



July & August 2014 Newsletter For Children & Young People with Additional Needs (0-25)

What can FIZ offer?

A Free Impartial Information & Signposting Service within FIZ for Children and Young People (up to 25 years) with Learning Difficulties or Disabilities (LDD) and their Families.

- Provide families with information on activities, events, news and issues that are relevant to their needs.
- Regular newsletters.
- Attend parent groups and forums.
- Support parents to find appropriate childcare or day care services.
- Support parents to access alternative funding to meet family needs.
- Benefit Health Check

You can contact FIZ by telephone on 01983 821999, email: familyinfozone@iow.gov.uk or drop in to the shop front at 11 Orchard Street, Newport, PO30 1JZ (next to the Lord Louis Library and the bus station). We are open from 9.30am – 4.00pm, no appointment is necessary.

Find us on face book, [facebook.com/iwfiz](https://www.facebook.com/iwfiz)



Short Break Activities

The Short Breaks service on the Isle of Wight provides a range of fun and exciting activities and opportunities for children and young people with disabilities and/or additional needs.

These activities range from after-school, evening, weekend and during the school holiday activities for children and young people (up to the age of 19). These activities provide a 'short break' for the family or carer whilst their child or young person is participating in a safe and fun activity which meets their needs.

In order to participate in any of the short breaks activities you must meet the eligibility criteria. Your child or young person is eligible to access the Short Breaks programme if they;

- Have a disability and/or additional needs and may require support to participate in leisure and recreational activities.
- Are aged between 0-18 years (upto the 19th birthday).
- Live on the Isle of Wight and/or attend a school on the Isle of Wight.

If you have any questions or are unsure what support your child may be entitled to, then contact the Family Information Zone (FIZ).

How to Register for Short Breaks

To participate in these activities you will need to apply for a Short Break's gateway card.

The gateway card is for children and young people who:

- have a disability and/or additional needs and may require support to participate in leisure and recreational activities;
- are aged between 0 and 18 years old (up to 19th birthday);
- live on the Isle of Wight and/or attend a school on the Isle of Wight.

For more information and to apply for a gateway card go to www.iwight.com/shortbreaks or contact: Family Information Zone (FIZ) 11 Orchard Street, Newport Isle of Wight PO30 1JZ. Tel: 01983 821999.

WHAT IS THE GATEWAY CARD?

The gateway card is free and will enable your child or young person (up to 19 years old) to access the Short Breaks programme

Gateway card benefits:

- Gives your child or young person access to a range of Short Breaks activities.
- Enables your children or young person and family to book our Short Breaks facilities (caravan, beach hut and lodge).
- When you register, we will keep your details so you do not need to fill our Short Breaks enrolment forms for each activity your child or young person attends.
- The gateway card helps identify to activity providers that your child or young person has a disability and/or additional needs and may require support to participate within the activity.
- The information you provide helps us plan short breaks so that there is a fair distribution across the Isle of Wight.



You will need to register for a gateway card to use any activities funded by our short break programme. You will also need to show activity providers your child's gateway card when booking/attending.

Each gateway card contains a unique reference number which will be specific to each child or young person.

Parents/carers and siblings do not require a gateway card to support their child or young person in accessing the Short Breaks programme.

Short Breaks Taster Sessions

The Short Breaks 'Taster Sessions' offer one-to-one support and transport for children and young people with disabilities and/or additional needs to access an activity of their choice for up to four sessions. Once a referral for the child or young person has been received by the Short Breaks team, the necessary preparatory work to become acquainted with the child and family will be undertaken to ensure effective support is in place for the child or young person in order to successfully access an activity of their choice and continue participating self-sufficiently once the Short Breaks Taster sessions come to an end.

The objectives of the Taster Sessions are as follows:

- To build rapport with the child or young person and family.
- To inform the activity provider of the child or young person's disability and/or additional needs and offer advice and resources on ways to accommodate the child's needs within the activity provision.
- To listen, reassure, support and alleviate anxieties around accessing new activities.
- Support the child or young person within the activity but encourage the child to work towards becoming independent within the group.
- Work with the child or young person in order to enable them in accessing the activity of their choice by listening to the child's voice and offering them a range of choices of activities which may appeal to them.
- Foster and facilitate the child or young person building friendships with staff and other children or young people within the activity group.
- Offer the child or young person the opportunity to have 'taster sessions' of the different activity groups.

Please note: We can now accommodate wheelchair users with our wheelchair accessible car.



Listed below are the current Short Break Activities www.iwight.com/shortbreaks



Date	AM Session 9 to 12	PM Session 1 to 4
25 th July Friday	Kayaking in the Pool	Keel Boating
28 th July Monday	Raft Building / Stand up Paddle Boarding	Kayak / Canoe Trip
11 th August Monday	Keel Boating	Raft Building / Stand up Paddle Boarding
15 th August Friday	RIB River Trip / Crabbing	Keel Boating
18 th August Monday	Kayak / Canoe Trip	Keel Boating
22 nd August Friday	Keel Boating	Raft Building / Stand up Paddle Boarding
25 th August Monday	RIB River Trip / Stand up Paddle Boarding	Kayak / Canoe Trip
29 th August Friday	Keel Boating	Raft Building / Stand up Paddle Boarding
<p>The programme is subject to alterations depending on weather.</p> <p><u>Spaces Available – Book Now!!</u></p>		

Age Range 8-18yrs

Prices:

Each disabled child per session: £10

First participating sibling per session: £15

Additional participating sibling per session: £35

Participating parent/carer (max one per child) per session: £15

Full payment is required at the time of booking. This is not refundable.

All equipment is included.

Max 6 participants per session

1:3 Instructor Ratio

To book or ask questions contact Jo on 01983 203003 or the leisure team on 203001

Email: leisure@uksa.org Web site: www.uksa.org



Goodleaf Tree Climbing – Special Branch Ages 8 – 18

Special Branch is an innovative and pioneering collection of woodland adventures for young people with a disability.

