

# The Buzz

## 4th February 2022



Brighstone C.E.  
Primary School

Learning and Achieving Through  
Love, Courage and Respect

Dear parents, carers and children,

**Safeguarding** is always an ongoing key priority in schools, making sure that children feel safe, know how to keep themselves safe in school, online and when out and about, and know what to do if they don't feel safe. Mrs Jones (Designated Safeguarding Lead) and Mr Fairclough (our safeguarding governor) recently carried out a pupil conferencing session to listen to their views, and this week Mrs Jones led two Collective Worships (KS1 and KS2) focusing on safeguarding. This is also a reminder that we have a dedicated safeguarding email should anyone have any concerns about a child: [safeguarding@brighstoneprimary.org.uk](mailto:safeguarding@brighstoneprimary.org.uk)



Safer Internet Day 2022  
Tuesday 8 February

Coincided by the UK Safer Internet Centre

On the subject of keeping children safe, Tuesday 8th February sees **Safer Internet Day**. In school, we will be discussing this with children, and looking at ideas for how they can keep safe when using the internet. Please click on the following link to see some top tips for parents and carers: <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/advice-for-parents-and-carers>

The **BSA** work tirelessly to organise fun events for the children at Brighstone, many of which help raise funds for resources in school, as well as to supplement school trips to reduce the cost to parents. They are in the process of organising a few fun fundraising events over the next few weeks, and the first one coming up is on Monday 14th February. For a suggested £1 donation, children can wear something red as part of a mufti day. Check out their Facebook page for regular news!



Our **school governing board** are on the lookout for new members to join them! School governors have a varied and important role helping schools run effectively. They have 3 core functions: planning the strategic direction of the school; overseeing financial performance of the school and ensuring money is well spent; holding the headteacher and school leadership to account. The governor role is strategic rather than operational. Governors don't get involved with the day-to-day running of a school, instead supporting and challenging the school's leadership team to drive school improvement. Governors usually attend around 6 meetings a year. Being a school governor is a commitment and a responsibility, but offers you the chance to see first-hand the impact you can make in improving education for children in your community. If you would like to find out more information, then our governors are holding drop-in sessions in the school and the Three Bishops pub. See our Facebook page for more details about these.

Miss Newman and her class are carrying out a Squat Challenge to raise money for the **Teenage Cancer Trust**. Throughout February, Miss Newman has to do 2800 (100 a day). Lemurs are joining in; they're going to do 280! If you'd would like to donate, please click on the fundraising link: [https://www.facebook.com/donate/1151074809046856/?fundraiser\\_source=external\\_url](https://www.facebook.com/donate/1151074809046856/?fundraiser_source=external_url)



I hope you all have an enjoyable weekend, and I look forward to seeing you all on Monday morning.

Best wishes, Mrs Lennon and the Brighstone team

## Collective Worship - Perseverance

This week's Collective Worship focus is: **Meeting a Personal Challenge**

This week we heard about St. Paul, who was put into prison for telling people about Jesus being God's son. He faced this personal challenge.



How do you think God strengthened Paul?

We thought earlier in this term about how life can be a bit like a race. This week we thought of it as a journey. A journey can sometimes take longer than a race, but it can be just as challenging. Sometimes the route can be easy, the weather is fine and

sunny, there are lovely views and we reach our destination with no trouble at all. At other times, the route can be difficult, the weather might be stormy, we can't see very far and we need lots of perseverance to reach our destination.

Some children acted out a story of a boy called Griff, who had to find perseverance and courage to meet a challenge.

Have you ever needed perseverance and courage to meet a challenge?

The Perseverance Prayer

Lord Jesus, when I feel worried about facing a new challenge,  
Help me to persevere.  
When the going gets tough,  
Help me to persevere.  
When I feel like giving up,  
Help me to persevere.  
Amen



## School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in Years 3-6 are charged at £2.15 per day.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mac 'n' cheese	Garlic chicken	Roast pork	Beef meatballs	Fish fingers
Option 2	Veggie sausages	Cheesy risotto	Vegetable pastry	Veggie lasagne	Soft taco
Dessert	Oatie biscuit	Muffin	Ice Cream	Choc cake	Rice pudding

### Poetry Corner

#### February Twilight

Sara Teasdale

I stood beside a hill  
Smooth with new-laid snow,  
A single star looked out  
From the cold evening glow.

There was no other creature  
That saw what I could see--  
I stood and watched the evening star  
As long as it watched me.

### Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!



