

The Buzz

13th May 2022



Learning and Achieving Through
Love, Courage and Respect

Dear parents, carers and children,

We are very proud of our Y6 children who had their **KS2 SATs** this week. They all worked incredibly hard over the four days, showing diligence, perseverance, resilience and a 'can-do' attitude. Well done! Thank you to the rest of the school for being so understanding and walking quietly around the building during specific times.



We are all looking forward to **Wolverton Folk and Blues Festival** tomorrow. This is a fun-filled day with lots of fabulous music and activities. The BSA are running a tea tent and children's craft tent; thank you to everyone who has volunteered to help out with these. Please call in at the office or let a member of the BSA know if you are able to help. Money raised from the day is shared between Leukaemia Research and Brighstone Primary School, which is fantastic. Looking forward to seeing you there!

The BSA held a **pre-loved uniform sale** after school on Monday 9th May in the playground. They raised a fabulous £35; all proceeds go towards the school to help with trips and resources. These sales will be held every 3rd Monday of each term.



Koala class have been very creative this week! They have been reading the inspirational books *The Dot* and *Ish* by Peter H. Reynolds, which remind us that it's good to express ourselves and not worry about making mistakes. This week the Year 1s have been exploring how Monet painted. He was the founder of the Impressionist movement and the children noticed how he didn't paint things precisely, but thought about the light and colours. They have used paint, mixing the primary colours, and adding black or white to change the shade, to create their paintings of Monet's bridge.

We are pleased to be able to share the following key dates with you:

- Thursday 26th May: Jubilee Day celebrations
- Monday 6th June: Staff development day (children return to school on Tuesday 7th June after the half term holiday)
- Wednesday 15th June: Reception and KS1 Messy Church (more details to follow soon)
- Wednesday 22nd June: Y6 Leavers' Service at Portsmouth Cathedral (more details to follow soon)
- Monday 27th - Wednesday 29th June: Y4 residential at Kingswood
- Thursday 30th June: Class photos
- Friday 1st July: Sports Day (contingency date Monday 4th July)
- Friday 1st July: Reports go home
- Tuesday 5th July: Parents Evening
- Monday 18th July: Summer Concert (more details to follow soon)

I hope you all have fantastic weekend, and I look forward to seeing you at Wolverton if you can make it.

Best wishes, Mrs Lennon and the Brighstone team

Collective Worship - Service

This week's Collective Worship focus is: **Service—Giving with no strings attached**

This week in Collective Worship, we watched some children perform a short drama in which Rosie made some muesli bars to give to her friends. They wondered if they had to buy them, or do something for her in return, but she was just doing it out of the goodness of her heart, with no strings attached.

Why do you think it was difficult for Rosie's classmates to understand that she wanted to give a gift without expecting anything in return?



If you think you have been the recipient of Secret Service (e.g. someone did something for you but you don't know who) then write what happened on the paper magnifying glass on the reflection table.

Prayer of St. Augustine

Eternal God,
You are...
The light of minds that know you
The joy of hearts that love you
And the strength of the wills that serve you.
Help us so to know you
That we may truly love you,
And so to love you that
We may fully serve you
Through Jesus Christ our Lord,
Amen



"I did not come to be served, but to serve."
Matthew 20.28



School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Sausage and Mash	Roast Turkey	Lasagne	Fish Fingers
Option 2	Veggie Bolognese	Chickpea and	Quorn Roast	Veggie Lasagne	Veggie Burger
Dessert	Flapjack	Shortbread	Yoghurt Cake	Chocolate Brownie	Ice Cream

Children in Years 3-6 are charged at £2.15 per day.

Poetry Corner

Bear in There
by Shel Silverstein



There's a Polar Bear
In our Frigidaire--
He likes it 'cause it's cold in there.
With his seat in the meat
And his face in the fish
And his big hairy paws
In the buttery dish,
He's nibbling the noodles,
He's munching the rice,
He's slurping the soda,
He's licking the ice.
And he lets out a roar
If you open the door.
And it gives me a scare
To know he's in there--
That Polary Bear
In our Fridgitydaire.

