The Buzz 9th September 2022 &

Earning and Achieving Through

Love, Courage and Respect

Dear parents, carers and children,

It is with great sadness that we start our first Buzz newsletter of the academic year with the news of the death of **Queen Elizabeth II**. In our worship today, we gave thanks for the Queen's long life and service to our country and to remember what a special and important person she has been in our country's history. She was strong role model and an inspiration to many people, who dedicated her life to serving the nation and beyond. She will be very much missed by so many people across the world.

If your child would like to create pictures or to write letters, poems or prayers for the Queen and the Royal family, we would love to see them. We will also have a Book of Condolences available for the children and any parents who wish to write a special message. This will be available in our school foyer.

For you

For this first Buzz of the year, I would like to extend a **warm welcome** to all our new families, and a warm welcome back to everyone! We hope you feel very happy and settled here in our little community. In this newsletter, you will find a range of information, events (both in school and those led by external organisations), poems, words of wisdom, and information about our Collective Worship theme each week. We hope you enjoy reading it.

Thank you to those who were able to come along to our **Meet and Greet Information Evening** on Tuesday. I hope you found the session informative. If you have any further questions, please don't hesitate to contact your child's class teacher or Debbie in the school office. We would like to hold more activity sessions and workshops for parents, which may include online safety, Maths skills (find out how to help your child with their Maths), healthy cooking on a budget, phonics and so on. Please let us know what you might find useful (by emailing or texting), so we can organise them.





Over the next few weeks, we will be holding 'Share a Story' sessions for parents to come along and read with their children. You will find the dates on p6 of the Buzz. These sessions are informal and a chance to do what it says on the tin: share a story! Please come to the office at 2.15pm on the allocated days where you will be signed in and taken down to the classrooms.

You will have received your class newsletters and topic webs this week, and they are also available on the class pages on our school website. This is also where you will find letters that are sent home.

Take care and best wishes,

Mrs Lennon and the Brighstone Team



Collective Worship - Generosity

This half term's Collective Worship focus is generosity.

Today, we held a special worship in which we mourned the death of Queen Elizabeth II, and celebrated her life.

The Queen's favourite story was 'The Good Samaritan', and she dedicated her life to faithfully serving the nation and beyond. She showed great generosity with her time, and she extolled the virtues of servitude and generosity throughout her long life. The Queen always paid honour to those who make a contribution to their communities in all walks of life and in all sorts of ways. She praised and thanked people who served others in their jobs as well as those who give service and show generosity in their spare time.

I wonder how you can follow in her footsteps and show generosity to others? How can you help each other?



Gracious God,

We give thanks for the life of your servant, Queen Elizabeth,

For her faith and her dedication to duty.

We thank you for her long life of serving others.

Bless our nation as we mourn her death

And may her example continue to inspire us. Through Jesus Christ our Lord,

Amen



When life seems hard, the courageous do not lie down and accept defeat; instead, they are all the more determined to struggle fo a better future.

School Dinners

Children in Year R, 1 and 2 are entitled to a 'universal' free school meal everyday.

Children in Years 3-6 are charged at £2.35 (Price increase) per day.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Pizza	Chicken Burger	Roast Gammon	Beef Bolognese	Fish Fingers	
Option 2	Tomato Pasta	Mac 'n' cheese	Sweet Potato and Chickpea Roast	Butternut Squash and Tomato Bake	Quorn Nuggets	
Dessert	Chocolate Ice Cream	Brownie	Shortbread	Banana Cake	Choc & Raspberry Cake	

Poetry Corner

This is a poem written by Jacob Millis, from SWAY, written for the Queen's Platinum Jubilee. It seems fitting to republish it.

MAJESTY

As the elden Oak rises, so in strength shall she As long as thy tempest roll so shall it be The moon and sun in their constant flight, will shine upon her day and night Her crowning, blessed, majesty

As sure as dawn turns to dusk, so shall she reign As constant as the western wind, her rule shall be ordained Her stirring soul, her patient care, her reign that fears no compare Her steadfast rule, maintained.

To all those she inspires, rise up with newfound might To all those she emboldened, don't ever lose your fight Her lasting grit, her inspiring word, all around her voice is heard Her reign, her own, by rite

As Diamonds glimmer in the earth, her crown shall glimmer more As precious stones glow in dells, her jewels shall show no flaw The radiant gems, the vibrant hues, arrayed in gold an artist muse For her all hearts shall thaw

For all that she has done, we celebrate it now For all that she will ever do we take a solemn vow So on this day her Jubilee we dance and cheer and sing with glee And take the knee to bow.

