Easily enraged or aggressive Careless mistakes an inability to focus Feeling numb, lost, or out of control Withdrawal from relationships Dependence on substances, food, or other numbing activities to cope

Mental health can be described in a continuum model, where people can measure their mental health in terms of Thriving, Surviving, Struggling or In Crisis.

- Someone who is in the Thriving category will typically feel "normal", have good sleep habits and energy. For these folks, it is important to maintain a healthy lifestyle, practice time management, and nurture your support systems.

- People in the Surviving category might feel symptoms of irritability and sadness; have trouble sleeping or have low energy, muscle tension or headaches; and they might start decreasing their amount of social activity. In this category it is important to get adequate rest, food, and exercise; start engaging in healthy coping strategies; and start identifying stressors in your life.

- Someone in the Struggling category might feel emotional symptoms like anxiety, anger, sadness, or hopelessness. They might experience restless sleep, fatigue, aches and pains. People in this category might see a performance decline in work or school and might start withdrawing. For people in this

category, it is important to talk with someone about your difficulties, seek help from a professional, and reach out to your social supports instead of withdrawing.

- People in the Crisis category might feel excessive anxiety, extreme emotions, and depressed moods. They might be unable to fall or stay asleep, but feel exhaustion and are often susceptible to physical illness. They might start avoiding social events and work or school. For people in this category, it is important to seek professional health as soon as possible.

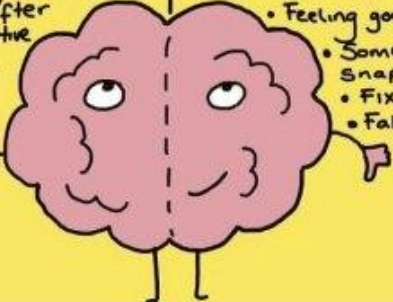
MENTAL HEALTH

IS...

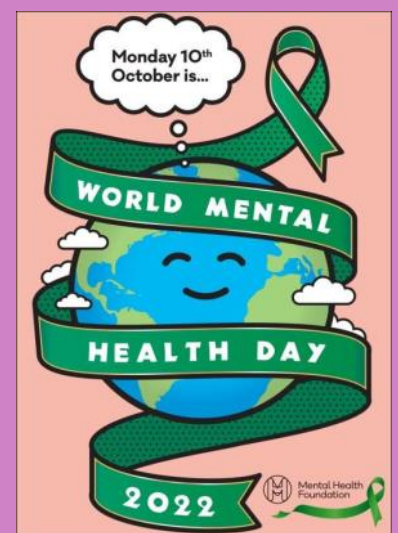
- Important
- Something everyone has
- Intrinsically linked to (+ probably inseparable from) physical health
- On a continuum
- Worth making time for
- Part of being human
- Something we need to look after
- Positive + Negative
- Changeable
- Complex
- Real

ISN'T...

- A sign of weakness
- Shameful
- All in your mind
- Always something negative
- Something you decide to have
- Something to think about only when it feels broken
- An interchangeable term with mental illness
- Feeling good all the time
- Something you can snap out of
- Fixed
- Fake news



Help is available. Visit <https://www.iwmentalhealth.co.uk/> for information of services on the Isle of Wight

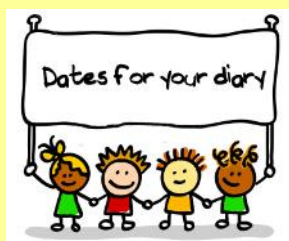


Key dates this term

- W/C Monday 17th October: TravelWise week
- Wednesday 19th October: Harvest Festival in the field at 10.30am (all welcome. Letter sent home and available on the website)
- Wednesday 19th October: KS2 Messy Church 1pm—2.30pm (letter sent home and available on the website)
- Wednesday 19th October: Parents Evening 3pm—5.30pm (letter sent home and available on the website)
- Thursday 20th October: Parents Evening 3pm—5.30pm (letter sent home and available on the website)
- Friday 21st October: Last day of term. Wear red for Show Racism the Red Card day. Golden Assembly: External awards.
- Monday 31st October: Back to school
- Friday 18th November: Children in Need (further details to follow)

Looking ahead:

- Friday 16th December: School closed for staff development day
- Thursday 20th July: School closed for staff development day
- Friday 21st July: School closed for staff development day



EARA Group Assembly



Brighstone School Association

End of Term

AUTUMN DISCO

£5
A TICKET

FANCY
DRESS

PLUS ANNUAL PUMPKIN
CARVING COMPETITION

21ST OCTOBER 2022

@ THE THREE BISHOPS

Arrive from 4.30pm for face painting
Disco 5-6pm

Pumpkin Entries to be left in the pub garden

PRIZES TO BE WON FOR FANCY DRESS AND PUMPKINS

Tickets to be purchased online at
www.pta-events.co.uk/brighstoneschoolassociation
or the school office

Food Specials
25% off whole pizzas.
Free kids
brownie/icecream with
any kids meal.
Table booking is advised.

Ticket Price
includes all
entertainment and
entry to Annual
Pumpkin Carving
Competition.



