

# The Buzz

17th September 2021



Brighstone C.E.  
Primary School

Learning and Achieving Through  
Love, Courage and Respect

Dear parents, carers and children,

A sense of community is so important for wellbeing and happiness, and this strong sense of community support and responsibility came across last week through two particular events: that of Brighstone village Big Thank You Day and Walk the Wight. The village was buzzing last Sunday with many events taking place as part of Big Thank You Day. The sun was shining, games were being played, songs were being sung and produce was being sold. Thank you to all the country dancers who wowed the audience with their fantastic dancing. They were brilliant and we were all very proud of them!



Some children and staff also took part in Walk the Wight, to raise money for the Mountbatten Hospice. Taking part in this walk takes resilience, strength of mind, and determination — great lifelong learning behaviours. Well done to all those involved, as well as to the many volunteers that enable it to happen.



Another school community event taking place next weekend is our Round the Island Relay Race against Nine Acres, involving staff, parents and friends of the school. Please sponsor the runners if you can (see the school's and the BSA's Facebook page for more details) and support them on the day by seeing them in person or following the race on the BSA Facebook page. Go Team Brighstone!

Today, you will have received an email letting you know that, on Monday, each class will be taking part in an eco-storytelling walk to the Dragon Tree, with Reverend Jackie and storyteller Hilary. This is aimed to encourage children to take notice and become immersed in the world around us, and to promote the fact that we have to look after our precious planet. Following the walk, children will have the opportunity to put their name forward to be voted onto the Eco-School Committee, to enable all children to have a voice and share ideas about what we can do as a school to look after the planet.



In the week beginning Monday 27th September, we shall be taking part in Bike to School Week as part of our ongoing commitment to promoting active travel. Children and staff are invited to bike or scoot to school throughout that week. Cycling or scooting to school has many benefits, such as getting pupils alert and ready to start the day, reducing the amount of cars on the road, increasing road safety awareness and a boost to physical and mental health and wellbeing.

If you and your family cycle or scoot during Bike to School Week, let Sustrans know at [www.sustrans.org.uk/biketoschoolweek/pledge](http://www.sustrans.org.uk/biketoschoolweek/pledge) for your chance of winning a Frog bike worth £400.

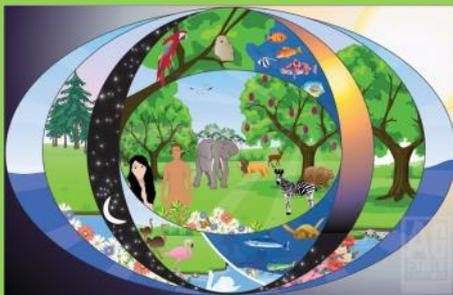
I hope you all have a lovely weekend!

Best wishes, Mrs Lennon and the Brighstone team

## Collective Worship - Thankfulness

This week's Collective Worship focus is: **Praising God in Creation**

This week we focused on our wonderful world. We retold the story of the Creation from the Bible, and talked about how, no matter how you believe our world was created, it is an amazing creation and something that we are thankful for every day.



**Our school prayer**

We thank you, God, for your unfailing and never ending **love** for us.

Lord Jesus, please give us the **courage** to be lights in the world.

Holy Spirit, please help us to have the **respect** to show God's love to others and the world around us.  
Amen



What are you most thankful for in our wonderful world? Can you use adjectives to describe it/them?

'Always be thankful.'

1 Thessalonians 5.16



## School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in years 3-6 are charged at £2.15 per day.

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Option 1	Mac 'n' Cheese	Pie and Mash	Roast Gammon	Beef Bolognese	Fish Fingers
Option 2	Veggie Burrito	BBQ Beans	Veggie Roast	Veggie Rice bake	Veggie Nuggets
Dessert	Ice cream	Brownie	Shortbread	Fruit Crumble	Cake

### Poetry Corner

#### What a Wonderful World

I see trees of green, red roses too  
I see them bloom for me and you  
And I think to myself what a wonderful world

I see skies of blue and clouds of white  
The bright blessed day, the dark sacred night  
And I think to myself what a wonderful world

The colors of the rainbow so pretty in the sky  
Are also on the faces of people going by  
I see friends shaking hands saying how do  
you do  
They're really saying I love you

I hear babies crying, I watch them grow  
They'll learn much more than I'll never know  
And I think to myself what a wonderful world  
Yes I think to myself what a wonderful world



### Grammar and Spelling Matters

Each week we will include a mini grammar or spelling lesson so you know what your children are learning!

