

Family Centres Contact Details

North East Locality Hub:

Locality Manager: Claire Steen

In-reach Lead: Tracey Robinson

Family Support Lead: Sarah Riddick

Ryde Family Centre, George Street, Ryde, IOW, PO33 2JF

Tel: 01983 617617

E: northeastwight@barnardos.org.uk

South Wight Locality Hub

Locality Manager: Kathy Whitewood

In-reach Lead: Kirsty Pitts

Family Support Lead: Paula Mursell

Sandown Family Centre, Fairway, Sandown, IOW, PO36 9EQ

Tel: 01983 408718

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West and Central Wight Locality Hub

Locality Manager: Laura Groves

In-reach lead: Carrie Hayward

Family Support Lead: Claire Brimble

West Newport Family Centre, Wellington Road, Newport, IOW,
PO30 5QT

Tel: 01983 537390

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Family Guide to the Isle of Wight Strengthening Families' Programme

We can support with

Ensuring that children achieve the best they can at school and preparing for the future

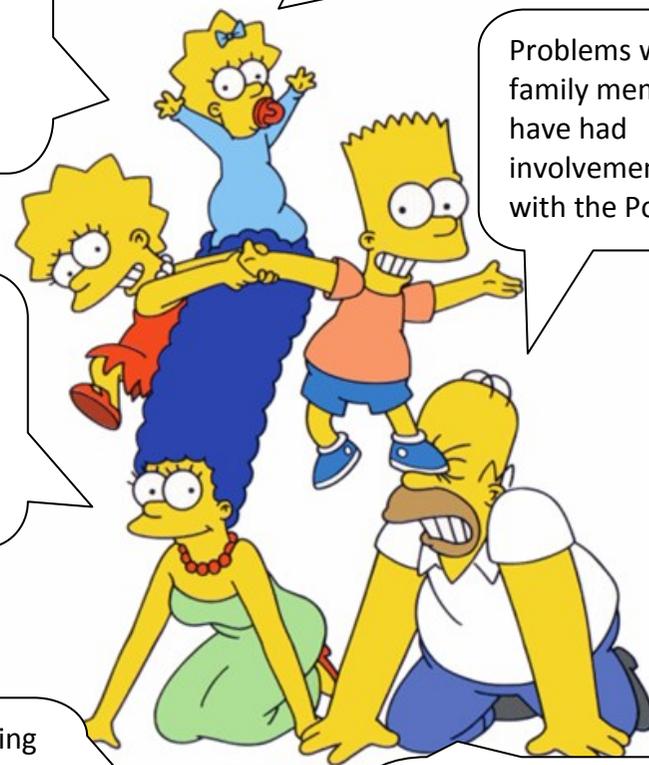
Helping families build strong relationships and working through problems

Problems when family members have had involvement with the Police

Practical help with parenting, budgeting, and managing the home.

Parents increasing skills and feeling ready for work opportunities

Managing issues such as depression, anxiety and related problems



So what is Isle of Wight Strengthening Families programme?

Barnardo's Family Centres have been contracted by the Isle of Wight Council to support families on the Isle of Wight as part of the Strengthening Families programme. Barnardo's Family Centres aim is to offer families practical help, support and guidance to be in control of their lives and their future.

A Barnardo's Family Worker will work with you and your whole family and will listen to you and identify what can be done. We are here to work and help with a variety of issues including:

- ◆ Stopping children and young people getting into trouble with the police
- ◆ Ensuring that children and young people achieve the best they can in education, training or employment
- ◆ Helping with skills development and getting parents into work with real opportunities
- ◆ Helping with issues such as depression, anxiety and related problems
- ◆ Helping families build strong relationships and working through problems at home
- ◆ Practical help with parenting, budgeting, and managing the home.

We can support you up to a year, and if necessary several times a week (for a short period), particularly if help is needed with morning routines etc. Our staff won't give up and we are there for the long haul, to make sure that you can move forward in your lives and achieve the goals that you want and often need.

We will work in partnership with other organisations, putting a 'team around the family' together, so that you get the support you need.

What will Barnardo's Family Centre offer? We will work with you and your family to understand the real issues and together we will make a plan. This may include help with managing the home, communicating with each other, and help with getting children and young people to school. We will also work with other agencies to ensure you have support for anything we don't have the skills to provide. Whatever the support, it is different for each and every family.

Why Me, Why My Family? It's your choice to work with us; we won't and can't force you; and we will challenge you along the way to make sure you are doing the right thing. We will work with you to truly make a difference whether this is the little things like helping in the home, or the important things such as making sure you don't lose your home.

Our aim is not just to put small fixes in place that may disappear in a few months, but real long lasting solutions that are about you and your family finding out your true potential. It's about helping you achieve your goals however big or small. We will work with you for up to a year, and there will be services available for you to access independently after this point. Services and support will be there until that real change has happened

Interested? If you have received this it means that you are either thinking of being referred or have already signed to say you agree to it. As soon as we have received a referral we will arrange for a meeting with you to look at ways we can help. We will always work with you and put your family at the heart of all we do.