> Whole school dates See p4 of the Buzz

> > <u>Reminders</u>

Check our FACEBOOK page for updates!

https://www.facebook.com/BrighstoneCEPrimarySchool All long hair (boys and girls) should be tied back in school colours.

The one-way system is still in operation in the mornings.

Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Punctuation



Attendance Matters!



Week Commencing 18th July Whole School attendance target: 96.5% Actual Attendance: 96.5% Late marks this week: 1!

A great start to the year!!

Golden Book

Bumble Bees	The whole class for settling in so well.
	Kieran - a super Maths explanation to Year 2 children.
	Quinn - for a super start in joining Brighstone Primary School.
Honey Bees	Myles - for trying his best this week and for fantastic
	behaviour.
	Grover - for a fantastic contribution in English this week.
	Freddie H - for really trying hard in English.
Ivy Bees	Alfie L - For showing his fabulously positive and determined
	attitude at the beginning of the school year.

















Children and young people of all ages will see and hear the news of the Queen's death.

As our second Elizabethan era draws to a close and we enter a period of mourning, the death of Queen Elizabeth II will touch everyone. Children and young people of all ages will see and hear the news. Like the rest of us, they've seen the entirety of their lives under her reign. Here is some advice for helping children cope with bereavement and grief.

1. The child or young person cries a lot

Empathise. They may need lots of reassuring. Licensed Practitioners will know to use the Vital Relational Functions (VRFs) to attune, validate, contain and regulate the child or young person.

2. Relatively minor events trigger intense emotional responses During intense emotional responses such as tears, explosive anger or times of shutdown, stay steady and teach calming body exercises such as breathing techniques or introduce the use of fiddle toys. Loss can trigger fight, flight or freeze responses which makes us less tolerant.

3. The theme of loss comes into conversation frequently Talk about death and loss. Use the child or young person to steer the conversation and offer helpful responses that are in line with the level of conversation they're ready for. Read books and therapeutic stories. Watch animations and films about loss and bereavement.

4. Out of character, the child or young person starts to lose important belongings

Try not to get angry or show your frustration or irritation. When we deal with loss we can be preoccupied. We don't remember things as clearly. Retrace steps with them. Spend time alongside them. Search together.

5. They frequently ask for help with things they can easily do themselves Calmly offer help even though you know they can do the things themselves. This behaviour is communicating that they want connection. They are using the activity or task as a way of being able to ask for it. You'll notice that when they feel steadier, those requests for help will reduce. 6. Performance may decline as they struggle to concentrate Offer additional help and resources to support with work in the classroom where needed. Loss presents as threat. So when dealing with it, we can lose our focus as our bodies need the 'energy' to survive. Offering help and additional resources now will mean that any decline in performance will quickly reverse.

7. Play starts to focus on death

Observe their play. Provide suitable play materials and equipment. And if they seem willing, look for an opportunity to join in. Follow their lead. Children and young people use play as a way of processing and dealing with the loss they are experiencing.

8. They develop fears that may seem unrealistic to adults When a child or young person becomes anxious or nervous, take their fears seriously. Even though *you* know they're unrealistic, they feel real to them and it's important to respect this. Encourage them to put their feet on the floor and use their senses to ground them. Gently pose questions that you can offer supportive answers to. This will test their fears and help to alleviate them.

9. They have trouble sleeping or start wetting the bed Develop bedtime routines that include bath, story, cuddles, toilet and bed. Sleep problems and bed wetting can be a sign of separation anxiety and this may increase when a loss has occurred. Providing a bedtime routine, or

returning to a routine if the child is older, will help.

10. They imagine that they have contributed in some way to the death Reassure them that this isn't the case. Children and young people have a sense of omnipotence. This means they may find it difficult to separate themselves from what has happened and believe they have had a direct involvement. Validate the emotion, take their beliefs seriously. Show empathy and offer lots of reassurance that they have not caused the death.





Would you like to join our team?

Would you like to become a parent governor at our school?

School governors make a positive contribution to children's education by offering support and challenge to help raise standards and monitor resources effectively. School governors work as a team and come from a wide variety of backgrounds to add value to school life by offering their skills, expertise, and time.

Being a governor at Brighstone Primary School is rewarding, and we are committed to raising educational standards. We are looking for dedicated individuals who want to make a difference in the lives of children and are willing to share their experience and ideas.

If you have a passion for improving the life chances of children and can offer supportive challenge to the leadership of our school to help us to fulfil our vision, please contact Steve Fairclough (Chair of Governors) or Lisa Abbott (Clerk to the Governors) in the first instance for an informal chat and to arrange to have an application form sent to you. Contact details: <u>chair@brighstoneprimary.org.uk</u>, <u>clerk@brighstoneprimary.org.uk</u>. We will reply within 48 hours on working days.

