

ISLE BE ACTIVE

FOR EVERYONE



run · jog · walk

Bring your friends and family and get active!

As part of the Run Wight initiative and the Isle Be Active programme the Isle of Wight Athletic Club is holding a family event to run, jog or walk. Choose 2.5km or 5km course. All abilities and ages welcome.

Date:	Sunday 28 September 2014
Venue:	Medina Leisure Centre and Seaclose Park, Newport
Time:	10am
Cost:	Free, but booking essential.
Entry details:	For an entry form email runwight2014@gmail.com or phone 01983 823818.
	Each runner will have a number and every participant will receive a time.



HAVE YOU GOT WHAT IT TAKES TO COMPETE IN ALL TEN EVENTS?

INDOOR SPORTSHALL INDIVIDUAL

ATHLETIC CHALLENGE

FOR BOYS AND GIRLS SCHOOL YEARS 4*, 5 & 6



TEAMS WILL BE SELECTED FROM ATHLETES ATTENDING THESE SESSIONS TO TAKE PART IN THE REGIONAL COMPETITION



FAIRWAY SPORTS COMPLEX, SANDOWN

SATURDAY 27 SEPTEMBER 2014 OR SATURDAY 4 OCTOBER 2014

BOYS REGISTRATION: 10.45AM + EVENTS: 11AM TO 1.30PM

GIRLS REGISTRATION: 1.30PM + EVENTS: 1.45PM TO 4.15PM

COST: £3 PER ATHLETE, PAYABLE ON THE DAY

**FOR ENTRY FORM EMAIL
IOWSPORTSHALL@GMAIL.COM OR
PHONE 07976 009352 OR 01983 823818**



SPORT ENGLAND

ISLE OF WIGHT ACTIVE



*Minimum age 9 years on 11 January 2015 (the day of the Under 11 regional competition).