

Across the Board Surf Club Children and Young People Sessions



Information for Parents and Carers

We are delighted to launch Across the Board Surf School 2016! Please see below the list of dates for this summer.

The Surf School is run by the National Autistic Society - Isle of Wight Branch. It is run and organised by a team of parent volunteers and supported by an amazing team of surfing volunteers. Our Surfing Instructor from ISurf is Chris Mannion. We use his equipment and he will lead and advise us at each session. Surf club is a community, not a service.

You can book a place on as many or as few of the sessions as you want to. Spaces **must** be booked and paid in advance. Spaces are booked on a first come first served basis.

Surf Club Dates		
Saturday 18 June	Juniors	10 am- 11 am
	Specialist	11.30 am - 12.30 pm
	Seniors	1 pm - 2 pm
Sunday 26 June	Juniors	10 am- 11 am
	Specialist	11.30 am - 12.30 pm
	Seniors	1 pm - 2 pm
Saturday 9 July	Juniors	10 am- 11 am
	Specialist	11.30 am - 12.30 pm
	Seniors	1 pm - 2 pm
Saturday 23 July	Juniors	10 am- 11 am
	Specialist	11.30 am - 12.30 pm
	Seniors	1 pm - 2 pm
Saturday 6 August	Juniors	10 am- 11 am
	Specialist	11.30 am - 12.30 pm
	Seniors	1 pm - 2 pm
Saturday 20 August	Juniors	10 am- 11 am
	Specialist	11.30 am - 12.30 pm
	Seniors	1 pm - 2 pm



Accept difference. Not indifference.

You can choose from the following sessions:

10 am - 11 am Juniors (approx. 8 +) we do welcome children under 8 but they must be accompanied by a parent/carer in the water, as you would expect in a swimming pool. Under 8's will still be supported by the Instructor and volunteers. £5 per session.

11.30 am - 12.30 pm Specialist - For those with high levels support needs; this may be due to physical needs and/or direction and focus support. Maximum of 8 surfers in this session. £5 per session.

1pm - 2pm Seniors (approx. 12+) same as the junior session but aimed at an older age group. £5 per session.

The venue will be Sandown Beach, unless otherwise advised. We will meet at the ISurf building next to the Sundial Cafe. The ISurf building has changing room facilities.

We encourage siblings without diagnosis to take part, places need to be booked and paid. We will give priority to children with ASD, but will always accommodate where we can. We are able to offer places to other family members (cousins etc) if availability allows, however we cannot offer these at a subsidised rate.

To secure your place please complete the 'Booking and Consent Form' for each child attending. You then need to bring the forms along to one of our 'Surfs Up' Sign Up Sessions detailed below;

Surf's Up Sign Up Days

Sunday 15 May 2016 1.30 pm – 3 pm

Newport Congregational Church
98 Pyle Street, Newport, PO30 1UH

Or;

Monday 16 May 2016 5.15 – 6 pm

Main Gym Hall, Medina Leisure Centre, Newport
(during our Trampoline Club session)

Payment must be taken at the time of sign up.

*If you are unable to attend in person we do have a **limited** number of places available via postal application. Postal application will not open until after the sign up days are completed.*

NAS Surf Club,
c/o Claire Collins
24 St Saviour Road
Totland Bay, Isle of Wight
PO39 0EZ

Send your completed form with a cheque for the full amount (cheques should be made payable to 'NAS IOW') Forms received without payment will be returned and places will not be booked.

You Are Responsible For:

Please arrive **at least 10 minutes before** your session starts. If you are running late please text/call us on 07876796485 or 07766142468 so we know you are still coming.

Check your phone before you leave - particularly if the weather looks dodgy. We will notify you by text if a session is cancelled due to weather/sewage alerts.

Please ensure you take all your belongings with you when you leave. The Branch cannot be held responsible for any items lost or damaged during the sessions.

Each child remains your responsibility at all times. Parents/carers are expected to remain on the beach throughout the duration of the session and supervise their children from the shoreline or in the water for under 8's.

What do I need to bring?

ISurf can provide a wetsuit for your child, however we strongly recommend purchasing one - please see information below. Wetsuits are also available for parents/carers.

Please ensure your child is wearing swimwear and appropriate sun screen prior to going out on the water, and has a towel, dry clothes to change into, a drink and snack.

Cancellations & Refunds

Should conditions not be considered safe on the day we will endeavour to reschedule to another date. Safety has to be paramount. We will text you as soon as we know if a session is to be cancelled. Please ensure you give us an appropriate mobile number on your Booking and Consent form so we can contact you. In the event that we are unable to reschedule or you cannot make the rescheduled date we will offer a full refund. Refunds will not be given for sessions booked and then not attended.

