



## **CYCLE TRAINING— EASTER HOLIDAYS 2019**



WHEN? - 9th—11th April 2019

COST? £5 per session

WHERE? - Medina Leisure Centre, Fairlee Rd, Newport PO30 2DX

TIMETABLE	Tue	Wed	Thu
	9th	10th	11th
10—11am	L2R	L2R	L2R
11.30am—1pm	B1	B1	B1

**L2R – Learn to Ride** – An indoor session aimed at those wanting to learn to ride a bike, ditch the stabilisers, or transition from a balance bike to pedal bike.

**B1 – Bikeability 1** – Playground session aimed at those children who want to develop their skills before learning to ride on quieter roads. Minimum age of 7 years.

## WHAT TO BRING?

- Bike and helmet— Please check that your child's bike is in good working order,
  stabilisers have been removed and helmets fit. <a href="www.wightcycletraining.co.uk">www.wightcycletraining.co.uk</a>
- Water and Snack
- Clothing—It might be cold and wet or hot and dry. Therefore, ensure your child has appropriate clothing for the days weather conditions.

**CONTACT?** Ross Edmunds / ross@wightcycle.co.uk / 07984170013