Can you spot the
alliterative phrases?

Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Figures of Speech—Alliteration

Alliteration (Example)

repeating a sound at the start of words

I have heard how hedgehogs hog the hedge.

also at the start of
stressed syllables

...but we scoff
sticky slugs.



Can you make up some
alliterative sentences?

Golden Book

Koala	Georgia - for her all round motivation and excitement to learn. Skye - for her good focus and participation in Read Write Inc. Sam - for slowing down and working really carefully.
Polar Bear	Charlotte - for working more independently in English and Maths, and for showing so much creativity in art and design.
Lemur	Jared, Toby and Fraser - for showing maturity and friendship qualities. Y3 swimmers - for making good progress in swimming lessons.
Chimpanzee	Erin - for overall effort in all lessons and thoughtful and considered contributions to class discussions.
Orangutan	Katherine - for the determination and perseverance she has put into her Maths revision for SATs. Y6 swimmers - for making good progress in swimming lessons.
Bee-Haviour	Leo - for showing the school values.
Sports Bee	Evan - for fantastic focus, behaviour and batting skills during PE.
HT's award	Connie - for her contributions and supportive work with mental health charities.

Whole school dates

See p1 of the Buzz

Reminders

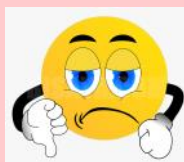
Check our FACEBOOK page for updates!

<https://www.facebook.com/BrighstoneCEPrimarySchool>

All long hair should be tied back in school colours.

The one-way system is still in operation in the mornings.

Attendance Matters!



Week Commencing 9th May

Whole School attendance target: **96.5%**

Actual Attendance: **94.7%** ↓

Late marks this week: **2**

Let's improve attendance next week!

SEMH

Social, Emotional & Mental Health

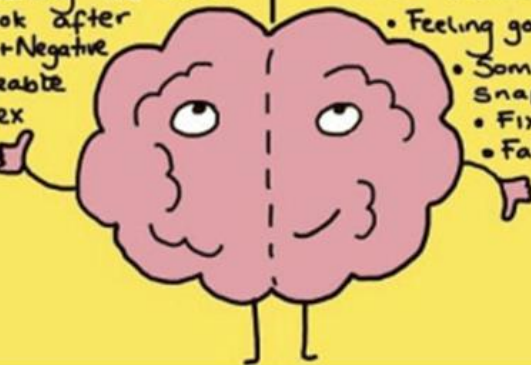
MENTAL HEALTH

IS...

- Important
- Something everyone has
- Intrinsically linked to (+ probably inseparable from) physical health
- On a continuum
- Worth making time for
- Part of being human
- Something we need to look after
- Positive + Negative
- Changeable
- Complex
- Real

ISN'T...

- A sign of weakness
- Shameful
- All in your mind
- Always something negative
- Something you decide to have
- Something to think about only when it feels broken
- An interchangeable term with mental illness
- Feeling good all the time
- Something you can snap out of
- Fixed
- Fake news



Let's talk about mental health! This week is mental health awareness week. Isn't it sad that we have to have an awareness week for something that is so prevalent. The trouble is that there is still a stigma attached to mental health and some people feel uncomfortable discussing it. The way we combat this is by talking about it more often, with everyone!

Our mental health is not a fixed state, it can change daily, weekly, monthly, but it's important to know when to practise self-care and when to seek professional advice.