Brighstone School Association

PRELOVED CHRISTMAS JUMPERS

We would love to be able to have a preloved
Christmas Jumper sale this year.

If you have any good quality jumpers that your
children have out grown, please donate them to
our cause.

The sale rail will be up from 14th November
by the office.

Please place clean donations in the collection box
in the school foyer.

Made with PosterMyWall.com





You should have all received your proofs of the child/ren's school photographs.

All orders must be placed by **21st October 2022** either online by visiting photos.jssp.co.uk or via telephone 01773 717984 (office hours Monday – Friday 9:30am-4:30pm)

All orders will be delivered back to school approximately two weeks from the order by date stated above. If you choose to have all orders sent home delivery only, this comes with a charge of 99p and they will be despatched to your home address within 10 working days.

Ordering after the deadline:

If you are unable to order before the deadline, the images will still be available to order; there will just be an increased charge of £3.99 for home delivery.



Help us to SPRUCE up our School

Spruce Up Our School Community Day

Saturday 22nd October 2022

9am – 3pm

Following the success of last year's Spruce Up Our School Community Day, we would like to repeat it to carry out some more jobs around the school (e.g. sweeping, weeding, cutting, painting, clearing), and we are asking for help from parents, children, members of the community and staff.

You are welcome to come along for as long as you are able to!
One hour, two hours, three hours or more – any help is welcomed.

Light refreshments will be provided.

Please call or email the office to let us know if you can help us out!

740285

office@brighstoneprimary.org.uk



An example of some of the jobs required	Resources and equipment needed
<p>Playground and field Weeding and sweeping Creating digging area for playtimes and lunchtimes</p> <p>Hive Room Tidy up the classroom Put border around the display boards</p> <p>Reception area Clear weeds behind basketball hoop Sand and paint steps – navy paint Hammerite on metal door frame</p> <p>Garden Weeding and clearing</p>	<p>If you are able to help out, please bring:</p> <ul style="list-style-type: none"> • Gardening gloves • Secateurs • Shears • Paint brushes/rollers

The name in professional Music Education for the Isle of Wight
Inspiring Young Lives Through Music



Dear Parents/Carers/Schools

We would like to thank all schools, parents and pupils for their support and dedication in the provision of music tuition this year. We have worked hard with schools to ensure safety of all parties, working in line with Covid Government guidelines and are delighted that in the majority of cases lessons have taken place as normal successfully. It really has been wonderful to be back in schools and helping pupils enjoy and continue with their musical development.

We have continued to provide a small number of online lessons, attend the majority of schools in person and have welcomed a number of new tutors to our Cooperative which is a reflection of the positive uptake of music following lock down. We are currently looking at setting up some after school clubs and some of our tutors may be available for continuation of lessons during the holidays so please do stay in touch and let us know if we can support you moving forward.

Mrs Helen Forster has spaces available for STRING lessons in September.

For any enquiries please contact our administrator Sammi Vine at office@iwmt.org.uk

You can also visit our Facebook page at – <https://www.facebook.com/wightmusic tuition>



Mr Carr has spaces available if any children wish to learn the guitar.

To sign up please go to www.iwmt.org.uk and simply fill out an application form.

Lessons are fun, rewarding and really help build children's confidence and boost self esteem.

Isle of Wight Music Hub Groups



Songwriting Club - Learn to write songs and develop your style in a friendly environment

When: First Wednesday of the month, 4.00 – 5.30

Where: Carisbrooke Church Hall, Carisbrooke High Street, PO30 1NR

Cost: £8 per session

Age range: 10 – 16

Led by: Starling Songwriters - <https://www.starlingsongwriters.co.uk/>

Sign up:

<https://docs.google.com/forms/d/e/1FAIpQLSfTrV6G3C5sEBsU0pza6MxC6PiQhcb6eW4FHODr8MQa0AO3Hg/viewform>

Music Club – Opportunities to develop your creative musical skills

When: Last Friday of the month

Where: Ryde Aspire, Trinity Buildings, Dover Street Ryde PO33 2BN

Cost: Free

Age range: 12 - 17

Led by: Em Johnson

For further information please call 01983 716020

Saturday Rock School – Contemporary instrumental lessons with opportunities to develop musical repertoire and perform

When: Saturday mornings, 2 hour blocks running from 9.30

Where: Platform One, 48 Dodnor Lane, Newport, PO30 5XD

Cost: £120 for 15 weeks

Age range: 11 – 16

Sign up: rockschool@platformone.org

Music Centre – ensemble playing opportunities for players of all ages and abilities

When: Saturday morning, 10.00 – 12.00

Where: Cowes Enterprise College

Cost: £35 a term (£105 per academic year)

Sign up: music@iowmusic hub.org

String Group:

Standard: Pre-grade 1 – grade 3

Led by: Ruth Edgerton

Wind Band: (For woodwind, brass and percussion players)

Standard: Grade 4 +

Led by: Donna Brihmani and Indra Riches

Music Centre Satellite Groups

String Group

When: Mondays during term time



Where: Room behind Godshill Methodist Church, High Street, Godshill, PO38 3HZ

Standard: Grade 1 – 3, 5.00 – 6.00pm, Grade 4 +, 5.00 – 6.30pm

Cost: As for Music Centre

Led by: Helen Foster

Sign up: music@iowmusic hub.org

Invitation!

