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WHAT RISKS ARE POSED TO MY CHILD ONLINE?

It is important to remember that the internet is a fantastic resource and creates a plethora of opportunities for both adults and young people.

The internet reflects behaviour in the real world; however users tend to feel less inhibited when online.

Young people often **UNKNOWINGLY SHARE PERSONAL INFORMATION ONLINE**

IT IS EASY TO LIE ONLINE, so you don't always know who you're talking to

Young people tend to forget online actions have **offline & often LONG TERM CONSEQUENCES**

WHAT CAN YOU DO TO PROTECT YOUR CHILD?

DON'T BE INTIMIDATED BY THE TECHNOLOGY AND KEEP TALKING TO YOUR CHILD ABOUT THEIR ONLINE LIFE.

PRIVACY IS A KEY ISSUE ONLINE SO REMIND YOUR CHILD TO KEEP THEIR PERSONAL INFORMATION PRIVATE.

HELP YOUR CHILD CREATE **STRONG PASSWORDS** (NOT EASY TO GUESS, A COMBINATION OF NUMBERS, CAPITAL LETTERS AND SYMBOLS) FOR THEIR ACCOUNTS.

For lots of information and advice please visit www.thinkuknow.co.uk/parents

STEPS TO PROTECTION:

Tick the boxes that apply

- I have installed a **web safe browser** on our computer
- I have asked my child to **show me the sites** they use
- I have talked to **my child's mobile phone provider** about filtering software
- I have asked my child to set their **profile settings to private**
- My child has agreed to tell me if they are **worried about something online**



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WHO TELL CAN I'M WORRIED

If something is happening online that makes you feel weird or uncomfortable, there are people you can tell that can help.

VISIT

www.thinkuknow.co.uk for lots of information and advice about how to protect yourself and with different issues.

where to go for help

You can click on the **CEOP REPORT BUTTON** to get in contact with specialists at ceop.police.uk



CYBERBULLYING

Some people use technology to bully others. This is not right and if you do not have to put up with it, you are aware that someone is being cyberbullied, it is your duty to report it.

IF YOU ARE BEING CYBERBULLIED:

- ★ **SAVE** any abusive texts, emails or other evidence.
- ★ **DO NOT RESPOND TO OR CONFRONT THE BULLY;** if they get a reaction from you it may encourage them.
- ★ **TELL AN ADULT YOU TRUST** and they will be able to help make it stop.

Imagine if someone wanted to find you or learn stuff about you to bully you. Would the information on your profile make this pretty easy? Your personal information may be more public than you think ...

★ **SET YOUR PRIVACY SETTINGS TO 'PRIVATE'** so only people you accept as friends can view your profile.

★ **Only upload photos you'd be happy to show a stranger, your mum or a future employer, YOU NEVER KNOW WHERE IT MAY END UP.**

★ **THINK ABOUT WHETHER YOU'RE GIVING SOMEONE 'CLUES'** to finding you, before you write stuff on your profile.

PRIVACY

Chatting to friends on sites like Facebook or Myspace is really cool, but how much information does your profile give away about you?

WHAT'S ON YOUR PROFILE?

- ★ FULL NAME
- ★ HOME ADDRESS
- ★ MOBILE NUMBER
- ★ PHOTOS OF YOU
- ★ SCHOOL NAME
- ★ WHERE YOU'RE GOING ON SATURDAY

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