

Dear parents, carers and children,

Well, it's been another busy week here at Brighstone, and the weeks are flying by. As a child said in Golden Worship this morning, "Time flies when you're having fun", and we have had lots of fun this week.



On Wednesday, the whole school took part in our Harvest Festival celebrations. This was a really special and enjoyable occasion that took place in a local farmer's garden overlooking fields and the downs. Where better to celebrate harvest and our wonderful world than amongst nature? Everyone loved watching each class's performances: we had a Harvest Hoedown, a retelling of The Enormous Turnip, Harvest songs and corn dollies! Andy from South Wight Area Youth did a reading, and Reverend Jackie led prayers and accompanied our singing on her guitar. The

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children showed huge generosity with their donations for the Foodbank. I would like to thank the staff, the owners of the land, and all the parents and grandparents who joined us for this special occasion. See our Facebook page for more photos.

Yesterday was National Poetry Day, and each class read and enjoyed a range of poems. Some even wrote their own (see p2 of the Buzz for some examples). I enjoyed reading 'The King's Breakfast' by A. A. Milne to Polar Bear class. 'Chocolate Cake' and 'The Stone Age' by Michael Rosen are also favourites. Which poems do you enjoy reading and listening to?





October is Black History Month, and we are having a focus on this in our Collective Worships next week. Each class is focusing on people from history and current times, including Marcus Rashford, Floella Benjamin and Windrush, Rosa Parks, the Obamas, Ade Adepitan, Jesse Owens and Walter Tull. We will be looking at their achievements as well as any difficulties that they faced or currently face.

Brighstone village and primary school is a fabulous community where everyone pulls together in a supportive way. We are holding a community 'Spruce Up Our School' day in half term, on Tuesday 26th October. We are asking if any staff members, parents, members of the community and governors are able to give up a bit of their time to help us with some jobs around the site. These include painting, staining, sanding, weeding and more. If you are able to help out (even if it's just for an hour or two) then please let us know by commenting on the post on Facebook or by contacting

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the school. Refreshments will be provided. We are also in need of resources and equipment, including paint, wood, stain and more. If you are able to donate any of these (or know of anyone who can), then please let us know. Any help will be much appreciated, thank you!

Next week, our Golden Worship will be focusing on out-of-school achievements. If your child has any awards, certificates, rosettes etc... from other organisations, then please let us know by Wednesday 13th October so we can add them to the Golden Book. We will also be handing out the medals for the Round the Island Relay Race, so any runners who took part are also welcome to join us.

I hope everyone has a lovely weekend! Best wishes, Mrs Lennon and the Brighstone team

Collective Worship - Thankfulness

This week's Collective Worship focus is: Harvest—Living fruitful lives



This week we focused on how we can live fruitful lives. We acted out the parable of The Sower and the Seed, and learnt that we can live fruitful lives if we follow the Fruit of the Spirit.

Thank you to you all for all your very generous donations during our Harvest

Festival. These will go to the local Foodbank.



Fruit of the Spirit Prayer

Lord of the Harvest

We welcome your spirit to work in our lives. Let your word take root so that Your love may grow up (reach up) Your joy may spread out (reach out) And your peace become deeper in us each day (reach down) Amen



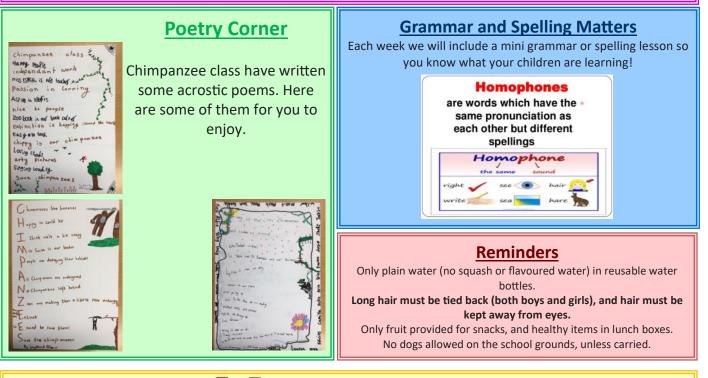
'Always be thankful.' 1 Thessalonians 5.16



School Dinners

Children in Year R, 1 and 2 are entitled to a 'universal' free school meal everyday. Children in years 3-6 are charged at £2.15 per day.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mac 'n' Cheese	Pie and Mash	Roast Gammon	Beef Bolognese	Fish Fingers
Option 2	Veggie Burrito	BBQ Beans	Veggie Roast	Veggie Rice bake	Veggie Nuggets
Dessert	Ice cream	Brownie	Shortbread	Fruit Crumble	Cake





Whole school dates

Tuesday 12th October: Flu vaccines Thursday 14th October: School Photos Friday 15th October: BSA - Glow Disco Last day of term Monday 1st November: Back to school BSA - Pumpkin Competition

Say Cheese!

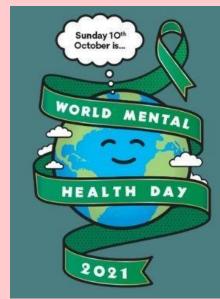
Be dressed and ready fo Photo Day! Make sure yo

> Every child is photographed for our school

THURSDAY 14TH OCTOBER 2021

HAVE YOUR SMILES READY...IT'S SCHOOL PHOTO TIME!





Wellbeing Window

Being mentally healthy doesn't just mean that you don't have a mental health problem.

If you're in good mental health, you can:

- make the most of your potential
- cope with life
- play a full part in your family, workplace, community and among friends.

Some people call mental health 'emotional health' or 'wellbeing' and it's just as important as good physical health.

Mental health is everyone's business. We all have times when we feel down or stressed or frightened. Most of the time those feelings pass. But sometimes they develop into a more serious problem and that could happen to any one of us.

Everyone is different. You may bounce back from a setback while someone else may feel weighed down by it for a long time.

Your mental health doesn't always stay the same. It can change as circumstances change and as you move through different stages of your life.

There's a stigma attached to mental health problems. This means that people feel uncomfortable about them and don't talk about them much. Many people don't even feel comfortable talking about their feelings. But it's healthy to know and say how you're feeling. https://www.mentalhealth.org.uk/

