

**HAVE YOU GOT WHAT IT TAKES
TO COMPETE IN EIGHT EVENTS?**

INDIVIDUAL SPORTSHALL
OCTATHLON
CHALLENGE

FOR BOYS AND GIRLS SCHOOL YEARS 3,4,5 AND 6

 STANDING LONG JUMP	 SPEED BOUNCE	SATURDAYS 1.10PM TO 4.30PM* *SUBJECT TO CHANGE	 3 LAPS	 TRIPLE JUMP
 1 LAP	 VERTICAL JUMP	17 NOVEMBER 2018 8 DECEMBER 2018 19 JANUARY 2019 16 FEBRUARY 2019	 HIGH STEPPER	 CHEST PUSH
ILEISURE MEDINA NEWPORT, PO30 2DX				

FOR AN ENTRY FORM EMAIL ISLEOFWIGHTAC@GMAIL.COM

COST: £3 PER WEEK (FOR FOUR WEEKS)

ALL EVENTS WEEKLY WILL COUNT TOWARDS THE AWARDS

