

# The Buzz

## 8th April 2022



Learning and Achieving Through  
Love, Courage and Respect

Dear parents, carers and children,



This has certainly been a busy week to round off a very busy term! This week we have had a whole school **RE focus** leading up to Easter. Each class has been focusing on a different aspect of the Easter story, discussing big questions and exploring the true meaning of Easter. Reception children made an Easter garden as part of their learning journey, Year 1 and Year 2 explored the concepts of 'happy' and 'sad' linked to the Easter story and took part in The Last Supper, Years 3, 4 and 5 learnt about the Paschal candle, and Year 6 explored 'How would



Christianity be different if Jesus hadn't risen? What did the resurrection prove?' Please see p4 of this Buzz, as well as our Facebook page, for more information and photos.



Yesterday, the whole school took part in an **Easter service** in St Mary's Church, led by Reverend Jackie, Peter and Andy (from SWAY). Children from each class read a prayer that their classes had written, children waved palm leaves just like the crowds did on Palm Sunday as Jesus rode into Jerusalem, and Y6 SLT (Small Leadership Team) did some readings. An Easter bonnet, garden and egg parade also took place, with the children proudly sharing their wonderful creations representing new life! Following the service, the judging of the Easter competition took place. The Y6 SLT children did the judging, supported by Katherine (Chair of the BSA), Steve Fairclough (governor) and myself (but it was mainly the children!). This was no easy task as there were so many amazing entries. However, decisions had to be made, and we awarded the very proud winners in Golden Worship this morning. Well done to Ila, Elin, Charlotte, Felicity, Alfie, Holly, Maddie, Fred, Martha, Kieran, Henry, Arya, Freddie and Sam, and well done to all who entered! (See ours and the BSA's



Facebook pages for more photos.)



There comes a time when you have to say a teary thank you and goodbye to since 1992! We held a leaving ceremony cards and gifts. There was country dance group photo and a beautiful speech by smiles and the children said some lovely things about her. some beautiful starfish jewellery from Jools Jewels, and we all wish her a very happy retirement!



say a sad goodbye to people. Today, we Mrs Eastaff who has worked at this school this morning and showered her with lots of ing, singing, and gift and card giving, a Mrs Eastaff. There were lots of tears and Thank you to everyone who donated towards a gift. We bought have commissioned another gift for her which is on its way! We



I hope you all have fantastic Easter, and I look forward to seeing you all on Monday 25th April.



Best wishes, Mrs Lennon and the Brighstone team

## Collective Worship - Justice

This week's Collective Worship focus is: **Lent and Easter—Goodness is Stronger than Evil**

This week in Collective Worship we explored the Easter story. We talked about the injustices that Jesus faced in the days leading up to his crucifixion.

What are your thoughts? Should Judas have betrayed Jesus for 30 pieces of silver? Was the way he was treated by the religious leaders fair and just? Was it fair and just that Jesus died a criminal's death on the cross?



### Prayer for Justice and Love

Father God,  
Your Son, Jesus Christ, suffered and died for everyone.  
In his resurrection he restores life and peace in all creation.  
In a world of sadness and tears, show us your joy.  
In a world of hatred, show us your love.  
In a world of despair, give us hope.  
In a world of disbelief, give us faith.  
Give us power in your world to make a difference  
And stand up for justice.  
Amen



"Goodness is stronger than evil. Love is stronger than hate. Light is stronger than darkness. Life is stronger than death. Victory is ours through him who loved us."  
Desmond Tutu



## School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at £2.15 per day.

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza	Sausage & Mash	Roast Turkey	Beef Lasagne	Fish fingers
Option 2	Veggie Bolognese	Chickpea Curry	Quorn	Veggie Lasagne	Veggie Burger
Dessert	Flapjack	Shortbread	Yoghurt cake	Brownie	Ice Cream

## Poetry Corner

### The Story of Easter

He arrived in Jerusalem  
With palms at his feet,  
The crowds cheered for Jesus  
As they lined the street.

Not everyone seemed  
So happy to see,  
That Jesus was greeted  
So cheerfully.

Jesus ate with his friends  
And shared bread and wine,  
And spoke of betrayal  
This Passover time.

He went to the garden  
And knelt down to pray,  
Then soldiers arrived  
To take him away!

He was brought to the governor  
Who he thought was fair,  
But was sentenced to death  
And thorns placed in his hair.

Weary and tired  
That cross he dragged,  
Falling three times  
As his energy sagged.

Nailed to the cross  
With thieves at his side,  
At noon on Good Friday  
He finally died.

His body was wrapped  
And placed in a tomb,  
A boulder and guards  
Trapped him in the gloom.

But on Easter Sunday  
He rose from the dead,  
And his message of joy and hope  
Was spread.

## Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

### Its or it's

ENGLISH GRAMMAR
Woodward English

## IT'S vs. ITS

### IT'S

**CONTRACTION**

It's is a contraction.  
It can have two meanings:  
**IT'S = IT IS**  
**IT'S = IT HAS**

### ITS

**POSSESSIVE ADJECTIVE**

Its is a possessive adjective.  
**MY BALL**  
**YOUR BALL**  
**ITS BALL**

The dog is lazy and **it's** hungry.  
= **it is** hungry.

The dog is eating **its** food.  
It is eating **its** food.  
**It's** eating **its** food.

**It's** been raining for two hours.  
= **It has** been...

[www.grammar.cl](http://www.grammar.cl)
[www.woodwardenglish.com](http://www.woodwardenglish.com)
[www.vocabulary.cl](http://www.vocabulary.cl)

# Golden Book

## Outside achievements

Koala	Holly - Rainbows awards. Helena - Swimming and Beavers awards.
Polar Bear	Martha - Rainbows award. Lilli - swimming and playing the lead troll in Snow White. Henry - swimming and Beavers. Fred - swimming, Beavers and karate.
Lemur	Poppy J and Freddie - swimming awards.
Chimpanzee	Felicity - Brownies award.
Bee-Haviour	Grover and Georgia - showing courage this week.
Sports Bee	Alexander - for showing great enthusiasm and skill in PE.

### Whole school dates

Friday 8th April: Last day of term

Monday 25th April: Start of summer term

Sunday 14th May: Wolverton Folk and Blues Festival

Thursday 26th May: Jubilee Celebrations (mufti red, white and blue) - more information to follow after Easter

### Reminders

**Check our FACEBOOK page for updates!**

<https://www.facebook.com/BrighstoneCEPrimarySchool>

## Attendance Matters!



Week Commencing 4th April  
Whole School attendance  
target: **96.5%**

Actual Attendance: 90.48% ↑

Late marks this week: 12 ↑



## ROUTINE CAN ANCHOR US

Routine can be an anchor. No matter what's going on in our day, knowing that we will be having our evening meal around 6 pm, and going to bed around 10 pm, can be a real comfort. The certainty of our routine can help us to manage the uncertainty that life can throw up. Coping with unpredictable periods of time can feel more doable when we have a little structure in place to look to.

## REDUCING STRESS

Having a daily routine can help to reduce our stress levels. Trying to remember things can be really stressful and can fill our brains up with everything on our 'to do' list, which can be incredibly overwhelming. When we have a routine, a lot of the things we do day-to-day slot in, and we don't have to

think about them anymore. For example, when we're well we don't have to remember to clean our teeth, because we know from habit that teeth-cleaning comes after breakfast every day. Routine can take the guesswork and uncertainty out of bits of our day, which can allow us to feel more in control and less stressed.

## DAILY HABITS

Having a routine can help us to cultivate positive daily habits and to prioritise self-care. Organising our time gives us the opportunity to build in blocks of time for things that are important to us. This can allow us to build in daily habits that help us with our mental health. It could include things like time to relax, or a regular bedtime. When they're part of our routine, it can make it easier to keep up with them because we have the time to do them and they become our 'new normal'.

## SLEEP ROUTINE

One of the things that having a regular routine can really help with, is sleep. Sleep is really important for our mental health because going to bed and waking up at a similar time most days allows our body to get used to our sleep-wake cycle and sets our sleep-wake clock accordingly. This means that, by having a regular sleep routine, especially if we build in some time to wind down before we go to bed each day, we should begin to find that we find it easier to get to sleep and sleep better once we are asleep.

## BUILD IN THE IMPORTANT THINGS

Creating a routine allows us to build in time for the important things. This includes time to rest, relax and have fun. It's not perfect – there are always going to be days when something overruns, a job takes three times as long as we expect it to take, or someone pops in unexpectedly. But structuring our time to include some downtime increases the likelihood that we'll manage to have that time most days. We will all value different things – for some of us it might be reading with the kids, others might want some time each day to play with their cat, some of us might enjoy sitting and reading for a little while. For many of us, it will be something else entirely, but that's why our daily routines are individual to us.

## HEALTHY DIET

When we're struggling, it can be really hard to plan, cook and eat a balanced diet. Food can really affect our mood, so it's important that we try to keep things as balanced as possible. A routine can help with this, because it allows us to block out some time for cooking, eating and cleaning up afterwards. Having this time might not mean that we always have the energy or headspace to cook, but it gives us the time to do so if we feel up to it.

## EXERCISE

Not all of us are a fan of exercising, but exercise can boost our mood. If, and when, we feel able to start exercising, one of the big barriers to doing it can be time. It can be difficult to fit exercise into our day, particularly when life gets busy. By having a daily routine, even if exercise only features in it a couple of times a week, we can create time to take part in our exercise of choice.

Routine can be helpful when it comes to managing our mental health. It can help us to fit all of the important things into our day. The predictability of routine can offer some comfort in an otherwise unpredictable world. We have to be a little bit careful not to get so stuck in our routines that they start to cause us stress, or stop us from being able to do things that we want to do. As long as we're finding our routines helpful and not harmful, and feel able to flex and change them as our life changes, they can be a great thing to build on and develop over time.



