

The Buzz

3rd December 2021



Brighstone C.E.
Primary School

Learning and Achieving Through
Love, Courage and Respect

Dear parents, carers and children,



As part of the children's personal development, as well as the social, moral, spiritual and cultural curriculum, we endeavour to raise children's awareness and understanding of issues in the local area and the wider world. Our class names this year have helped to raise awareness of endangered and at-risk animals, and each class have been considering how they can help these animals. Following on from Y6 zoom meeting with Monkey World earlier this term, they began their fundraising efforts to sponsor one of the orangutans by holding a **cake sale**. Y6 children and parents rose to the challenge fantastically by providing orangutan-themed cakes that have raised an incredible £96. A massive thank you to all involved. On Monday after school, Lemur class will be holding a stall to sell some clay Christmas decorations that they have made. They will be sold for donations to support the foundations that protect Lemurs in Madagascar.

This week, Mrs Sharp and I received many **letters of application from the Y6 children**. They have the opportunity to apply for key roles within the school, including head boy and girl, deputy head boy and girl, librarians, hive captains and more. We are very impressed by their letters, and it is a difficult decision to make. We will let you know who the successful applicants are in next week's Buzz.

Yesterday you will have received two letters about 'Born in a Barn', our **Nativity performance** for this year. The children are all busy rehearsing, with lots of singing and animal noises floating down the corridor from the Y2 classroom in particular! At the time of writing, live performances can continue to go ahead, but we will let you know if this needs to change. If this is the case, we will record it instead. Covid-safe measures will be in place in the church; please see the letters to find out what these are. We will be holding three performances: Tuesday 14th at 1.30pm, and Wednesday 15th at 1.30pm and 6pm. I am aware that there is another external event on the Wednesday evening so, unfortunately, some children won't be able to be in that evening's performance. However, those children will still be able to be in the other performances in a dancing and singing role. If you would like more information about this, please don't hesitate to contact the school.



Y6 had a fun morning today. As their topic on Wolves is drawing to an end, they shared the non-fiction Wolf Information Leaflets that they have each written with their target audience - Lemur Class. Linking English, Science and DT, they have designed and made "Wolf Proof Houses" and as there were not any pigs available to explain the safety measures we had created to save them from future wolf attacks, Y2 very kindly wrinkled their noses and made their best snorting noises and



became an excellent pig audience for them. They asked questions and listened beautifully as the Y6 children explained how their circuits containing bulbs and buzzers would deter marauding wolves. See Facebook next week for more photos.

Today, I had some **wonderful feedback** from our temporary chef who has been in all this week. She let me know how polite and well-mannered all the children have been at lunchtimes. What great ambassadors for our school. Well done and keep it up!

I hope everyone has a wonderful weekend and I look forward to seeing everyone on Monday morning.

Best wishes, Mrs Lennon and the Brighstone team

Collective Worship - Trust

This week's Collective Worship focus is: **Being trustworthy, not gossiping**

In the Bible there is a book of wise sayings called Proverbs. Here is one of them:

"No one who gossips can be trusted with a secret, but you can put confidence in someone who is trustworthy." Proverbs 11:18



Are you someone who can be trusted?

We watched Barney and Bella as they talked about being trustworthy (thank you to our Y6 puppeteers!).

We need to be people that others can trust. How trustworthy are you?

One way of deciding is to ask yourself four questions before you speak:

Is it true?

Is it helpful?

Is it kind?

Is it anything to do with me?

Prayer to stop gossip

Gossip is someone else's news that we have not been given permission to pass on. Gossip hurts people.

Lord, help us not to gossip.

Gossip is news that has nothing to do with us. It spreads bad things about people.

Lord, help us not to gossip.

Gossip can get out of control and soon it can turn into lies. Lord, help us not to gossip.

Lord, we know we should never hurt people. Help us not to gossip, so that we can be trustworthy friends and people won't get hurt.

