**AgeUKIW Drop-in sessions** are held at:

**The Exchange, New Road, Brighstone** from **10 – 12noon every Wednesday**

**Island Cottages, 1 Taylor Court, The Green, Shorwell** between **10 – 11am every Monday .**

Pop in to chat to your local Community Development Officer, Judith Stratton, about remaining independent in your own home or other issues that are part of later life.

**If you are interested in finding out more about any of the above or have ideas for other activities please contact Judith Stratton AgeukIW Community Development Officer on 525282 or email****judith.stratton@ageukiw.org.uk**

**Terry’s Wednesday Coffee Mornings –** If you enjoy getting together at our Tuesday coffee mornings why not give Terry’s Wednesday coffee morning a go too? They are held every other week at different venues in Brighstone from 10 – 12 noon. New people are always welcome for a friendly chat. Here are details of those planned for April:

1st April: Alison Harding, The Elms, New Road, Brighstone

15th April: Sheila Humphries, Cherry Down, Galley lane, Brighstone

29th April: June Wood, June Cottage, The Orchard, New Road, Brighstone

New venues in Brighstone, Shorwell, Brook and Mottistone always wanted, if you fancy hosting a coffee morning occasionally please call Terry Fisher on 740456.

***The Brighstone Community Coffee Morning is a partnership event coordinated by AgeUKIW, the Methodist Church, Brighstone and the Church of England***



 **April 2015**

**Look Inside!**

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**Community Coffee Morning**

**Every Tuesday**

**from 10 – 12 noon**

**Methodist Church**

**Brighstone**

**URGENT NOTICE - Pop Up Dress Agency in Shorwell postponed until May/June** – the AgeUKIW Twice as Nice Dress Agency is under new management and the shop in Lugley Street, Newport is being refurbished. This means that the Pop Up Agency visit to The Crown Inn, that was planned for 16th April will now take place in May or June.

**Community Coffee Morning**

**Quiet Room at the Coffee Morning** Please note that for those of you who have difficulty hearing or would like to talk to a smaller group of people, the **Wesley Room is available** every week (accept the first week of the month) **for a quiet chat**.

**7th April– CAKE WEEK!** Feel free to bring in a cake to share with your friends! There will also be an **Easter Egg Hunt** for those who enjoy a visit from the Easter Bunny! If you have an **Easter Bonnet** please wear it today, there will be a prize for the best one!

**‘Action on Hearing Loss’** will be in the Wesley Room. They offer a Hearing Aid Cleaning service and replacement batteries for NHS hearing aids. If you would like more information about their services please contact them on 529533, Email: iow@hearingloss.org.uk

**14th April  – Sue Hughes, Trading Standards** - Sue is paying a return visit to chat to anyone about concerns they have regarding **scams, cold callers, traders** or any other issue regarding consumer rights.

**21st April - Coffee Morning as usual**

**28th April - Bring and Buy and Cake Sale** to raise funds for a trip out in May. Please join us to see what bargains you can find. **Please make a cake or donate any unwanted items for us to sell if you can.**

**Trip to Fort Victoria and Freshwater Bay Hotel** – regular visitors to the coffee morning are invited to join us for a fun day out on 12th May.Ask Judith or an AgeUKIW volunteer for details.

 ‘**Wight Seated Exercise’** are at the **Methodist Church, Brighstone on Thursday 9th April (and every fortnight from then on) from 10 – 11am, cost £3.50 to include refreshments.** This exercise class is designed to strengthen all parts of the body without you even getting out of your chair. Suitable for all ages and abilities, just work at your own pace and within your body’s limitations. This is the most fun you will ever have sitting down! For more information contact Paul Fifield on 07527956971 or email info@wightseatedexercise.com

**Craft Club –**Wednesday 2 – 4pm, will move to the Wilberforce hall from 1st April. A small fee of £2 will be charged to cover refreshments and the cost of occasional speakers/ demonstrators. Call Ann Phelps on 741060 for details.

**‘Pitch up at the Pub!’** From **17th April** AgeUKIW will be hosting coffee mornings every Friday **at The Crown Inn, Shorwell from 10:30 – 12noon**. Pop in for a chat and delicious coffee and cake for just £2.

**Bring and Buy and Cake Sale – on 28th April** We will be holding our second Bring and Buy to raise funds for our trip out on 12th May. Please bring any items for sale to the coffee morning on any Tuesday in April. If you are able to make a cake to sell on the day we would be very grateful.

**A call to all ‘Crafty’ People-** If you love making things but don’t know who to give them to, why not donate items to AgeUKIW and they will sell them on stalls at their fundraising events? Our Fundraising Team are organising an ‘AgeUKIW Crafty Stall’ which they will take to events throughout the year to help finance our services for older people on the Island.  If you would like to help please call Bobbie or Ben at the AgeUKIW Office on 01983 525282 or email ben.rust@ageukiw.org.uk