Governors do not need any formal qualifications but must be aged 18 years and over. DBS checks and training will be undertaken.

Closing date for interested parties to enquire and submit application form is 3pm on Friday 16th September 2022

We look forward to hearing from you!



The name in professional Music Education for the Isle of Wight Inspiring Young Lives Through Music



Dear Parents/Carers/Schools

We would like to thank all schools, parents and pupils for their support and dedication in the provision of music tuition this year. We have worked hard with schools to ensure safety of all parties, working in line with Covid Government guidelines and are delighted that in the majority of cases lessons have taken place as normal successfully. It really has been wonderful to be back in schools and helping pupils enjoy and continue with their musical development.

We have continued to provide a small number of online lessons, attend the majority of schools in person and have welcomed a number of new tutors to our Cooperative which is a reflection of the positive uptake of music following lock down. We are currently looking at setting up some after school clubs and some of our tutors may be available for continuation of lessons during the holidays so please do stay in touch and let us know if we can support you moving forward.

Mrs Helen Forster has spaces available for STRING lessons in September.

For any enquiries please contact our administrator Sammi Vine at office@iwmt.org.uk

You can also visit our Facebook page at - https://www.facebook.com/wightmusictuition

Isle of Wight Music Hub Groups



Mr Carr has spaces available if any children wish to learn the guitar.

To sign up please go to <u>www.iwmt.org.uk</u> and simply fill out an application

form.

Lessons are fun, rewarding and really help build children's confidence and boost self esteem.

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	ISLE OF WIGHT MUSIC HUB
Songwriting C	lub - Learn to write songs and develop your style in a friendly environment
When:	First Wednesday of the month, 4.00 – 5.30
Where:	Carisbrooke Church Hall, Carisbrooke High Street, PO30 1NR
Cost:	£8 per session
Age range:	10-16
Led by:	Starling Songwriters - https://www.starlingsongwriters.co.uk/
Sign up:	
https://docs.g	oogle.com/forms/d/e/1FAIpQLSfTrV6G3C5sEBsU0pza6MxC6PiQhcb6eW4FHODr8MQa
0AO3Hg/view	form
Music Club - (Opportunities to develop your creative musical skills
When:	Last Friday of the month
Where:	Ryde Aspire, Trinity Buildings, Dover Street Ryde PO33 2BN
Cost:	Free
Age range:	12 - 17
Led by:	Em Johnson
For further inf	ormation please call 01983 716020
Saturday Rock	School – Contemporary instrumental lessons with opportunities to develop musical
repertoire and	
When:	Saturday mornings, 2 hour blocks running from 9.30
Where:	Platform One, 48 Dodnor Lane, Newport, PO30 5XD
Cost:	£120 for 15 weeks
Age range:	11 - 16
Sign up:	rockschool@platformone.org
Music Centre	 ensemble playing opportunities for players of all ages and abilities
When:	Saturday morning, 10.00 – 12.00
Where:	Cowes Enterprise College
Cost:	£35 a term (£105 per academic year)
Sign up:	music@iowmusichub.org
String Group:	
Standard:	Pre-grade 1 – grade 3
Led by:	Ruth Edgerton
Wind Band: (F	or woodwind, brass and percussion players)
Standard:	Grade 4 +
Led by:	Donna Brihmani and Indra Riches
Music Centre	Satellite Groups
String Group	
When:	Mondays during term time
Where:	Room behind Godshill Methodist Church, High Street, Godshill, PO38 3HZ
Standard:	Grade 1 - 3, 5.00 - 6.00pm, Grade 4 +, 5.00 - 6.30pm
Cost:	As for Music Centre
Led by:	Helen Foster
Sign up:	music@iowmusichub.org

Who are Brighstone School Association (The BSA)?

We are simply a group of parents and teachers working in partnership to raise much needed funds for our children. We meet about once every half term. Most of us have full time jobs and other commitments as well as our own families.

Chair - Katherine Harrison; Vice Chair - Franki Barker;

Treasurer - Sarah Cartmell; Secretary - Kate Cambridge

What do we do?

We explore fundraising ideas such as cake sales, mufti, bingo, community events, school discos and Mothers' Day shop, to name a few.

One of our biggest fundraisers is Wolverton Folk and Blues Festival and we desperately need volunteers throughout the day!