MENTAL HEALTH CONTINUUM MODEL

HEALTHY	REACTING	INJURED	ILL
Normal fluctuations in mood Takes things in stride Good sense of humour Consistent performance Physically & socially active Confident in self & others Drinking in moderation	Nervousness, irritability Sadness, overwhelmed Displaced sarcasm Procrastination Forgetfulness Trouble sleeping Low energy Muscle tension, headaches Missing an occasional class or deadline Decreased social activity Drinking regularly or in binges to manage stress	Anxiety, anger Pervasive sadness, tearfulness, hopelessness, worthlessness Negative attitude Difficulty concentrating Trouble making decisions Decreased performance, regularly missing classes/deadlines, or over work Restless, disturbed sleep Avoidance, social withdrawal Increase used of alcohol- hard to control	Excessive anxiety Panic attacks Easily enraged, aggressive Depressed mood, numb Cannot concentrate Inability to make decisions Cannot fall asleep/stay asleep Constant fatigue, illness Absent from social events/classes Suicidal thoughts/intent Unusual sensory experiences (hearing or seeing things) Alcohol or other addiction
Nurture support systems.	Recognize limits, take breaks, identify problems early, seek support.	Tune into own signs of distress. Talk to someone, ask for help. Make self-care a priority. Don't withdraw.	Seek professional care. Follow recommendations.

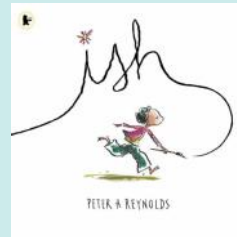
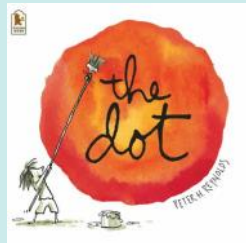
Further information:

<https://www.mentalhealth.org.uk>

News from the Classrooms

Koala Class

Koala Class have been reading the inspirational books *The Dot* and *Ish* by Peter H. Reynolds, which remind us that it's good to express ourselves and not worry about making mistakes.



This week the Year 1s have been exploring how Monet painted. He was the founder of the Impressionist movement and the children noticed how he didn't paint things precisely, but thought about the light and colours. They have used paint, mixing the primary colours, and adding black or white to change the shade, to create their paintings of Monet's bridge.



News from the Classrooms

Lemur and Chimpanzee Classes



This week, Years 3, 4 and 5 had a workshop from the Island Heritage Education Service, focusing on the Ancient Egyptians and mummification. They learned all about the process of mummification and the beliefs that the Ancient Egyptians had. The main goal for an Ancient Egyptian after they died was for the body to make it through to the afterlife, but, in order to successfully make it through, they had to pass a number of hurdles. It was extremely interesting and even involved a real mummified hand!



Who are Brighstone School Association (The BSA)?

We are simply a group of parents and teachers working in partnership to raise much needed funds for our children. We meet about once every half term. Most of us have full time jobs and other commitments as well as our own families.

Chair - Katherine Harrison; Vice Chair - Franki Barker;

Treasurer - Sarah Cartmell; Secretary - Kate Cambridge

What do we do?

We explore fundraising ideas such as cake sales, mufti, bingo, community events, school discos and Mothers' Day shop, to name a few.

One of our biggest fundraisers is Wolverton Folk and Blues Festival and we desperately need volunteers throughout the day!

We then use this money to support your children's education and enjoyment, such as paying towards trips, buying Easter and Christmas gifts, and donating towards equipment such as a new trim trail for the playground (coming soon).

How much do we need to raise each year?

On average we need to raise about £5k every year!

How can you help?

Join us: you are already a member as your child goes to our school! You can attend meetings and share your ideas too!

Support us: volunteer to help at events, bake cakes for cake sales. If every parent helped at one event every year it would make an incredible difference!

Promote our events: Attend events and share via social media and word of mouth. Join us on Facebook and Instagram!!



Brighstone School Association

Preloved Uniform Sale

Every 3rd Monday of each Term.

Next Sale

To be confirmed

After School in the Playground

Unwanted uniform donations welcome. Please place in box in office foyer the week before each sale.