Moved to the area? Want to try something new this autumn? Why not come and have fun singing with us on the 1st & 3rd Wednesday of every month, 7.15–9.15 pm in Brighstone Methodist Chapel? You will be made very welcome whatever your age, experience or ability.

Only £2.50 per session incl. refreshments

More details from Chris Biggs on 740936




5th & 19th October 2022

"Stormy weather..."
In Brighstone Methodist Chapel
7.00—9.00 pm

Refreshments available— still only £2.50 per session!



New members:
all ages & abilities
welcome!
Tel: Chris Biggs
740936

ALL WEATHER

TAPNELL FARM
ISLE OF WIGHT

PUMPKIN FESTIVAL

22nd - 30th OCTOBER



DRINKS & TREATS!

PUMPKIN FLINGING!

PICK YOUR OWN PUMPKIN PATCH!

GAMES & PRIZES

PUMPKIN CARVING

AXE THROWING!

LIVE MUSIC DAILY

Standalone event in Event Barn - Small additional charges for some activities - Full details online

www.tapnellfarm.com/events



HARVEST FEASTIVAL

WEDNESDAY 19TH OCTOBER 2022

MAINS

Harvest Chicken Casserole
or
Vegetable Pie (v)

SIDES

Mashed Potatoes, Yorkshire Pudding
Carrots and Broccoli

DESSERT

Apple and Rhubarb Crumble

Insert price if required (max point size 18)



 **SUNDAY 23RD OCTOBER 2022**
10 AM UNTIL 2 PM

MEDINA MARCHING BAND OPEN DAY

DO YOU WANT TO LEARN HOW TO PLAY AN INSTRUMENT, BUT UNSURE

HOW TO GET STARTED?

AGES 8+ & ALL ABILITIES WELCOME

NO EXPERIENCE NEEDED

WHAT'S IN STORE DURING OUR OPEN DAY...


A Wide Selection Of Instruments To Try


Try On Uniform - Look & Feel Like One Of Us!

Group & 1-2-1 Sessions

Tea & Coffee

Performance From Medina Marching Band Where YOU Can Join In!

 medinamarchingband@gmail.co.uk

 Call 07837 792 518

 www.medinamarchingband.org.uk

 Christ The King College | Wellington Road | Newport | PO30 5QT



**MEDINA MARCHING
BAND IW
ARE RECRUITING!**

MORE THAN JUST A MARCHING BAND...
PERFORMING ON & OFF THE ISLAND, ACROSS THE UK & ABROAD...
PARADES, SHOWS, PRESTIGIOUS EVENTS, MILITARY TATTOOS &
CONCERTS... CREATING CAREER OPPORTUNITIES FOR THE
UK ARMED FORCES & HM ROYAL MARINES BAND SERVICE.
SOCIAL EVENTS & BUILDING FRIENDSHIPS.

MAIN REHEARSALS TIME & PLACE

MONDAY & WEDNESDAY EVENINGS, 7PM UNTIL 9PM
AT CHRIST THE KING COLLEGE, WELLINGTON ROAD,
NEWPORT, PO30 5QT.

BEGINNER WORKSHOPS

SUNDAY MORNINGS, FROM 10 AM
UNTIL 11 AM, ARE DEDICATED
WORKSHOPS FOR ALL AGES &
ABILITIES. OFFERING 1-2-1
LESSONS AND EXTRA
TUITION.



**£35
PER
YEAR
ANNUAL
MEMBERSHIP**

GET IN TOUCH FOR MORE INFO

E: MEDINAMARCHINGBAND@GMAIL.COM | W: WWW.MEDINAMARCHINGBAND.ORG.UK

M: 07837 792 518



Isle of Wight Secondary Colleges and 6th Form
2022-23 Open Day/Evening dates
(as at 23/9/2022 V2)

School/College	Date	Time
Carisbrooke College	27/09/2022	Y6 open evening 5-8pm
Christ the King College	21/09/2022	Y6 open evening at 3.30pm
	02/11/2022	6 th Form open evening 4pm
Cowes Enterprise College	Week commencing 17/10/2022	No specific dates, parents make appointments
Island Free School	8/10/2022	10am-2pm no need to make appointments for the open day. HT talk 11am, 12 noon and 1pm for which booking is required via https://www.theislandfreeschool.org/ before 4pm Monday, 3 rd October 2022. Please bring your ticket with you.
Medina College	20/09/2022	Y6 open evening 5-8pm
Ryde Academy	05/10/2022	Y6 open evening 4-7pm https://drive.google.com/file/d/1-k2RdYibGn9nzBjhdWXLblwre-YC4nZK/view
	9/11/2022 Note this has moved from 10/11/22	6 th Form open evening 4-7pm
Ryde School	08/10/2022 & 04/02/2023	10-12.30pm Parents are requested to register via website https://www.rydeschool.org.uk/admissions/open-days-visits or by emailing admissions@rydeschool.net
	24/11/2022	6F open evening 6.30-9pm
St George's School	n/a	Thursday, 29 September 2022 1.30-3.30pm And 5pm-7pm
The Bay CE School	06/10/2022	Y6 open evening Presentation 5pm followed by tour Presentation at 6pm followed by tour
The Island VI Form	03/11/2022	6 th Form open evening 5-8pm
The Priory School of our Lady Walsingham	n/a	Don't hold open days. Ring up to make an appointment for a show round. Marion Ahmed - Tel: 861222 or email: mail@prioryschool.org.uk

