

# The Buzz

## 16th April 2021



Brighstone C.E.  
Primary School

Learning and Achieving Through  
Love, Courage and Respect

Dear parents, carers and children,

It was lovely to welcome everyone back after the Easter holidays. I hope you all had the chance to have some time to relax, refresh and have fun in the great outdoors. The weather was mainly dry and sunny, but I think it is fair to say that we were all surprised to see snow!

Easter is a time to reflect on Jesus' life, death and resurrection, as well as to use the opportunity to celebrate and enjoy new life. While you were out and about, you will have noticed all the emerging buds, as well as the new-born lambs frolicking in the fields. Many children have been excited to tell me about these, even naming some of them!



On the subject of the great outdoors, we are pleased to say that educational trips and residential visits have now been given the go-ahead to resume, so we are busy planning these in for the summer term. We will also be in touch regarding the Kingswood residential trip for Years 4 and 5.



Reception children have been having lots of fun in the great outdoors as part of Forest School, which started today. They have been exploring our school garden and taking part in lots of fun activities. (Please see next week's Buzz for photos!) They will continue with Forest Schools for the next few weeks, and then children from other year groups will get the opportunity to take part either this term or in the next academic year.

This week we were very excited to welcome Reverend Jackie Maw to our school community. Reverend Jackie is the new Team Rector of the West Wight Mission Community. She enjoyed looking around the school and meeting all the children, and is looking forward to working closely with the school. She will be moving into the village in the next few weeks, so if you see her, give her a friendly smile and wave!



We were also very excited to have Didi Nicholson attend our Collective Worship on Monday. Didi was our Chair of Governors until recently, when she took the decision to set a challenge for herself and her sister-in-law Susannah. They will be sailing around the UK over the next three months, raising money for South Wight Area Youth (SWAY), and they have taken Brighstone's Billy Bear along to accompany them! We will be following their adventures through their blog and mapping their course on a big display in school. We talked about which values they might be using, such as perseverance, courage, determination, resilience, friendship, and more. Click on the link to follow their adventures and to make a donation: <https://www.seahorse184.com/>



We have been informed that there will be roadworks along New Road during the week commencing 26th April, so please make extra time for your journey.

As you know, Brighstone Primary School was nominated for three awards (and won Best Small Primary School) during the virtual Sports Awards 2019 which took place the other week. More information about this was in the Buzz on 26th March, and if you would like to watch the awards, please click on the following link: <https://www.youtube.com/watch?v=0HuKd8ouzo> (you will find the awards at the following times: Junior Team 23.43mins; Primary Sporting School 35mins; Making a Difference 50.52mins). Well done to everyone, and especially Mr Goldsmith!



I would like to wish everyone a wonderful weekend, and I look forward to seeing you again on Monday.

Mrs Lennon and the Brighstone Team

## Collective Worship: Friendship

This week we found out about Didi and Susannah's sailing adventure around the UK. Didi and Susannah are sisters-in-law and close friends. We talked about the values that they might be using as they carry out their challenge.



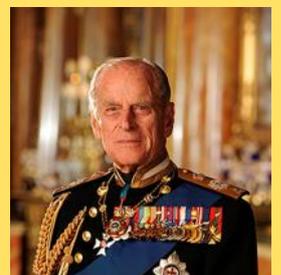
We also held a remembrance service about HRH Prince Philip, Duke of Edinburgh.

Dear God,

We thank you so much for the life, service and example of Prince Philip.

We thank you for the support he gave to our Queen and the service he gave to our country.