Created by Challenge and Adventure and Goodleaf, we work together to provide activities including tree climbing, orienteering, campfire cooking, woodcraft, shelter building and overnight stays in the forest.

Special Branch dates:

Woodland Days - tree climbing, shelter building, campfire cooking, rope skills and navigation. For ages 8 and over:

Saturday 19th July 2014

Saturday 27th September 2014

10 am – 4 pm £15 per person to include lunch

Spaces Available for Overnight in the Woods - Spend Saturday in the woods tree climbing, orienteering and learning rope skills. Enjoy cooking dinner over the campfire before settling down to a good night's sleep in the shelter you built earlier!

8 years and over: **19th & 20th July 2014**

10 am Saturday to 1 pm Sunday

£30 per person to include all food, equipment, bedding

Family Woodland Adventure Day

Now everyone can have a go! Bring your family along and take part in a special Special Branch in the summer holidays. A day where all the family can try our different woodland activities.

Thursday 28th August 2014

10 am – 4 pm

£10 per person (max four family members) Lunch is included

Ts & Cs.

An adult needs to stay on the ground whilst the young person is tree climbing, they can be left for the rest of the day. Activities may change depending on conditions. Payment is in advance and a place is confirmed once payment and paperwork has been received.

To book or for more information, contact Abigail on info@goodleaf.co.uk or call 0333 800 1188.



Spaces Available – Book Now!!

Island Youth Water Activities Centre Ages 8 - 18

IYWAC is offering one-one watersports instruction in dinghy sailing and/or kayaking. No specialist equipment required, fully trained staff to guide you through learning a new sport.

Cost £30 for a 3 hour session

Accommodated at our centre by the River Medina: Whitegates, Arctic Road, Cowes PO31 7PG

Contact: Helen Gilpin Tel. 01983 293073 or Email: info@iywac.org.uk Web site: www.iywac.org.uk

Tw: @IYWAC Fb: Iywac

Wight BlueSky Arts Fun Club Ages 5 – 13yrs

Short Breaks and BlueSky Fun Club are glad to offer an exciting play centre specifically designed for children with disabilities. We aim to stimulate visual and auditory feedback, enhance communication skills and promote group play and sharing. Activities include sensory toys, group play areas, painting etc.

Every Saturday 10am to 2pm. (Additional sessions throughout school holidays)
Cost: £10 per child (transport available at additional cost)

During the Summer holidays additional sessions on Mondays – Booking Essential

Address: The Old School, New Road, Wootton PO33 4HX

Wight BlueSky Arts also offers a comprehensive outreach service, providing quality one-to-one support for people with additional needs of all ages. For information on this, or our Summer School for teenagers just phone Stephanie for more details.

Booking essential. Please advise on booking if 1:1 support required.

Contact: Stephanie Saphin Tel: 01983 882820 or 07794 307647 Email: steph@blueskyarts.co.uk
Website: www.blueskyarts.co.uk



Inspirational Arts Ages 3 – 12 years

Arts and crafts, sensory play, music, dance and drama also themed activities.

School Holidays: Thursday's at Gunville Church Hall (nr Argos)

12.30pm – 3.30pm Cost £6 per session or £2.50 per hour. Siblings welcome

Dates: August – 7th, 14th, 21st, 28th

Term Time: Mondays at Medina House School from 3pm – 5pm. Cost £5 Siblings welcome

Contact: Lindsey 01983 291861 Mobile: 07545036234 email: inspirational.arts@live.co.uk

Nettlecombe Farm Ages 5 - 18



Continue to offer fishing lessons in partnership with Wight Fishing.

Sunday 20th July

Saturday 9th August

Sunday 31st August

One hour sessions available between 10am and 4pm:

- Tuition, bait and tackle supplied
- The lakes are accessible with on-site toilets
- On-site parking
- All children must be accompanied by a responsible adult

Cost: £3 per eligible child (£5 per sibling)

Booking Essential:

We also offer discounted out of season breaks to eligible local disabled children and their families.

Nettlecombe Farm, Whitwell, Isle of Wight PO38 2AF Telephone: 01983 730783

<http://www.nettlecombefarm.co.uk> Email: enquiries@nettlecombefarm.co.uk



Sallywags Holiday Fun Club

Children aged 3-16 years are welcome.

Please ensure that you discuss any additional support needs for your child with Sarah Wherry at the time of booking.

Sallywags Fun Club will be open this Summer Holiday from Thursday 24th July to Friday 29th August

Sessions from 8am – 6pm

Fees: All day fee is £22 per child.....2 siblings is £40.....3 siblings is £60
3 hour session is £7 per child.....2 siblings is £13.00.....3 siblings is £19.50

Additional hours are £3 an hour per child

We have 2 clubs:

Nine Acres Primary school in Newport

Broadlea Primary school in Lake.

Please contact Sarah Wherry on 01983 530433 or 07977 709088



Wight Stars CIC Ages 5 – 18years

During the Summer Holidays activities will be on:

Wednesday's during July & August from 10am – 3pm at Downside Community Learning Centre

Booking Essential Please

After School Activity Group (Term Time)

- Downside Community Learning Centre, Newport - Wednesday's 3.30pm – 5.30pm

Transport from Medina House & St George's available for this group

The club offers choices of activities which include: Singing, Arts and Crafts, Games, Costumes, Music, Circus Skills & Performance.

Additional sessions available during the school holidays. Full details on the web site.

To attend any of the clubs places need to be booked in advance. Siblings welcome.

Cost: £5 per session.

Contact: Lucy Wareham Tel 01983 472465 Email: lucy@wightstars.co.uk

Web: www.wightstars.co.uk



All Ages

SATURDAY POOL FUN SESSION

Every Saturday 4.30pm – 5.30pm @ Waterside Pool in Ryde

Only £2 per child.

Come along and have fun in the pool. Toys and games for the whole family

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SWIMMING LESSONS

1:1 or group spaces so please book today.

1:1 sessions £100 for 10 weeks

From nervous complete beginner to Rookie Lifeguard we have a lesson for you!