We then use this money to support your children's education and enjoyment, such as paying towards trips, buying Easter and Christmas gifts, and donating towards equipment such as a new trim trail for the playground (coming soon).

How much do we need to raise each year?

On average we need to raise about £5k every year!

How can you help?

Join us: you are already a member as your child goes to our school! You can attend meetings and share your ideas too!

Support us: volunteer to help at events, bake cakes for cake sales. If every parent helped at one event every year it would make an incredible difference!

Promote our events: Attend events and share via social media and word of mouth. Join us on Facebook and Instagram!!





go ahead. We will confirm soon.



19th September 2022

After School in the Playground



Unwanted uniform donations welcome. Please place in box in office foyer the week before each sale.

Autumn Term 1: Breakfast and Afterschool Provision

5th September 2022 - 21st October 2022



If you wish your child to attend Breakfast or Afterschool Provision, please fill in the form below with days and times required.

Breakfast Provision 7.30am - 8.25am: Bookings will be charged at:

7.30am - 8.25 am: £4.50 8.00am -8.25am: £2.25

Afterschool Provision 2,45pm - 5,30pm:

Bookings will be charged at a standard hourly rate for the first hour £5.00 (regardless of time attended) Thereafter will be charged £1.25 per 15 minutes increments. After booking your place, no refunds will be made for cancellations. You are paying for your place not your attendance.

Breakfast Provision: 7,30-8,25	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: 5 th September 2022					
Week 2: 12th September 2022		()			
Week 3: 19th September 2022			8		5
Week 4: 26 th September 2022		5			2
Week 5: 3rd October 2022					1
Week 6: 10 th October 2022		is			1
Week 7: 17th October 2022		e. G			

Afterschool Provision: 2,45-5,30	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: 5 th September 2022		0		1	2
Week 2: 12th September 2022					
Week 3: 19th September 2022		19			
Week 4: 26 th September 2022		0	6		
Week 5: 3rd October 2022					7
Week 6: 10th October 2022					-
Week 7: 17th October 2022					6
Child's name:		Year Group:		Allergies:	9
Child's name:		Year Group:		Allergies:	
Parent or Carers Signature:		Contact number:		Date:	

Brigshtone Preschool enter via Warnes Lane Carpark. Contact us on 07707319843 or Email brighstonepreschool@gmail.com



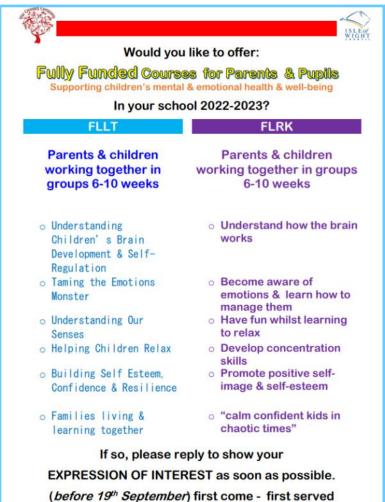


MEAL PRICE INCREASE FROM 1st

SEPTEMBER 2022

Due to the unprecedented inflationary pressures the market faces, we will be increasing your price per meal by 22p (from £2.15 to £2.37) from 1st September 2022





(bookings are limited)

info@thecrossley.co.uk

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Isle of Wight Secondary Colleges and 6th Form 2022-23 Open Day/Evening dates

School/College	Date	Time		
Carisbrooke College 27/09/2022		Y6 open evening 5-8pm		
Christ the King College	21/09/2022	Y6 open evening at 3.30pm		
	02/11/2022	6 th Form open evening 4pm		
Cowes Enterprise	Week commencing	No specific dates, parents make appointments		
College	17/10/2022			
Island Free School	8/10/2022	Timings and further details to be confirmed in September		
Medina College	20/09/2022	Y6 open evening 5-8pm		
Ryde Academy	05/10/2022	Y6 open evening 4-7pm		
	10/11/2022	6 th Form open evening 4-7pm		
Ryde School	08/10/2022	10-12.30pm		
	&	Parents are requested to register via website		
	04/02/2023	https://www.rydeschool.org.uk/admissions/open-		
		days-visits or by emailing		
		admissions@rydeschool.net		
	24/11/2022	6F open evening 6.30-9pm		
St George's School	n/a	Specifically arranged visits		
The Bay CE School	06/10/2022	Y6 open evening – time tbc		
The Island VI Form	03/11/2022	6 th Form oven evening 5-8pm		
The Priory School of	n/a	Don't hold open days. Ring up to make an		
our Lady		appointment for a show round. Marion Ahmed -		
Walsingham	0	Tel: 861222 or email: mail@prioryschool.org.uk		