Help us to follow his example by dedicating our lives to make our country, and the world, a better place.  
Amen



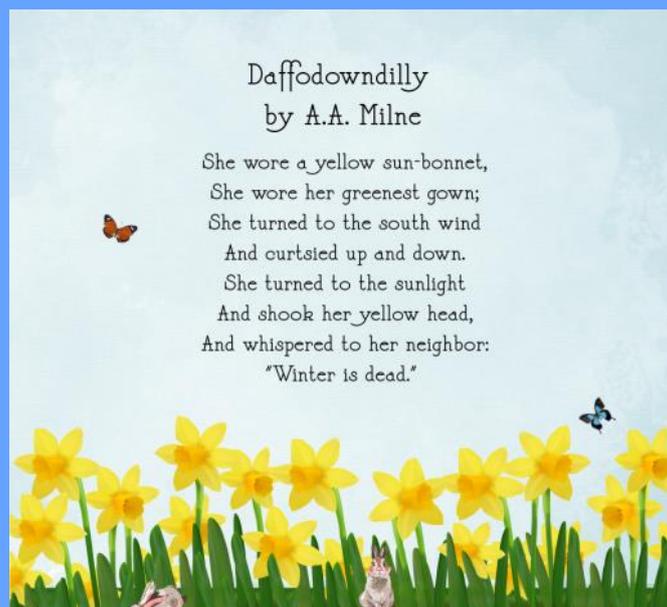
## School Dinners

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in years 3-6 are charged at £2.15 per day.

19th April	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Sausage Roll	Sweet & Sour Chicken	Roast Pork	Chicken Pizza	Fish and Chips
Option 2	Tomato Pasta	Bean Chilli	Quorn	Veggie Curry	Quiche
Dessert	Apple Crumble	Fruit and Yoghurt	Sponge Slice	Choc Cake	Shortbread

## Poetry Corner



## **Golden Awards**

<b>Ainslie</b>	Myles, Kaiden and Charlotte - great attitude to learning, especially in RWI
<b>Lambert</b>	Martha - great doodle Maths and spellings everyday. Reuben - super English work
<b>Robertson</b>	Ferguson - accurate calculation strategies. Jude - for perseverance with writing
<b>Macarthur</b>	Elin - excellent screen play
<b>Clover</b>	Katelyn and Henry - for fantastic collaborative and successful pair work in Maths
<b>Sports Bee</b>	Lainey - fantastic bowling during cricket and remembering all of our tips to help us

***Well done everyone!***

The last day of this half-term is  
**Friday 28th May**

The first day of next half-term is  
**Monday 7th June**



**Doodle Maths**



Well done to **Macarthur class** who are the top Doodlers this week!

# SEMH

Social, Emotional & Mental Health

## Wellbeing Window

**Psychology Says**  
 When you start taking care of yourself, you start feeling better, you start looking better, and you even start to attract better. It all starts with you

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## Daily Self Care Countdown

<b>9</b> Thousand Steps	<b>8</b> Hours of sleep	<b>7</b> Glasses of water
<b>6</b> minutes of meditation	<b>5</b> Servings of fruit & veggies	<b>4</b> Breaks stretching & mental
<b>3</b> Meals & 3 healthy snacks	<b>2</b> hours of no phone before bed	<b>1</b> Session of exercise

## Children and Adults Mental Health

Like physical health, mental health is something we all have. It can range across a spectrum from healthy to illness; it can fluctuate on a daily basis and change over time.



## IMPORTANT REMINDERS

- **Long hair** must be tied back to help stop the spread of head lice (girls AND boys)
- Children should wear **black school shoes**, not trainers
- **Hair accessories** should be in school colours
- **PE Kits** must be worn for PE. PE t shirts are available from the school office for £4
- If your child will be collected by someone other than parents/carers you must **inform the school office**
- Food containing **nuts** MUST NOT be brought into school
- Your child will be marked as **late** if they arrive after 8.25am. Persistent lateness could result in a Fixed Penalty Notice
- **Face coverings** must be worn when coming into the office foyer (unless medically exempt)
- **Social distancing** must be maintained at all times and when talking to all members of staff
- Children must stay with their parents when arriving at school in the morning. Children running off will be sent back to their parents

# Online Safety

action for children

## Age Restrictions for Social Media Platforms



TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos much in a similar manner to Facebook, Instagram and Snapchat. It's main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-syncing and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity to become the iOS store's most downloaded app with over 33 million downloads. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.



