



Saturday 28th May to to Sunday 5th June

WEST WIGHT SPORTS AND COMMUNITY CENTRE

Moa Place - Freshwater - IW - PO40 9XH 01983 752168 info@westwight.org.uk

www.westwight.org.uk

Saturday 28th

Fun Hour in the Pool 11am - 12noon €2.65

Progressive Kayaking 12noon - 1pm Ages 8+ £5

Fun Kayaking 1pm - 2pm Ages 8 - 11yrs £5

Sunday 29th

Needles Junior Fun Run 9am Ages 4 - 11 FRFF

Fun Hour in the Pool 4pm to 5pm £2.65

Bank Holiday Monday 30th

Pool Open

10am to 4pm

Tuesday 31st

Wednesday 1st

4 day course swimming lessons for children a

Snorkelling

10am - 11am £5 Must be able to swim at least 25m and be happy underwater

Parent and Baby

10am - 10.45am £5 Suitable for pre-school children accompanied by an adult in the water. The class includes games, song and structured activities.

Fun Hour in the Pool 11am - 12noon

£2.65

Junior Youth Club

3pm - 5.30pm School yrs 4 - 6 £2

Freshwater Judo Club

4.30pm - 5.30pm Ages 4 to 11yrs For info contact Sue on 07712 453709

Youth Club

6pm - 8pm School yrs 7+ 50p

Mini Movers

9.30am - 10.30am £2.20 £1.10 for every other sibling An intro to gymnastics and movement for pre school children

Raft Racing 10am - 11am

Ages 6yrs+ £3 Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50m

Fun Hour in the Pool

11am - 12noon £2.65

Thursday 2nd

<u>Friday</u> <u>3rd</u>

aged 4+ - Cost £26.40 - See over for more details

Diving 10am - 11am

£5
Must be able to swim at

least 25m, be happy underwater and be able to perform a head first entry into the pool

Parent and Baby

10am - 10.45am £5

children accompanied by an adult in the water. The class includes games, song and

Suitable for pre-school

Fun Hour in the Pool 11am - 12noon £2.65

structured activities.

Fun Kayaking

10am - 11am Ages 8 - 11yrs £5

An introduction to kayaking through fun and games.
Must be able to swim at least 25m

Tots and Toddlers 10am - 10.45am

£3
Fun for you and the little

ones with instructor led activities in small pool (adults need to be in the water with their children)

Fun Hour in the Pool

11am - 12noon £2.65

Rockhoppers

5.30pm - 6.30pm C £2.65/A £4.20 Swim session for children with special needs and their families

WW Junior Badminton

6pm to 8pm For info contact Tony Isaacs on 753150

Kickboxing

6pm - 7pm Ages 7 - 13 For info contact Terri Harris on 07706 131596

Saturday 4th

Pre-sailing Skills

9.30am - 11.00am Ages 6yrs+

£10

Gain confidence and learn water safety skills including capsize drills. Must be able to swim 25m. Will need wetsuit or old clothes. Bring a buoyancy aid if you have one.

Fun Hour in the Pool

11am - 12noon £2.65

Progressive Kayaking

12noon - 1pm Ages 8+ £5

Fun Kayaking

1pm - 2pm Ages 8 - 11yrs £5

Family Fun Night

5.30pm - 6.30pm £3 per person

Sunday 5th

Fun Hour in the Pool 4pm to 5pm

5-aside Youth Football Tournament

Tournament
5pm
Under 12's

£10 per team

£2 65



Learner Pool

9.00am - 9.30am - Non Swimmer - happy to go in the water with armbands

9.30am - 10.00am - Improver - ready to swim without armbands

Main Pool

9.00am - 9.30am - Intermediate - can swim 25m on front and back using a good stroke and can tread water

 $9.30 \, \text{am}$ - $10.00 \, \text{am}$ - Shallow Water - can swim 10m on front and back and happy to put face in water



Our Youth Gym is open to ages 14 to 16yrs, with our fitness instructors Luke and Adam on hand to offer help and guidance. (Gym induction required)

Youth gym session £2.65 Youth gym induction £2.65



Why not book our sports hall for your own activities!



Book a court for an hour at a cost of £4.40* per hour

Choose from either Badminton, Basketball, Table Tennis or Short Tennis

Alternatively hire the whole hall to play Football, Tennis or Basketball for only £11* per hour

*Offer applies between 9am and 5pm Monday to Saturday

Terms and Conditions

Activity numbers are limited. Bookings cannot be taken without payment. Children under 8 must have an adult nearby - either in the spectator area for water based activities, with the exception of public swim sessions and fun hour sessions when an adult must be in the water and within arms reach of any under 8's, or in the café for sports hall, playing field and room activities. All activities require a minimum number of participants to run.

Cancellations - Full fee will be retained unless the place can be resold, in which case a refund of 80% of the fess will be paid