**Week One**

**Weeks Commencing 16/04, 07/05, 04/06, 25/06, 16/07**

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| Monday | Sausages with mashed potatoes and gravy OR Vegetarian sausages, carrots and garden peas, followed by peach crumble with custard/Yoghurt/fresh fruit platter |
| Tuesday | Roast Turkey with roast new potatoes and Gravy, OR quorn roast, fresh seasonal vegetables followed by apple pie with custard/yoghurt/fresh fruit salad |
| Wednesday | Spaghetti Bolognaise OR quorn and veg stir fry with noodles, sweetcorn, broccoli followed by chocolate brownie, or yoghurt/fresh fruit salad |
| Thursday | Mediterranean chicken with rice OR vegetable tagine with lemon and mint couscous and wholemeal flatbread, mixed peppers and green beans followed by sliced cheese, apple and biscuits/yoghurt/ fresh fruit platter |
| Friday | Salmon fish finger/fish fingers, chips, baked beans and garden peas and tomato sauce, OR cheese, onion and spinach quiche, followed by Ice Sponge, yoghurt/Fresh fruit salad  |

**Week Two**

**Weeks commencing 23/04, 14/05, 11/06, 02/07, 23/07**

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| Monday | Chicken arrabiata pasta, roasted peppers and sweetcorn mix OR Jollof Rice with Quorn and mixed beans, followed by berry and Apple cobbler and cream/yoghurt/fresh fruit salad |
| Tuesday | Roast Pork with roast potatoes and gravy, fresh mixed seasonal vegetables, OR lentil and basil puff pastry turnover followed by chocolate mandarin sponge with chocolate sauce/yoghurt/fresh fruit platter |
| Wednesday | Beef fajitas with baked jacket wedges, mixed green salad, coleslaw OR vegetarian chilli, rice and wholemeal flatbread, followed by lemon drizzle/yoghurt/fresh fruit platter |
| Thursday | Flavoured rice with chicken, broccoli and sweetcorn OR macaroni cheese with tomato topping, followed by Oaty cookie with fruit yoghurt/yoghurt/fresh fruit salad |
| Friday | Breaded fish, chips and tomato sauce with baked beans and garden peas OR Cheese and tomato French bread pizza, followed by fruit yoghurt/fresh fruit salad |

**Week Three**

**Weeks commencing 30/04, 21/05, 18/06, 09/07**

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| Monday | Chicken curry with rice, mixed peppers and green beans OR Lentil and sweet potato curry followed by apple flapjack/yoghurt/fresh fruit salad |
| Tuesday | Roast chicken, stuffing with roast potatoes and gravy, fresh mixed seasonal vegetables OR creamy vegetable wholemeal pie followed by apple crumble with custard/yoghurt/fresh fruit salad |
| Wednesday | Cheese and tomato pizza with baby new potatoes, sweetcorn and roasted tomatoes OR Spanish omelette followed by Tutti fruity/yoghurt |
| Thursday | Beef with noodles, broccoli and cauliflower OR wholemeal vegetable pasta bake, followed by peach upside down cake/yoghurt/fresh fruit platter |
| Friday | Fish in batter, chips, tomato sauce, garden peas and baked beans OR spicy bean burger followed by vanilla shortbread/yoghurt/fresh fruit salad |