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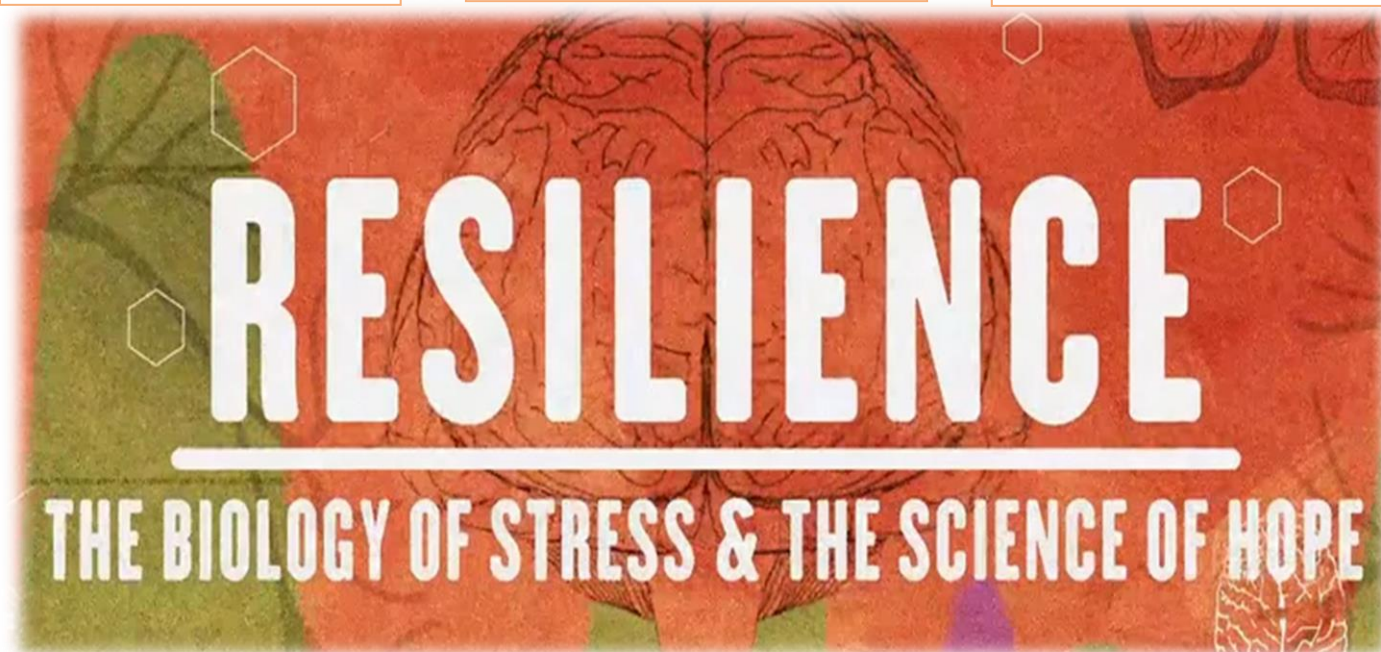


'...Brilliant piece of film that delves into the rarely spoken about darkness that can affect those in the hardest of situations'

Dr. Vincent Felitti

Dr. Nadine Burke Harris

Dr. Robert Anda



15TH November 2017

Winchester House, Shanklin

4-6pm (arrival from 3:30 for refreshments)



You're invited to watch the Isle of Wight viewing of James Redford's documentary "RESILIENCE: The Biology of Stress and the Science of Hope".

The documentary explores the science of adverse childhood experiences (ACEs) and how trauma from ACEs leads to chronic disease in adulthood, and what we can do together to change it. This event is being delivered as a partnership between Isle of Wight Public Health and YMCA. It is for anyone who works with vulnerable people: old and young.

Following on from the screening we aim to open up discussion and commence 'ACEs: The Big Conversation'.

<https://www.eventbrite.com/e/aces-the-big-conversation-tickets-39567316910>