



# Brighstone C.E. Aided Primary School



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20<sup>th</sup> May 2011

Dear Year 3 Parents,

In light of the Local Authority's decision to reorganise island schools, last academic year the Governing Body felt it was an appropriate juncture to revise Brighstone Primary School's approach to Relationships and Sex Education. We have therefore re-aligned our curriculum with a view to meeting the emotional and physical demands of pupils attending a full (YR-Y6) Primary School. As such, during the autumn term the Governing Body approved the policy for Relationship and Sex Education, a copy of which can be found on the school website or can also be made available upon request from the school office.

We have been working closely with our school nurse to ensure that our approach is sensitive, age appropriate and provides accurate information to your child.

A programme of approximately 3 lessons (dependent upon the children's responses) is planned for Year 3 pupils and will take place after half term. The programme of learning is based upon 'The Christopher Winter Project' that is being used by the majority of island schools and includes: Challenging gender stereotypes, the differences between females and males and to know that all families are different and have different members. Unit details are attached. This programme operated for the first time last year and was well received by both parents and children.

You may be aware that schools are required to seek the permission of parents for their child to participate in these sessions. We would strongly urge parents to allow their child to participate, as it is likely that children will discuss the lessons and we feel that it is better for children to hear directly from the class teacher/school nurse, rather than acquiring partial or inaccurate information from one another. Your child may also ask questions at home. I therefore hope that you will give the information provided in this letter careful consideration.

If you would like to view the detailed programme of learning or have any concerns that you would like to discuss individually, please make an appointment to see Mrs Denness who will be happy to meet with you and to answer any questions you may have.

Please complete the response slip below and return it to the school office by **6<sup>th</sup> June**.

Kind Regards,

*Miss Johnston*

Amanda Johnston  
Headteacher

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## Relationships and Sex Education – Year 3

Name of child: \_\_\_\_\_

I **do/do not** (*please delete*) give permission for my child to participate in a series of lessons as outlined above and attached.

Signed: \_\_\_\_\_

## Scheme of Work

Word Box

Stereotype, discrimination, gender roles, similar, different, male, female, body parts, penis, vagina, family, fostering, adoption, relationship

The Christopher Winter Project

end of key stage statements	learning outcomes	lesson title	resources To be used where Considered appropriate
<p><b>PSHE Framework</b></p> <p>1b to recognise their worth as individuals</p> <p>4e to recognise and challenge stereotypes,</p> <p>3c how the body changes as they approach puberty</p> <p>4c to be aware of different types of relationship, including marriage and those between friends and families</p>	<p>Understand that males and females can do the same tasks and enjoy the same things</p> <p>Understand that there are different stereotypes (fixed ideas) about what males and females can do.</p> <p>Identify the differences between males and females</p> <p>Name male and female body parts using agreed words</p> <p>To know that all families are different and have different family members</p> <p>Understand that people sometimes have stereotypes (fixed ideas) about families</p>	<p>Lesson One: Challenging Gender Stereotypes</p> <p>Lesson Two: Differences: Males and Females</p> <p>Lesson Three: Family differences</p>	<p><b>resources To be used where Considered appropriate</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Gender Photos</a></li> <li>• A story that challenges gender stereotypes: e.g. <i>Amazing Grace</i>, Mary Hoffman and Caroline Binch <i>Happy Families</i>, Allan Ahlberg <i>Princess Smartypants</i>, Babette Cole <i>William's Doll</i>, Charlotte Zolotow</li> <li>• <a href="#">Men and women can ...Worksheet</a></li> </ul> <ul style="list-style-type: none"> <li>• <a href="#">Pictures of babies</a></li> <li>• Large PE Hoops</li> <li>• <a href="#">Hoop Labels</a></li> <li>• DVD: Living and growing, Unit 1, Programme 1</li> <li>• <a href="#">Differences</a></li> <li>• <a href="#">Body parts word cards</a></li> <li>• <a href="#">Body parts picture cards</a></li> </ul> <p><b>Additional Activities</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Body parts worksheet</a></li> </ul> <ul style="list-style-type: none"> <li>• Stories about families e.g. Book – <i>Tell Me Again About The Night I Was Born</i> – Jamie Lee Curtis</li> <li>• <a href="#">Photos of families</a></li> <li>• Large pieces of paper</li> </ul> <p><b>Additional Activities</b></p> <p>Suggested reading:</p> <ul style="list-style-type: none"> <li>• <i>The Family Book</i>, Todd Parr</li> <li>• <i>Who's in a Family?</i> Robert Skutch</li> <li>• <i>Nutmeg Gets a Little Sister</i>, Judith Foxon</li> <li>• <i>Happy Families</i>, Allan Ahlberg</li> <li>• <i>Spark Learns to Fly</i>, Judith Foxon</li> </ul>
<p><b>Follow Up Material</b></p> <p><i>It's Different for Me!</i> published by <a href="http://www.d2digital.co.uk/">http://www.d2digital.co.uk/</a> (Publishing/Primary pp 58-59 <i>Double Trouble</i>)</p> <p>Living and Growing, Unit 2 Resource Book</p>			