

## 4-DAY INTENSIVE SWIMMING LESSONS: £26.30 / £32.50

**WEEK 1: Tuesday 3 – Friday 6 April (4 day course - £26.30)**

**WEEK 2: Monday 9 – Friday 13 April (5 day course - £32.50)**

### Learner pool

Non swimmer 0900–0930

*Happy to go in the water with armbands*

Improver 0930–1000

*Ready to swim without armbands*

### Main pool

Intermediate 0900–0930

*Can swim 25m on front and back using a recognisable stroke*

Shallow water 0930–1000

*Can swim 10m on front and back and happy to put face in water*

## JUNIOR GYM (14 - 16 yrs)

Monday to Friday 1630–1830

Junior gym sessions: £2.65

Junior gym induction: £2.65

*(to be booked in advance)*

**NO JUNIOR GYM**

Monday 2 April

## SPORTS HALL (Mon to Fri, 9am to 5pm)

### Why not book our sports hall for your own activities?

Book a court at a cost of £4.40 per hour. Choose from either badminton, basketball, table tennis or short tennis.

Alternatively hire the whole hall to play football, tennis or basketball from only £17.60 per hour.

## TERMS AND CONDITIONS

*Activity numbers are limited. Bookings cannot be taken without payment. All activities require a minimum number of participants to run.*

### Children under 8

*– During public swimming and fun hour, must be accompanied in the water by an adult (18+) who must stay within arms reach of child.*

*– For all other activities an adult must stay on site and be within easy reach of a staff member.*

### Cancellations

*Full fee will be retained unless the place can be resold, in which case a refund of 80% of the fees will be paid*

# Easter Activities

If you're looking for something for the kids to do this Easter holiday then West Wight Sports & Community Centre has a full activity programme to keep them busy and healthy!



MINI MOVERS

RAFT RACING

KAYAKING

SPLASH TAILS

SNORKELLING

AND MUCH MORE...

## WEEK 1: Saturday 31 March – Sunday 8 April (Sunday 1st Closed)

### Saturday 31 March

Fun Hour: £2.65 1100–1200

### Monday 2 April (Easter Monday)

Both pools open to public 1000–1600

Adults: £4.20 Children: £2.65

### Tuesday 3 April

Tots and toddlers: £3 1000–1045

Instruction-led activities for tots, toddlers and older siblings. Children must be accompanied by an adult in the water.

Snorkelling: £5 1000–1100

Must be able to swim at least 25 metres and be happy underwater.

Fun Hour: £2.65 1100–1200

Freshwater Judo Club 1630–1730

Ages: 4–11 yrs. For information contact

Sue on 07712 453709

Climbing Wall Session: £5 1630–1830

Ages: 5 to 15 yrs

Min age is also dependent on size of child.

Parental consent form required

### Wednesday 4 April

Mini-movers: £2.20 0930–1030

Ages: pre-school

Fun play session

Raft racing: £3 1000–1100

Ages: 6yrs+. Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50 metres.

Fun Hour: £2.65 1100–1200

### Thursday 5 April

Parent and baby: £5 1000–1045

Ages: pre-school

The class includes games, songs and structured activities. Children must be accompanied by an adult in the water

Diving: £5 1000–1100

Must be able to swim at least 25 metres, be happy underwater and be able to perform a head first entry into the pool.

Fun Hour: £2.65 1100–1200

Aviva Sports Club: £4 1600–1800

Ages: 19yrs and under. Session specifically for children with Disabilities

### Friday 6 April

kayaking: £5 1000–1100 Ages: 8–11yrs  
An introduction to kayaking through fun and games. Must be able to swim at least 25 metres.

Fun Hour: £2.65 1100–1200

Rockhoppers 1730–1830

Child: £2.65; Adult: £4.20

(Carer goes in free)

Swim session for children with special needs and their families.

Junior Badminton 1900-2000

For more information phone Tony Isaacs on 01983 753159

Komodo Dragon Kickboxing

8 to 14 yrs 1800–1900

14 yrs and over 1900–2000

For more information phone Terri Harris on

07706 131596

### Saturday 7 April

Pre-sailing: £10

Ages: 7+ 0900-1000

Suitable for beginners or nervous sailors.

Must be able to swim at least 25 metres. In the pool. Capsize drill, balancing and steering. Will need wetsuit or old shorts and t-shirt. Bring a buoyancy aid if you have one.

Climbing Wall Session: £5 0900–1100

Ages: 5 to 15 yrs

Min age is also dependent on size of child.

Parental consent form required

Fun Hour: £2.65 1100–1200

### Sunday 8 April

Fun Hour: £2.65 1600–1700

## WEEK 2: Monday 9 April – Sunday 15 April

### Monday 9 April

Skateboarding: £4

Ages 5–10yrs 1545–1645

Ages 10–16yrs 1645–1745

Splash Tails: £5

Small pool 1000–1030

- must be able to swim at least 10m

Main pool 1030–1100

- must be able to swim at least 25m

Learn how to swim like a mermaid! Plus fun & games. We can provide mermaid suits or bring your own if you have one.

### Tuesday 10 April

Tots and toddlers: £3 1000–1045

Instruction-led activities for tots, toddlers and older siblings. Children must be accompanied by an adult in the water.

Snorkelling: £5 1000–1100

Must be able to swim at least 25 metres and be happy underwater.

Fun Hour: £2.65 1100–1200

Freshwater Judo Club 1630–1730

Ages: 4–11 yrs. For information contact

Sue on 07712 453709

Climbing Wall Session: £5 1630–1830

Ages: 5 to 15 yrs

Min age is also dependent on size of child.

Parental consent form required

### Wednesday 11 April

Mini-movers: £2.20 0930–1030

Ages: pre-school

Fun play session

Raft racing: £3 1000–1100

Ages: 6yrs+. Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50 metres.

Fun Hour: £2.65 1100–1200

### Thursday 12 April

Parent and baby: £5 1000–1045

Ages: pre-school

The class includes games, songs and structured activities. Children must be accompanied by an adult in the water

Diving: £5 1000–1100

Must be able to swim at least 25 metres, be happy underwater and be able to perform a head first entry into the pool.

Fun Hour: £2.65 1100–1200

Aviva Sports Club: £4 1600–1800

Ages: 19yrs and under. Session specifically for children with Disabilities

### Friday 13 April

kayaking: £5 1000–1100 Ages: 8–11yrs  
An introduction to kayaking through fun and games. Must be able to swim at least 25 metres.

Fun Hour: £2.65 1100–1200

Rockhoppers 1730–1830

Child: £2.65; Adult: £4.20

(Carer goes in free)

Swim session for children with special needs and their families.

Junior Badminton 1900-2000

For more information phone Tony Isaacs on 01983 753159

Komodo Dragon Kickboxing

8 to 14 yrs 1800–1900

14 yrs and over 1900–2000

For more information phone Terri Harris on 07706 131596

### Saturday 14 April

Pre-sailing: £10

Ages: 7+ 0900-1000

Suitable for beginners or nervous sailors.

Must be able to swim at least 25 metres. In the pool. Capsize drill, balancing and steering. Will need wetsuit or old shorts and t-shirt. Bring a buoyancy aid if you have one.

Climbing Wall Session: £5 0900–1100

Ages: 5 to 15 yrs

Min age is also dependent on size of child.

Parental consent form required

Fun Hour: £2.65 1100–1200

### Sunday 15 April

Fun Hour: £2.65 1600–1700