Made with PosterMyWall.com

Wolverton Folk & Blues

WE'RE BACK!

at Wolverton Manor
SHORWELL, ISLE OF WIGHT, PO30 3JS

SATURDAY 14 MAY 2022
11.30 am – 8.00 pm

RED FUNNEL

The Dave Kelly Band / The Papa George Band / Granny's Attic / The Devils Dammed String Band / Laurie McVay & The High Rollers / The Clacks Band / Vote Pedro / Steve Love / The Brighstone Barnacles / Doug Aldred and The Silver Lining / SheShells / The Bohemians and much more !

Family Friendly – Kids Activities
Local Food Stalls – Beer Tent – Tea Tent

TICKETS: £10 in advance, £12 on the gate. Under 12's FREE

AVAILABLE FROM: The Village Shop, Brighstone, Briddlesford Lodge Farm Shop, Brighstone School, Waterstones Bookshop, Newport, Orchard Brothers, Freshwater Bay.

WolvertonFolkandBlues e: info@folkandblues.org.uk
IN AID OF LEUKAEMIA RESEARCH AND BRIGHSTONE PRIMARY SCHOOL

Breakfast and Afterschool Provision

If you wish your child to attend
Breakfast or Afterschool provision at
Brightstone Preschool
please text or phone 07707319843.

Booking is recommended in advance to secure your place
but please don't hesitate to contact us for last minute bookings
as there may be space available.
We will allocate your child a space if we can.

Breakfast Provision 7.30am - 8.25am:

Bookings will be charged at a standard hourly rate
£4.00.

Breakfast 50p.

Afterschool Provision 2.45pm - 5.00pm:

Bookings will be charged at a standard hourly rate for the
first hour £5.00 (regardless of time attended)
Thereafter you will be charged £1.25 per
15 minutes increments.



Corf Scout Camp Open Day



**More fun.
More skills.
More marshmallows.**

Try something **NEW**

Archery, Tomahawks, Shooting,
Kayaking*, Frisbee Golf, maybe
cooking on an open fire.....

**Clothing change, Swimsuit, towel, etc. No open toed shoes*



Bring your whole family along
Sunday 15 May 09:30 - 15:30

ONLY pay for parking **£3**

scouts.org.uk/join

#SkillsForLife

Copyright 2015 The Scout Association Registered Charity number: 1009115/100417

Corf Scout Camp, Shalfleet, PO30 4NT





Saturday 21st May: Activities Day: Open to Families and SWAY Young People (camping o/night available)

10.30 am Arrival and signing in

- Bug Hunt/ Nature Trail morning for **families**
- Team Building Games/ Challenges for the **young people**

1pm Lunch: bring own **packed lunch/picnic** (SWAY will provide drinks and cakes)

- 2pm **Family** Rounders Game
- 4-7pm Kayaking Groups and Raft Building-**Young People** (suitable clothing and footwear & change of clothes). NB: Changing rooms are available.

7.30pm SWAY providing Hotdog Evening Supper (**Families** & donations welcome)

8.30pm Campfire & Music (**Families**)

9:30pm Depart/Pick up:

Saturday, 21st May Cost: £20 per Young Person, including all activities & evening supper (only £10 for each additional sibling). Payment details will be sent with your booking confirmation along with a SWAY Parental Consent and Agreement Form.

Note: Camping Saturday open to young people & Families £5pp (under 11s will need to camp with a parent/ guardian).

We are asking that **visitors make a £2:50 voluntary donation to access Corf Camp** facilities and an additional donation for the evening supper would be appreciated if not taking part in the kayaking/raft building activities.

Please let us know if you intend to join in with the family events, staying for the evening supper or camping overnight on the Saturday.

Sunday, 22nd May: All families and Young People.

10am Walk to Newtown Church from camp

10.30am SWAY celebration at Newtown Church.

12 noon Return back to camp for tea & coffee and pack up.

12:30pm Pick up/finish

Please book by emailing Catherine at swayoffice1@gmail.com. Please don't let cost be a difficulty, any questions please email Catherine or contact Andy on 07552236067.

It will be a great opportunity for young people and families to meet with friends and have fun.