Waterside Pool, Esplanade, Ryde, IW PO33 1JA

Tel: 01983 563656 Email: enquiries@rydepool.co.uk Website: www.rydepool.co.uk



Fun Swimming Sessions at Medina Leisure Centre Ages 4 - 15

1st & 3rd Friday's each month 6pm – 7pm Cost £2.60 per child. Siblings Welcome. No Booking required

First parent/carer goes free and any additional parent/carer £3.40.

One to One Swimming Lessons - Booking Required. Ten 30 minute lessons with 1:1 tuition. Cost £100.00

Small group lessons: Ten 30 minute lessons for £21 Available: Mon – Fri 3.30pm – 5pm or Sat 10am – 1pm

Contact: 01983 523767 Medina Leisure Centre, Fairlee Rd, Newport PO30 2DX



Soft Play at JR Zone All Ages

JR Zone Indoor play specialists are based at 55 Manners View Newport PO30 5FA

Dedicated soft play sessions from 5pm – 8pm. (Open to the general public until 6pm) Price is £3.00 per child
Siblings welcome

1st and 3rd Monday each month.

Dates: 21st July, 4th August, 18th August

Additional Thursday morning sessions during school holidays from 8am – 11am (open to the general public from 10am)

Dates: July 24th & 31st, August 7th, 14th, 21st & 28th

Contact: Tel 01983 559272

Email: info@jrzone.co.uk

Web: www.jrzone.co.uk





Youth Group based at Newport Youth Café in Lower James Street. Ages 13 - 18

During the school holidays the group will be open on Mondays from 1pm – 4.30pm The cost will be £2.50 per session.

Dates: July 28th August 4th, 11th, 18th.

For further details please contact Darren Poplett on 01983 523804




Supported by 

Short Breaks

ACTIVITY DAYS

For children who have a disability and/or additional needs, and hold a Short Breaks Gateway Card



Dates: 5th July, 2nd August,
6th September and 4th October 2014

Times: Morning session 10am - 12pm, Rock Climbing
Lunch 12pm - 1pm (packed lunch required)
Afternoon session 1pm - 3pm, Trampolining or Archery

Ages: 5-15 years old

Where: The Fairway Sports Complex,
The Fairway, Sandown, PO36 9JH

Cost: Morning or afternoon session £10. All day £20.
Booking essential.

For more information, please contact Vanessa Herridge: 07810 693182
info@premierschoolsportcoaching.com

premierschoolsportcoaching.com



@sport_premier



/pssc.iow





Bodster – Equine Assisted Learning CIC Ages 6 - 15

Working with horses to improve self-esteem, behaviour, confidence, basic numeracy and literacy.

Fun Sessions for children and young people OVER 5 years old with horses on the ground, especially those with Special Educational needs, ADHD, in the Autistic Spectrum, other complex needs and low self-esteem and who may find literacy, communication and numeracy difficult. NO RIDING INVOLVED!



Saturdays - whole day 10am to 3pm at £15 per learner (please bring a pack lunch with you)
- half day of either 10am to 12.30 OR 12.30 to 3pm at £7.50 per learner (please bring your pack lunch if coming at 12.30 for the afternoon)

1:1 half hour sessions at £7.50 per learner - times to be agreed so please contact us to discuss suitable times.

Contact: Jo & Giles Boddington 07790 305108 (Jo) 07887 876138 (Giles) joandgi@googlemail.com
Website: www.eaqbodster.co.uk



Horse Riding Taster Sessions At Sally's Riding School Ages 6 - 18

Short Breaks and Sally's riding school are glad to offer Horse Riding sessions. Riding from Nodes Point Holiday Park or Fourlands Field Road, Bembridge.

Weekly Horse riding sessions on Saturday's. 11:00-11:30 and 11:30-1200

Enjoy a relaxing ride through some of the Island countryside or along its sandy beaches.

Please book to avoid disappointment on: 07974 861674 alternatively 01983 872260 afternoons or evenings only.



Lego Club

Does your child with autism or Asperger syndrome enjoy playing with Lego? Would they benefit from some support in developing their social skills?

Lego Club Dates for 2014

January 11 th & 25 th	July 12 th & 26 th
February 8 th & 22 nd	Aug 9 th & 23 rd
March 8 th & 22 nd	Sep 13 th & 27 th
April 12 th & 26 th	Oct 11 th & 25 th
May 10 th & 24 th	Nov 8 th & 22 nd
June 21 st	Dec 13 th

Riverside Centre, Newport, Isle of Wight
1000-1200

The Isle of Wight Branch of the NAS is running a Lego club for children aged 5-18yrs who have high functioning autism or Asperger syndrome. This is part of the Short Breaks scheme run by the Isle of Wight Council.

The sessions use Lego to encourage play and social interaction between children on the autistic spectrum. The focus of the sessions will be to help small groups of children to work together to build Lego models, having fun whilst developing social and communication skills.

The 3 aims of the Lego Club are to:

- Improve social interaction, communication & confidence for ASD children
- Provide short respite for parents/carers
- Enable siblings of ASD children to interact

We ask for a contribution of £5 per child per week towards costs

To book a place or for more information, please contact:

Gillian Elsom, Lego Club Leader

email: legoclub.iw@hotmail.co.uk, Mobile: 07795 517049

Your autism charity



TERM-TIME ACTIVITIES

Vectis Blue Disability Football Club (Ages 4 – 18) Term-Time Only

Contact Name: Janet Mackay Tel. No: 01983 865377

E-mail Address: janetmackay1940@hotmail.co.uk

Football Club for children and Young Adults with both physical and learning difficulties.

Venue: Rew Valley Sports Complex Cost: £2.00 per child

Dates: Thursdays in term time.

Times: Age 4 to 11yrs - 5 pm to 6pm

Age 11 to 18yrs - 6pm to 7pm

Siblings welcome. Transport available at a small charge.



Girls' Night
For 12 to 18 year olds with
additional needs

Thursdays 6.00 - 8.00pm

★ Arts & Crafts ★ Hair ★ Beauty ★
★ Photography ★

Have fun learning new skills, meeting new friends
and making a range of goodies to take home.