APPLY NOW FOR 2023



COWES
ENTERPRISE COLLEGE
AN ORMISTON ACADEMY

Educate for life





Be inclusive | Anyone can excel
Share what is best | Enjoy the challenge

We are pleased to announce that we will be holding an Open Month for Year 6 to Year 7 admissions from Monday 3rd October until Friday 21st October

Our Open Month replaces an Open Evening and will allow us to be able to show you around our fantastic school, giving you a first-hand experience of what it is like to be a pupil at Cowes Enterprise College.

45-minute tours will take place on Wednesdays, Thursdays and Fridays during the school day, and will be led by a member of the senior leadership team who will be able to answer any specific questions you have about year 7, our curriculum and enrichment opportunities.

In addition to this, we are pleased to offer additional opportunities to view our facilities on Tuesday 18th and Thursday 20th October at 3.30pm and 4.30pm.

If you wish to visit the academy for a tour, please call 01983 203103.




T: 01983 203103 | E: info@cowesec.org

www.cowesec.org

[OAT]
Ormiston Academies Trust
AN OAT ACADEMY

Ofsted
Good Provider



Medina College
ASPIRE AND ACHIEVE

Year 6 Students

Over the next few weeks we will be offering after school visits of the college.

If you were unable to attend our recent Year 6 Open Evening and would like to visit us, please call us on 01983 526523 or email anna.mursell@iwef.org.uk





SHORT STORY WRITING COMPETITION 2022

'The Sea'

Are You A Budding Author?

Enter our competition for a chance to have your story published and recorded by a celebrity!

ENTRY FEE (per story)

£8.00 for:

Adults (1500 - 2000 words)

£2.00 for:

12 - 17s (up to 750 words)

8 - 11s (up to 500 words)

Under 8s (up to 250 words with pictures)

ENTRY FORMS FROM:

Waterstones, Newport

Sight for Wight, Carisbrooke

Dress for Less, Newport

Email: admin@iwsb.org.uk



BETHANNIE HARE



DOMINIC MINGHELLA



MARK SIMMONS



RICHARD CADELL

For more information visit: sightforwight.org.uk

Award Ceremony on Monday 5th December 2022

Riverside Centre, Newport @ 7pm

ENTRIES MUST BE RETURNED BY 5PM ON FRIDAY 11TH NOVEMBER

Sight for Wight is the working name for Isle of Wight Society for the Blind

Registered charity number 1149415 Company limited by guarantee 6240404



ENTRY FORM Short Story Writing Competition 2022

'The Sea'

Name:							
Address:							
Please tick your age category below as at 11.11.2022							
18+ years	<input type="checkbox"/>	12 - 17 Years	<input type="checkbox"/>	8 - 11 Years	<input type="checkbox"/>	Under 8 Years	<input type="checkbox"/>
Telephone number:							
Email address:							
School attending:							
How did you hear about this competition?							

Fees: £8.00 per adult story & £2.00 if under 18. I enclose the following stories:

Story 1 title & word count	Story 2 title & word count	Story 3 title & word count

I enclose £ for my entries. Please put money in a sealed envelope attached to your entry and make cheques payable to **Sight for Wight**.

Deliver entries with fee by Friday 11th November 2022 to:

Short Story Writing Competition -
Waterstones, 118 High Street, Newport, IW PO30 1TP
Dress for Less, 114 St James' Street, Newport, IW PO30 5HB
Millbrooke House, 137 Carisbrooke Road, Newport, Isle of Wight PO30 1DD

Chris Cane: admin@iwsb.org.uk

I declare that the material is my own work and has not been previously published and I accept the terms and conditions overleaf.

