





Saturday 23rd July to Friday 2nd September

For pool opening times see swim timetable











WEST WIGHT SPORTS AND COMMUNITY CENTRE Moa Place - Freshwater - IW - PO40 9XH 01983 752168 info@westwight.org.uk

Saturday 23rd July	
11.00am - 12noon	Fun Hour
1.00pm - 2.00pm	Fun Kayaking

Sunday	y 24th July
4.00pm - 5.00pm	Fun Hour

	1
10.00am -	Tots and
10.45am	Toddlers
11.00am - 12noon	Fun Hour
12.15pm -	Huxley Magic
1.15pm	Show
3.45pm -	Indoor
4.45pm	Skateboarding
4.45pm -	Indoor
5.45pm	Skateboarding

Tuesda	y 26th July
9.00am - 10.00pm	Taekwondo
10.00am - 11.00am	Snorkelling
10.00am - 10.45am	Parent and Baby Session
10.30am - 12.30pm	Family Play Session
11.00am - 12noon	Fun Hour
6.00pm - 8.00pm	Youth Club

Wedneso	lay 27th July
9.30am - 10.30am	Mini Movers
10.00am - 11.00am	Raft Racing
11.00am - 12noon	Fun Hour
6.00pm - 7.00pm	Kickboxing

· · · ·
Parent and Baby Session
Diving
Archery
Fun Hour
Archery
Rifle Shooting
Rifle Shooting
Street Dance

Thursday 28th July

Friday 29th July

10.00am -	Tots and	
10.45am	Toddlers	
10.00am - 11.00am	Fun Kayaking	
11.00am - 12noon	Fun Hour	
5.30pm -	Rockhoppers	
6.30pm	Swim Session	
6.00pm -	Junior	
8.00pm	Badminton	

For pool opening times please see swim timetable

11.00am - Fun Hour
12noon
1.00pm - 2.00pm Fun Kayaking

l	2.00pm		12	
				12 1.1
				3.4 4.4
	Sunday 31st July			4.4 5.4
	4.00pm - 5.00pm	Fun Hour		

Monday	v 1st August
10.00am -	Tots and
10.45am	Toddlers
11.00am - 12noon	Fun Hour
12.15pm -	Huxley Magic
1.15pm	Show
3.45pm -	Indoor
4.45pm	Skateboarding
4.45pm -	Indoor
5.45pm	Skateboarding

Tuesday 2nd August

9.00am - 10.00pm	Taekwondo
10.00am - 11.00am	Snorkelling
10.00am - 10.45am	Parent and Baby Session
10.30am - 12.30pm	Family Play Session
11.00am - 12noon	Fun Hour
6.00pm - 8.00pm	Youth Club

Wednesday 3rd August

9.30am - 10.30am	Mini Movers
10.00am - 11.00am	Raft Racing
11.00am - 12noon	Fun Hour
11.00am - 1.00pm	Healthy Cooking 4 Kids
6.00pm - 7.00pm	Kickboxing

Parent and Baby Session 10.00am -10.45am 10.00am -Diving 11.00am 10.00am -Archery 11.00am 11.00am -Fun Hour 12noon Archery 11.00am -12noon 1.00pm -2.00pm **Rifle Shooting** 2.00pm -3.00pm **Rifle Shooting**

Ballet

4.00pm -

5.00pm

Thursday 4th August

Friday 5th August		
10.00am -	Tots and	
10.45am	Toddlers	
10.00am - 11.00am	Fun Kayaking	
11.00am - 12noon	Fun Hour	
5.30pm -	Rockhoppers	
6.30pm	Swim Session	
6.00pm -	Junior	
8.00pm	Badminton	

Saturday 6th August	
11.00am - 12noon	Fun Hour
1.00pm - 2.00pm	Fun Kayaking

Sunday	7th August
4.00pm - 5.00pm	Fun Hour

Monday	8th August
10.00am -	Tots and
10.45am	Toddlers
11.00am - 12noon	Fun Hour
12.15pm -	Huxley Magic
1.15pm	Show
3.45pm -	Indoor
4.45pm	Skateboarding
4.45pm -	Indoor
5.45pm	Skateboarding

Tuesday	9th August
9.00am - 10.00pm	Taekwondo
10.00am - 11.00am	Snorkelling
10.00am - 10.45am	Parent and Baby Session
10.30am - 12.30pm	Family Play Session
11.00am - 12noon	Fun Hour
6.00pm - 8.00pm	Youth Club

Wednesday 10th August		
9.30am - 10.30am	Mini Movers	
10.00am - 11.00am	Raft Racing	
11.00am - 12noon	Fun Hour	
6.00pm - 7.00pm	Kickboxing	