Looking forward to hearing from you.

Best Wishes,

All activities must be booked in advance including fun hours and swimming.

All under 8's must be accompanied by an adult on the premises during all activities.

Swimming pool – book online – to book online you need to register with us on 752168 and we will give you a PIN.



Booking terms and conditions

ACTIVITIES

- Payment must be made in full at time of booking
- Users and members are asked to notify us as soon as possible if attendance at a booked activity is not possible
- Bookings can be cancelled at any time. No refund will be given for cancellations less than 24 hours before a booked activity
- Members who do not attend booked sessions will be required to pay the cost of a non-member at that session
- We reserve the right to refuse further bookings from anyone who repeatedly does not honour their booking or the terms and conditions
- Bookings can be made 9 days ahead.
- Children under 8 must be accompanied by an adult on the premises during all activities

ONLINE BOOKINGS

- Only Fun Hour, Open Swim, Public Swim and Court Hire can be booked online
- Users/members must be registered, with a valid email address and issued with a unique PIN in order to be able to access the online booking portal. Please telephone and ask for your PIN and details
- We reserve the right to suspend an online booking account at any time

- Bookings can be made online up to 2 hours before the time of the booking. After that time bookings should be made over the phone
 - Bookings can be cancelled online no later than 24 hours before the booking. After that time bookings must be cancelled over the phone
 - Payments cannot be refunded online. Please call us to process your refund
- #### COURSES
- Courses (i.e. activities that are repeated over a period of time) cannot be booked online.
 - All courses must be paid for in full at time of booking
 - In the event of a cancellation by a customer, full fee will be retained unless the place can be re-sold, in which case a refund of 80% of the fees or pro-rata if the course has commenced
 - In the event of cancellation by us 100% refund will be issued or pro-rata if the course has commenced

We accept the following payment cards:



Whitsun Holiday 2022: 28 May – 5 June

JUBILEE WEEK ACTIVITIES

Activities everyday for families and children, including

**Mermaids • Pool Olympics
Pre-Sailing Skills • Kayaking
Family Rounders & Kwik Cricket
Skateboarding • Teens Circuits
Snorkelling • Climbing • Fencing
Diving • Raft Racing • Public Swim
Junior Duver Dash* and Junior Fun Run
and much, much more, including...**

Platinum Jubilee Party at Jubilee Field

**Junior Duver Dash taking place at St Helens.*

West Wight Sports & Community Centre

Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168
www.westwight.org.uk
E-mail: info@westwight.org.uk

Reg. Charity No. 272334

Whitsun Holiday 2022: 28 May – 5 June

JUBILEE WEEK ACTIVITIES

MONDAY

Snorkelling – 0900-1000 – £5.50 – Must be able to swim at least 25m and be happy under the water.

Pool Olympics – 1000-1100 – 6 years + – £5.50 – Team races and games in the pool. Must be able to swim at least 50m.

Pre-Sailing Skills – 1200-1430 – £29 – Introduction to sailing skills in a safe and warm environment. Session includes dry sailing skills/games and pool work. Please bring a buoyancy aid if you have one.

Family Rounders & Kwik Cricket – 1400-1500 – £3 per person – A fun session for people of all ages.

Skateboarding – 1600-1700 U10's and 1700-1800 11+ – Suitable for all abilities and equipment provided.
Book via www.bookwhen.com/skateclub – £6 per session or book 4 sessions to receive an automatic discount to £20.

Teens Circuits – 1645-1745 – 14-17 years – £4 – Circuits class for 14-17 year olds, including a variety of CV and resistance work.

TUESDAY

Parent & Baby (Small Pool) – 0900-0945 – Under 3's – £6 (£3 for every other sibling) – Instructor-led, this session is suitable for under 3's accompanied by an adult. Includes games, songs, structured activities and lots of fun.

Kayaking – 0900-1000 – 8-11 years – £8 – An introduction to kayaking through fun and games. Must be able to swim at least 25m.

