

**ARE YOU LOOKING FOR SOMETHING REWARDING TO DO WITH YOUR TIME?**

**Home-Start IOW needs volunteers in your area to support parents who may be struggling to cope.**

Our volunteers usually commit to offering 2/3 hours each week, to give practical and emotional support. By visiting regularly volunteers build up a relationship with parents and their children and support by:

* Encouraging them to get out and about.
* Supporting them with activities with their children.
* Support with routines to encourage a positive home life.
* Provide emotional support and a listening ear.

Our volunteers find the time they spend with families very rewarding as they make such a positive difference to the lives of the parents and children they support.

Volunteering is an excellent thing for your personal development as looks great on a CV.

Home-Start IOW offers full training so no experience necessary other than the caring experience you already have.

All our volunteers are subject to a DBS (police) check.

**We have places left on our next training course which will start on 28th September and have dates for further training later in the year.**

If you are interested and would like to know more please call us on 533357 or email admin@homestartiow.org

You can also check out our website [www.home-start.org.uk](http://www.home-start.org.uk) or find us on Facebook

We really look forward to hearing from you.