£4 per week.

Booking is essential. To reserve a space and for more information please
contact Becky Laidler.

Tel: 01983 852722.

Address: The Work Station, Ventnor Industrial Estate, Isle of Wight, PO38 1TT
In partnership with the Isle of Wight Council's Short Breaks Team



The Work Station is run by



Reg Charity No: 288148



Landeez Wheelchairs

These wheelchairs are for use on the beach or in the forest.

Available to hire from Dinosaur Isle 01983 404344 or by calling Kelly Quinn-Short Break Office on 01983 823168

Deposit £25, these wheelchairs can be hired up to one day per family, per week.

The Landeez is an all-terrain wheelchair that rides easily over sand, snow and gravel. Great for the beach, its Marine Grade stainless steel frame will not rust or corrode, even in saltwater. The Landeez can be adjusted to fit a small child or large adult, and the Ballistic Nylon seating is removable and washable. Highly transportable and easy to store, the Landeez can be disassembled in seconds.

Beach Hut at Small Hope Beach, Shanklin PO37 6BG



Short Breaks are pleased to be able to offer the use of a beach hut at Small Hope Beach, Shanklin.

The hut is available between April and September (weather dependant).

- The cost will be £10.00 per day. Of which £2.50 is a non refundable deposit payable on booking with the balance of £7.50 payable on the day of use. Please call Short Breaks to confirm the booking and pay the deposit. 01983 823168
- Minimum of 48 hours booking notice is desirable

Use is limited to family groups of no more than 6 people. Hire is on a daily basis with a maximum of 2 day's per booking.

The hut also includes use of a Landeez Wheelchair which is kept in the hut.

To Book or to view availability please go to www.iwight.com/shortbreaks or contact the Short Break Unit on 01983 823168.

If you would like assistance with the information or booking process please contact Lesley Forde at FIZ on 01983 821999.

Short Breaks Caravan Lower Hyde Shanklin

The Short Breaks caravan is targeted, in particular for children and young people with disabilities and/or additional needs.

The Short Breaks caravan is designed to offer families a short break with the opportunity of having lots of fun at a fantastic holiday park.

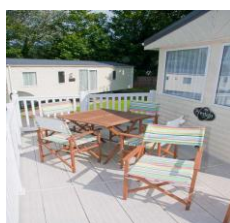
The caravan is available to book 6 months of the year and is situated at Park Resorts, Lower Hyde, Landguard Road, Shanklin, Isle of Wight PO37 7LL

The caravan is large and wheelchair accessible, it can sleep up to six people, with two bedrooms and extra sleeping for two in the lounge area.

Please see Park Resorts website: [Http://www.park-resorts.com/holiday-parks/isle-of-wight/nodes-point/](http://www.park-resorts.com/holiday-parks/isle-of-wight/nodes-point/)

The caravan consists of a large lounge containing a 4 seater table and chairs, open planned kitchen, large bathroom with a shower and two bedrooms. The caravan sleeps a maximum of six people.

Two single beds in the smaller room with a double bed in the master room and a pull out bed in the lounge.



Short Breaks caravan Cont'd

You will need to bring:

Towels and all cleaning equipment (washing up liquid/cloths/tea towels/toilet rolls, bin bags)
Bed linen will be included

The caravan contains:

Kitchen equipment
Safety equipment
TV with Freeview and DVD Player
Door Alarm Sensors
Washing Machine / Dryer
Large Decking Area and outside table and chairs
Play equipment (stored in the shed/metal container outside the caravan)
And an electric hoist (if you wish to use the hoist, please contact the short Breaks unit, prior to your arrival)

Facilities:

Heated outdoor fun Pool, children's paddling pool, indoor spa pool, all weather multi sports court, adventure playground, amusements, pool table and darts, little sparks under 5's club, Hoppers 5-7's club, Jumpers 8-11's club, Xcite 12-17's, evening entertainment and so much more.

Other facilities:

You can use all the facilities at Lower Hyde Holiday Park plus Landguard Holiday Park, which is a 10 minute walk from Lower Hyde.

Please note: pets are not allowed in the caravan (only working dogs) and the caravan is strictly non smoking

Tariff 2014	Three night stay	Four night stay	Per night
21 st March-4 th April	£91.80	£122.40	£30.60 per night
4th April-21st April	£168.30	£224.40	£56.10 per night
21 st April-23 rd May	£91.80	£122.40	£30.60 per night
23rd May-2nd June	£168.30	£224.40	£56.10 per night
2 nd June-23 rd July	£91.80	£122.40	£30.60 per night
23rd July-2nd Sep	£198.90	£265.20	£66.30 per night
2 nd Sep-24 th Oct	£90.80	£122.40	£30.60 per night
24th Oct- 1st Nov	£168.30	£224.40	£56.10 per night

Cleaning is £15 per unit on top of price

Arrival is after 16.00 pm and the departure time is 10.00 am

- Please note this is a non-profit venture and all income is used to cover essential costs and charges
- We will require a £50 non-refundable deposit to secure your booking plus the £15 cleaning charge
- VAT is included in all prices quoted above

You will be issued with club membership passes for all members that are identified on the booking form you complete, these will be available at Lower Hyde reception.

For further information or to make a booking please contact The Short Breaks Unit On 01983 823168 Email: short.breaks@iow.gov.uk. Availability calendar is available to view by visiting iwight.com/shortbreaks.

Short Breaks Lodge Nodes Point St Helens

The Short Breaks lodge is targeted, in particular for children and young people with disabilities and/or additional needs.

The Short Breaks lodge is designed to offer families a short break with the opportunity of having lots of fun at a fantastic holiday park.

The lodge is available to book 12 months of the year and is situated at Park Resorts, Nodes Point, Lower Green Rd, St Helens, Ryde, Isle of Wight PO33 1YA.