Signature	
Signature of parent/guardian if under 18	
Printed name of parent/guardian	

Short Story Writing Competition Terms & Conditions



- All stories must be original, unpublished and the sole work of the author.
- Write your name at the top of each story.
- Word count is 1500 – 2000 words for adults, up to 750 words for 12 – 17s, up to 500 words for 8 – 11s, up to 250 words (with pictures) for under 8s.
- Make sure you have ticked the relevant age category box and entered the word count for each story.
- Please type your story if possible, and make sure you use a 12 font (minimum), line spacing 2.0.
- All entries must have a title and be unbound with no illustrations (apart from Under 8s category).
- Entries to be emailed if possible or submitted to Waterstones, Dress for Less or Sight for Wight.
- Entries by email or people with sight loss to: admin@iwsb.org.uk
- Closing date for entries is Friday 11th November 2022 at 5pm.
- Winners will be announced on Monday 5th December 2022 at our Award Ceremony.
- All stories must be accompanied by the entry fee of £8.00 per story for adults and £2.00 for under 18s. Cheques to be made payable to: 'Sight for Wight'.
- Entries will not be returned so please keep a copy.
- The judge's decision is final. No communication will be entered into.
- Entrants agree to grant Sight for Wight a non-exclusive irrevocable licence to reproduce, record, publish and share for any purpose related to the competition in any medium, including print, audio and digital. This includes, but is not restricted to use in press, radio and on websites.
- Disclaimer - The information given in these Terms & Conditions is correct, but Sight for Wight reserves the right to change any of it without prior notice. By entering the competition, entrants will be deemed to have agreed to be bound by these Terms & Conditions. Any breach of these Terms by an entrant will void their entry. If a breach has occurred, but is discovered after the award of a prize, then the organisers may require the return of that prize.
- By entering, you also agree that, if selected as a winner of any prize, Sight for Wight may share your name with local media for the purpose of publishing the details of all winners.
- By entering this competition you consent to Sight for Wight retaining your personal details for the administration and promotion of this competition and to receive correspondence regarding future competitions. Further information can be found in the Sight for Wight Privacy Policy on the Sight for Wight website: www.sightforwight.org.uk
- Sight for Wight respects your privacy and never sells data to any third party.

Play Youth Rugby



Ages 5 - 18

We have spaces available for children in Year 3 (under 8s)

Male and Female players very welcome

Fees for the whole season are only £55

First two taster sessions are free of charge

Held at IWRFC (Wootton Recreation ground, PO33 4NQ)

New Coaches and Volunteers also very welcome - email for details

FREE RFU accredited training available for all current and aspiring coaches

Visit www.vectisrugby.co.uk or email:
vectisrfccoaching@gmail.com

Play Junior Rugby



Boys and Girls

New players welcome from September

Teams and age groups

Under 6s (Year 1) - Venue IWRFC (Wootton) Sundays 10:00-11:00

Under 7s (Year 2) - Venue IWRFC (Wootton) Sundays 10:00-11:00

Under 8s (Year 3) - Venue IWRFC (Wootton) Sundays 10:00-11:00

Under 9s (Year 4) - Venue IWRFC (Wootton) Sundays 10.00-11.00

Under 10s (Year 5) -Venue SSRFC (Sandown) Fridays 16:15-17:30

Under 11s (Year 6)- Venue IWRFC (Wootton) Sundays 10.00-11.30

Under 12s (Year 7)- Venue IWRFC (Wootton) Sundays 10.00-11.30

*Please note there may be slight changes to times when the season starts

Returning every Sunday from 4th September 2022.

Sessions are all delivered by experienced coaches with first aid qualifications and DBS Checks.

Register your interest for September 2022 at www.vectisrugby.co.uk or email:

vectisrfccoaching@gmail.com

ADULT LEARNING

Autumn 2022

All courses take place at
The Learning Centre, Westridge, Ryde,
PO33 1QS unless otherwise stated.

CITY AND GUILDS FUNCTIONAL SKILLS FREE ENGLISH AND MATHS COURSES

Classes available in Ryde, Newport,
Sandown, Freshwater and East
Cowes. **For more details, please
contact ac@iow.gov.uk**

FREE CAREERS APPOINTMENTS

Advice and guidance to enable you
to realise your potential, so that
you can confidently take the next
step into learning or employment.
**For more details, please
contact ac@iow.gov.uk**



For more information
and to book your place
please get in touch.

iow.gov.uk/ACLcourses
01983 817280
ac@iow.gov.uk
IWCACL

FREE ONLINE COURSES

Short courses on offer through the
Equal Learning Platform include
modules in, English and Maths,
Childcare and Education, Business,
Leadership and Management,
Health and Safety, Retail and
Hospitality, Health and Social
Care, Personal Development
and Employability, Health and
Fitness and Sustainability.

Electronic certificates available on
completion. **For more details,
please contact ac@iow.gov.uk**

*Concessionary rates are
offered to learners who
are in receipt of specific
means tested benefits.



All courses are
for adults (19+ years old)

ICT

Computers for Beginners

6 week course ▶ Tuesday 13 September
to 18 October ▶ 9.30am to 12.30pm ▶
Free

Computers for Beginners

Downside Centre, Furlongs,
Newport PO30 2AX
6 week course ▶ Monday 31 October to
5 December ▶ 1pm to 4pm ▶ Free

Essential Digital Skills For Life

Level Entry 3

12 week course ▶ Monday 12 September
to 5 December ▶ 1pm to 3.30pm ▶ Free
12 week course ▶ Thursday 15 September
to 8 December ▶ 6pm to 8.30pm ▶ Free

Essential Digital Skills For Work

Level 1

12 week course ▶ Thursday 15
September to 8 December ▶
9.30am to 12.30pm ▶ Free

ICT (CONTINUED)