Raft Racing – 0900-1000 – 6 years + – £5.50 – Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50m.

Climbing – 1300-1400, 1400-1500, 1530-1630 and 1630-1730 – 7-12 years – £15 – A fun session suitable for all abilities. Waiver form will need to be completed.

Fencing – 1330-1500 – 9-14 years – £5.50 – Have a go at this Olympic sport with top Island fencer Nick Stewart. A great taster session for beginners.

Family Team Games – 1400-1500 – £3 per person – A fun session for people of all ages.

WEDNESDAY

Parent & Baby (Small Pool) – 0900-0945 – Under 3's – £6 (£3 for every other sibling) – Instructor-led, this session is suitable for under 3's accompanied by an adult. Includes games, songs, structured activities and lots of fun.

Diving – 0900-1000 – £8 – Must be able to swim at least 25m, be happy underwater and be able to perform a head first entry into the pool.

Mermaids Main Pool – 1000-1030 – £5.50 – Must be able to swim 25m+ and happy under the water.

Mermaids Small Pool – 1030-1100 – £5.50 – Must be able to swim 10m+ and happy under the water.

Mini Movers – 1030-1130 – Pre-school age – £4 per child – A fun filled parent and toddler session including soft play, action songs and games in the Sports Hall.

Climbing – 1200-1300 – 5-6 years – £15 – A fun session suitable for all abilities. Waiver form will need to be completed.

Climbing – 1300-1400, 1430-1530 and 1530-1630 – 7-12 years – £15 – A fun session suitable for all abilities. Waiver form will need to be completed.

THURSDAY

Public Swim – 1000-1600 – Adults £5.50, Children/under 20's – £3.

Court hire – 1000-1600 – £8.50 per hour.

FRIDAY

Parish Council Platinum Jubilee Event
To celebrate the Queens Jubilee, Freshwater Parish Council are holding a community party at Jubilee Field from 1100-2000.

ISLE OF WIGHT FESTIVAL OF RUNNING

The Isle of Wight Festival of Running takes place 29 May – 5 June with Junior events on 29 May – The **Junior Duver Dash** at St Helens; and 5 June – the **Needles Junior Fun Run** at WWSCC. Details of all the Festival of Running events throughout the week for adults and children of all ages can be found at www.iwfor.co.uk

OPEN SWIM SESSIONS

No lanes, diving boards in use – great for a family swim session.
Adults £5.50, Children/under 20's £3.
Sat 28 May and Sun 29 May – 1400-1500.
Mon 30 May – Wed 1 June – 1500-1600.
Sat 4 and Sun 5 June – 1400-1500.

FUN HOURS

Fun and floats in our pool.
Under 8's MUST be accompanied in the water at all times. £4.
Sun 29 May – 1000-1100.
Mon 30 May – Wed 1 June – 1100-1200.
Sat 4 and Sun 5 June – 1000-1100.



The Vectis Vintage Tractor & Engine Club (VVTEC) would like you to know that they are organising a West Wight charity tractor run on Sunday, 29th May 2022. It starts at 10:30 am from The Three Bishops pub. Maybe some of our Brighstone pupils might enjoy seeing the line-up of brightly coloured old tractors and see them drive off.

Of course, there will be donation buckets around the place for our chosen charity Isle of Wight Prostate Cancer Support Group.

IW Fostering

The Isle of Wight Council are recruiting Foster Carers.

Could you change a child's life?

During Fostering Fortnight our recruitment stand will be popping up across the Island. Come along to meet our team on the following dates, from **9:30am to 4:30pm**.

Monday 9th May
Kings Square, East Cowes

Wednesday 11th May
Ryde Town Square

Friday 13th May
St James, Newport

Sunday 15th May
Freshwater Bay

Thursday 19th May
The Heights, Sandown

Saturday 21st May
St James Square, Newport

For event information and updates follow us on Facebook @IWFostering or call 01983 823160

