





## 18th September 2020

Learning and Achieving through Love, Courage and Respect

Dear parents and carers,

I would like to start by saying a huge well done and congratulations to the Brighstone Team for being very worthy winners last weekend in our **Round the Island Relay Race** against Nine Acres. It was incredibly close—just a few seconds to spare between the last two runners. Well done to all who took part, thank you to the BSA for organising it, and thank you to all those who have sponsored us. So far, just over £700 has been raised, which is absolutely amazing! However, we also know that there are still some outstanding monies, as well as some people who still want to donate, so watch this space for the new total. If you would like to donate, you can visit <a href="https://gf.me/u/yrzt4p">https://gf.me/u/yrzt4p</a> or hand in cash (in a named envelope) to any of the BSA members or to the office. See more information about the race on the other side of this Buzz.

I know that the BSA have got lots more exciting **fundraising ideas** for the coming months (all of them following Covid safety measures), and we look forward to hearing more about them soon.

This week Mrs Cousins and I held a Reception parent meeting via Zoom about Read Write Inc, a phonics, reading and writing programme that we use in Reception and KS1. A repeat of this will be held on Tuesday 22nd September. We know that the sharing of information and helping parents to support their children with their education has a huge impact on progress, achievement and enjoyment, and, because of this, we would like to hold a wide variety of **parent information sessions and forums** (these will be held via Zoom until it is safe to meet in person). We are looking to have some of the following focuses: Reading, Maths, Spellings. We would also like **your suggestions** for information sessions and forums. If you are interested in finding out more about a particular subject, or would like to find out how to support your child with certain strategies (e.g. in Maths, or with spellings), then please let us know (either by text, email or in person).

The children have been busy with their learning this week. I enjoyed teaching in **Lambert class** this week, and seeing the children's fantastic ideas for their own versions of The Three Billy Goats Gruff. We have versions with fish, tortoises, lions, rabbits and all sorts of other animals! **Robertson class** have also been writing imaginatively this week, with their instructions on 'How to be an outlaw' linked to their class text Robin Hood. **Year 3** have also had their first music lesson today with Mr Stroud, and are looking forward to exploring and choosing their brass instrument that they will be learning to play throughout their time in Y3.

We are currently refocusing on **learning behaviours**, including independence and resilience. The children are learning different strategies to build their independence, including asking a buddy, using resources, using displays around the room, and having a think before they ask an adult. They are also learning to build their resilience—how to pick themselves up and have another go. We are praising examples of independence and resilience—can you keep an eye out for any good examples at home and praise your child for them?

The use of **class emails** is working well. However, we would encourage you to contact the office if your message is urgent or otherwise important as the teacher may not pick it up in time due to teaching commitments.

The weather is looking lovely for the next few days, so I wish you a fun weekend and see you again on Monday.

Best wishes, Mrs Lennon and the Brighstone Team

Golden Book						
Ainslie	Zara & Alice ~ for always listening carefully. Myles ~ for motivated learning, being resilient and persevering.					
Lambert	Flo ~ for always trying hard in everything she does. Freddie K ~ for a super attitude. Reuben ~ always trying hard and contributing.					
Robertson	Jack T ~ for fantastic effort with his writing. Lauren ~ for wonderful concentration.					
Macarthur	Asya ~ for being a mini teacher, helping her friend in Maths.					
Clover	Jack ~ for his focus and concentration in Maths. Tilly ~ for outstanding learning behaviour in all lessons.					



Next week (19-27 September) will see the start of the inaugural Great British Week of Sport, which will aim to inspire the nation to celebrate the power that sport and activity has on our mental, physical and social wellbeing.

To help celebrate this at school, we will be starting our 'Virtual' school competitions at lunchtimes, where every child will be given the chance across the week to take part in at least one event across each week for the rest of the half term. Scores from these events will be recorded, with us going up against other schools in place of our usual school competitions.

There are also free apps available such as 'Active 10' and 'Couch to 5K' to encourage people to get active, as well as a range of tools and support on the Better Health website which you can use to keep active at home.