Please see Park Resorts website: <http://www.park-resorts.com/holiday-parks/isle-of-wight/nodes-point/>

The lodge is large and wheelchair accessible, it can sleep up to six people, with two bedrooms and extra sleeping for two in the lounge area.

Short Breaks Lodge Information Cont'd



The lodge consists of a large lounge containing a 4 seater table and chairs, open planned kitchen, large bathroom with a bath, a roll in shower and two bedrooms. The caravan sleeps a maximum of six people. Two single beds in the second room with a double bed in the master room and a pull out bed in the lounge.

You will need to bring the following items:

Towels and all cleaning equipment (washing up liquid/cloths/tea towels/toilet rolls and bin bags)
Bed linen will be included from 21st March

The lodge contains:

- Kitchen equipment
- Dishwasher (please bring washing tablets)
- Safety equipment
- TV with Freeview in the front room and bedrooms. DVD Player
- Washer dryer (please bring washing tablets)
- Outside decking Area containing table and 6 chairs
- Landeez wheelchair (if you wish to use the landeez, please contact prior to your arrival)
- And a electric hoist (if you wish to use the hoist, please contact me prior to your arrival)

Facilities:

Indoor fun pool with waterslides, direct beach access, adventure playground, amusements, evening entertainment and so much more.

Please note:

Pets are not allowed in the lodge (only working dogs) and the lodge is strictly non smoking

Tariff-2014	Three night stay	Four night stay	Per night
15th Nov-21st March	£90	£120	£30 per night
21 st March-4 th April	£120	£160	£40 per night
4th April-21st April	£198.90	£265.20	£66.30 per night
21 st April-23 rd May	£122.40	£163.20	£40.80 per night
23rd May-2nd June	£198.90	£265.20	£66.30 per night
2 nd June-23 rd July	£122.40	£163.20	£40.80 per night
23rd July-2nd Sep	£227.70	£303.60	£75.90 per night
2 nd Sep-24 th Oct	£122.40	£163.20	£40.80 per night
24th Oct- 3rd Nov	£198.90	£265.20	£66.30 per night

Cleaning is £15 per unit on top of price

Arrival is after 16.00 pm and the departure time is 10.00 am

- Please note this is a non-profit venture and all income is used to cover essential costs and charges
- We will require a £50 non-refundable deposit to secure your booking plus the £15 cleaning charge
- VAT is included in all prices quoted above

You will be issued with club membership passes for all members that are identified on your booking form, these will be available at Nodes Point reception.

To make a booking please contact Short Breaks Unit on 01983 823168 Email: short.breaks@iow.gov.uk
Availability calendar is available to view by visiting iwight.com/shortbreaks.

Groups & Activities for Children, Young People & Adults with Additional Needs.

(These groups are not Short Break Activities).



The Work Station – Summer Courses

St Catherine's will again be holding summer courses at The Work Station, their vocational training unit on the Ventnor Industrial Estate, Old Station Road, Ventnor. Courses will run for three days and will be run by tutors who are trained to work with young people with learning difficulties.

Please see the list of courses below:

Tuesday 5th to Thursday 7th August – Art, Craft and Textiles

Tuesday 12th to Thursday 14th August – Cake making and decorating (to be held at St Catherine's School)

Tuesday 19th to Thursday 21st August – Hair and Beauty

Tuesday 26th to Thursday 28th August – Car mechanics

Each course will run from 10am to 3pm over three days and will cost £60. Places for each course are limited and cater for children and young people aged 11 to 19 years of age with learning difficulties.

If you would like to reserve a space on a course for your child or would like further information, please phone or email Becky Laidler on 01983 852722 or becky@stcatherines.org.uk.

St Catherine's
Grove Road, Ventnor
Isle of Wight, PO38 1TT
Registered charity no....288148

Contact: jamesloosemore@aol.com Tel: 01983 864921

We are an inclusive football club, and are pleased to be working alongside Newport FC football club and Hampshire football association. We can offer recognised FA level one courses (age dependent) and the opportunity to play in mainland tournaments and access football association training pathways. We run at St George's Newport FC football ground and Downside community centre hall.

Cost is £2 a session, term time only, any age, any disability, siblings and friends very welcome.

CHILDREN'S CENTRE PARENT & TODDLER ACTIVITIES FOR 0-5years



CAN Do Play

Stay and Play

For Children with Additional Needs

0-5years

**These group play sessions offer
Parents and children an opportunity to meet
With other families and specialist services**

2nd and 4th Wednesday of every month

9.30am to 11.30

The Bungalow, Ryde Academy, Pell Lane

For more information or to book please

Telephone 01983 617617 or

drop into Ryde Children's Centre,

George Street, Ryde PO33 2JF



Kaleidoscope

Stay and Play

For Children with Additional Needs

0-5years

**These group play sessions offer
parents and children an opportunity
to meet with other families whilst
having fun!**

Alternate Wednesday of every month

9:30am to 12:00noon

The Sandown Centre, The Fairway, Lake

For more information or to book please

Telephone 01983 408718 or 01983 867310

First Act 2011 - Theatre Group for people with learning disabilities (Age 18+)

Contact: Carol Laidler **Tel:** 01983 408184 or 07769646086 **Email:** alan.laidler@btinternet.com

Learning theatre skills with a production of 2 shows a year. First Act operates from Shanklin Theatre on Monday's and Tuesday's 10.00am – 3.00pm. Cost £25 per day. Open all year apart from Bank Holidays and during August.

Face2Face Isle of Wight



The Children's Society is happy to announce partnership working with Scope to deliver the Face 2 Face Befriending service on the Isle of Wight.

Face 2 Face is a parent(s) befriending service offering emotional support to parents whose children have been recognised as having a disability or special need.