ICDL Word Processing Level 1 and 2

6 week course ▶ Monday 12 September
to 17 October ▶ 9.30am to 12.30pm ▶
Free

ICDL Spreadsheets Level 1 and 2

6 week course ▶ Tuesday 13 September
to 18 October ▶ 1pm to 4pm ▶ Free

ICDL Presentation Software Level 1 and 2

6 week course ▶ Tuesday 1 November to
6 December ▶ 9.30am to 12.30pm ▶ Free

Researching your Family History for Beginners

3 week course ▶ Sunday 6 to 20
November ▶ 10.30am to 12.30pm ▶
£35/£20*

AKT

Travel Poster Art

3 week course ▶ Monday 3 October to 17
October ▶ 10am to 1pm ▶ £55/£32*

Pen & Wash Still Life

Workshop ▶ Wednesday 5 October ▶
10am to 3pm ▶ £35/£22*

Poppy Watercolour

Workshop ▶ Friday 14 October ▶
10am to 1pm ▶ £20/£12*

Understanding & Mixing Colours

Workshop ▶ Wednesday 19 October ▶
1 to 4pm ▶ £20/£12*

Abstracts using Painting Knives

3 week course ▶ Wednesday 2 to 16
November ▶ 10am to 1pm ▶ £55/£32 *

AKT (CONTINUED)

Acrylic Seascapes

Workshop ▶ Monday 7 November ▶
10am to 3pm ▶ £35/£22*

Encaustic Art

Workshop ▶ Saturday 12 November ▶
10am to 3pm ▶ £35/£22*

CRAFT

Mosaic Garden/Window Suncatchers

2 week course ▶ Saturday 17
September ▶ 10am to 3pm ▶ Sunday 18
September ▶ 10am to 12pm ▶ £45/£28*

Needle Felted Land or Seascape Picture

Workshop ▶ Thursday 20 October ▶
10am to 3pm ▶ £35/£22*

Feng Shui for your Home

5 week course ▶ Wednesday 2 to 30
November ▶ 6 to 8pm ▶ £60/£35*

Revamp your Clothing using Japanese Boro

4 week course ▶ Thursday 3 to 24
November ▶ 10am to 1pm ▶ £65/£35*

Simple Embroidery Stitches

2 week course ▶ Friday 4 to 11
November ▶ 10am to 12.30pm ▶
£35/£22*

Felt a Poinsettia Flower

2 week course ▶ Friday 18 to 25
November ▶ 10am to 12.30pm ▶
£35/£22*

Silk Painted Scarf

Workshop ▶ Thursday 1 December ▶
10am to 3pm ▶ £35/£22*

Felt Christmas Decorations

Workshop ▶ Friday 2 December ▶
10am to 3pm ▶ £35/£22*

CRAFT (CONTINUED)

Air Dry Clay

2 week course ▶ Wednesday 7
December ▶ 6 to 8pm ▶ Wednesday 14
December ▶ 6 to 7pm ▶ £20/£16*

HEALTH AND WELLBEING

Warming Winter Tonics & Teas

Workshop ▶ Saturday 15 October ▶
10am to 1pm ▶ £20/£12*

For more information
and to book your place
please get in touch.

iow.gov.uk/ACLcourses
01983 817280
ac@iow.gov.uk
IWCACL

WORKSHOP DAY

£10/£5*

Workshop ▶ Sunday 9 October ▶
10am to 12pm

Beginners Knitting - Cosy Mug Holder

Creative Collage

Decoupage Glass Jars

CHRISTMAS THEMED

WORKSHOP DAY

£10/£5*

Workshop ▶ Sunday 4 December ▶
10am to 12pm

Mini Stocking

Needle Felted Bauble

Foliage Wreath

Evening Concert

by Langley Park Girls School Band & Choir

At **St Andrew's Church, Chale**

on **Saturday 15th October 2022**

7pm to 8pm

Free Refreshments and Entry



An upbeat programme for all the family, including music from shows, film and popular light classical numbers by 45 talented musicians

All donations to



supporting local families and young people.
Charity Registered No.1160139



MONTHLY SONG WRITING & RECORDING CLUB

LEARN TO WRITE LYRICS, DEVELOP SONGS AND FIND YOUR STYLE IN A FRIENDLY ENVIRONMENT

FOR AGES 10 TO 16 YEARS
OPEN TO ALL - NO MUSICAL EXPERIENCE REQUIRED
SUPPORTS COURSEWORK FOR MUSIC GCSE/BTEC

FIRST WEDNESDAY OF THE MONTH
(RUNS OCTOBER TO JULY)
CARISBROOKE CHURCH HALL
4PM - 5.30PM. £9.00 PER MONTH

SIGN UP AT WWW.STARLINGSONGWRITERS.CO.UK
OR CALL/TEXT: 07432739733

in partnership with



Brighstone C.E. Aided Primary School

New Road, Brighstone, Isle of Wight, PO30 4BB
Tel: 01983 740285
Headteacher: Mrs R Lennon

MID-DAY SUPERVISORY ASSISTANT (MSA)

5 hours per week
term time (44.8 weeks)
Daily Lunchtime Duty

PERMANENT POST
Scale NJC point 2
(£2,155.71 per annum)

To join our staff team to support pupils whilst eating and during their lunchtime play

Application packs available from our school office,
by emailing office@brighstoneprimary.org.uk
or from our school website

Closing Date: Monday 10 October 2022

We are committed to safeguarding the welfare of children and expect all our staff to share this commitment. An enhanced DBS check is required for the successful applicant.

