

**Are you looking for something rewarding to do with your time**

**in the New Year?**

**Home-Start IOW needs volunteers in your area to support parents who may be struggling to cope.**

Our volunteers commit to offering one morning or afternoon (usually weekly), to give practical and emotional support to a family with at least one child under 5. By visiting regularly our volunteers build up a relationship with parents and their children and support by:

* Encouraging them to get out and about.
* Supporting them with activities with their children.
* Providing friendship and a listening ear.

(We don’t do housework or babysitting).

Our volunteers find the time they spend with families very rewarding as they make such a positive difference to the lives of the parents and children they support.

* Volunteering is an excellent thing for your personal development as looks great on a CV.
* Home-Start IOW offer full training so no qualifications are necessary other than the parenting experience you already have.
* All our volunteers are subject to a DBS (police) check.

**Our next training course is due to start early February 2015 (Places are limited).**

If you are interested and would like to know more please call us on 533357, email homestartiow@btconnect.com

or check out our website [www.homestartisleofwight.org.uk](http://www.homestartisleofwight.org.uk)

We really look forward to hearing from you.