Hello

Please could you include the following in your next school newsletter?

*West Wight Sports Centre now runs 40 different adult fitness classes every week. New classes have started in Kettlebells (Sunday and Monday mornings and Tuesday lunch times), Zumba (Tuesday mornings), Boxfit (Tuesday evening) and Nordic Walking (Thursday afternoons). We also run yoga, functional fitness, running groups High Intensity Interval training, Bootcamp and many more classes 7 days of the week.*

*On Sunday June 7th it is the Needles Junior Fun Run. A Fun run for children in safe surroundings and based from West Wight Sports Centre. Medals for all! On the same day is the Needles XC Half Marathon. Find out more at* [*www.westwight.co.uk/needles-half*](http://www.westwight.co.uk/needles-half)

Thank you very much for your support

Please note new email address [clare.griffin@westwight.org.uk](mailto:clare.griffin@westwight.org.uk)

**Clare Griffin - Centre Manager**

**West Wight Sports and Community Centre - Moa Place - Freshwater - Isle of Wight - PO40 9XH**

[www.westwight.co.uk](http://www.westwight.co.uk)**- Tel: 01983 752168**

**Reg Charity no: 273334**

*Follow us on* [*Facebook*](http://www.facebook.com/www.westwightsportscentre) *and Twitter to keep up to date with what's going on at the centre*