HAVE YOU GOT WHAT IT TAKES TO COMPETE IN ALL TEN EVENTS?

BOYS AND GIRLS AGED 9 AND 10* STANDING **CHEST PUSH BALANCE TEST** FOAM JAVELIN VERTICAL JUMP LONG JUMP ECTED FRO

> 2 0

SHUTTLE RUN TRIPLE JUMP TARGET THROW **HI-STEPPER SPEED BOUNCE**

FAIRWAY SPORTS COMPLEX, SANDOWN **BOYS EVENTS: SATURDAY II NOVEMBER 2017 GIRLS EVENTS: SATURDAY 25 NOVEMBER 2017** REGISTRATION: II.45AM + EVENTS: 12 NOON TO 3PM COST: £3 PER ATHLETE. PAYABLE ON THE DAY

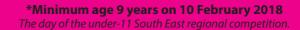
SPORT

ENGLAND

FOR ENTRY FORM EMAIL IOWAC.ATHLETICS@GMAIL.COM **OR PHONE 01983 823818**

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