The monthly Drop-Ins will now be held on the 2nd Monday of the month (**term-time only**)

Next Drop-In: 14th July 2014

at: West Newport Children's Centre, Wellington Road, Newport PO30 5QT 9.30am-11.00am

There is plenty of on-street parking opposite the centre between 9.30am and 2.30pm

For more details please contact: Deborah Cobb, The Children's Society, Suite C, The Loft, 42 Quay Street, Newport, PO30 5BA Tel/fax: 01983 529312. Email: deborah.cobb@childrenssociety.org.uk



Wight Blue Sky Arts

Wight BlueSky Arts is proud to provide the best of arts based activities for adults and teenagers with learning difficulties. Runs for 50 weeks a year offering a mix of art, dance, drama, film making and music, Monday to Friday (Different activities on different days contact provider to confirm). Am & Pm sessions available. School Holiday programmes... **Now running from The Old School, New Rd, Wootton PO33 4HX** Why not book a FREE taster session today? Outreach Service also available.

For more details contact 01983 882820: Email: steph@blueskyarts.co.uk www.blueskyarts.co.uk



West Wight Sports Centre - Dedicated swimming sessions

Weekly swimming session for disabled children, with their family, siblings and friends. Both pools are available exclusively for fun-packed sessions. Additional lifeguards and support provided for the dedicated session. Do come along to appreciate the caring, supportive, fun atmosphere!

Fridays. 5.30 – 6.30 pm (Closed on public holidays). Cost: £2.65 per child.
Free of charge to anyone accompanying a child with a disability.

Contact: 01983 752168 Web: www.westwight.co.uk



Youth special Olympic Sports Programme

**Open to ALL children with a disability, special need or developmental delay.
Aged 2-7 years**

Help your child reach their full potential and show the world they can achieve.
Every Monday (during term time.) 4.00pm-5.00pm at Downside Community Centre. Cost £2 per session.

Dates:
July 14th, 21st
August 4th, 11th, 18th, 25th
September 1st

For more information or to book a place please call: 01983 568601 07773570505
Clareanne21@btinternet.com



The Rainbow club

Supporting children with
special needs.
Run by parents of children
with disabilities.

Support Group

Meets at Haylands Primary School, Playstreet Lane, Ryde on the 4th Saturday of each month 2pm – 4pm.
Fun activities for children with disabilities and their siblings.
Tea and chat for all the family. Cost: £2 per child
Dates: 26th July and 23rd August



The Rainbow club

Supporting children with
special needs.
Run by parents of children
with disabilities.

Sports Club

AFC Bournemouth *Community Sports Trust and the Rainbow Club* Down's Syndrome & Special Needs Support Club

Would like to invite you to a Disabilities Sports Club

Accessible to children of all ages with a disability, their families and siblings.

2nd Saturday of the month @ Downside Learning and Community Centre, Furlongs, Newport, PO30 2AX.
1pm – 3pm

Come and have a go at: Football; Basketball; Wheelchair Football; Dance (Street dance; Hip-Hop; Acro; Jazz; tap ;) Boccia and more All activities run by professional Coaches.

Only £2 admission fee per child. Tea and coffee facilities, eating area, chill out zone all provided

Dates: 12th July and 9th August

**For more information please do call Clare :
568601 mobile 07773570505**

Or email clareanne21@btinternet.com

**You can also look us up online
www.iowrainbowclub.com**



“Affiliated with The Down's Syndrome association”



Isle of Wight Branch National Autistic Society (New Web Site)

Contact: 07827308768 or view their web site <http://www.nasiow.btck.co.uk/>

Coffee mornings, support groups, cinema screenings and other events and activities. Please check the web site for current information.

Our Support Groups

We offer support groups for families and individuals affected by Autism Spectrum Conditions (ASC/ASD). These are located in the following areas:

*Cowes Support Group
St Faith's Church Hall, Newport Road, Cowes
1st Tuesday of the month
10am - 12pm
Contact Sarah Probert at
cowesasd@gmail.com*

*Ryde Support Group
Park Community Centre, High Park Road, Ryde
2nd Tuesday of the month
9.30am - 11.30am
Contact Jess Higgins on 07502 011272*

*South Wight Support Group
St John's Hall, St John's Road, Wroxall
3rd Thursday of the month
12pm - 2pm
Contact Caroline Martin on
07815 131659 or at carolinemartin4@aol.com*

Our Clubs

We currently offer 4 clubs for individuals affected by ASD which meet regularly. You can find out more information by emailing iownasevents@hotmail.com or by contacting the individual groups below:

Saturday Lego Club Please contact Gill Elsom on 07795 517049 or email: legoclub.iw@hotmail.co.uk

Trampoline Club (6 - 12 yrs) Please contact Katie Bond at iownasevents@hotmail.com

Across The Board Surf School (All ages including adults)

Please contact Katie Bond or Claire Collins at iownasevents@hotmail.com

Gamezone (13 - 18 yrs) Please contact Cathy Gibbs at: iowgamezone@btinternet.com

Positive Difference Products

For all your sensory needs and communication needs.
Autism Awareness - sensory & fiddle toys – positive disability symbols – communication aids – chewigems – schedule & reward charts – kids edz ear defenders

For more information: www.positivedifferenceproducts.co.uk Email: positivedifferenceproducts@yahoo.com or tel: 07766142460

Duke of Edinburgh Award

Ages 14 - 25

Ryde Youth Centre tel 562416 – Monday's 7pm – 9pm

Sandown Open Awards Centre, Sandown Town Hall tel 403453 – Tuesday's 6.30pm – 8.30pm

Cowes UKSA tel 294941 – Wednesday's 7pm – 9pm

Newport Youth Centre tel 559028 – Thursday's 6.15pm -8.30pm

Contact: DofE Facilitator Carol Taverner : 01983 559028 Email: carol.taverner@iow.gov.uk

Isle of Wight Association for Spina Bifida & Hydrocephalus

An independent charity which provides help and support for those with Spina Bifida and / or Hydrocephalus who live on the Isle of Wight, and their families, helping them gain independence and integration in the community.

For more information contact: Sharon Armstrong via email to iwasbah_chairman@aol.com



Sensory Experiences at West Wight Nursery

Opportunities to enjoy our light sensory room, ball pool, soft play, garden and a range of sensory craft activities. This is also a social opportunity for parents / carers.