Please let us know if you are no longer able to attend a session; even if it is short notice. We usually have a waiting list of children who will be able to fill the space. If sufficient notice is given to us (at least 48 hours) and a space is available at an alternative session, we will try to accommodate your child in another session.

If no contact at all is made to inform us you are unable to attend a session you have booked, we reserve the right to allocate any future bookings you have made to those on the waiting list.

The sessions will start on time; if you arrive late please make your way down to the beach and join us when you can.

To notify us you cannot attend text: 07766 142468 or 07876 796485

NEW FOR 2016

We highly recommend purchasing your own wetsuit for your child. This has several benefits;

- You can purchase one that is the best fit and most comfortable for your child, rather than guess work down at the ISurf hut.
- Your child has chosen it and it belongs to them! They like the colours, style, zips etc; we know this is important to our children!
- You have the option to arrive already wearing the suit, saving the time and stress of changing at the beach, and vice versa you can go straight home afterwards wearing it, or stay on the beach for longer and not have to hand the wetsuit back.
- It won't be still wet and sandy from being previously used.
- If you are running late you can join us when you are ready; we don't have to wait for you to get you a wetsuit from the hut.
- This all avoids the chaos and stress of everyone changing at the same time and optimises keeping your child calm and ready to take part.

If you do use one of the ISurf wetsuits please treat it with care; these are expensive items and sand destroys them; this may seem an unavoidable problem, however please do not let your child roll around in the sand/bury themselves whilst in the wetsuit - this means Chris has to thoroughly rinse out all the sand (and he has no hose facility at the hut) and in the end is a costly expense to replace. It also makes it very uncomfortable for the next user, so your co-operation with this will be much appreciated.

Many of the supermarkets and beach shops sell wetsuits or you can buy better quality ones at Earth, Wind & Water in Shanklin who have kindly offered our members to purchase them at cost price (approximately £35). Ask for Aaran at the shop for help; he will also offer part exchange should there be no damage.

Earth, Wind & Water
8 Atherley Rd, Shanklin PO37 7AT
Phone: 01983 866269

Hours:
Monday 9am-5:30pm
Tuesday 9am-5:30pm
Wednesday 9am-5:30pm
Thursday 9am-5:30pm
Friday 9am-5:30pm
Saturday 9am-5:30pm
Sunday 10am-4pm



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NAS Isle of Wight Branch Code of Conduct

The aim of the National Autistic Society is to support people with autism and their families. As parents and carers of people with autism, we volunteer our time to ensure that this support reaches our local area. To help ensure that everyone gets the most from our branch activities, we would appreciate it if you would read and comply with the following code of conduct.

What you can expect from your branch volunteers -

- They will adopt the National Autistic Society's core values, policies and procedures and fairly represent the organisation.
- They will do all they can to create a safe and welcoming environment for all those attending the branch.
- They will treat all other volunteers and branch members with respect. Any physical, emotional, verbal abuse or rudeness towards other volunteers or branch members will not be tolerated.
- They will maintain confidentiality regarding the NAS, its employees, volunteers, branch members and its work unless there is a safeguarding concern, risk of harm, crime, violence or legal request for information.
- They will be reliable. They will make it clear when and how they will be available and meet these expectations, or provide as much notice as possible if they cannot.
- They will respond to queries within the agreed time limits. This includes confirming all event bookings.
- They will listen to all branch member concerns and respond appropriately.

In return, we ask that all branch members –

- Treat all volunteers and branch members with respect. Any physical, emotional, verbal abuse or rudeness towards volunteers or other branch members will not be tolerated.
- Treat all branch property (including the venues they use) with respect and do not deliberately damage it.
- Communicate with the branch volunteers. We ask that you tell us if you have any concerns and respond to our questions or queries within the agreed time limits. This includes ensuring that you pre-book for all events and tell us how and when you will cover the cost (if there is one).
- ***Supervise and be responsible for their children at all times. As a result, they must do all they can to ensure that their children also follow this code of conduct.***

If a branch member fails to comply with the above they may be asked to leave the branch and will no longer be able to attend activities. Equally, if a branch member has concerns over the conduct of a volunteer, these should be raised with the Branch Officer Jessica Higgins Email: isleofwight@nas.org.uk or the NAS Branch Support Officer for South East and Central Alessia Mitchell Email: alessia.mitchell@nas.org.uk

Claire Collins & Katie Bond - Across the Board Surf Club Co-ordinators