



Wight Cycle Training

SUMMER CYCLE TRAINING



WHEN? - 23rd July to 2nd August 2018

COST? £5 per session

WHERE? - Medina Leisure Centre, Fairlee Rd, Newport PO30 2DX

<i>TIMETABLE</i>	Mon 23 rd & 30 th	Tue 24 th & 31 st	Wed 25 th & 1 st	Thu 26 th & 2 nd
am 10-12	L2R	L2R	B1	B1
pm 1-3	B2	B2	B2	B2

L2R – Learn to Ride – 2 hour playground session aimed at those wanting to learn to ride a bike or ditch the stabilisers.

B1 – Bikeability 1 – 2 hour playground session aimed at those children who want to develop their skills before learning to ride on quieter roads. Minimum age of 8 years.

B2 – Bikeability 2 – 4 x 2 hour sessions aimed at those who want to learn to ride safely on quieter roads. Minimum age of 10 years. Please note that the first session will be a playground session to ascertain if your child is of a standard to continue on to the road sessions. All 4 sessions must be completed to pass level 2.

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