

# The Virtual Runner

## Summer Races

With the holidays coming up why not give the kids a challenge to complete!

Not only will your kids be happy and entertained over the holidays, they will be out and about keeping healthy and active and earning some really cool medals along the way.

The other great part is that adults can take part to, so why not join in and earn your own medal.

To find out more and how to enter visit:

[www.thevirtualrunner.com](http://www.thevirtualrunner.com)

