

Anxiety, Depression and Trauma in Young People

Marilyn McGowan

Saturday, 17th November 2018

at

Cowes Enterprise College

Crossfield Ave, Cowes PO31 8HB

(lots of onsite parking – within walking distance of the Redjet from Southampton)

9.30-1.30 p.m.

(refreshments from 9.30 a.m., start 10a.m. lunch around 12.30p.m. and free NEU resources/materials for all attendees)

Marilyn McGowan has an extensive portfolio in counselling training-developing, managing and delivering counselling programmes from Basic to Advanced Diploma and Degree Levels. Her commitment to counselling children and young people has also led her to develop CPD courses at national and international levels, within statutory and voluntary sectors, for fellow professionals involved in supporting vulnerable young people.

During this session we will begin to investigate and understand:

- What is anxiety, depression and trauma?
- How does it impact on learning?
- How does it affect relationships with staff and peers?
- What can we do to help?

It is worth noting: 1 in 10 children, 5-16 years of age, have a diagnosable mental health problem, although many more will have short term problems or problems that will not be recognised. CAMHS, with limited funding, now turn away 25% of young people referred to their service (Young Minds).

Sessions are suitable for all school and college staff including students, NQ, support, teacher, lecturer and leadership. We welcome non-NEU members too. If you require any additional information, please contact shreevepd@gmail.com

To reserve a place, please fill in details below and forward payment by Friday, 26th October to Peter Shreeve, Bryn Coed, 6 Priory Farm Lane, Carisbrooke, Newport PO30 5JT to guarantee your place.

Title: Mr/Mrs _____ Name: _____

Educational Establishment _____

National Education Member, i.e. ATL or NUT Section member: Yes / No (please circle)

I hereby register my interest in the training on Saturday, 17th November and enclose payment for £10 (cheques payable to ATL) for NEU members / £20 for non-NEU members (please delete as necessary). In order to keep costs to a minimum I understand course costs are non-refundable.

Signed: _____ Date: _____

Email address: _____

Receipt of payment and confirmation will be acknowledged by email.