Children must be supervised by a parent/carers. Siblings welcome

Please book in advance, call Janet or Joss on 01983 752175 EXT.31

West Wight Nursery, Summers Lane, Totland Bay, PO39 0HQ

IOW Tourettes Support Group

Tourettes Action has a growing network of support groups in England, Wales and Northern Ireland coordinated by volunteers with Tourette Syndrome (TS) or who have a family member with TS. Meeting others for support, information sharing and friendship has helped many people with TS, a condition that can be isolating. Talking with others who understand can help with self-esteem, confidence and general wellbeing.

There is now a support group on the Isle of Wight.

A support group that offers a warm welcome to children and adults with Tourettes Syndrome, their families, friends and carers.

Meeting at Rookley Village Hall, Highwood Lane, Rookley PO38 3NN

For further information contact IOW Tourettes support group @ Facebook or emma@tourettes-action.org.uk for more details.

Cowes Sailability Club www.cowessailability.btck.co.uk

Cowes Sailability Club was formed to promote and facilitate water sports for Island people with disabilities. We are hosted at Cowes by the Cowes Corinthian Yacht Club and operate on Monday afternoons and evenings throughout the season and on other days as advertised in our programme. We have Club nights, for talks and lectures, and Day Cruises around the Solent.

For further information please contact: cowessailability@btinternet.com
c/o Cowes Corinthian Yacht Club, 39 Birmingham Road, Cowes, PO31 7BH
Tel 07850090244 (Hon Sec)

OCD Support IW

The principal aim of the group is to provide help, information, resources, support and encouragement for young people, their families and adults affected by OCD.

Membership of the group is open to anyone affected by Obsessive Compulsive Disorder over the age of 14 years primarily living within the Isle of Wight. Young people must be accompanied by an appropriate adult.

Meetings are at Age UK (IW) offices at St Thomas Chambers, 147 High Street, Newport

For more information contact: Brian Taylor tel: 07870 171990 Email: briantaylor1938@talktalk.net

Isle of Wight Table Tennis Centre Inclusive Table Tennis Sessions Ages 7 +

Monday, Wednesday & Friday evenings from 6.30pm to 9.00pm

Each session will cost £2.50 Please wear non-marking shoes Equipment supplied. Coaching sessions can be arranged.

Venue: Ashey Road, Ryde, PO33 4BH

Contact Martin Dove on 01983 299308 or e-mail martin.dove@blueyonder.co.uk for more details

Isle of Wight Association for Cricketers with Disabilities

Contact: Graham Sprack 07866 668405 or email graham.sprack@btinternet.com

Operates 3rd Thursday of each month at Carisbrooke High School.

5-6pm for Learning Disabled. 6-7pm for Physically Disabled. Please call to book a place.

Isle of Wight Deaf Children's Association

A charity formed in 1965 to offer help and support to parents of children diagnosed with hearing impairment. We are affiliated to the National Deaf Children's Society (www.ncds.org.uk)

Chair: Sarah Teague sarah.iwdca@gmail.com

Saturday Club for Deaf Children www.saturdayclub.org.uk

This group holds monthly meetings where all activities are tailored to improve language and communication, providing a social setting for deaf children.

Visit the web site for contact information.



Way Forward Programme www.wayforwardprogramme.co.uk

Contact Name: Lee White **Tel.**01983 523000 **E-Mail:** lee.white@osel-iow.co.uk

The Way Forward Programme is able to offer a whole range of activities to help support people with a learning or physical disability within our community. We offer a seven day a week support service that will focus on supporting adults and young people to build the skills and confidence needed to live as independently as possible.

The care and support is provided using personal budgets, our staff team are experienced and committed to delivering a quality service providing daily activities within our activity centre based at Downside Community Learning Centre.

We also offer a personalised support service where an individual can have 1:1 or 2:1 support to undertake activities within the centre or within the community. We provide a wide range of activities within the community for people to get involved in as well as having our own community kitchen for life skills development.

If you are over 18 we offer respite care for overnight stays, weekends away or holidays, you choose the destination and we organise and provide the care, you will be picked up from your door supported during the duration of your time away and brought back to your door.

If you are aged 12 – 18 then we are able to provide respite care during the day or evenings, weekends or during the school holidays. We will work closely with families and carers to ascertain the best time support will be needed and focus on individual needs; unfortunately we are not able to carry out personal care at this time.

Contact Name: Lee White **Tel.**01983 523000 **E-Mail:** lee.white@osel-iow.co.uk



Isle of Wight Mencap has rebranded in a new partnership with National Mencap. The new partnership deal will not change how Isle of Wight Mencap is run or what it stands for, we are still a local Island charity for the benefit of Islanders, but the new partnership strengthens our ties with National Mencap. We will be working more in partnership with both National Mencap and community services across the Island for the benefit of people with a learning disability.

Go to www.isleofwightmencap.org for the latest news.



Haylands Farm (Age 18+)

Haylands Farm

Haylands Farm is a work based training centre, run by Isle of Wight Mencap for people with learning disabilities on the Isle of Wight. The project aims to give its student group transferrable skills through Agriculture, Horticulture, Woodwork, Can Recycling, Life Skills and Social Activities.

For more information about this project, visit its website: www.haylandsfarm.co.uk

Or Contact: Haylands Farm, Salters Road, Ryde, Isle of Wight PO33 3HU

Telephone: 01983 566038

Email: info@haylandsfarm.co.uk

Saturday Club for ages 8 – 14 years at Bembridge Youth & Community Centre.



01983 865865

**JOHN'S CLUB, ISLE OF WIGHT
SATURDAY CLUB**





01983 865865

SATURDAY CLUB – Aged 8 – 14 years old.

**Will commence on the 11 January 2014 at:
Bembridge Youth & Community Centre**

Activities
Computer games
Painting art/craft
Group games / activities
Puzzles & Games
Ball Pit
Outside play area (weather permitting)

All activities are fully supervised

Each day the club will run from 11.30 to 3.30
£8 per session without transport
£10 per session with transport

Please bring your own packed lunch

Parents and carers are more than welcome to join in, numbers are limited; please contact John's Club (10.00am – 3.00pm) on 01983 865865 for more information.