Its	It's
<b>Possessive pronoun.</b>  For example: • The cat is eating <b>its</b> food. • The dog wiggles <b>its</b> tail. • London is famous for <b>its</b> tourist attractions.	<b>Contraction.</b> of 'it is' or 'it has'.  For example: • <b>It's</b> important to study before an exam. • <b>It's</b> a huge house. • <b>It's</b> been snowing for three hours.

### Reminders

Only plain water (no squash or flavoured water) in reusable water bottles.

Long hair must be tied back (both boys and girls), and hair must be kept away from eyes.

Only fruit provided for snacks, and healthy items in lunch boxes.

## Golden Awards

<b>Koala</b>	Meadow - for showing determination & perseverance with her reading. Tristan & Evan - for coming into school with a big smile!
<b>Polar Bear</b>	Charlotte - for taking on new challenges. Freddie K - for showing respect during worship and working on focus.
<b>Lemur</b>	Toby - for always trying his best and persevering with every task.
<b>Chimpanzee</b>	Felicity - for always having such a fantastic attitude and for being someone that I can always rely to make the right choices.
<b>Orangutan</b>	Daisy & Connie - for having a fantastic learning attitude in Maths.
<b>Bee-Haviour</b>	Caspar and Leigh - for showing fantastic passion and determination when given a well-bee-ing task by Queen Bee
<b>Sports Bee</b>	Iris - for demonstrating the schools games values so beautifully in PE this week!

#### Whole school dates

**Monday 20th - All Classes:** eco-storytelling walk to the Dragon Tree in Brighstone

**Wednesday 10am-12pm** - Gardening with Mrs Johnstone (more info below)

#### **A special mention and thank you to:**

- 1) All the children who participated in **Walk the Wight** last Sunday raising much needed funds for The Earl Mountbatten Hospice
- 2) **The Country Dancers** and parents that gave up their Sunday afternoon to perform at and support The Brighstone Village Thank You Day

## Wellbeing Window

### When emotions explode

Last year and the start of 2021 has been extra stressful and, understandably emotions may be heightened at home. It's normal to feel frustrated, worried or angry about the situation, but it can be hard to know how to communicate in these very emotional or angry moments.

This poster aims to support parents when their child has angry feelings or outbursts and may help families start a conversation and talk about each other's feelings.

#### Very Angry

Stay calm.  
Stay safe, walk away if possible and make sure you don't engage with your child until you are both calm.

#### Frustrated

Reflect what you can see in your child. 'I can see that you're angry/upset' 'I understand that this might be difficult for you.' 'I understand when you did x this made you feel.'

#### Calm

Use this time to explore your concerns and ask questions like 'what happened there? How did you feel?' If there has been lots of conflict reassure them and remind them you still love and care about them.

### Is the "honeymoon period" over?!

At the beginning of a school year there is a lot of change and so children can struggle with this and express their feelings in different ways. One of these ways could be Anger. Handling outbursts can be tricky and so this is just a quick "top tips" poster to help you and your child.

Always reach out for support!



### Gardening Volunteers Needed

Being outdoors is good for mind, body and soul. If you have some spare time:



Over this school year I will be working with the children to set up an Eco School Committee where we will come up with ideas to turn our school into one that puts our environment FIRST. We already recycle everything we can and avoid plastics as much as possible but there is a lot more we can do with the school grounds. We can get the vegetable garden up and running, plant wild flowers, renovate a potting shed and work towards an interactive outdoor classroom which will bring our learning outside. However, we need your help. Some of the preparation work will not be appropriate for little hands so I would like to organise a weekly volunteer morning

throughout the Autumn term. On **Wednesday 22nd September** between 10.00 and 12.00 I Welcome willing volunteers to come along and help.

Please sign up at the office to volunteer and join in our quest for becoming an eco school.

Thank you! Mrs Johnstone.