Anyone who needs assistance with funding their child's activities please email
ian.mcandrew@westwight.org.uk
 or go to our website to find out how to apply, as there is financial support available.



All activities must be booked in advance including fun hours and swimming.

All under 8's must be accompanied by an adult on the premises during all activities.

Swimming pool – book online – to book online you need to register with us on 752168 and we will give you a pin.

Booking terms and conditions

ACTIVITIES

- Payment must be made in full at time of booking
- Users and members are asked to notify us as soon as possible if attendance at a booked activity is not possible
- Bookings can be cancelled at any time. No refund will be given for cancellations less than 24 hours before a booked activity
- Members who do not attend booked sessions will be required to pay the cost of a non-member at that session
- We reserve the right to refuse further bookings from anyone who repeatedly does not honour their booking or the terms and conditions
- Bookings can be made 9 days ahead.
- Children under 8 must be accompanied by an adult on the premises during all activities
- Minimum age for swimming lessons is 4 years.

ONLINE BOOKINGS – CHILDREN'S ACTIVITIES

- Only Fun Hour and Open Swim can be booked online
- Users/members must be registered, with a valid email address and issued with a unique PIN in order to be able to access the online booking portal. Please telephone and ask for your PIN and details

- We reserve the right to suspend an online booking account at any time
- Bookings can be made online up to 2 hours before the time of the booking. After that time bookings should be made over the phone
- Bookings can be cancelled online no later than 24 hours before the booking. After that time bookings must be cancelled over the phone
- Payments cannot be refunded online. Please call us to process your refund

SWIMMING COURSES

- In the event of a cancellation of a swimming course by a customer, full fee will be retained unless the place can be re-sold, in which case a refund of 80% of the fees or pro-rata if the course has commenced
- In the event of cancellation by us 100% refund will be issued or pro-rata if the course has commenced

We accept the following payment cards:



24-30 October, 2022

HALF-TERM FUN



SWIMMING LESSONS

KAYAKING • SKATEBOARDING

SNORKELLING • RAFT RACING

CLIMBING • SPORTS CLUB

DIVING • MERMAIDS

JUDO TASTER

OPEN SWIM SESSIONS

FUN HOURS



West Wight
Sports & Community Centre

Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168
www.westwight.org.uk
E-mail: info@westwight.org.uk

Reg. Charity No. 273334

OCTOBER HALF-TERM FUN

SWIMMING LESSONS 5 DAY WEEK £36.50

24-30 October

Learner Pool

0900-0930 – Non Swimmer Happy to go in the water in armbands.
 0930-1000 – Beginner Swimmer Ready to swim without armbands.
 1000-1030 – 5m Water confident, can swim 5-10m on front and back.

Main Pool

0900-0930 – 10-50m Can swim minimum 10m on front and back and happy to put face in water.
 0930-1000 – 50m+ Can swim minimum 50m using good front crawl, back crawl and breaststroke.

MONDAY

Kayaking – 1000-1100 – 8-11 years – £8 – An introduction to kayaking through fun and games. Must be able to swim at least 25m.
Skateboarding – 1600-1650 & 1700-1750 – 5-17 years – Suitable for all abilities and equipment provided.
 Book via www.bookwhen.com/skateclub
 £6 per session or book 4 sessions to receive an automatic discount to £20.

TUESDAY

Snorkelling – 1000-1100 – £5.50
 Must be able to swim at least 25m and be happy under the water.
Judo Taster – 1630-1730 – 5-11 years – Free
 Introduction to basic Judo skills and movement techniques with Freshwater Judo Club.
 Email sutw@hotmail.com, phone 07712 453 709 or just come along.

WEDNESDAY

Raft Racing – 1000-1100 – 6yrs + – £5.50 – Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50m.
Climbing – 1430-1530 & 1530-1630 – 7-12 years – £15
 A fun session suitable for all abilities.
 Waiver form will need to be completed.

THURSDAY

Sports Club – 0930-1030 – 7-11 years – £5.50
 A fun session including Soft Archery and team sports.
Diving – 1000-1100 – £8
 Must be able to swim at least 25m, be happy underwater and be able to perform a head first entry into the pool.
Climbing – 1400-1500 & 1500-1600 – 7-12 years – £15
 A fun session suitable for all abilities.
 Waiver form will need to be completed.



FRIDAY

Mermaids Main Pool – 1000-1030 – £5.50
 Must be able to swim at least 25m+ and be happy under the water.
Mermaids Small Pool – 1030-1100 – £5.50
 Must be able to swim at least 10m+ and happy under the water.
Climbing – 1300-1400 & 1400-1500 – 7-12 years – £15
 A fun session suitable for all abilities. Waiver form will need to be completed.

