



# Wight Cycle Training

## SUMMER CYCLE TRAINING



**WHEN?** - 23rd July to 2nd August 2018

**COST?** £5 per session

**WHERE?** - Medina Leisure Centre, Fairlee Rd, Newport PO30 2DX

<i>TIMETABLE</i>	Mon 23 <sup>rd</sup> & 30 <sup>th</sup>	Tue 24 <sup>th</sup> & 31 <sup>st</sup>	Wed 25 <sup>th</sup> & 1 <sup>st</sup>	Thu 26 <sup>th</sup> & 2 <sup>nd</sup>
am 10-12	L2R	L2R	B1	B1
pm 1-3	B2	B2	B2	B2

**L2R – Learn to Ride** – 2 hour playground session aimed at those wanting to learn to ride a bike or ditch the stabilisers.

**B1 – Bikeability 1** – 2 hour playground session aimed at those children who want to develop their skills before learning to ride on quieter roads. Minimum age of 8 years.

**B2 – Bikeability 2** – 4 x 2 hour sessions aimed at those who want to learn to ride safely on quieter roads. Minimum age of 10 years. Please note that the first session will be a playground session to ascertain if your child is of a standard to continue on to the road sessions. All 4 sessions must be completed to pass level 2.

**CONTACT?** Ross Edmunds / [ross@wightcycle.co.uk](mailto:ross@wightcycle.co.uk) / 07984170013