### Social distancing during drop off and collection

Thank you for your support and understanding with this so far. We are doing our best to avoid having to introduce staggered start and finish times. Therefore, we ask that you do not congregate once you have dropped off or collected your child/ren so that other parents can move through and leave the school site safely. Please also stay on the path rather than walk across the field, and keep your child/ren with you.

Parents may choose to drop their child/ren off to the member of staff on the gate and leave them to enter the school by themselves. There is always a member of staff on the playground to welcome them.

At the end of the school day for children in years 5 and 6, if you have filled out a "permission to walk home unaccompanied" form, we will let your child leave the classroom at 2.45pm.

Gates are open: 8.15am - 8.25am 2.40pm - 2.50pm

### **School Dinners**

Children in **Year R, 1 and 2** are entitled to a 'universal' **free** school meal everyday.

Children in years 3-6 are charged at £2.15 per day.

W/c 21st	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Curry	Beef Burger	Roast Chicken	Macaroni Cheese	Fish Fingers
Option 2	Veg Bolognaise	Quorn Burger	Lentil Pastry	Sweet pot curry	Veg pasty
Dessert	Fruit Crumble	Fruit and Yog	Drizzle cake	Choc orange cake	Vanilla short- bread

If children from years 1-6 do not like what is on the menu, they can ask for a jacket potato with either beans, cheese, beans and cheese or tuna mayo. Fresh salad and fruit is offered everyday alongside the daily options.

### Attendance

If your child is unable to come to school, please let the office know before 8.25am. When your child returns to school please make sure you **provide a letter/email outlining the reason for the absence** so that we can authorise it. Failure to do this within 3 days of the absence will mean it will be marked as unauthorised and persistent unauthorised absences can result in a fixed penalty notice from the Local Authority.

### Round the Island Relay

A huge thank you goes to Lucy Brodie and the BSA for organising a Covid-19 safe event last Saturday. A huge congratulations to our team who managed to finish the course with just a few minutes to spare before the Nine Acres runner passed the finish line. It was so close this year but once again we took the title of winners. Well done to all involved.



Thank you your sponsorship. It's not too late. You can still sponsor the winners: <a href="https://gf.me/u/yrzt4p">https://gf.me/u/yrzt4p</a> it's very simple to do and all money raised goes towards things like keeping down the cost of school trips for parents, amongst other things.

A big well done to our worthy opponents - Nine Acres Primary. Watch how close the ending was here: <a href="https://www.facebook.com/watch/live/?v=2710244459225286&ref=watch\_permalink">https://www.facebook.com/watch/live/?v=2710244459225286&ref=watch\_permalink</a>

# OPEN MORNING (VIRTUAL/ONLINE) SATURDAY 3 OCTOBER 10AM TO 12.00 NOON FOR MORE DETAILS AND TO REGISTER: www.rydeschool.org.uk RYDE SCHOOL WITH UPPER CHINE

### Christ the King YEAR 6 OPEN EVENING

To protect the health and well being of your family and our community we will be hosting a virtual event on the 30th September. This will be streamed live at 6pm.

For more info: https://www.christthekingcollege.co.uk/yr -6-transition

### Carisbrooke College - Year 7 information

https://www.iwef.org.uk/carisbrookecollege/apply2021/

### Medina College - Year 7 information

https://www.iwef.org.uk/medinacollege/apply2021/

Please note: We will add more information about high schools when we receive it.



# SEMH

Social, Emotional & Mental Health



### Wellbeing Window

Did you have a mini dance party last week? This week's exercise is: Mindful breathing

Sit in a comfortable position and let your shoulders drop and your hands rest in your lap. Bring your awareness to your body and notice where your attention goes. Gather this awareness and focus on the sensations of the breath in the torso. Notice the sensations of each in breath and each out breath. Become more aware, letting it simply be. When you notice the attention has wandered from the breath, pause to acknowledge the movement of the mind, then simply return it to the breath. Try doing this for 5 minutes.