Thursday	y 11th August
10.00am - 10.45am	Parent and Baby Session
10.00am - 11.00am	Diving
10.00am - 11.00am	Archery
11.00am - 12noon	Fun Hour
11.00am - 12noon	Archery
1.00pm - 2.00pm	Rifle Shooting
2.00pm - 3.00pm	Rifle Shooting
4.00pm - 5.00pm	Acro

Friday	12th	August
--------	------	--------

10.00am -	Tots and
10.45am	Toddlers
10.00am - 11.00am	Fun Kayaking
11.00am - 12noon	Fun Hour
5.30pm -	Rockhoppers
6.30pm	Swim Session
6.00pm -	Junior
8.00pm	Badminton

For pool opening times please see swim timetable

Saturday 13th August		
11.00am - 12noon	Fun Hour	
1.00pm - 2.00pm	Fun Kayaking	

Sunday	14th August
4.00pm - 5.00pm	Fun Hour

10.00am -	Tots and
10.45am	Toddlers
11.00am - 12noon	Fun Hour
3.45pm -	Indoor
4.45pm	Skateboarding
4.45pm -	Indoor
5.45pm	Skateboarding

Tuesday 16th August

9.00am - 10.00pm	Taekwondo
10.00am - 11.00am	Snorkelling
10.00am - 10.45am	Parent and Baby Session
10.30am - 12.30pm	Family Play Session
11.00am - 12noon	Fun Hour
12.15pm - 1.15pm	Huxley Magic Show
6.00pm - 8.00pm	Youth Club

Wednesday 17th August

9.30am - 10.30am	Mini Movers
10.00am - 11.00am	Raft Racing
11.00am - 12noon	Fun Hour
6.00pm - 7.00pm	Kickboxing

Thursday 18th August

10.00am - 10.45am	Parent and Baby Session	
10.00am - 11.00am	Diving	
10.00am - 11.00am	Archery	
10.00am - 12 noon	Healthy Cooking 4 kids	
11.00am - 12noon	Fun Hour	
11.00am - 12noon	Archery	
1.00pm - 2.00pm	Rifle Shooting	
2.00pm - 3.00pm	Rifle Shooting	
4.00pm - 5.00pm	World Dance	

Friday 19th August		
9.30am - 10.30am	Fencing	
10.00am - 10.45am	Tots and Toddlers	
10.00am - 11.00am	Fun Kayaking	
11.00am - 12noon	Fun Hour	
5.30pm - 6.30pm	Rockhoppers Swim Session	
6.00pm - 8.00pm	Junior Badminton	

Saturday 20th August	
11.00am - 12noon	Fun Hour
1.00pm - 2.00pm	Fun Kayaking

Sunday	21st August
4.00pm - 5.00pm	Fun Hour

Monday	22nd Augus
10.00am -	Tots and
10.45am	Toddlers
11.00am - 12noon	Fun Hour
12.15pm -	Huxley Magic
1.15pm	Show
3.45pm -	Indoor
4.45pm	Skateboarding
4.45pm -	Indoor
5.45pm	Skateboarding

Tuesday	23rd August
9.00am - 10.00pm	Taekwondo
10.00am - 11.00am	Snorkelling
10.00am - 10.45am	Parent and Baby Session
10.30am - 12.30pm	Family Play Session
11.00am - 12noon	Fun Hour
4.30pm - 5.30pm	Judo
6.00pm - 8.00pm	Youth Club

Wednesday 24th Aug		
9.30am - 10.30am	Mini Movers	
10.00am - 11.00am	Raft Racing	
11.00am - 12noon	Fun Hour	
6.00pm - 7.00pm	Kickboxing	

.
Parent and Baby Session
Diving
Archery
Fun Hour
Archery
Rifle Shooting
Rifle Shooting
Glee

Thursday 25th August

Friday	26th	August
--------	------	--------

10.00am -	Tots and
10.45am	Toddlers
10.00am - 11.00am	Fun Kayaking
11.00am - 12noon	Fun Hour
5.30pm -	Rockhoppers
6.30pm	Swim Session
6.00pm -	Junior
8.00pm	Badminton

For pool opening times please see swim timetable

Saturday 27th August		
11.00am - 12noon	Fun Hour	
1.00pm - 2.00pm	Fun Kayaking	

Sunday	28th August
4.00pm - 5.00pm	Fun Hour

MO	nday	29	1tn	Aug	ust

10.00am -Public4.00pmSwimming

Tuesda	ay 30th August
9.00am - 10.00pm	
10.00am 11.00am	
10.00am 10.45am	
10.30am 12.30pm	
11.00am 12noon	- Fun Hour
4.30pm - 5.30pm	Judo
6.00pm - 8.00pm	Youth Club

Wednesday 31st Aug

9.30am -

10.30am

10.00am -

11.00am

11.00am -

12noon

6.00pm -7.00pm

Mini Movers	10.00am - 10.45am
Raft Racing	10.00am - 11.00am
Fun Hour	11.00am - 12noon
Kickboxing	