## What parents need to know about TIKTOK



### MATURE CONTENT

On the iOS store, TikTok is listed as 12+. On the Google Play Store it is rated as 'Parental guidance recommended'. When signing up for the app, it's possible to lie about your age without any form of verification. As children scroll through their feed, most of the videos they're likely to come across are lighthearted or funny takes on dance routines which are designed to make people laugh. However there has been a slew of videos which have been reported for featuring drug and alcohol abuse, self-harm and sexual content, including young teens dressing overtly sexually and behaving suggestively. Given the deluge of material uploaded to TikTok every day, it's impossible to moderate everything and it can be quite common to come across explicit content on the 'for you' feed when logging into the platform.

### INAPPROPRIATE MUSIC

TikTok revolves around creating music videos through lip-syncing and dancing. Inevitably, some of the music featured by users will contain explicit or suggestive lyrics. Given the undeniably young user base, there is a risk that children may look to imitate the explicit language they hear or the suggestive actions they see when viewing other users' videos on the app.

### TIKTOK FAME

TikTok is very image focused and there is a notable preoccupation with appearing cool and attractive. Many teenagers now attempt to go viral and become what's known in-app as 'TikTok famous'. TikTok (and its predecessor musical.ly) has spawned its own celebrities - social media stars Loren Gray and Jacob Sartorius have been catapulted to fame through their initial exposure on the app. Obviously, most budding influencers looking to become the next big thing will be disappointed, but this may have the knock-on effect of making them go to more and more drastic lengths to get noticed.

### ONLINE PREDATORS

As a social network, TikTok makes it easy to connect with other users. This includes the ability to comment on and react to other user's videos, follow their profile and download their content. Be aware that by default, any user can comment on your child's video if their account is set to public. Most interactions are harmless enough but as an app, TikTok is prone to predators because of the abundance of younger users.

### ADDICTIVE NATURE

Social media is designed to be addictive and TikTok is no different. It can be fun and hugely entertaining. However, it is also because of this that it can be hard to put down. In addition to the short, punchy nature of the looping video format, the app's ability to keep you guessing what will come on screen next makes it easy to turn a five-minute visit into 45-minute visit.

### IN-APP PURCHASES

Aside from the content, there's also the option to purchase in-app extras called 'TikTok coins'. Prices range from £0.99 for 100 coins to an eye-watering £93.99 for 10,000 coins. TikTok coins are used to purchase different emojis to reward content creators that a user finds funny or entertaining. In the iOS version of the app you can disable the option to buy TikTok coins but this sadly doesn't seem to be a feature in the Android version.



## Safety Tips For Parents

### TALK ABOUT ONLINE DANGERS

Assuming your child is above the age limit to use the app, make sure you also take the time to talk to them about what they are seeing on the app. Have a dialogue, get them to give you their opinion on what is appropriate and model the correct behaviour for them. Go over why they shouldn't give out private information or identifiable photos and be positive and understanding of them. In the long run, getting them to think critically about what they're seeing goes a long way to keeping them social media savvy.

### USE PRIVACY SETTINGS

Undoubtedly, the easiest way to safeguard your child on TikTok is to make sure their account is set to private. This means only those users your child approves can view, like, and follow their content. Setting the account to private may clash with your child's goal of social media superstardom, but it will keep their account secure from strangers. This setting can be enabled under the privacy and safety menu by pressing the ellipsis in the 'me' tab of the app. To be extra safe, there are additional controls available to toggle such as who can send comments and messages, among other options.

### ENABLE RESTRICTED MODE

In the digital wellbeing section there's the ability to turn on restricted mode using a PIN. Restricted mode filters out content that is not age appropriate although it should be noted that this isn't always 100% fool proof. When enabling restricted mode, parents should still be vigilant to what their child is watching and take note that the algorithm moderating content is not infallible.

### EXPLORE AND LEARN YOURSELF

Understanding and learning the app yourself is a great way to get to grips with TikTok. You could then even use the app with your child and watch some videos with them. If you are the parent of a teen, even if it does not make you popular, keep a close eye on what they're viewing and sharing. That said, it's a brilliant chance to turn it into a bonding opportunity with your child also. You could even unleash your inner performer and make videos with them while (more importantly) keeping them safe online.