OPEN SWIM SESSIONS

Mon-Sun 1400-1500, Mon-Thurs 1500-1600. No lanes, diving boards in use – great for a family swim session.
 Adults £5.50, Children/under 20s £3.

FUN HOURS

Fun and floats in our pool.
 Under 8's MUST be accompanied in the water at all times. £4.
 Mon-Fri 1100-1200
 Sat & Sun 1000-1100



ADULT COMMUNITY LEARNING

ALL COURSES ARE FOR ADULTS 19+



For further information or to book a place on any /all of these sessions please contact:

info@thecrossley.co.uk or phone 01983 861164

90 Minutes to Family Calm Series

Join our **FREE** (fully funded) online classes! - **Join one or join them all....**



BRAIN TRAINING FOR CALM

- 2nd November

TAMING THE EMOTIONS MONSTER

- 9th November

SENSIBLE ABOUT OUR SENSES

- 16th November

BUCKET FILLING FOR SELF-ESTEEM

- 23rd November

RELAXING OUR KIDS

- 30th November



November 2022
Wednesday evenings
6:00 -7:30

Booking & enrolment required to secure a place on any or all these sessions.

**enrolment required just once (for any number of sessions) per academic year*

DON'T FORGET TO USE YOUR AMAZON WORLD ZOO PARK ISLANDER DISCOUNT CARD THIS WINTER !



This gives you reduced price entry to the whole zoo!

Including:

1000 Animals across 100 species,
Monkey madness indoor soft play

Museum

Dino dig

Jurassic outdoor play park

Adventurers cafe

& Toucan gift shop

For more information:

visit - www.amazonworld.co.uk/I_D_Card.html

call - 01983 867122

email - amazonworld@rocketmail.com

or drop us a message on facebook


Subject to availability

COWES GRAPHICS COMPETITION 2022


1. This competition is administered by Cowes Town Council.
2. **Background.** A meeting held by the newly formed Cowes Promotions & Marketing Group decided that the old Cowes logo and strapline shown below was a little outdated and that we should explore the possibility of getting a new logo and strapline, hence this competition.
3. **Entries.** Entries must be in either an A4 or A3 format, landscape or portrait and can be in any medium you wish eg computer graphics, crayon, paint, etc.
4. **Judging.** The judges will not be looking for perfectly formed graphics but more for a 'concept' which reflects the image of Cowes both with its maritime and yachting history but also the part it plays in this modern world. It could be that the judges decide on the imagery from one entry but a strapline from another entry.
5. **Copyright.** The copyright of the winning entry/entries will become the property of Cowes Town Council and may be used for flags, banners, merchandise, letterheads, etc.
6. **Prize Money.** The winning entry will win £250. This may be split if there are 2 winners.
7. **Time Scale.** All entries must be received at the Cowes Town Council office by the end of December 2022. You must write your name and address and telephone number on the back of your entry, and if you are under 16 years of age, your age.
8. **Contact.** Cowes Town Council, Northwood House, Ward Ave., Cowes, IOW, PO31 8AZ.
Tel. 01983 209022. Email: townclerk@cowestowncouncil.org.uk

9. Old Logo:



Rotary 

For disadvantaged & displaced children
in Albania, Montenegro, Moldova
& Romania



WESSEX ROTARY SHOEBOX SCHEME
(Wessex Rotary CIO Trust fund)
Reg Charity No 1183094

For more information contact:

LOCAL CONTACT:

TELEPHONE:

FINAL DATE FOR RECEIPT OF SHOEBOXES:
31 OCT 2022

FLAT PACKED
BOXES ARE
AVAILABLE FROM
YOUR CHILD'S
CLASSROOM

MORE BOXES ARE
AVAILABLE FROM
THE MAIN SCHOOL
OFFICE

ASPIRE'S WELCOMING WARM SPACE

Apire Ryde, Dover Street,
Ryde, PO33 2BN

We are opening our doors to offer
a free, warm spaces for people to
drop in to during the winter
months.

Tuesday to Friday Mornings
10 until 2

There will be Tea and Coffee and
light meals available as well as
opportunities to socialise or simply
read and relax



Charity Number: 1163336

Includes over
£50
worth of savings
to use across Tapnell Farm!

TAPNELL
FARM  **PARK**

WINTER

Season Passes

JUST £28 PER PERSON!

Under 2's FREE

Valid from 3rd November 2022 - 24th March 2023

Unlimited FREE ENTRY - See winter opening times on website

Transferable adult season pass when accompanying a child season pass holder
(see website for full T&C's)



TAPNELL  **PARK**
ALL WEATHER EXPERIENCE
Christmas at Tapnell
Saving Santa's Sleigh

THE ISLAND'S
ANNUAL
WINNING
EVENT!

Discounted tickets for Season Pass Holders!

BUY ONLINE

FOR FULL DETAILS www.tapnellfarm.com/play

FREE