**Conjunctions**

**Coordinating Conjunctions**  
join like with like.

for and nor but or yet so

- Lee eats cakes **and** pies. (joins two nouns)
- Her comment was blunt **but** effective. (joins two adjectives)

**Subordinating Conjunctions**  
join subordinate clauses to main clauses.

after although if since until when and lots more

main clause      subordinate clause

- We will wait here **until** the rain stops. (joins the clauses)

**Correlative Conjunctions**  
come in pairs to join alternatives or equal elements.

either...or    neither...nor    not only...but also    not...but    so...so

- You can **either** take it **or** leave it. (joins two alternatives)
- It is **not only** unfair **but also** illegal. (joins two equal elements)

# Golden Book

Koala	Georgia - Super science work this week recognising materials. Alice - being so welcoming to her new friend. Ruby - for settling in to Koala class so well.
Polar Bear	Myles - for his great understanding in Maths this week.
Lemur	Tom C - for always being polite to his friends and adults, using fantastic manners and kindness.
Chimpanzee	Camilla - for being the most fantastic role model for the class and the whole school. She has the best attitude to learning at all times.
Orangutan	James - for independently helping and advising a child during Maths.
Sports Bee	Tristan and Robin - for beautifully demonstrating the schools games values.
Bee-Haviour	Anna - for demonstrating the school values when helping a friend during PE.

#### Whole school dates

February - Active Travel Challenge  
Friday 18th February - Last day before half term  
Monday 28th February - First day back

#### Attendance Matters!



Week Commencing 31st  
January  
Whole School attendance  
target: **96.5%**

Actual Attendance: 95.04% ↑  
Late marks this week: 7 ↓

**A better week! Keep up the good work!**

## Children's Mental Health week

7th - 13th February

**Positive Thinking**  
A Positive Thoughts Diary

For one week, record a positive thought at the end of each day. Think back and reflect on the day. There may have been things that weren't so great about the day, but try to always find something that went well. Only positive thoughts are allowed in this diary!

Monday	Tuesday
Wednesday	Thursday
Friday	Saturday
Sunday	

© 2017 Positive Thinking

Next week is Children's Mental Health week. We will be talking about this in school throughout the week.

### COMPETITION TIME

Children will be bringing home the 'positive thinking' sheet on Monday 7th. Every child that hands in their completed sheet to me on Monday 14th February will be in with the chance of winning a Valentines' theme prize!

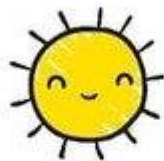
Thinking positively can be difficult for some and so having to find one positive thing a day can be useful for children (and adults!) to look back on.

I am excited to see the wonderful things children come up with! - Mrs Jones

## Self-Care & Mental Health for Kids



Share your own feelings to encourage self-awareness.



Set aside time for low-stress or solo activities.



Find social groups that help them feel like they belong.



Focus on articulating feelings.

"I am angry."  
"I am sad."

Encourage journaling and diaries.

Encourage your child to focus on the moment.



Practice self-care for yourself to set the standard.

Establish a self-care routine.



Recognize toxic stress events.

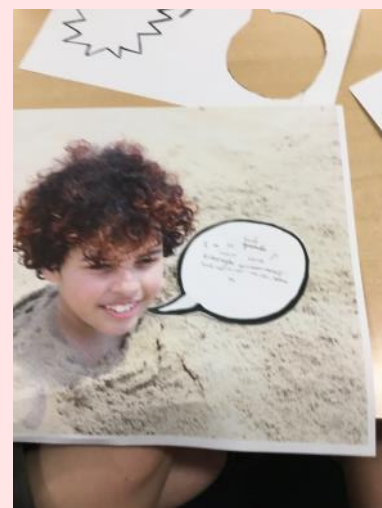
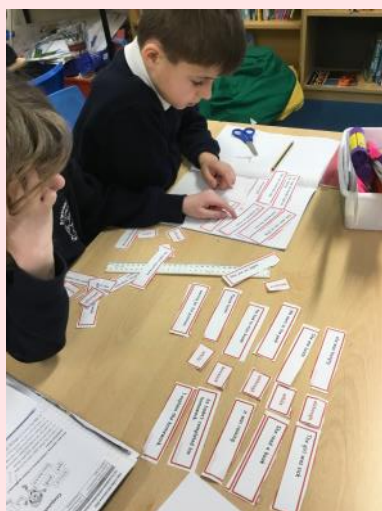
Blessing Manifesting

Cultivate interests and hobbies.

# Class Focus

## Chimpanzee Class

This week Chimpanzee class have been learning about coordinating conjunctions and how to use them to make sentences more interesting in their writing.



# **Polar Bear Cupcake Sale**

50p a cake

Tuesday 8<sup>th</sup> Feb at 2:45pm

Help protect the  
polar bears