Alternatively phone Sam Martin 07964151344.

John's Club Isle of Wight, 67 High Street, Shanklin, Isle of Wight, PO37 6JJ
Registered Charity Number 113047 - www.johnsclubiow.org
John's Club Isle of Wight is a Mencap Gateway Club



Luke Steen Music & Tuition

I offer tuition to others to develop their potential in music. I am a graduate musician experienced in many different musical genres, instruments, styles, situations and scenarios.

Personal tuition could be on drums, acoustic guitar or bass guitar and I can take you from beginner to proficient performer, focusing on the style of music you particularly enjoy. Or perhaps just learning your favourite pieces of music?

If you are interested in the tuition I can offer, please don't hesitate to contact me via www.lukesteen.co.uk or Tel: 07812064407 / (01983) 521247



Life Skills Post-18
Provision at
St Catherine's

The Action Station

Ventnor – based St Catherine's is offering a new life skills and leisure programme for young adults at home and in the wider community, which has been approved by the Care Quality Commission. The programme is for young adults living on the Isle of Wight aged 18 – 25 who have speech, language and communication needs and associated conditions such as autism and Asperger Syndrome.

St Catherine's can provide one-to-one and small group support at a cost of £15 per young adult per hour – a rate which is in line with current provision of a broadly comparable nature. In addition, mileage incurred by support staff is charged at 40 pence per mile.

Additional group activities – with other young adults aged 18 and over – can be arranged as appropriate offering opportunities for wider social interaction such as evenings out – e.g. bowling, cinema, meals. The cost for this activity would be £20 per young adult per 3 hour session plus the cost of the activity.

For more information or an informal discussion please contact: Gloria Grant, Head of Care on 01983 852722

Special Educational Needs and Disability (SEND) Local Offer

What is a Local Offer?

You may see or hear the wording "Local Offer". What does it mean for you as a parent /carer of a child with Special Educational Needs or a Disability?

The Isle of Wight Council has to produce a Local Offer for parents and carers of children with Special Educational Needs or a Disability (SEND). The purpose of the Local Offer is to 'offer' information for parents, in a single place, which helps them to understand what services they and their family can expect from a range of local agencies - including their statutory entitlements; and make clear what is available for their child from early years settings, schools (including Academies and Free Schools), colleges and other services, and also including health and social care. It covers provision for children and young people from birth to 25 and includes information on education, health and social care services.

The Council for Disabled Children have produced a useful briefing note on the Local Offer which is available to view at <http://www.councilfordisabledchildren.org.uk/media/246954/local%20offer.pdf>

Further information will be become available as the IOW council looks at it's local offer and consults with parents and carers. If you would like to become involved with the consultation please contact Parents Voice by emailing parentsvoice@peoplematteriw.org or telephoning **01983 241494**.

SEND Reform – What does this mean for my child and family?

Produced by Parents Voice IW



parentsvoice@peoplematteriw.org

01983 241494

What is SEND Reform?

The reform is a transformation of the way support is provided for children and young people with SEN and/or disabilities up to the age of 25. Support will be focused on enabling children, young people and their families to achieve their long term aspirations.

New legislation to transform the support given to children and young people with Special Educational Needs (SEN) and Disabilities is currently going through Parliament.

Changes are planned to the way statements, reviews and services will be delivered and publicised and how Local Authority responsibility will be defined for local young people up to the age of 25 years.

The intention is to have joined-up education, health and care plans, replacing Statements of SEN. Plans will come with an option of personal budgets.

Education Health and Care Plans (EHC)

Children/young people who currently have a Statement of SEN will have this converted to an Education, Health and Care (EHC) plan. This should start to happen from September 2014 – although there will be a gradual change over. The current Statutory Assessment process, which informs the writing of a Statement of SEN for child/young person, focuses primarily on education needs. The new EHC plan is the result of a coordinated assessment and is shaped by parents, professionals and the young person.

EHC plans will come into effect from September 2014, when the Local Authority will start issuing new EHC plans and start converting Statements of SEN to EHC plans. Until then your child/young person's Statement of SEN will not change. It is a legal document and will continue to be maintained by the Local Authority until it is converted. If your young person is in Further Education and has a Learning Disability Assessment (S139a) this should also be converted to an EHC plan sometime after September 2014.

The Local Offer

Every Local Authority will be required to publish information about services they expect to be available for children and young people from birth to 25, who have special educational needs and/or disabilities. National services and services beyond the local authority boundaries will also be listed. This will be known as the 'Local Offer'.

The Local Offer will put all the information about education, health and care services, leisure activities and support groups in one place. It has two purposes:

- 1) To provide clear, comprehensive and accessible information about the support and opportunities that are available; and
- 2) To make provision more responsive to local needs and aspirations of parents and children/young people who live on the Isle of Wight

Personal Budgets

The new EHC plans may come with an option of a Personal Budget for some families based on criteria which is currently being formalised. Having a Personal Budget will give your family flexibility on how you use the money for your child/young person, but a Personal Budget may also require some extra responsibility and may not be for everyone. It will be optional.

Changes to School Action and School Action plus!



My child has help at school and may be/is on School Action/School Action plus.....

These two categories will be combined into a single category called SEN Support. All schools have money in their budget to support children within this category, along with those who have Statements/EHC plans, to fulfill their outcomes. From September 2014, the school/college will have to demonstrate how they support children/young people with SEND as part of the Local Offer.

How will this affect my family?

From September 2014 you should be better informed as to how your mainstream or special school is supporting your child, and you should have the opportunity to discuss and develop how school resources are used for children with SEND.

Do I need to do anything?

Not at the moment. We are awaiting the final document in Spring/summer/a 2014 to see what the guidance will be. If you would like to be involved in shaping the Island's Local Offer then you can contact Parents Voice IW to find out more about becoming involved.

To become involved in shaping local SEND reform email:
parentsvoice@peoplesmatteriw.org