



Wight Cycle Training



CYCLE TRAINING—February Half -Term 2019



WHEN? - 18th—20th February 2019

COST? £5 per session

WHERE? - Medina Leisure Centre, Fairlee Rd, Newport PO30 2DX

TIMETABLE	Mon	Tue	Wed
10—11am	L2R	L2R	L2R
11.30am—1pm	B1	B1	B1

L2R – Learn to Ride – A session aimed at those wanting to learn to ride a bike , ditch the stabilisers, or transition from a balance bike.

B1 – Bikeability 1 – Playground session aimed at those children who want to develop their skills before learning to ride on quieter roads. Minimum age of 7 years.

WHAT TO BRING ?

- **Bike and helmet**— Please check that your child’s bike is in good working order, stabilisers have been removed and helmets fit. www.wightcycletraining.co.uk
- **Water and Snack**
- **Warm Clothing**—It might be cold and wet. Therefore, ensure your child has appropriate clothing, including gloves.

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