### LEARN HOW TO REPORT AND BLOCK INAPPROPRIATE CONTENT

With the proper privacy settings in place, TikTok can be a safe space for your child to express themselves. However, just in case something does manage to slip through, make sure your child knows how to recognise and report content that isn't appropriate and get them to come to you about what they have seen. TikTok allows users to report offenders and comments within the app. You can also block individual users by going on their profile.

### MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child moderate their time on the app by making use of the digital wellbeing section. Under the screen time management option, you can limit the daily allotted time allowed on the app in increments ranging from 40 to 120 minutes. You can also lock this preference behind a PIN number which has to be inputted in order to then exceed the daily time limit. This way your child can get their daily dose of memes without wasting away the day.

# Sports

## After School Clubs

All clubs start next week 2.45-3.45pm

Mondays - Summer Sports - Years R/1/2

Tuesdays - Gymnastics - Years 5/6

Wednesdays - Football - Years 3/4

Thursdays - Football - Years R/1/2

Fridays - Football - Years 5/6



## Junior Cricket Training at Cowes Cricket Club

Friday evenings  
Starting on 30th April

Softball (School Years 3-6)  
5pm-5.45pm

Hardball (School Years 5 & above)  
6pm-7pm

£5 annual membership  
£1 per child per session  
Sessions held at IOW Community Club

All sessions follow up to date  
Covid guidelines and are run  
by ECB Qualified Coaches.

New players always  
welcome!

Email  
ash@cowescricketclub.co.uk  
for more information!



## Tennis at Ventnor Tennis Club

For children aged 7-11

Mondays starting on 19th April

4.30pm-5.30pm

Starter course for children,  
comprising of six high quality  
sessions that introduce tennis to  
children in a fun and relaxed  
environment.

Cost is £29.99 per person  
plus £5 P&P

All children that sign up will also  
receive a kit bundle

Kit Bundle includes:

A tennis racket, a set of balls,  
a branded t-shirt and a pair  
of wristbands

Sign up at <https://clubspark.lta.org.uk/TennisForKids/Course/68507ec2-677e-473d-8928-b8d96e23a1b4>

# Music



WIGHT MUSIC TUITION ARE DELIGHTED  
TO ANNOUNCE...

WE HAVE A FANTASTIC NEW VOCAL TUTOR  
FOR THE SUMMER TERM

## SINGING LESSONS

LEARN TO SING ROCK, METAL, POP,  
FOLK, CLASSICAL, BLUES, FUNK,  
THEATRE, JAZZ!

—  
PAIRED OR INDIVIDUAL LESSONS AVAILABLE

CONTACT [CAROLINE@IWMT.ORG.UK](mailto:CAROLINE@IWMT.ORG.UK)  
TELEPHONE 07785 778222

OR COMPLETE OUR ONLINE APPLICATION FORM AT  
[WWW.IWMT.ORG.UK](http://WWW.IWMT.ORG.UK)

Dear Parents/Carers,

Wight Music Tuition is now the service provider for Music at Brighstone Primary School. At Wight Music Tuition, we care about all children's educational needs in Music and will deliver a high quality affordable service.

WMT has now taken over the invoicing and full service. The advantage of this is that you can liaise directly with tutors and our business administrator/manager. Lesson plans/tuition videos can be sent directly to parents and any queries you may have can be answered quickly.

10x Group lessons (20mins) = £80

10x individual lessons (20mins) = £122

To sign up for music lessons please apply at [www.iwmt.org.uk](http://www.iwmt.org.uk) Lessons will continue to take place in school (as was the case before the Covid pandemic), and can start as soon as next week. On behalf of all WMT members we are looking forward to teaching in schools again.

If you would like an informal chat with Caroline, please feel free to phone or email as follows:

Caroline Hales - 07785778222 [caroline@iwmt.org.uk](mailto:caroline@iwmt.org.uk)

Best wishes

Robert Carr - WMT director