Thursd	ay 1st Sept	
10.00am - 10.45am	Parent and Baby Session	9 1
10.00am - 11.00am	Diving	1 1
11.00am -	Fun Hour	1

Friday	2nd Sept
9.30am - 10.30am	Fencing
10.00am - 11.00am	Fun Kayaking
11.00am - 12noon	Fun Hour
5.30pm - 6.30pm	Rockhoppers Swim Session
6.00pm - 8.00pm	Junior Badminton

Summer Holiday Activities

Acro - Open to ages 5yrs+. £3

Archery - Open to ages 10 to 16yrs. £3

Ballet - Open to ages 5yrs+. £3

Diving - Must be able to swim at least 25m, be happy underwater and be able to perform a head first entry into the pool. **£5**

Family Play Session - A drop in session in the Community Centre for families with children with special education needs or disabilities. **£2 per family**

Fencing - A great taster session for beginners. Open to ages 8 to 16yrs. £3

Fun Kayaking - An introduction to kayaking through fun and games. Must be able to swim at least 25m. **£5**

Fun Hour - Floats and fun in our pools. Under 8's must be accompanied in the water. Child £2.65 Adult £2.65

Glee - Open to ages 5yrs+. £3

Healthy Cooking For Kids - Fun and friendly 'hands on' cookery session. Open to ages 8 to 12yrs. **£5**

Huxley Magic Show - A jammed packed family show for all ages with crazy characters and a mind reading monkey! Sweets, stickers and prizes up for grabs. **FREE**

Indoor Skateboarding - All equipment provided. 3.45pm - 4.45pm Ages 5 - 10yrs, 4.45pm - 5.45pm Ages 10 - 16yrs. **£4**

Judo - Open to ages 4 to 11yrs. For info contact Sue on 07712 453709.

Junior Badminton - For info contact Tony Isaacs on 753159.

Kickboxing - Open to ages 7 to 13yrs. All equipment provided. For more info contact Terri on 07706 131596. $\textbf{\pounds3}$

Mini Movers - An intro to gymnastics and movement for pre school children. £2.20 and £1.10 for every other sibling.

Parent and Baby - Suitable for pre-school children accompanied by an adult in the water. The class includes games, song and structured activities. **£5**

Raft Racing - Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50m. Open to ages 6yrs+. **£3**

Rifle Shooting - Open to ages 10 to 16yrs. Signed parental consent required at booking. £5

Rockhoppers - Swim session for children with special needs and their families. **Children £2.65 with 1 carer free. Extra adults £4.20.**

Snorkelling - Must be able to swim at least 25m and be happy underwater. $\textbf{\pounds5}$

Street Dance - Open to ages 5yrs+. £3

Taekwondo - Open to ages 5 to 15yrs. £3

Tots and Toddlers - Fun for you and the little ones with instructor led activities in small pool for tots, toddlers and older siblings. (Adults need to be in the water with their children). **£3**

Youth Club - Open to schools year 7 and up. 50p

World Dance - Open to ages 5yrs+. £3



Swimming Lessons - 4 and 5 day courses

Week 1 - Monday 25th July to Friday 29th July - £32.50 Week 2 - Monday 1st August to Friday 5th August - £32.50 Week 3 - Monday 8th August to Friday 12th August - £32.50 Week 4 - Monday 15th August to Friday 19th August - £32.50 Week 5 - Monday 22nd August to Friday 26th August - £32.50 Week 6 - Tuesday 30th August to Friday 2nd September - £26.30

Learner Pool

9.00am - 9.30am - Non Swimmer - happy to go in the water with armbands9.30am - 10.00am - Improver - ready to swim without armbands

Main Pool

9.00am - 9.30am - Intermediate - can swim 25m on front and back using a good stroke and can tread water

9.30am - 10.00am - Shallow Water - can swim 10m on front and back and happy to put face in water



Our Youth Gym is open to ages 14 to 16yrs, with our fitness instructors Luke and Adam on hand to offer help and guidance. (Gym induction required)

Youth gym session £2.65 Youth gym induction £2.65

Excluding Bank Holiday Monday - 29th August



Why not book our sports hall for your own activities!



Book a court for an hour at a cost of £4.40* per hour

Choose from either Badminton, Basketball, Table Tennis or Short Tennis

Alternatively hire the whole hall to play Football, Tennis or Basketball for only $\pounds 11^*\, \text{per hour}$

*Offer applies between 9am and 5pm Monday to Saturday

Terms and Conditions

Bookings cannot be taken without payment.

Activity numbers are limited. All activities require a minimum number of participants to run.

Children under 8 must have an adult nearby either in the spectator area for water based activities, with the exception of public swim sessions and fun hour sessions when an adult must be in the water and within arms reach of any under 8's, or in the café for sports hall, playing field and room activities.

Cancellations - Full fee will be retained unless the place can be resold, in which case a refund of 80% of the fess will be paid.



