

# Medina, Isle of Wight junior parkrun

## What is junior parkrun?

Junior parkrun is a free, friendly and fun 2k run for people over four years and up to 14 years.

#### When?

9am, every Sunday morning.

#### Where?

Seaclose Park Newport

### Do I need to be fast?

No, junior parkrun is for all abilities.

## Do I need anything else?

You need to register on the parkrun website (www.parkrun.co.uk), print