# News from the Classrooms

## RE week

This week across the school the children have been taking part in RE lessons, focusing on different aspects of the Easter story.

During RE in Year 1 and Year 2 our focus was on the Easter story and discussing which parts of the story were happy and which were sad.

We first learnt about Palm Sunday and acted out the story. We then moved on to The Last Supper and discussed how Jesus and those around him would have felt. We recreated The Last Supper outside on the field. We then discussed the Garden of Gethsemane and what Jesus may have been saying in his prayers. The children were encouraged to think of a prayer or something they would like to say sorry or thank you for. They collected a natural object and carried it to the water bowl next to the crosses and placed it in. After that we talked about what happened to Jesus and how he had to carry the cross and wear a crown of thorns. The children agreed that this part of the story was very sad and that Jesus was probably very scared. To end this part of our learning in RE, the children discussed the end of the Easter story and how Christians believe that Jesus died on the cross for everyone so that we could be closer to God. They then created a butterfly as a symbol of new life and Jesus rising from the dead.



Lemur and Chimpanzee class have been learning all about the rituals that surround Easter, in particular, the Paschal candle. We were lucky enough to be guided round Brighstone Church by Reverend Jackie herself, who told us all about the beautiful stained glass windows which told the Easter story, as well as all about the Paschal candle, and its relevance at Easter.



**Tonight**

**Tickets still available  
on the door!**

Brighstone School Association  
presents

# Family Bingo

**Friday 8th April 2022 - Wilberforce Hall**  
Main Rd, Brighstone

Buy your tickets at  
PTA-Events.



[www.pta-events.co.uk/Brighstoneschoolassociation](http://www.pta-events.co.uk/Brighstoneschoolassociation)

**RAFFLE**  
(Please bring a raffle prize if you can)

**Adults £5.00** for 2 games  
**Children £2.00** for 2 games

**SNACKS AND DRINKS AVAILABLE**

**Doors open at 5.45pm**  
**Eyes down at 6pm**

**Sunday**

Brighstone School Association  
PRESENTS

# FUNDRAISER

## Tea/cake stall

We have been given the opportunity to run the tea/cake stall for a National Garden Scheme garden opening at Northcourt, Shorwell and we need your help...

**Can you please make/buy us a cake?**  
**We need help to run the stall, can you help?**

**Sunday 10th April 2022**  
**12PM TO 5PM**

Homemade/shop bought cakes can be brought into school on Friday 8th April.

Alternatively drop your donation direct at Northcourt.



**May**

Wolverton **WE'RE BACK!**

# Folk & Blues

at Wolverton Manor  
SHORWELL, ISLE OF WIGHT. PO30 3JS

**SATURDAY 14 MAY 2022**  
**11.30 am - 8.00 pm**

RED FUNNEL

The Dave Kelly Band / The Papa George Band / Granny's Attic / The Devils Dammed String Band / Laurie McVay & The High Rollers / The Clacks Band / Vote Pedro / Steve Love / The Brighstone Barnacles / Doug Aldred and The Silver Lining / SheShells / The Bohemians .... and much more !

Family Friendly - Kids Activities  
Local Food Stalls - Beer Tent - Tea Tent

**TICKETS: £10 in advance, £12 on the gate. Under 12's FREE**

AVAILABLE FROM: The Village Shop, Brighstone, Briddlesford Lodge Farm Shop, Brighstone School, Waterstones Bookshop, Newport, Orchard Brothers, Freshwater Bay.

**WolvertonFolkandBlues** or **info@folkandblues.org.uk**

IN AID OF LEUKAEMIA RESEARCH AND BRIGHSTONE PRIMARY SCHOOL

### Who are Brighstone School Association (The BSA)?

We are simply a group of parents and teachers working in partnership to raise much needed funds for our children. We meet about once every half term. Most of us have full time jobs and other commitments as well as our own families.

Chair - Katherine Harrison; Vice Chair - Franki Barker;

Treasurer - Sarah Cartmell; Secretary - Kate Cambridge

### What do we do?

We explore fundraising ideas such as cake sales, mufti, bingo, community events, school discos and Mothers' Day shop, to name a few.

One of our biggest fundraisers is Wolverton Folk and Blues Festival and we desperately need volunteers throughout the day!

We then use this money to support your children's education and enjoyment, such as paying towards trips, buying Easter and Christmas gifts, and donating towards equipment such as a new trim trail for the playground (coming soon).

### How much do we need to raise each year?

On average we need to raise about £5k every year!

### How can you help?

Join us: you are already a member as your child goes to our school! You can attend meetings and share your ideas too!

Support us: volunteer to help at events, bake cakes for cake sales. If every parent helped at one event every year it would make an incredible difference!

Promote our events: Attend events and share via social media and word of mouth. Join us on Facebook and Instagram!!