Amen



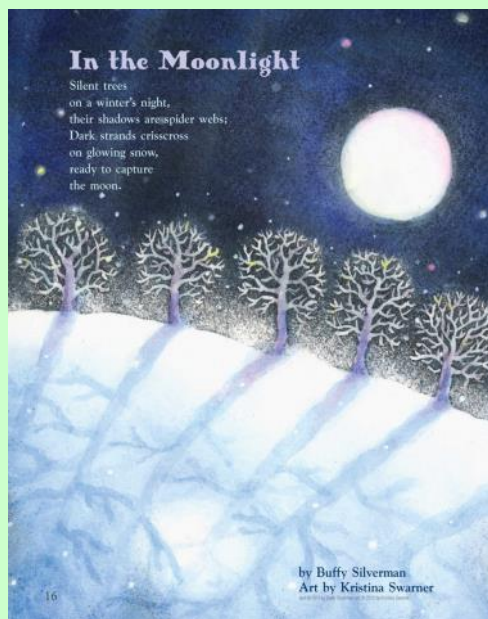
School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in years 3-6 are charged at £2.15 per day.

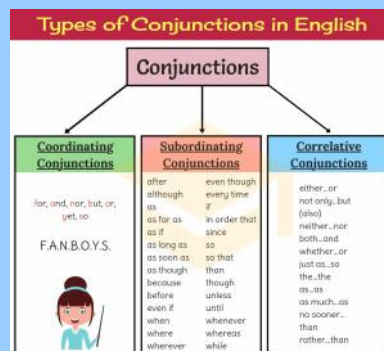
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mac 'n' cheese	Garlic chicken	Roast pork	Beef meatballs	Fish fingers
Option 2	Veggie sausages	Cheesy risotto	Vegetable pastry	Veggie lasagne	Soft taco
Dessert	Oatie biscuit	Muffin	Ice Cream	Choc cake	Rice pudding

Poetry Corner



Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!



Poppy Appeal



We raised £125.17 for the Royal British Legion

Thank you for your support

Golden Book

Koala	Alice, Helena, Luna & Meadow - for being so calm and gentle with our visitor Baby Arthur.
Polar Bear	Myles - for taking on new challenges and working independently in Maths and Reading.
Lemur	Poppy J - for providing constructive feedback in a positive and supportive way. Fraser - for amazing work in Science inc. correcting his own key word spellings. The Whole Class for their great and respectful behaviour in their brass lesson with Mr Stroud.
Chimpanzee	Jude - for amazing work on the digestive system. Toby W - showing great respect in Ukulele.
Orangutan	Casper and Lauren - for their accuracy when drawing angles in Maths.
Sports Bee	Maddie - for demonstrating the school games values so well this week.
Bee-Haviour	Theo - for making Bob-Bee so happy by making good choices and making himself proud!

Whole school dates

Friday 10th December:	Christmas Jumper Day & BSA Christmas Fair 5-7pm
Tues 14th December:	Afternoon performance of the Nativity
Wednesday 15th December:	Afternoon and evening performances of Nativity
Tuesday 21st December:	Last day of term
Tuesday 4th January 2022:	Back to school

Save the Children - Christmas Jumper Day

Friday 10th December

Children can wear Christmas themed mufti for a donation to Save the Children UK



How might Christmas affect my mental health?

Christmas is a wonderful time of the year for many, but for some it can be very stressful and upsetting.

Whether or not Christmas is part of your life, your mental health might be affected by it happening around you. It's a time of year that often puts extra pressure on us, and can affect our mental health in lots of different ways.

For example, if you:

- feel alone or left out because everyone else seems happy when you're not
- wish you didn't have to deal with Christmas or find it stressful because of other events in your life
- feel frustrated by other people's views of a 'perfect' Christmas, if these feel different to your experiences.
- you want to celebrate with someone who's struggling.

The festive period could affect your mental health in other ways too.

For example:

- Your mental health problem might make it hard for you to spend Christmas how you want.
- Difficult and stressful experiences at Christmas could make your mental health worse.
- Enjoying Christmas might also affect your mental health; for example, if it triggers hypomania or mania.
- It can be harder to access services that normally help you. Some of these services may be closed during the Christmas period.
- Your experiences of last Christmas, during the coronavirus restrictions, may affect how you feel about this Christmas.
- If you celebrate other religious festivals or holidays, you may feel overlooked if it feels like Christmas is given special attention.
- New Year may also feel like a hard time, if it makes you look back at difficult memories or worry about anything in the coming year.

For more information or for help with yours or loved ones' mental health click the link: <https://www.mind.org.uk/information-support/tips-for-everyday-living/christmas-and-mental-health/christmas-and-mental-health/>

